



# *The GSAPP Gazette Weekly Newsletter*

**RUTGERS**  
The State University of NJ  
Graduate School of  
Applied and Professional  
Psychology  
January 21st, 2009 Issue 17

## **CALENDAR OF EVENTS**

**Monday, January 26, 2009**

Applied Dept. & School Psychology Faculty Meeting  
A302, 2:00 –4:00 pm

**Wednesday, January 28, 2009**

Ayorkor Gaba dissertation defense

“Correlates of Substance Use Among Urban Latino  
Immigrant High School Freshmen: Roles of Language  
Acculturation, Friends’ Use, and Sense of School Be-  
longing”

A302, 11:00 am

Committee Members; Brenna Bry, PhD, Nancy Boyd-  
Franklin, PhD, and Valerie Johnson, PhD.

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THE GSAPP CLINIC

SUBMISSION OF ITEMS FOR PUBLICATION CAN BE SENT

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OR

FAX: 732-445- 4888

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## **MESSAGE FROM THE DEAN**

Caroline Mossip (past president of the GSAPP Alumni Organization) and I are very pleased to announce **the winners of three important alumni awards**. The recipients will be honored at a brunch on Sunday May 3 at the Life Sciences Center (a two minute walk from GSAPP). The Peterson prize winner will give a colloquium on Monday May 4 at noon. Here is a brief introduction to each awardee. A more complete description of their accomplishments will be contained in a brochure prepared in connection with the May 3 event.

The Peterson Prize, named after our first dean, is given to an alumna/alumnus who has made outstanding contributions to Professional Psychology. This year's winner is **Jeffrey Lackner** (Clinical Psychology 1992) who is Assistant Professor (tenure track) in the Department of Medicine at the University of Buffalo School of Medicine, SUNY, after serving as a clinical and then research assistant professor for several years. Jeffrey has developed a CBT, evidence-based treatment of irritable bowel syndrome and has written a book about it (*Controlling IBS the Drug Free Way: A Ten Step Program for Symptom Relief*). He was recently awarded a major treatment grant from NIH (\$8,800,000) for the next seven years, which will evaluate the efficacy of a self-administered version of his program. He has published about 30 articles in some of the most highly regarded journals in psychology and medicine.

The winner of the Grace K. Smith Award for Meritorious Service to the Alumni Organization is **David Panzer** (School Psychology 1984). In 1991 David was a member of the committee that was instrumental in forming the GSAPP Alumni Organization and served as its first President from 1992 - 1994. He was also involved in developing its first bylaws and the mission statement: "...to keep alumni interested in, involved with and connected to GSAPP for the purpose of strengthening the professional school and providing opportunities for social and professional networking for students past, present and future". During the time that David was President, the Alumni Organization's first event was held and the first edition of the GSAPP Alumni Newsletter was published. David heads up a successful group practice in Highland Park, NJ and is currently the co-chair of the GSAPP capital campaign committee.

**Fred Rotgers** ( Clinical Psychology, 1983) is the winner of the GSAPP Alumni Association Award for Distinguished Career Achievement. Fred has been very active in the field of addictions treatment and research and was recently appointed Director of the Clinical PhD program at Walden University. Previously, he served on the faculty of the Philadelphia College of Osteopathic Medicine from 2002 to 2008 where he was Associate Professor. Fred has worked extensively in the area of harm reduction approaches to working with substance abusers. He co-director and co-creator of the Trauma and Addiction Psychology for Emergency Responders Project, which provides assessment and free treatment for first responders and others. Fred has published extensively on the topic of addictions treatment and research, and has presented at national and international conferences.

## **ANNOUNCEMENT**

Congratulations to **Lauren Gross**, School Psy.D. Alum 2007, on the birth of her son *Jonah Gabriel Fermaglich*. Jonah was born on 11/27/08 at 5:02 pm (Thanksgiving Day) weighing 6 lb 7 oz and 21 inches long.



## **SAD NEWS**

**Jeanne T. Devlin**, School Psychology 1976, passed away in December 2008. GSAPP wishes to extend condolences to the family.

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## **SUNY PURCHASE COLLEGE POSTDOCTORAL POSITIONS FOR 2009-2010**

The Counseling Center at the State University of New York, Purchase College, is offering two Postdoctoral Fellowship positions for 2009-2010. The Fellowship program is a year-long, full-time experience for those who wish to develop the professional skills that are needed for clinical practice in college and university counseling centers. The Purchase College Counseling Center ("PCCC") offers a wide range of clinical, developmental, and consultative services to a diverse student body of undergraduate and graduate students. Purchase College is unique in the SUNY system in that it specializes in the arts. Approximately 40% of the student body of 4000 is enrolled in one of the conservatories (e.g., visual arts, dance, music, theatre, design technology, dramatic writing). Fellows will be exposed to a wide range of psychological issues and diagnoses, as well as multi-cultural and socio-economic diversity.

PCCC is staffed by seven licensed psychologists and two part-time psychiatrists. In addition, PCCC has an Office of Special Services for students with disabilities, a Substance Abuse Program, a Wellness Program, a Victims' Assistance and Educational Services Program, and a Supported Education Program that provides services to students with significant psychiatric disabilities that have interfered with academic success. Purchase College is located in Westchester County, New York, which offers a suburban campus and is approximately a 45-minute drive from New York City. Purchase College is home to the Performing Arts Center and the Neuberger Museum of Art, a major visual arts center and a vital cultural resource for the campus community and area residents.

### **The Post Doctoral Program**

Postdoctoral fellows participate in the full range of clinical, developmental, psycho-educational assessment and consultative services offered by PCCC, which includes: individual psychotherapy; group therapy; psychological assessment; crisis intervention; campus outreach activities; liaison relationships with residence life staff; consultation to various campus groups; and collateral interaction with faculty, staff, and parents. Fellows are encouraged to identify personal areas of interest that they may develop or share with the College population. These may include but are not limited to: sexual assault and trauma; multicultural and ethnic diversity issues; eating disorders; substance abuse; sports psychology; and gay and lesbian issues.

Training is provided in a range of assessment and treatment modalities. There are minimally two hours per week of individual supervision and one hour per week of group supervision. Additional supervision for psychological testing is provided as needed. All supervision is provided by New York State licensed psychologists. Fellows are afforded participation in weekly case conferences, didactic seminars, and staff meetings. The Fellowship experience entails 2,000 hours of supervised professional psychological activities and must be completed within 12 consecutive months.

Starting date is September 2009. A statement of Fellowship completion will be issued to individuals who successfully complete the program.

### **Applicant Qualifications**

Applicants are expected to have completed a doctoral program in Counseling or Clinical Psychology, including a pre-doctoral internship.

### **Stipend and Benefits**

Salary (\$28,000) and benefits are competitive. Benefits include health insurance, paid state holidays, leave accruals, and use of the University facilities.

### **The Application Process**

All inquiries regarding the Postdoctoral Program can be made to the Director of Training, Cheryl Feigenson, Ph.D., at 914-251-6390. Applicants are asked to send a letter of interest, a current curriculum vita, three letters of reference, and a graduate transcript. Interviews will begin in January. Applications will be accepted until the Fellowship positions have been filled. Women and minority candidates are encouraged to apply. Purchase College is an Affirmative Action/Equal Opportunity Employer committed to excellence through diversity. Please direct all materials to: Human Resources, Purchase College, SUNY, 735 Anderson Hill Rd., Purchase, NY 10577. Phone: 914-251-6390. Fax: 914-251-6399.

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## MIDDLESEX COUNTY ASSOCIATION OF PSYCHOLOGISTS

Middlesex County Association of Psychologists 6th Annual Sunday Breakfast Program

### **SEX OVER EASY**

Linda Meyers Psy.D. with Ruth Goldsmith, LCSW

Sunday, February 8th, 2009 / 9am - 12pm

The Hyatt Regency Hotel, Two Albany Street, (Route 27) New Brunswick, NJ

MCAP Board Meeting to follow 12—1:30 / All MCAP members welcome

Sexual Issues and dynamics are often linked to, and reflective of, our clients' presenting problems and personalities. Yet in much clinical work, sex is only minimally addressed. Through a case presentation, Dr. Meyers will illustrate how to work with sexual issues in treatment. To further demonstrate her points, Dr. Meyers and Ruth Goldsmith, LCSW, will engage in a role-play, with Dr. Meyers as therapist and Ms. Goldsmith as one of her own clients.

If time permits, audience members will have the opportunity to role-play a case of their own in which the expression or avoidance of sexual issues is impacting on the clinical work. Please join us for what is sure to be an engaging and educational morning.

Questions? Please contact: Lauren Picciano, Psy.D. \* [lpicc67@verizon.net](mailto:lpicc67@verizon.net) or 732-568-0050.

**Linda I. Meyers, Psy.D.** is in private practice in Princeton, New Jersey. Prior to becoming a psychoanalyst, Dr. Meyers trained in behavioral medicine and sex therapy at UMDNJ. Her published papers include *Gay or Straight? Why Do We Really Want to Know?*; *Freud, The Rival*, a paper exploring Freud's countertransferences in his treatment of a homosexual woman; and *Living in Ice Houses; The Poetics of the Body*, a paper exploring the body's ability to speak for the mind. Dr. Meyers has done research in Africa on female circumcision and has run supervision groups for international sex researchers at the University of Amsterdam. In conjunction with her private practice, Dr. Meyers currently conducts countertransference supervision groups in which the participants are always encouraged to talk about sex.

**Ruth Goldsmith, MSW, LCSW** is a Psychotherapist, Educator/Trainer and Instructor of Chimera self defense for woman. Her first career was as a sexuality educator with the Center for Family Life Education where she worked extensively with adolescents to promote healthy sexuality. Ms. Goldsmith then graduated with her MSW from Rutgers University in 2000 and is currently a candidate at the Institute for psychoanalysis and psychotherapy of NJ. Ms Goldsmith is in private practice in Somerville where she treats adolescents and adults. In addition, she integrates her clinical work with her background as a sexuality educator to provide professional training to mental health professionals throughout NJ.

**\*\*\*Registration Form on Next Page\*\*\***

Please visit the MCAP website: <http://www.mcapnj.org/home.asp>

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REGISTRATION FORM  
MCAP Sunday Breakfast Program  
February 8th, 2009

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**REGISTRATION TYPE\*** (please check one):

\_\_\_\_\_ MCAP Member \$40

\_\_\_\_\_ Non-member \$50

\_\_\_\_\_ Student \$20

\*Registration fee includes buffet breakfast.

***Please make check payable to MCAP and mail to:***

Heather MacLeod, Ed.D.  
44 Elmwood Avenue  
Union, NJ 07083

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### **GSAPP FACULTY AND STUDENTS WHO PRESENTED AT THE 42<sup>ND</sup> ANNUAL ASSOCIATION FOR BEHAVIORAL AND COGNITIVE THERAPIES CONVENTION, NOVEMBER 2008.**

The annual conference for the Association of Behavioral and Cognitive Therapies was held in Orlando from November 13-16. The conference, which features presentations from internationally-renowned experts in cognitive and behavioral therapies, was attended by many GSAPP students and faculty. In addition, numerous GSAPP students and faculty members presented posters and/or led presentations on a wide range of topics, including childhood anxiety and mood disorders, autism, eating disorders, and alcohol dependence.

#### **Two RCTs of Achievement Mentoring to Prevent School Disengagement and Failure**

Brenna H. Bry, Laura J. Holt, Lolalyn Clarke, & Valerie Johnson

#### **An Analysis of Verbal and Gestural Reminder versus Contingent Demands to Address Vocal Stereotypy**

Nathan M. Lambright, Suzannah J. Ferraioli, Todd Frischmann, Kristine Bolanowski, Amy P. Hansford, Shara Marrero, and Robert H. LaRue

#### **The Effects of Prescription Stimulants on Work Productivity and Social Preference in a Young Learner with Autism**

David J. Kieval, Nathan Lambright, Suzannah Ferraioli, Meredith Bamond, Jill Szalony, Jennifer Biddick, and Robert LaRue

#### **A Functional Analysis of Manding Behavior: Correspondence with Traditional Models of Functional Analysis**

Jill A. Szalony, Jen Fogle, Margaret Mateyka, Tina Zorilla-Rivera, David Kieval, Ryan Madigan, Todd A. Frischmann, and Robert H. LaRue

#### **Reduction of Escape-Maintained Aggression in a Boy with Autism Using Functional Communication Training and Break Fading**

David J. Kieval, Ryan Madigan, Tina Z. Rivera, Erica Yarosis, Joseph Saylor, Andrew Newcomer, and Robert H. LaRue

#### **Clinical Implications of Attention Differences in Anxious and Inattentive-Impulsive Youth**

Weissman, A.S., Vietri, J.T., Dudek, C.M., Reddy, L.A. & Chu, B.C.

#### **The Impact of Deteriorating Involvement and Alliance in CBT for Anxious and Depressed Youth**

Brian Chu, Rutgers University

#### **Safety Behaviors as a Predictor of Outcome in Exposure and Response Prevention Therapy for Youth OCD**

Daniela B. Colognori, Cara R. Epstein, Adam S. Weissman, Brian Chu, Rutgers University

John Piacentini, UCLA Semel Institute

#### **Separation Anxiety and School Refusal Predict Parental Intrusiveness in Anxious Youth**

Petra G. Esseling, Adam S. Weissman, Tara Harrison, Daniela B. Colognori, Brian Chu, Rutgers University, Jeffrey Wood, University of California – LA

#### **Woulda, Coulda, Shoulda: Lessons Learned From Treatment Failures**

Moderator: Simon Rego, Montefiore Medical Center    Panelists: G. Terrence Wilson, Michelle G. Craske, Steven Hollon



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### **GSAPP FACULTY AND STUDENTS WHO PRESENTED AT THE 42<sup>ND</sup> ANNUAL ASSOCIATION FOR BEHAVIORAL AND COGNITIVE THERAPIES CONVENTION, NOVEMBER 2008 CONT'D**

#### **Stigma and Stereotypes About Women and Alcohol**

Zayed Al-Otaiba, Barbara McCrady, Elizabeth Epstein, Michael Friedman, Rutgers University

#### **When Should Clinicians Switch Treatments: An Application of Signal Detection Theory to Two Different Treatments for Women With Alcohol Use Disorders**

Tom Hildebrandt, Mount Sinai School of Medicine

Barbara McCrady, Elizabeth Epstein, Sharon Cook, Rutgers University, Center of Alcohol Studies

#### **The Effects of Casual Beliefs on the Stigmatization of Obesity**

Katie L. Bannon, Dorian Hunter-Reel, Nicole Osvold, Siddhi Shah, Marina Pejic, Samantha Farris, G. Terence Wilson, Robert Karlin, Richard J. Contrada, Rutgers University

#### **The Use of Motivational Interviewing Techniques to Enhance the Efficacy of Guided Self-Help Behavioral Weight Loss Treatment: 6 Month Follow-Up**

Ilyse Dobrow DiMarco, Dena A. Klein, Vicki Clark, G. Terence Wilson, Rutgers University

#### **Couples Therapy for Women With Alcohol Dependence: The Role of Therapeutic Alliance**

David P. Menges, Barbara McCrady, Elizabeth Epstein, Rutgers, The State University of New Jersey

#### **Providing Behavioral Support to Students With Asperger's Syndrome in the Classroom: Does Applied Behavior Analysis Translate to Academic Settings?**

Russell J. Kormann, Mary Jane Weiss, Rutgers, The State University of New Jersey

#### **General Versus Emotion-Based Attention Processing Deficits in Anxious and Inattentive-Impulsive Youth: Implications for Differential Diagnosis and CBT**

Adam S. Weissman, Brian Chu, Linda A. Reddy, Marsha E. Bates, Rutgers University

#### **Parent, Child, and Clinician Concordance Rates of Social Phobia on the ADIS Interview**

Jessica Dahan, Daniela B. Colognori, Adam S. Weissman, Tara Harrison, Brian Chu, Rutgers University

#### **Cognitive Coping as a Predictor of Outcome in Exposure and Response Prevention Therapy for OCD Youth**

Cara R. Epstein, Daniela B. Colognori, Adam S. Weissman, Brian Chu, Rutgers University

John Piacentini, UCLA

#### **An Effective Trial of CBT Versus Usual Clinical Care for Youth Depression**

##### **Brian Chu, Rutgers University**

Michael Southam-Gerow, Virginia Commonwealth University

John R. Weisz, Judge Baker Children's Center, Harvard Medical School

#### **Do the Intra-Individual Relapse Predictors Mediate the Relationship Between Social Support Variables and Drinking Outcomes?**

Dorian Hunter Reel, Barbara McCrady, Elizabeth Epstein, Tom Hildebrandt, Sharon Cook, Rutgers University

#### **Cognitive-Behavioral Therapy for Adolescent Body Dysmorphic Disorder: Development of a Treatment Protocol**

Jennifer L. Greenberg, Sarah Markowitz, Shawn Ewbank, G. Terence Wilson, Michael R. Petronko, Rutgers, the State University of New Jersey



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152 Frelinghuysen Rd., Piscataway, NJ 08854

732.445.6111 [psychologicalservices.rutgers.edu](http://psychologicalservices.rutgers.edu)

## IMPORTANT NOTE ABOUT PAPERWORK, NETWORK CHANGES, AND NEW PROCEDURES

From: Don Morgan, Clinic Director

I. There is a new procedure for obtaining therapy cases at the Clinic that will allow us to more efficiently assign supervisors and cases. Please follow this for all new requests:

A revised blue case request form has been created called "Supervisor and Therapy Case Request Form." It can be obtained on paper in the bin outside coordinators' door or downloaded from the Clinic Sakai site. This form needs to be filled out and returned to me, either by email or by putting the paper in the bin outside my door. The form has instructions in detail, but the overall plan is for you to request a case and a supervisor, if needed, and only upon the confirmation of supervision, will the case be given to you. The form also has a checklist of trainings and orientations to the Clinic that must have been completed prior to working in the Clinic.

II. In order to change the culture at the Clinic, upgrade your training in paperwork management, and optimize our functioning, we will be instituting a monthly tracking system to monitor all cases, including assessments. You have already, and will continue to, receive emails from the Clinic if your reports, notes, and administrative paperwork are not being done in a timely way. It is important that you are trained to be good managers of paperwork that is part of professional responsibility. We will remind you once, and if the needed documentation isn't received by the following month, your department will receive a message indicating your lack of attention to these requirements. Brenna, Susan and Terry, as department chairs, have indicated that they want to be informed about students who do not comply with the standards of timely paperwork. Chairs will include such information in the faculty review meetings and consequences will be instituted for disregarding paperwork just as they would for academic incompletes or failures.

III. Those of you who have received emails from the Clinic about overdue paperwork and have ignored them are hereby notified that the completion of these reports needs to be your top priority now, or you will be first on the list of those reported to the department Chairs. Please be aware that you DO NOT need to chase after supervisors you no longer work with for signatures on reports if this will result in delays. Hand the reports to Suzanne and I will sign them if they are acceptable. When writing termination summary reports, remember that these reports may be released to clients and other entities they authorize, so write only what is necessary to help understand the client's problems and how your therapy unfolded. Don't put highly speculative hypotheses, extensive histories or gratuitous personal information in. Put signature lines at the end for you and your supervisor.