

## ATMS Modality:

## Naturopathy

### Definition of Treatment

Naturopathy is a holistic system of healing that incorporates a range of treatments and natural therapies, with the underlying belief that your body given the right support, is able to heal itself. Naturopathy takes a more holistic approach to healthcare with a client's overall health a priority.

A Naturopathic Practitioner deals with internal health problems, metabolic disorders and imbalances, through treatment of the whole person. In general, a wide range of assessment techniques are employed to find the causative factors, and treatment may involve nutritional advice, dietary changes, herbal medicines, Homoeopathy, bodywork or nutritional supplements. Naturopaths will not necessarily utilise all of these therapies, but will have a range of therapies they specialise in.

The assessment must include the development of a specific treatment plan as to the best course of treatment for the patient's condition/injury. This treatment plan forms the basis of the clinical notes. These notes must be consistent with the ATMS Code of Conduct, the Unregistered Health Practitioner Act and the additional requirements set by the health funds.



Health Fund	Educational Requirements	Provider Number
<b>Australian Health Management</b>	Completion of a university or government accredited Diploma, Advanced Diploma of Naturopathy HLT60507 (or later equivalencies), Bachelor Degree in Naturopathy or an association accredited 3 year full-time or equivalent (2,100 hours) naturopathic course. Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications	Names of eligible ATMS members will be sent to AHM each month. Your ATMS Number will be your provider number, unless you wish to have online claiming. You will then need to contact AHM directly for the new provider number.
<b>Australian Regional Health Group (ARHG)</b>	Completion of an Advanced Diploma of Naturopathy (HLT60502) or later equivalencies or a Bachelor of Health Science (Naturopathy). <ul style="list-style-type: none"> <li>• Must contain at least 200 hours of practical training included in the course before graduation.</li> <li>• Distance, online, virtual and other off-campus studies will not be recognised unless the following is completed on campus in face to face mode:               <ul style="list-style-type: none"> <li>○ Practical components of all health science subjects which require skills based knowledge e.g. surface anatomy and palpation</li> <li>○ Practical components of course modality specific subjects which require skills based knowledge e.g. case taking and clinical examination, assessment of conditions, treatment plans, therapeutics, tactile therapies, massage techniques and other associated therapeutics and techniques.</li> <li>○ All student clinical practicum hours must be completed at the educational institutions on campus clinic facilities and cannot be outsourced to private clinics.</li> <li>○ All examinations, tests and assessment of competency to be undertaken and marked by qualified staff on campus</li> <li>○ Excluding clinical training units which must be completed on campus, at least 50% of remaining course units must be delivered physically on campus in face to face mode.</li> </ul> </li> <li>• Practitioners who received their training prior to the implementation of the HLT qualifications (March 2002) will be accepted by ARHG if they can demonstrate that:               <ul style="list-style-type: none"> <li>○ They received (or upgraded) their qualifications in Australia</li> <li>○ They have been in practice for at least the last four (4) years and</li> <li>○ They have undertaken CPE, as per the membership requirements of their association, for a minimum four (4) year period.</li> </ul> </li> </ul> Does not accept overseas qualifications.	Details of eligible members, including member updates are sent to ARHG by ATMS monthly. The ARHG provider number is based on your ATMS number with additional lettering. To work out your ARHG provider number please follow these steps: 1 Add the letters AT to the front of your ATMS member number 2 If your ATMS number has five digits go to step 3. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123). 3 Add the letter that corresponds to your accredited modality at the end of the provider number; N Naturopathy, If ATMS member 123 is accredited in Naturopathy, the ARHG provider number will be AT00123N.

## Naturopathy Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
<b>Australian Unity</b>	Completed an Australian RTO Advanced Diploma or TEQSA approved Bachelor Degree course.	Names and details of eligible ATMS members will be sent to Australian Unity each month. ATMS members will need to contact Australian Unity on 1800 035 360 to register as a provider, after filling out the Australian Unity Application Form located on the ATMS website to activate their provider status. This only needs to happen the first time. Your ATMS number can be used as your Provider Number, or you can contact Australian Unity for your Australian Unity generated Provider Number.
<b>BUPA</b>	Completion of an Advanced Diploma of Naturopathy (HLT60502) or later equivalencies or a Bachelor of Naturopathy or Bachelor of Health Science (Naturopathy).	Names and details of eligible ATMS members will be sent to BUPA on a weekly basis. BUPA will generate a Provider Number after receiving the list of eligible practitioners. BUPA advises ATMS of your Provider Number and ATMS will then advise those members directly.
<b>CBHS Health Fund</b>	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to CBHS each month. Your ATMS number will be your Provider Number.
<b>GMF Health</b>	<p>Completion of an Advanced Diploma of Naturopathy (HLT60502) or later equivalencies or a Bachelor of Health Science (Naturopathy).</p> <ul style="list-style-type: none"> <li>• Must contain at least 200 hours of practical training included in the course before graduation.</li> <li>• Distance, online, virtual and other off-campus studies will not be recognised unless the following is completed on campus in face to face mode: <ul style="list-style-type: none"> <li>○ Practical components of all health science subjects which require skills based knowledge e.g. surface anatomy and palpation</li> <li>○ Practical components of course modality specific subjects which require skills based knowledge e.g. case taking and clinical examination, assessment of conditions, treatment plans, therapeutics, tactile therapies, massage techniques and other associated therapeutics and techniques.</li> <li>○ All student clinical practicum hours must be completed at the educational institutions on campus clinic facilities and cannot be outsourced to private clinics.</li> <li>○ All examinations, tests and assessment of competency to be undertaken and marked by qualified staff on campus</li> <li>○ Excluding clinical training units which must be completed on campus, at least 50% of remaining course units must be delivered physically on campus in face to face mode.</li> </ul> </li> <li>• Practitioners who received their training prior to the implementation of the HLT qualifications (March 2002) will be accepted by ARHG if they can demonstrate that: <ul style="list-style-type: none"> <li>○ They received (or upgraded) their qualifications in Australia</li> <li>○ They have been in practice for at least the last four (4) years and</li> <li>○ They have undertaken CPE, as per the membership requirements of their association, for a minimum four (4) year period.</li> </ul> </li> </ul> <p>Does not accept overseas qualifications.</p>	<p>Details of eligible members, including member updates are sent to GMF Health by ATMS monthly. The GMF Health provider number is based on your ATMS number with additional lettering. To work out your GMF Health provider number please follow these steps:</p> <ol style="list-style-type: none"> <li>1 Add the letters AT to the front of your ATMS member number</li> <li>2 If your ATMS number has five digits go to step 3. If it has two, three or four digits, you need to add enough zeros to the front to make it a five digit number (e.g. 123 becomes 00123).</li> <li>3 Add the letter that corresponds to your accredited modality at the end of the provider number; N Naturopathy,</li> </ol> <p>If ATMS member 123 is accredited in Naturopathy, the GMF Health provider number will be AT00123N.</p>
<b>Grand United</b>	Practitioners need to apply directly and can contact health fund on 1800 249 966.	
<b>Health Partners</b>	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to Health Partners each month. Your ATMS number will be your Provider Number.

## Naturopathy Health Fund Requirements cont.

Health Fund	Educational Requirements	Provider Number
<b>HBF</b>	Meets ATMS requirements.	Names and details of eligible ATMS members will be sent to HBF each month. HBF requires all providers who wish to register with HBF to fill out an application form available on the HBF website <a href="http://www.hbf.com.au">www.hbf.com.au</a> . Once HBF approves the provider, they will generate provider numbers after they receive the first claim from your first HBF client.
<b>HCF</b>	Completion of an Advanced Diploma of Naturopathy (HLT60502) or later equivalencies and must include an adequate component of supervised clinical training. Courses delivered online or by distance education will not be accepted.	Names and details of eligible ATMS members will be sent to HCF on a weekly basis. Your ATMS number will be your Provider Number.
<b>Medibank Private</b>	Completion of a university or government accredited Diploma, Advanced Diploma of Naturopathy HLT60507 (or later equivalencies), Bachelor Degree in Naturopathy or an association accredited 3 year full-time or equivalent (2,100 hours) naturopathic course. Qualifications completed by correspondence only and/or the clinical training not supervised will not be recognised. If practitioner holds overseas qualifications, they must at least equate to the required Australian qualifications	Names and details of eligible ATMS members will be sent to Medibank Private on a monthly basis. Medibank Private generates Provider Numbers after receiving the list of eligible practitioners from ATMS. Medibank Private sends these provider numbers directly to your clinic address/es.
<b>NIB</b>	Completion of an Advanced Diploma of Naturopathy (HLT60507) or later equivalencies or a Bachelor of Naturopathy or Bachelor of Health Science (Naturopathy). <i>Naturopathy consultations can be claimed by eligible nib members - however supplements, medication, herbs etc cannot be claimed.</i>	Names and details of eligible ATMS members will be sent to NIB on a weekly basis. Your ATMS Number will be your provider number, unless your client wishes to claim online. Your client will need to contact NIB directly or search by your surname and postcode on the NIB website <a href="http://www.nib.com.au">www.nib.com.au</a> for your provider number for online claiming purposes.