GLENDALE UNIFIED SCHOOL DISTRICT STUDENT SUPPORT SERVICES 223 North Jackson Street Glendale, California 91206 (818) 241-3111

TO: Parents/Legal Guardians and District High School Students

FROM: GUSD Student Support Services

SUBJECT: Extra/Co-Curricular Eligibility Information and Forms

Participation in Glendale Unified School District's extra/co-curricular programs is voluntary. To be eligible, a student must complete each of the items listed below. <u>All</u> necessary forms must be completed and returned to your high school before you will be allowed to participate in any extra/co-curricular activities, practices, or events.

- 1. <u>Purchase an Associated Student Body Card</u>: Most programs are funded by the Associated Student Body (A.S.B.) and all program participants are expected to purchase a student body card in order to participate. The A.S.B. cards may be purchased at the Student Store or through the school administration.
- 2. <u>Parental Consent and Assumption or Risk for Participation in Interschool Extra/Co-Curricular Programs</u> and <u>Parental Authorization for Emergency Medical Treatment</u>
- 3. <u>Preparticipation Examination History/Physical</u>: A student must obtain, or have on file, prior to their season of participation in an extra/co-curricular program, a form certifying they have had a physical examination by a licensed doctor. Once a student has had a physical, he or she is then certified physically fit for one calendar year from the date listed on the form.
- 4. <u>Confirmation of Extra/Co-Curricular Insurance</u>: California Education Code, Chapter 1010, AB3100, Chapter 2, Article 3, Sections 32220-32224, makes it mandatory that the school be furnished evidence of student insurance coverage of at least \$1,500 medical and hospital benefits to cover the student while practicing for, participating in, or traveling to/from interschool extra/co-curricular events. This includes members of school bands or orchestras, cheerleaders, pompom girls, team managers, and their assistants. If you already have insurance, complete and sign the section of the form entitled: *Provision I, Confirmation of Existing Accident Insurance Coverage*.

If you need to purchase insurance, sign the section of the form entitled: *Provision II, Confirmation of Intent to Purchase Student Accident Insurance.* The application for this school insurance is available through the Athletic Director at the student's school. The application and fee must be returned to the advisor before you will be allowed to participate.

Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling the Healthy Families Program at (800) 880-5305.

- 5. <u>Extra/Co-Curricular Participation Agreement</u>: Read the agreement carefully so you know what is expected. Signatures of both parent/guardian <u>and</u> student are required.
- 6. <u>Code of Conduct Agreement for Extra/Co-Curricular Students</u>
- 7. Volunteer Automobile Use Permission Form
- REMEMBER: An A.S.B. Card is Expected to be Purchased and <u>ALL</u> Forms Signed and Returned Before a Student Will be Allowed to Participate.

Glendale Unified School District

PARENTAL CONSENT AND ASSUMPTION OF RISK FOR PARTICIPATION IN INTERSCHOOL EXTRA/CO-CURRICULAR PROGRAMS

I do hereby give my consent for my son/daughter/ward to participate in interschool extra/co-curricular activities and to travel to sports contests/events with an authorized representative of the school. I am aware that in some cases, such as practice sessions, the automobile may be driven by another student.

I understand that the school is relieved of all responsibility in case the student is injured while traveling to or participating in any extra/co-curricular event.

I understand and acknowledge that some extra/co-curricular activities, by their very nature, pose the potential risk of serious injury (sprains/strains, fractures, unconsciousness, paralysis, loss of eyesight, etc.) or death to individuals who participate in such activities.

I further understand and acknowledge that participation in extra/co-curricular activities is completely voluntary and not required by the Glendale Unified School District for course credit or for completion of graduation requirements.

I understand and acknowledge that in order to participate in these activities, I and my son/daughter/ward agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities.

I understand, acknowledge, and agree that the District, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by my son/daughter/ward which is incident to and/or associated with preparing for and/or participating in this activity.

I acknowledge that I have carefully read this, *Parental Consent and Assumption of Risk for Participation In Interschool Extra/Co-Curricular Programs* form and that I understand and agree to its terms.

Signature of Parent/Guardian_____

Date

PARENTAL AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Student's Name

Should it be necessary for my child/ward to have medical treatment while participating in this trip/sport, I hereby give the District personnel permission to use their judgment in obtaining medical services for my child/ward and I give permission to the physician selected by the District personnel to render medical treatment deemed necessary and appropriate by the physician. I understand that the District has no insurance covering such medical and hospital costs incurred by my child/ward and therefore any costs for such treatments shall be my sole responsibility. Parent/Guardian (please print)

Address

Home Telephone

Business Telephone

Cell or Emergency Telephone

Parent/Guardian Signature of Approval

Date

MEDICAL AUTHORIZATION

PLEASE CHECK IF SPECIAL INSRUCTIONS REGARDING MEDICAL TREATMENT FOR YOUR CHILD/WARD ARE ON FILE AT SCHOOL OF ATTENDANCE.

Glendale Unified School District PREPARTICIPATION PHYSICAL EVALUATION

HISTO	ORY			Date Of Exam
Name		_Sex	Age	Date of Birth
Grade	School	S _F	oort(s)/Activity	
Address	3			Phone
Persona	1 Physician			
In case o	of emergency, contact: Name			Relationship
Home p	hone #Cell phor	ne #		Work phone#
*Explain	n all "Yes" answers below, circle questions you don'	t know the an	iswer to.	
Yes No			Yes No	
	 Have you had a medical illness or injury since your last ch sports physical? Do you have an ongoing or chronic illness? Have you ever been hospitalized overnight? 	eckup or	that brace aid)?	ou use any special protective or corrective equipment or devices aren't usually used for your activity or position (examples: knee e, special neck roll, foot orthotics, retainer on your teeth, hearing e e you had any problems with your eyes or vision?
	Have you ever had surgery? . Are you currently taking any prescription or non-prescrip	tion (over		ou wear glasses, contacts, or protective eyewear?
0.	the-counter) medications or pills or using an inhaler?	uon (over-	12. Hav	e you ever had a sprain, strain, or swelling after injury?
	Have you ever taken any supplements or vitamins to help lose weight or improve your performance?	you gain or		e you broken or fractured any bones or dislocated any joints? e you had any other problems with pain or swelling in muscles,
4.	. Do you have any allergies (examples: pollen, medicine, fo stinging insects)?	od, or		on, bones, or joints? If "Yes", check all appropriate spaces and lain below:
	Have you ever had a rash or hives develop during or after	exercise?		Neck Back Chest Shoulder
5.	. Have you ever passed out during or after exercise?		Upper A	rm Elbow Forearm Wrist Hand
	Have you ever been dizzy during or after exercise?		Finger	Hip Thigh Knee Shin/Calf
	Have you ever had chest pain during or after exercise?		Ankle	Foot
	Do you get tired more quickly than your friends during ex		13. Do y	ou want to weigh more or less than you do now?
	Have you ever had racing of your heart or skipped heartb	eats?		ou lose weight regularly to meet weight requirements for your
	Have you had high blood pressure or high cholesterol?		activ	
	Have you ever been told you have a heart murmur?	,	-	ou feel "stressed out"?
	Has any family member or relative died of heart problems sudden death before age 50?	or of		rd the dates of your most recent immunizations (shots) for:
	Have you had severe viral infection (examples: myocardit	is or		Measles Chickenpox
	mononucleosis) within the last month?		Females Only:	
	Has a physician ever denied or restricted our participation any heart problems?	n in sports for	16. When was you	r first menstrual period?
6.	. Do you have any current skin problems(examples: itching acne, warts, fungus, or blisters)?	, rashes,	-	ost recent menstrual period? o you usually have from the start of one period to the start of
7.	. Have you ever had a head injury or concussion?		another?	
	Have you ever been knocked out, become unconscious, or memory?	lost your		s have you had in the last year? s" answers here:
	Have you ever had a seizure?			
	Do you have frequent or severe headaches?			
	Have you ever had numbness or tingling in your arms, has feet?	nds, legs, or		
	Have you ever had a stinger, burner, or pinched nerve?			
	. Have you ever become ill from exercising in the heat?			
9.	. Do you cough, wheeze, or have trouble breathing during c activity?	r after		
	Do you have asthma?			
	Do you have seasonal allergies that require medical treatm	ent?		
I hereby cer	tify that, to the best of my knowledge, my answers to the al	ove questions	are complete and con	rect.

 Signature of Parent/Guardian
 Date
 Signature of Student
 Date

 I give permission for my son/daughter/ward to be examined by his/her own physician, or a physician associated with Glendale Healthy Kids, Glendale Memorial Hospital & Health Center, Verdugo Hills Hospital, Verdugo Hills Medical Associates, or Family Medicine Center.
 Date

Glendale Unified School District

PREPARTICIPATION PHYSICAL EVALUATION (continued)

PHYSICAL EXAMINATION

Name			1	_Date of Birth					
Height	_Weight	800 Fat (optional)	PulseBF	·/	(/	_,/)	
Vision: R 20/_	L 20/	Corrected (c	heck): Y	N	_ Pupils: 1	Equal	Unequal		

NORMAL	ABNORMAL FINDINGS	*INITIALS
	NORMAL	NORMAL ABNORMAL FINDINGS Image: Im

*Station-based examination only

CLEARANCE:

____ CLEARED

_____ CLEARED AFTER COMPLETING EVALUATION/REHABILITATION FOR:

NOT CLEARED FOR:	Reason:	
Recommendation(s):		
Name of physician (print/type)		Date
Address		Phone
Signature of physician		

Glendale Unified School District

CONFIRMATION OF EXTRA/CO-CURRICULAR INSURANCE

Please Complete and Return to Your School

		School			
Pupil's Last Name	First Name	Grade	Teacher	Room	

California law (Education Code 32221 et seq.) requires that any pupil engaged in, practicing for, and/or traveling to and from school-sponsored interschool extra/co-curricular activities/events be covered by valid insurance which provides at least \$1,500 insurance protection for medical and hospital expense. This includes members of school bands and orchestras, cheerleaders, pompom girls, team managers, and their assistants.

You may comply with these insurance requirements by meeting one of the following provisions:

<u>**PROVISION I:**</u> Confirmation of Existing Accident Insurance Coverage

I do hereby certify that our family insurance plan conforms to California law and provides the required coverage for emergency medical and hospital expenses. Our family insurance plan will remain in effect throughout the school year.

Name of Insurance Company _____

Date ______ Signature of Parent or Guardian ______

<u>**PROVISION II</u>**: Confirmation of Intent to Purchase Student Accident Insurance</u>

I am purchasing the Student Accident Insurance policy offered by the District. I understand that the Student Accident Insurance policy provides medical and hospital benefits in compliance with California law for students while participating in school-sponsored activities.

Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling the Healthy Families Program (800) 880-5305.

Date ______ Signature of Parent or Guardian ______

EXTRA/CO-CURRICULAR PARTICIPATION AGREEMENT

I, ______, a student in the Glendale Unified School District, agree to uphold and abide by the rules and regulations of my school and the Glendale Unified School District. I realize that participation in the extra/co-curricular program in the District is voluntary and available to all students. In choosing to participate in the program, I agree to abide by all aspects of this participation agreement:

- A. Rules of the School
 - 1. It is my responsibility as a student/athlete to know and abide by the rules of my school.
- B. School Grades: "C" Average
 - 1. As a participant in the extra/co-curricular program, I must earn a 2.0 grade point average at each quarterly grading period to remain eligible.
 - 2 California Interscholastic Federation (CIF) rules state that I must be passing four or more subjects in order to be eligible for this program.
- C. Attendance
 - 1. I am expected to attend all of my regularly scheduled classes.
 - 2. Truancies: A truancy is defined as missing one or more periods in a given day without a legitimate excuse.
 - a. Truancies and poor attendance will jeopardize my eligibility and will affect my participation in this program.
 - b. Excessive absences/truancies will warrant suspension from the program in which I am participating.
- D. Termination From Team
 - If I quit or am dropped from the extra/co-curricular program, the advisor will notify my counselor, and I
 will be withdrawn from the program and enrolled in another class for the remainder of the semester
 unless the counselor determines otherwise.
- E. Substance Abuse: Alcohol, Drugs, or Tobacco
 - 1. I will not have in my possession nor will I drink alcohol, smoke, or chew tobacco, or use any illegal or controlled substance without a prescription. If I am in violation of any of the above, it will result in a conference with my advisor, a telephone call to my parents and/or guardian, and my suspension from the program for a five-week eligibility period that would cross seasons or school years, and probable suspension from school.
 - 2. I am aware that a second violation of Item E.1 will result in probable suspension from school, a conference with my advisor, a telephone call to my parents and/or guardian, and my suspension from my school's program for one (1) year from the date of the violation.

- 3. I am aware that a third violation of Item E.1 will result in probable suspension from school, a conference with my advisor, a telephone call to my parents and/or guardian, and my permanent suspension from my school's program.
- 4. I am aware that a second or third violation of Item E.1 could result in further disciplinary action, such as expulsion from the District.
- F. Hazing, Sexual Harassment, and Verbal Abuse
 - 1. I will not participate nor be a part of any type of verbal and/or non-verbal hazing, intimidation, or taunting directed at another student or teammate.
 - 2. I am aware of Glendale Unified School District's Board Policy 5145.7a, strictly prohibiting sexual harassment towards any student as defined by this policy.
 - 3. If I am in violation of any of the above, I will be suspended from the program and face probable suspension from school.
- G. District Appeal Process for Above Procedures
 - 1. A student may appeal a decision concerning this agreement to the school principal who shall render a decision within three (3) days after the receipt of the appeal. In the event the student is not satisfied with the decision of the principal, the student shall have an opportunity to appeal to the Superintendent, who shall, within three (3) days, render a final decision. Any appeals of the 2.0 grade point average requirement will be made to the principal and considered by a review committee as prescribed under Board Policy 6145.
 - a. A student receiving less than a 2.0 grade point average may appeal no more than one time in a school year and two times in a high school career.
 - b. Once a student has been granted an appeal, a ten-week probation period will be in place with grade checks being completed at the end of the ten-week period.

SIGNATURES:

Student

Parent or Guardian

Address

City, State, Zip

Telephone Number

Date

aren or Guardia

Address

City, State, Zip

Telephone Number

Date

Glendale Unified School District <u>CODE OF CONDUCT FOR EXTRA/CO-CURRICULAR STUDENTS</u>

Participation in extra/co-curricular programs requires high standards of ethics and sportsmanship. It promotes the development of good character and other important life skills. The highest potential of these programs is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"_{sm}). This Code applies to all participants involved in these programs in the Glendale Unified School District. I understand that, in order to participate in these extra/co-curricular programs, I will act in accord with the following:

TRUSTWORTHINESS

Be worthy of trust in all I do

Integrity: Live up to high ideals of ethics and sportsmanship; always pursue victory with honor; do what's right even when it's unpopular or personally costly.

Honesty: Live and compete honorably; don't lie, cheat, steal, or engage in any other dishonest or unsportsmanlike conduct.

Reliability: Fulfill commitments; do what you say you will do; be on time to practices and games.

Loyalty: Be loyal to your school and team; put the team above personal glory.

RESPECT

Treat all people with respect and require the same of other student-athletes.

Dignity: Live and play with dignity; be a good sport; be gracious in victory, as well as defeat; give fallen opponents help, compliment extraordinary performance, show sincere respect in pre- and post-game rituals.

Disrespectful Conduct: Don't engage in disrespectful conduct of any sort including, but not limited to: profanity, obscene gestures, offensive remarks of a sexual and/or racial nature, trash talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

Respect Officials: Treat contest officials with respect; don't complain about or argue with official calls or decisions during or after an athletic event.

RESPONSIBILITY

Be a student first and commit to getting the best education possible.

Importance of Education: Be honest with yourself about the likelihood of getting a scholarship and remember that many universities will not recruit students that do not have: a serious commitment to their education, the ability to succeed academically, or the character to represent their institution honorably.

Role Modeling: Remember, participation in extra/cocurricular programs is a privilege, not a right and you are expected to represent your school, advisor, and teammates with honor, both on and off the field. Consistently exhibit good character and conduct yourself as a positive role model. <u>Suspension or termination of</u> <u>participation privilege is within the sole discretion of the</u> <u>school administration.</u>

Self-control: Exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

Healthy Lifestyle: Safeguard your health; don't use any illegal or unhealthy substances including alcohol, tobacco, and/or other drugs. Do not use anabolic or androgenic steroids. Refrain from using any substance designed to enhance physical development or performance that are not approved by the United States Food and Drug Administration, the Surgeon General of the United States, or the American Medical Association.

FAIRNESS

Live up to high standards of fair play

Be Fair: Be open-minded; always be willing to listen and learn.

CARING

Demonstrate concern for others

Concern for Others: Never intentionally injure another person or engage in reckless behavior that might cause injury to yourself or others.

Teammates: Help promote the well being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to an advisor.

GOOD CITIZENSHIP

Honor the spirit and the letter of rules

Play by the Rules: Maintain a thorough knowledge of and abide by all applicable rules.

Spirit of the Rules: Avoid temptation to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements of this Code of Conduct. I understand that I'm expected to perform according to this Code, and I understand that there may be sanctions or penalties if I do not.

VOLUNTEER AUTOMOBILE USE <u>PERMISSION FORM</u>

This form may be used for a single trip or for general permission for a given school year.

I volunteer to drive my personal vehicle to transport students for practices, contests, events, and/or field trip(s) during the current school year.

Name		Birthdate (if under 21)			
Driver's License #	Exp. Date	State			
Year and Make of Auto					
Vehicle License #		State			
Insurance Carrier/Agent		Phone			
Liability Limits					
Policy Date	Exp. Date				
Driving Restrictions					
I CERTIFY THAT THE COVERAGE IS IN FORC	ABOVE INFORMATION IS CORRECT CE. I UNDERSTAND I MUST HAVE ND AGREE TO ADVISE THE DISTRIC INFORMATION.	AND THE INSURANCE LIABILITY INSURANCE			
Driver's Signature		Date			
Parent's Signature		Date			
BE SAFE -	- WHEN IN THE CAR - FOLLOW THES	E RULES:			
1.	<u>Every</u> person <u>must</u> have and wear a seat	belt			
2.	Use the most direct route to destination				
3.	Do not make unnecessary stops				
4.	One passenger for each seat available				

5. No one in the bed of a pick-up truck



Crescenta Valley High School 2900 Community Ave. La Crescenta, CA 91214

Parental Expectations

As a parent of a Crescenta Valley athlete, we value your participation in our sports program. We have always felt that our parents are stakeholders in the extra-curricular programs that are offered to our students. We welcome your involvement and your willingness to do the hard work that is necessary to reach the level of excellence our kids deserve through fundraising, volunteering, etc.

With that involvement, comes expectations with respect to following the principles of the CIF's Victory with Honor Program to which the athletic departments of the Glendale Unified School District adhere to. Over the past few years, we developed a Coaches' Code of Ethics and an Athlete's Code of Ethics. In the future, we will ask our athlete's parent(s) to abide by the same principles that form these Codes.

Our goal is to have the best possible athletic and sportsmanship reputation with our opponents and officials. We want anyone who witnesses an athletic contest involving any of our teams, to leave saying that not only was the school strongly competitive but players, coaches, and parents were among the best behaved and respectful of any team against which we have played. Win or Lose: our athletic reputation is very important to the overall image of our high school. Often, actions in the stands or on the fields make or break that reputation.

We do recognize there will be times when concerns need to be addressed by parents to the athletic departments. We expect that to be done at the proper time and place and for you to follow the athletic communication procedure. While you may not always get what you are asking for, one thing is for certain, you will be heard at the appropriate level.

We are confident that by abiding by these principles, the experience of both you and your student athlete will be positive and rewarding on any and every team with which you are both involved.

In order for your child to be cleared to participate in athletics at Crescenta Valley High School, the attached "Parent Code of Ethics" must be signed by the parent(s) or guardian(s) and returned to the respective athletic office/coach. We look forward to seeing you at the athletic contests and thank you for supporting our vision. If you have any questions, please contact the athletic office of your school: Crescenta Valley High School (818) 249-5871.

Sincerely,

CVHS Athletic Directors/Administrators



Crescenta Valley High School Athletic Department Communication Guide

This communication procedure is intended to:

- Encourage solving concerns between the people most directly involved
- Resolve problems in a timely manner
- Assist in communication about concerns and the desired solution
- Provide an orderly process so everyone knows the procedural steps

Communication You Should Expect from Your Child's Coach:

- Team philosophy/expectations
- Locations/times of all practices & games
- Team/school/district/CIF requirements (athletic & academic)
- Participation conduct code/discipline that may result in the denial of your child's participation
- Do not expect your child's coach to discuss playing time, strategies, play calling, or matters concerning other student/athletes. Playing time, strategies, and play calling are left to the coach's discretion.

Level 1 (required before proceeding to Level 2)

Talk to the coach with whom you have the issue. *Please refer to the "24 hour" Rule: Do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Generally, meetings of this nature do not promote resolution and may exacerbate the issue. Call/email the coach to set up an appointment.* This person is in the best position to address the issue and has the most information about the concern. Coaches should be contacted directly about: tryouts including cuts from the team and rules and regulations specific to that sport, etc.

At Crescenta Valley we hold Varsity coaches accountable for their programs. Concerns about lower level coaches should be directly addressed with that coach first or with the Varsity coach. The only exception to this "golden rule" is if you think the coach may have broken the law, or the concern is extremely sensitive. If that is the case, you should direct the concern to the athletic director(s) and administrator in charge of athletics.

If you are still not satisfied after talking to the coach

Level 2 (required before proceeding to Level 3)

Talk with an Athletic Director. The Athletic Director(s) will talk with the coach involved, and any other people who may provide useful information in an attempt to help in resolving the issue informally. This should be done in a timely manner, depending upon the nature of the concern. If the investigation of your concern will take longer than one week, the Athletic Director(s) will explain that to you. Of course, we encourage meetings at this level with the coach, parent, student (if necessary) and the athletic director to resolve concerns.

If you are still not satisfied after meeting with the coach and athletic director(s)

Level 3 (required before proceeding to Level 4)

Meet with school administration. The contact person is the Assistant Principal in charge of athletics. The Assistant Principal should be contacted before approaching the Principal of your child's school. At this meeting a decision may be made based on information gathered from all stakeholders. The coach or athletic director(s) may be present depending upon the nature of the issue being brought forward. The decision to have the coach and/or athletic director(s) there will be made clear prior to the meeting. For overall concerns about an athletic program it is permissible to start with Level 3 and meet with athletic administration individually or collectively as a parent group.

Level 4

If you are still not satisfied, file a written complaint to the Principal of your child's school. After receiving a complaint, the principal will investigate the complaint. A copy of the written complaint will be provided to the coach or other involved parties as appropriate. The investigation will be done as timely as possible. The Principal will review the complaint, conduct additional inquiries, and render a final site decision. The decision will be communicated to the complainant. From that point forward any further appeals can be directed to the Glendale Unified School District office.



CRESCENTA VALLEY HIGH SCHOOL ATHLETICS

Athletic Parent(s) Code of Ethics

(Adapted from the National High School Athletic Coaches Association)

As athletic administrators and coaches, we feel that parents play a vital role in the development of student athletes. Therefore, we believe in the following and expect that as a parent of a Glendale Unified School District athlete you will abide by the following:

- Be a positive role model through your own actions to make sure your child has the best athletic experience.
- Be a "team" fan, not a "my kid" fan.
- Weigh what your children say; they will tend to slant the truth to their advantage.
- Show respect for the opposing players, coaches, spectators, and support groups.
- Be respectful of all officials' decisions.
- Don't instruct your children before, during or after a game or practice, because it may conflict with the coach's plans or strategies.
- Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people.
- Gain an understanding and appreciation for the rules of the contest.
- Recognize and show appreciation for an outstanding play by either team.
- Help your child learn that success is oriented in the development of a skill, and should make a person feel good about themselves, win or lose.
- If you as a parent have a concern, take time to talk with coaches in an appropriate manner including proper time and place. Be sure to follow the designated chain of command (CVHS Athletic Communication Procedure).
- Please reinforce our drug and alcohol free policies by refraining from the use of any controlled substances before and during athletic contests.
- Remember that a ticket to a school athletic event is a privilege to observe the contest.
- Booster Clubs exist to support the athletic teams. Whenever possible parents are encouraged to participate in and support fundraisers that benefit all student athletes.

I have read and agree to abide by these principles as a parent of an athlete.

Mother/guardian (print last name, first name)

Father/guardian (print last name, first name)

Mother/guardian signature

Father/Guardian signature