Office use only 3800 S. Business Park Ave Marshfield, WI 54449 Phone: 715-387-0484 Fax: 715-384-3661

DISEASE PREVENTION THROUGH GENETIC TESTING

# PGxome Test Requisition Form

 Person completing form
 Contact Information (phone or email)
 Date of Request

## PGxome Ordering Checklist (required):

- □ Proband (patient) specimen
- □ Family member specimen(s)
- PGxome Healthcare Provider Statement

 $\hfill\square$  Clinic notes, summary, and/ or relevant medical records

 $\Box$  Pedigree with family medical health history

□ Previous genetic testing results (where available)

Proband Information						
Patient's Last (Family) Name	First Name	МІ	Date Month of Birth:	Day Year		
Patient ID Code	Date Month D. Collected:	ay	Year	Gender: Male Female Other		
Specimen Source: Whole blood Extracted DNA Source:	Cultured Cells Tissue Source: Source:		Other:	GeoAncestry/Ethnicity		
	Has patient's relative been tested at PreventionGenetics?		Related to an ongoing pregnancy?	Bone marrow transplant or blood transfusion?		
Yes No	☐Yes ☐No If yes, provide name & DOB:		🗌 Yes 🔲 No	Yes No		

Test Selection	Secondary Findings		
Exome Sequencing only	The American College of Medical Genetics (ACMG) has recommended secondary findings in 56 genes be reported. Pathogenic or likely pathogenic variants in these genes will be reported by default unless a patient desires		
Chromosomal Microarray with reflex to Exome Sequencing	to "opt-out." <b>ACMG 56 OPT OUT</b> Additional secondary findings can be reported if desired should the patient		
Chromosomal Microarray & Exome Sequencing, concurrent	desire to "opt-in."       Additional findings OPT IN         Details can be found in the PGxome Healthcare Provider Statement (required).		

Additional Family Members For trio testing, please list family members' information. Biological parent samples are required.					
Name (Last, First)	Date of Birth (MM/DD/YY)	Sample Type	Relationship to proband	Affected?	
Name (Last, First)	Date of Birth (MM/DD/YY)	Sample Type	Relationship to proband	Affected?	
Name (Last, First)	Date of Birth (MM/DD/YY)	Sample Type	Relationship to proband	Affected?	

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# **Clinical Information**

	Indication for Testing							
	opy of a clinic summary/note			Prim	ary I	ndication:		
	lical records, genetic testing					Developmental Delay		Neurological
		aged to be included. Please also include a copy of the e with family medical health history.			Other (provide detail):			
	nical information is critical kome data.	for b	est interpretation of	Γ		Iultiple Congenital Anomalies		
102	tome data.		Additiona	l Clir	nica	I Information		
						ll that apply)		
Per	natal History	Skir	n, Hair, & Nails		Cra	niofacial (including hearing &	Ger	nitourinary (continued)
	Prematurity		Hyperpigmentation (describe	)	visi	on)		Renal agenesis or dysgenesis
	Intrauterine Growth					Cleft lip		Undescended testis
_	Restriction (IUGR)		Hypopigmentation (describe)			Cleft palate		Renal tubulopathy
	Oligohydramnios					Craniosynostosis		Other
	Polyhydramnios		Unusual scarring			Dysmorphic features	Гла	de entire e
	Cystic hygroma		Connective tissue abnormalit (describe)	y		(describe)		<u>docrine</u>
	Increased nuchal					Ear malformation (describe)		Diabetes mellitus <ul> <li>Type I</li> </ul>
	translucency (NT)		Ichthyosis					o Type II
	Other		Rash			Microcephaly		Hypothyroidism
Gro	wth & Development		Blistering			Macrocephaly		Hyperthyroidism
	Failure to thrive		Lipoma (or other skin tumors	)		Cataracts		Hypoparathyroidism
	Overgrowth		Hair abnormality (describe)			Coloboma (of eye)		Hyperparathyroidism
	Short stature		o Quality			Chronic progressive		Other
	Fine motor delay		<ul> <li>Quantity</li> <li>Distribution</li> </ul>			external ophthalmoplegia		
	Gross motor delay		<ul> <li>Distribution</li> <li>Pigmentation</li> </ul>			Ptosis		tabolic
	Other		Nail abnormality (describe)			Abnormal vision (describe)		Ketosis
-			• Size					Lactic acidosis
	nition & Behavior		o Shape			Optic atrophy		Abnormal urine organic acids (describe)
	Speech delay		• Texture			Retinitis pigmentosa		(describe)
	Intellectual disability o Mild		Other			Abnormal eye movement		Abnormal plasma amino acids
	<ul> <li>Moderate</li> </ul>	Her	natologic & Immunologic			Abnormal hearing (describe)		(describe)
	o Severe		Anemia			Other		
	Learning disability		Neutropenia					Abnormal acylcarnitine profile (describe)
	Autism spectrum disorder		Pancytopenia			strointestinal		(describe)
	ADHD		Immunodeficiency			Gastroschisis		Abnormal CPK
	Obsessive-compulsive		Other			Omphalocele		Other
	disorder	Na				Pyloric stenosis		
	Other		Irological & Muscular			Anal atresia	Tun	nors
Mus	sculoskeletal		Ataxia Chorea			Tracheoesophageal fistula		Tumor (describe)
	Club foot/feet					Chronic diarrhea		Ago of opport
	Contractures		Seizures/Epilepsy			Chronic constipation		Age of onset Other
	Pterygium		Encephalopathy			Gastrointestinal reflux		Other
	Diaphragmatic hernia		Hypotonia			Recurrent vomiting		<u>ditional Testing (</u> please attach
	Limb anolamly		Hypertonia Specticity			Hirschsprung disease	сор	ies of results if available)
	Polydactyly		Spasticity			Chronic intestinal pseudo-		Chromosomes (karyotype), result :
	Syndactyly		Dystonia Musele weakness/atrophy			obstruction		
	Scoliosis		Muscle weakness/atrophy Exercise intolerance			Other		Chromosomal Microarray (CMA),
	Kyphosis		Structural brain		Ger	<u>nitourinary</u>		result :
	Vertebral anomaly		abnormalities/abnormal brain	1		Ambiguous genitalia		
	Other		imaging (describe)			Cryptochidism	0.1	or molecular studies are suite :
						Hydronephrosis	Oth	er molecular studies, results :
			Other			Hypospadias		
Í						Kidney malformation		

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# **Provider/Laboratory Contact Information**

- Our preferred method of report transmission is email (via ShareFile). Please provide an email address when possible.
- If you have additional specific reporting requests, please indicate them below.

Provider Information				
Institution				
Address (please include city, state, cour	try & postal code)			
Requesting Physician (First, Last, Degree)		Requesting Genetic Counselor (First, Last, Degree)		
Phone Number	NPI#:	Phone Number	NPI#	
Email		Email		
Test Reporting Instructions Our preferred method of report transmission is email (via ShareFile)		Test Reporting Ins		
Email (via ShareFile): use above		Email (via ShareFile): Use above		
DO NOT email results. Instead, send v	via fax (provide fax #):	DO NOT email results. Instead, send v	via fax (provide fax #):	

Sendout Laboratory (Complete only if report needed)	Other
Laboratory & Contact Person	Contact Name
Address	Address
Phone Number	Phone Number
Email	Email
<b>Test Reporting Instructions</b> Our preferred method of report transmission is email (via ShareFile)	<b>Test Reporting Instructions</b> Our preferred method of report transmission is email (via ShareFile)
Email (via ShareFile): 🗌 use above	Email (via ShareFile): 🗌 use above
DO NOT email results. Instead, send via fax (provide fax #):	DO NOT email results. Instead, send via fax (provide fax #):

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DISEASE PREVENTION THROUGH GENETIC TESTING

# **Billing Instructions**

- 1. Please choose one of the three billing options:
  - □ Institutional
  - □ Individual
  - □ Insurance

# 2. Provide all information for the selected option only

Note: Patient testing will be delayed until all of the billing requirements have been met. Please print clearly. If Individual/Insurance billing information is incomplete, the Institution will be billed. Tests that are cancelled while in progress will be billed for the amount of work completed up to that point. If the patient's specimen is collected in New York, a New York State Non-Permitted Laboratory Test Request approval letter must be included before testing will proceed.

1. Institutional Billing (Preferre	ed)		
Billing Institution	PO Number		
Contact	Phone Number(s)	Email	
Address			
City St	ate	Zip	
Email Invoice	Copy of Test Report(s) for Bill	-	
Email Address:	Email (via ShareFile):	same as previous	
	Other (please specify):		
2. Individual Billing			
Responsible Party's Name (Must be 18 years or older)	Phone Number(s)	Email	
Address			
City Si	ate	Zip	
ACCEPTANCE OF FINANCIAL RESPONSIBILITY			
Note: PreventionGenetics cannot proceed with testing of the speci	men without a signature below.		
My signature below indicates that I accept financial responsibility for	all fees associated with this genetic	testing order.	
Signature of Responsible Party Printed N	ame of Responsible Party	Date	
COMPLETE THE FOLLOWING FOR CREDIT CARI	D PAYMENT		
Credit Card # / (VISA, Discover, or Mastercard only)	Expiration Date	3-Digit Security Code	
My signature below authorizes PreventionGenetics to charge my	credit card for services for which	I am responsible.	
Signature:		Date:	

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# **Billing Instructions**

3. Insurance Billing						
We will file an insurance claim on behalf of the patient with any commercial insurance company. However, the claim will be submitted as an "out of network" service provider. We are in network (contracted provider) with a limited number of insurance plans (see website). The patient is responsible for any portion of the test fee not covered by the insurance company for any reason including, but not limited to, co-payments, co-insurance, unmet deductibles, or non-covered services.						
Responsible Party's Name (Must be 18)		Phone Numb	oer(s)	Email		
Responsible Party Address						
City	Sta	ate			Zip	
Policyholder Name (Required)	Please indicate the ty	pe of insurance	e: (Circle One)	Primary Insurance Company Name (Required)		
	Private / Medicare /	WI Medicaid				
Insurance Company Address- Claims						
City	Sta	te		Zip		
ICD-10 Codes (Required)	Policy ID#		Group #		Authorization #	
Please attach the following:         Note: PreventionGenetics cannot proceed with testing of the specimen until all information is received. There is a \$100 DNA extraction fee if testing is not performed (does not apply if DNA is sent).         NPI # of Requesting Physician       Letter of Medical Necessity         Medicare - signed ABN Form completed IN FULL       Relevant Medical Records         Copy of both sides of Insurance Card       NY Non-permitted lab approval letter (if specimen collected in NY)         Authorization number or letter of agreement from insurance company (if available). If not included, we will routinely perform pre-verification prior to initiating testing & will relay information to ordering provider.						
AUTHORIZATION TO ASSIGN BE Note: PreventionGenetics cannot proceed w		-		ONSIBILITY	FOR MY ACCOUNT	
I authorize PreventionGenetics to release information received including, without limitation, medical information, which includes laboratory test results, such as genetic tests results, to my health plan/insurance carrier and its authorized representatives. I further authorize insurance payments directly to PreventionGenetics for the services rendered. I understand my health plan/insurance/Medicare/Medicaid carrier may not approve and reimburse my medical genetic services in full due to usual and customary rate limits, benefit exclusions, coverage limits, lack of authorization, medical necessity or otherwise. I understand I am financially responsible for fees not paid in full by my insurer, co-payments, and policy deductibles except where my liability is limited by contract or State and Federal law. I agree to help PreventionGenetics resolve any insurance claim issues.						
Signature of Patient or Guardian	Printed Na	me of Patient c	or Guardian	-	Date	
Credit Card # / (VISA, Discover, or Mastercard only) Expiration Date		on Date		3- Digit Securit	ty Code	
My signature below authorizes PreventionGenetics to charge my credit card for services for which I am responsible upon completion of insurance processing.						
Signature:				Date:		

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# **Specimen and Shipping Instructions**

# **Specimen Requirements**

WHOLE BLOOD: Collect 3-5 ml of whole blood in EDTA (purple top tube) or ACD (yellow top tube), minimum 1 ml for small infants.

DNA: Send in screw cap tube at least 10 µg of purified DNA at a concentration of at least 100 µg/ml (indicate concentration on tube label) for exome only.

SALIVA, CELL CULTURE, & FRESH, FROZEN TISSUE: Please contact us.

# **Shipping/Handling Instructions**

Please label all specimen containers with the patient name, date of birth and/or ID number. At least two identifiers should be listed on specimen containers. We accept specimen deliveries Monday-Saturday for all specimen types except cell cultures. Cell culture deliveries are routinely accepted Monday-Thursday and require advance notice of arrival. If a Friday delivery is necessary please contact us to make arrangements. Holiday schedules will be posted on our home page at least one week prior to major holidays.

BLOOD: Do not freeze. During hot weather, include a frozen ice pack in the shipping container. Place a paper towel or other thin material between the ice pack and the blood tube. In cold weather include an unfrozen ice pack in the shipping container as insulation. At room temperature, blood specimen is stable for up to 48 hours. If refrigerated, blood specimen is stable for up to one week.

DNA: DNA may be shipped at room temperature. Label the tube with the composition of the solute, DNA concentration as well as the patient name, date of birth, and/or ID number. We only accept genomic DNA for testing. We do NOT accept products of whole genome amplification reactions or other amplification reactions.

CELL CULTURES: We are NOT able to culture cells. Send confluent flasks of cultured cells in insulated, shatterproof container overnight.

Address	Testing Kits
Diagnostic Lab PreventionGenetics 3800 S. Business Park Ave. Marshfield, WI 54449 USA	Clinical testing kits with prepaid return shipping are now available for our U.S. clients. We are able to provide Clinical Testing Kits to our international clients without the return postage at this time. To order kits, submit requests through our Electronic Order Form or contact our Client Service Representatives at 715-387-0484, ext. 0.

## DNA Genotyping Panel

For quality control purposes, the PreventionGenetics DNA Genotyping Panel is performed on all clinical specimens. Genotyping results are *not* included in test reports.

#### **DNA Banking**

DNA Banking has a reduced price of \$69 for patients if clinical testing is also being performed with us. For DNA Banking, see our DNA Banking Process and DNA Banking Forms. For questions related to DNA Banking, contact our DNA Banking Director at 715-387-0484, ext. 151 or email dnabanking@preventiongenetics.com.

## **Contact Us**

For additional questions or concerns, please contact our Client Service Representatives at 715-387-0484, ext. 0 or our Genetic Counseling Team at ext. 208 or clinicaldnatesting@preventiongenetics.com.

# PGxome (Whole Exome Sequencing) Version 1.0 Healthcare Provider Statement\*

November 5, 2015

\* Note: This Statement is required, and applies to all cases of Whole Exome Sequencing.

Patient's Name:	Date of Birth:
Family Member's Name:	Relationship:
Family Member's Name:	Relationship:
Family Member's Name:	Relationship:

The following information should be used to as a guide to provide informed consent to the patient and/or patient's family. We require that the consenting healthcare provider sign below.

#### Purpose

• The purpose of this test is to find the underlying genetic cause for the patient's health condition using Whole Exome Sequencing (WES).

#### About PGxome

- This test involves the sequencing of thousands of genes at the same time, whereas many other genetic tests look at one gene or a cluster of genes. The way we test the exome is through a procedure called Next Generation Sequencing (NGS) technology. We confirm important results with another type of sequencing, called Sanger sequencing.
- We will need about one teaspoon of blood (3-5 mL of whole blood or DNA extracted from blood) from each family member to perform testing. In rare instances, a second specimen may be requested.
- Based on the information given by the healthcare provider(s) about symptoms and family history, our computer programs will help us filter the results. Our team of experts will then study the results and create an individualized report that will be given to the patient's healthcare provider(s).

## **Family Testing**

- Testing of family members is vital for interpretation of results. We require testing of the patient and both parents (called a trio). Trio testing increases the chance of getting a conclusive result. An additional family member, usually an affected or unaffected sib, may also be included in the test.
- It is very important that family genetic relationships are correctly stated because issues such as undisclosed adoption or uncertain paternity can confuse test results. If you are aware of any such issues in the family, they should be discussed confidentially with your genetic counselor or ordering physician.
- Separate reports will not be issued for family members.

#### Limitations

- Roughly 25% of patients will receive a diagnosis or suspected diagnosis from this testing (Yang et al. N Engl J Med. 2013 Oct 17;369(16):1502-11).
- This test targets most, but not all, of the coding part of the genes (called exons). All of the exons together is called the exome. The exome only covers approximately 1% of all the genetic material.
- Testing will detect single base pair changes or small deletions or duplications, but we are generally not able to detect other types of genetic changes (e.g. large deletions and duplications, rearrangements, inversions, deep intronic variants, methylation abnormalities, or repetitive sequence changes). We generally do not have the ability to detect large deletions; however, we can detect gross homozygous or hemizygous deletions if the deletion spans 3 or more coding exons.
- This test may not provide detection of certain genes or specific exons of genes due to complicated technicalities (such as sequence characteristics or interfering pseudogenes).

- Because of the technicalities of WES, this test is not 100% sensitive and may not identify a diseasecausing genetic variant associated with the patient's symptoms.
- Even if a disease-causing genetic variant associated with the patient's symptoms is identified, it may not allow for predictions regarding severity of the disease or prognosis.
- It is very important that your healthcare provider(s) provide us accurate family history and clinical information as that information is critical for result interpretation. Detailed clinical information (such as clinical features, a family pedigree, and results of prior testing) is required for testing to proceed.

# **Report Information**

- We will generally only report results that may explain the patient's clinical features.
- In genes that are believed to be associated with the patient's clinical features, pathogenic variants (known to cause disease), likely pathogenic variants (probably cause disease), and variants of uncertain significant (unknown if they cause disease) will be reported.
- We may report other findings (aka "secondary findings" see below) depending on the patient's preference. These secondary findings may have an important impact on health but are often unrelated to the patient's clinical features. Some secondary findings for which medical treatment may prevent or minimize serious health problems are provided in the initial report unless the patient opts out.
- Family member information (i.e. parental genotype information) that helps us interpret the patient's result will be included in the patient's report.
- We recommend that the patient stay in touch with their healthcare provider(s) to discuss any updated information regarding results and our interpretation. An ordering healthcare provider can request a re-interpretation from us by contacting our laboratory.

## Issuing the Report

- Results will be sent to the ordering healthcare provider(s) and NOT to the patient/family directly.
- We strongly recommend genetic counseling and/or clinical genetics consultation before and after testing is completed.

## **Secondary Findings**

- Testing might reveal information unrelated to the patient's clinical features. These are termed secondary findings. The patient undergoing testing may or may not wish to be informed of these potential secondary findings.
- The patient and/or patient's family will have a choice on which types of secondary findings are reported. *Please consider the following carefully.* 
  - We follow recommendations by the American College of Medical Genetics and Genomics, who recommend that all labs that perform WES report pathogenic variants in 56 genes that cause certain inherited disorders (Green et al. 2013. Genet Med 15(7):565-574). These disorders may cause serious health problems that are treatable or preventable. Included on this list are some cancer predisposition conditions, heart conditions associated with sudden death, and conditions that could result in severe health consequences if surgery is performed with certain anesthetics. We will standardly report pathogenic or likely pathogenic variants in these genes unless you OPT OUT. These findings will be included in the patient's report.
  - Some genetic conditions are associated with a known disease which may be serious (leading to disability or death) but are not included on the list of 56 genes. Some people may want to know about these genes for planning purposes while others may prefer not to know. Since many of these conditions have adult onset, testing for children is usually delayed until they can make their own decision. Pathogenic or likely pathogenic variants for additional secondary findings will only be reported if you OPT IN.
  - Genetic variants related to recessive carrier status, complex disease, pharmacogenetics, and mitochondrial disorders (excluding nuclear genes) will not be reported.
  - Genetic variants in genes not currently known to be associated with human disease will not be reported.
- If we learn that family relationships are not as expected (for example, non-paternity), this information will be relayed to the healthcare provider(s) for discussion, but will not be included in the patient's report.

# Data

 Upon request, PreventionGenetics will provide additional WES data (such as complete lists of sequence variants, OMIM list of genes analyzed, and files with exome coverage information). This data will be provided once testing is completed and a final report has been released. PreventionGenetics does not supply software for data review and interpretation.

## Risks

- Blood draws can have risks associated including bruising and bleeding. There is also a small chance that you may get an infection, have excess bleeding, become dizzy, or faint from the blood draw.
- Learning about test results can be stressful and upsetting.
- The patient and/or patient's family may have concerns about genetic discrimination, including health insurance, life insurance, employment and long-term disability. These should be addressed according to federal and state laws. The Genetic Information Non-discrimination Act (GINA) prohibits the use of genetic information for discrimination in health insurance and employment.

## Confidentiality

• We take confidentiality and patient privacy very seriously. We follow confidentiality laws related to protected health information and are a CAP and CLIA certified laboratory.

#### Turn Around Time (TAT)

• Our maximum TAT for a report is 4 months. Most reports will be completed in 2-3 months.

I have provided informed consent to my patient and/or patient's family using the above consent form. My patient and/or patient's family has had the opportunity to ask questions. Please indicate family preferences for secondary findings on page one of the PGxome Test Requisition Form. Please initial lines below and provide signature.

\_\_\_\_\_ I have explained to my patient and/or patient's family that the laboratory's policy is to report on ACMG's 56 genes that are medically actionable unless the family wishes to OPT OUT.

\_\_\_\_\_ I have explained to my patient and/or patient's family that the laboratory's policy is to not standardly report other secondary findings; however, the family can OPT IN if desired.

Healthcare Provider's Name: \_\_\_\_\_

Healthcare Provider's Signature: \_\_\_\_\_\_Date: \_\_\_\_\_Date: \_\_\_\_\_