



The Link

March 2006 / Volume 34, Issue 6

www.JLSac.org



The JLS's Crab Feed Set Sail on its Maiden Voyage

The Crab Feed set sail on its maiden voyage on Saturday, January 28. Everyone enjoyed an evening of balloon popping, bidding on the auction items, feasting on fresh crab and even a little dancing. Thank you to all who volunteered, attended and brought friends and family.



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Office Hours
 Monday, Wednesday, Thursday
 9:30 am - 2:30 pm
 Tuesday
 2:00 - 7:00 pm
 Phone : (916) 921-1096
 Email: mail@jlsac.org

President's Message



Cindy Freeman

JLS President 2005-2006

Dear Members,

Spring is a time of renewal. The trees are blossoming, the leaves are sprouting, and the grass is growing. It's time for spring cleaning and starting fresh. In the Junior League, it's time to renew your commitment to helping others in the community.

Our wonderful Impact Sac Committee has put together a variety of ways you can renew your spirit by helping others. Beginning in March, we need volunteers to assist in our March Helping Hands Project. Bring your friends, family and co-workers to work on our "Done-in-a-Day" projects on March 4 and 11. We will be cleaning, painting, gardening and making home improvements for Sacramento County Agencies. To sign up, please contact Mindi Stewart at troyandmindi@earthlink.net or Teresa Baglietto at teresa.baglietto@gmail.com.

In April, we will be hosting our annual Mom's Spring Fling at Birth and Beyond. Pamper a mom who needs a little stress relief in her life. Give these deserving moms a pedicure, manicure, or just a nice gift basket to brighten their day. Help make their day a special one. For more information, please contact Melissa Eidson at melissa@jamesandmelissa.com or Sharlene Garcia at sgarcia@igniteconsulting.com.

Working these events will fulfill your community work obligations and make you feel better by participating.

A special thanks goes out to Molly Lee Johnson and the entire Crab Feed Committee. Thanks for planning and hosting such an entertaining and successful event. Everyone had a great time and raised money doing it. You are all awesome!

I look forward to seeing you at our next meeting,

Cindy Freeman

Junior League of Sacramento

Junior League of Sacramento, Inc.

778 University Avenue
Sacramento, California 95825
Phone: (916) 921-1096
Events Line: (916) 437-1649
Fax: (916) 921-1261
Website: <http://www.JLSac.org>
E-mail: mail@JLSac.org

Board of Directors 2005-2006

Cindy Freeman, President
Patrice James, Administrative VP
Pam Livesey, Membership VP
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Mary Rotelli, Community Programs VP
Julie Bugatto, Finance Development VP
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Megan Marcoux, Treasurer
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Ann Montgomery, Strategic Planning
Erin Bjork, Parliamentarian
Shannon Young, President-Elect

The Link Staff

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Kara Caywood
Sara McMahon
Amber Murray
Diane Soule, Graphic Designer

JLS Vision Statement

Our vision of the Junior League of Sacramento for the year 2005-2006 is enhancing the well-being and future of Sacramento's children through the dedicated action of volunteers.

Community Advisory Board Members

2005-2006

Mike Balash, Sacramento Fire Department

David Ballard, Sacramento Children's
Receiving Home

Nancy Findeisen, Community Services
Planning Council

Rosemary Jones, National Coalition of 100
Black Women

Gary Lardy, Intelliquote Insurance Services

Stephen Nelson, Dependency Associates of
Sacramento

JLS Programs 2005-2006

Laverne Adolfo Life Skills Workshop

A JLS project consisting of community
mentoring and self-esteem building
programs

Children's Theater

Live theater experience for grade school
children at no cost

Impact Sacramento

Done-in-a-day projects with immediate
positive community impact

The Place

Monthly arts and educational projects with
children in partnership with the Sacramento
Food Bank

Page Turners

Partnership at the Childrens Receiving
Home to offer reading time and resources

Crisis Nurseries

Speakers' Bureau for both Sacramento and
Yolo Counties

WIND Art

Exploring future collaborations within the
art program at the WIND Teen Center, a
center serving homeless teens



Erin Martinez

Members' Advocate

Dear Members' Advocate:

Question: I know the time of year is coming where we have to choose a placement for next year. How or where do I get a list of all the committees I have to choose from?

Answer: Each year we are sent placement handbooks, put together by our wonderful member advisors. These handbooks contain a list of each committee, a description of what the committee does and details on how often they meet and their requirements. We also have a placement fair that is held during one of our general meetings. The committee chairs are there and available to answer any questions you may have regarding that committee. You can also contact your current member advisor or contact me directly if you have further questions.

If you have any questions, comments or concerns, contact me at erinmartinez@hotmail.com or (916) 492-9165.

Opportunities

I want to start off this month's article by congratulating the Crab Feed committee on a fantastic job at the Crab Feed event in January. It was so well attended, and the committee and the volunteers, who worked the event, did a great job! We have a lot going on this month, from affinity group meetings to a March Helping Hands event that Impact Sac has put together for us. This project allows us the opportunity to come together to help some of the organizations in our community who are in need. Look for more detailed information in our weekly emails and the Link. Please don't forget to sign up to volunteer for this great event. In addition to this event, Impact Sac also has openings for members to help prepare and serve dinners at St. Johns Shelter and prepare lunches for the Mustard Seed School. I think you all will find these opportunities very worthwhile and fulfilling. We also have our Fairytale Town event coming up next month on April 29. This evening is going to be a fun event for the whole family. The Special Events committee is working very hard to ensure a fun-filled evening. Make sure you and your family attend this great event!!

I look forward to seeing all of you at our upcoming events!! Don't forget, I need to hear from each and every one of you so that I can be an effective Members' Advocate.

Erin Martinez, Members' Advocate
erinmartinez@hotmail.com or (916) 492-9165

Committee News

Great Start for The Place in the Sacramento Food Bank

Submitted by Shannon Strawn, The Place Chair

We have had a fun and successful couple of months at The Place so far. The Place is part of the Sacramento Food Bank. It is an after-school program for children who reside in the Oak Park area. This year we have 13 children participating, ranging in age from 7-12 years old. On the 2nd Thursday of every month, The Place committee and 13 children meet to create seasonal art projects.

In December we had a Christmas party for the children and their families. We presented each child and their siblings with a Christmas present. The Christmas

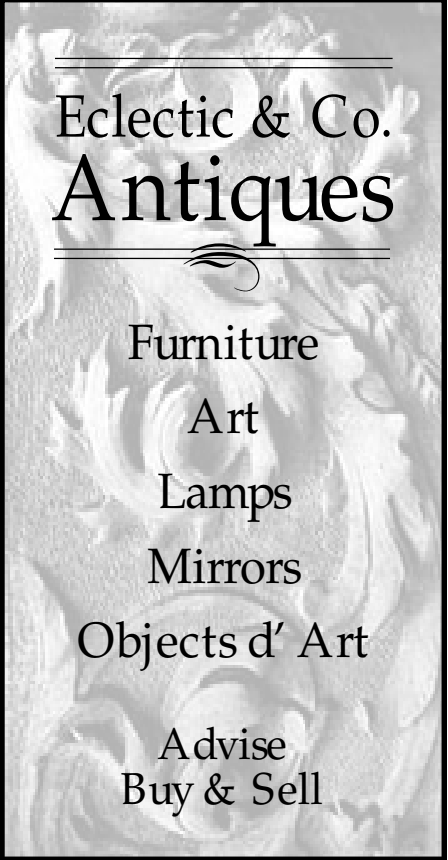
presents were purchased by our committee members, as well as committee member, Lisa Piastrelli's, 15 co-workers. Some people from her workplace even bought extra toys to donate to The Place. The children were thrilled.

If you would like to participate in one of these monthly activities, please contact Shannon Strawn - sstrawn@winfirst.com or 359-4940. The children really look forward to these monthly projects and the members that participate enjoy it as well.

Community Service for the Sacramento Food Bank's "The Place"

If you need to fulfill a community project, and you are interested in working with the children from "The Place", please contact Shannon Strawn at (916) 359-4940 or sstrawn@winfirst.com. We will be doing seasonal/art projects with the group the second Thursday of each month starting at 6:00pm. The project dates are:

March 9, April 13



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Impact Sac Spring Projects

Submitted by Molly Finnegan

Thankfully, spring is almost here!! If, like so many of us, your life is crazy, but you often have just a little bit of time that you would like to put to good use or if you still need your community service hours, Impact Sac has got some great projects for you!

March

March Helping Hands: On March 4 and March 11, Impact Sac has organized the annual “done-in-a-day” community projects. The March Helping Hands committee has been hard at work over the past few months contacting local agencies to see if they could use a hand with any unfinished projects. On two Saturdays in March, Junior League volunteers will be using their creativity and getting their hands dirty to create a warm, friendly waiting room for the children at Atkinson Youth Services. We will also support the Yolo Crisis Nursery with their “Help Our Children Grow” campaign. Our assistance will help them make hundreds of flower pins that will be sold throughout the community. The proceeds will go directly to the children of the Crisis Nursery. The Sacramento Crisis Nurseries will also receive a little facelift with some new flowers outside, as well as cleaning and organization inside.

If you are interested in volunteering for any of these projects, please contact Mindi Stewart at troyandmindi@earthlink.net or Teresa Baglietto at teresa.baglietto@gmail.com.

April

Watch for more information regarding the Birth & Beyond, Mom’s Spring Fling in the weekly emails and at the General Meetings.

Year Long Projects

Diaper Drive: Are your kids potty-trained but you have extra diapers/pull ups stored away or happen to see some diapers sold inexpensively at Costco? We need them! Our yearlong “Diaper Drive” is continuing and we are looking for diapers or pull ups, preferably in the larger sizes, to donate to nine different Birth & Beyond locations. Diaper drop-off locations include the JL office, general meetings, and the upcoming neighborhood meetings.

Mustard Seed Lunches: We are continuing to donate lunches to the children at the Mustard Seed School on the 3rd Friday and 4th Monday of each month. Kelly Dryer has volunteered to lead this

effort, but at times she could use some help coordinating and making the lunches for the kids. If you are interested in signing up on an “on call” list where Kelly can reach out for assistance, as she needs it, please call her at 916-484-7332.

St. John’s Shelter: Junior League has continued to provide dinners at St. John’s Shelter on the 1st Tuesday of each month. We have had a tremendous response to this program and all of the volunteer spots have been filled for the rest of the year. We were also able to do another Valentine’s Day Party for the children at the shelter, which was a huge success, thanks in part to the generous donation from Raleys, and to our volunteers.

We hope you will consider volunteering on any one of these worthwhile Impact Sac projects. Your time spent on our Impact Sac projects is very appreciated, goes a long way, and helps you meet your annual membership requirements. If you have any questions, please feel free to contact the Impact Sac Chair, Molly Finnegan at ggmizmol@aol.com. Thank you!

Junior League of Sacramento...

FOCUSING ON THE WELFARE OF

Children-at-Risk



Rocket Hits the Big Tracks!



The Skinny on Taking a Leave of Absence

Submitted by Gina Ketcher

"Help!! I need to take a Leave of Absence from the League. What do I do?"

I regularly get this question. While the League offers us all an opportunity to volunteer and enjoy the company and friendship of other members, life sometimes demands a break. Here are the most common questions (and answers!) regarding taking a Leave of Absence (LOA):

Q: When am I eligible for a LOA?

A: LOAs are granted to those members in good standing, who have been Active for a minimum of three years.

Q: Do I have to give a reason for requesting my LOA?

A: If you meet the above criteria of being in good standing and being Active for a minimum of three years, you do not have to give a reason for your LOA request.

Q: How long does my LOA last?

A: LOAs are granted for a maximum of one calendar year's time. You do not have to take an entire year's absence if you do not need/want to.

Q: What time requirements am I responsible for while on LOA?

A: You are not responsible for any time requirements while on LOA.

Q: What monetary requirements am I responsible for while on LOA?

A: You are responsible for annual dues while on LOA. You are not responsible for fund development credit or fundraiser ticket sales.

Q: What do I do if I'm not eligible for a LOA?

A: If you do not meet the minimum three-year Active requirement, you can submit a special request for a LOA to the Board of Directors (BOD). These requests are reviewed at the monthly BOD meeting, and either approved or denied.

Q: How do I request a LOA? Is there any paperwork to complete for my request?

A: LOAs must be requested in writing. An email to your friendly Corresponding Secretary is sufficient. We created a LOA request form last year, for requesting special circumstance LOAs (those prior

to meeting the three year Active mark). This Word document will eventually be available for download from the website. Until then, you can request this form from the Office Manager or me.

Q: How do I get back into the League activities?

A: Approximately one month prior to the end of your LOA, you should receive an email or phone call from your Membership Advisor. They will assist you in placement and rejoining League activities. If you do not receive contact from anyone, simply call or email the Office Manager and she will put you in touch with the right person.

Q: What if I don't meet the three-year requirement, don't get approval from the BOD, but still need to take some time away from the League?

A: We understand that this is sometimes the case. If you fall into this category, you can resign from the League and reinstate at a later date. If you resign in good standing, reinstating with the League only requires a \$25 rejoining fee and current year's dues.



SAVE THE DATE!

Family Fun Fest at Fairytale Town

Saturday, April 29th, 2006

5:30 - 8:30 pm

at Fairytale Town in Land Park

\$5.00 or 5 for \$20.00

There will be food, fun, entertainment and education for the entire family at the Junior League's inaugural Family Fun Fest at Fairytale Town. Stay tuned for more information on this special Junior League of Sacramento's event specifically geared for kids, their friends, and families.

If you have any questions, please call Liz Bennett, Special Events Chair, at 916-769-3051

Your Membership Advisor

Submitted by Sharon Cadogan

You should have received a copy of your mid-year reviews. The mid-year reviews cover the time until January 16, 2006. This year there will be a final review sent to everyone in May. If you have any questions about your review please contact your advisor or me. My contact information is scadogan@sacsheriff.com or call me at (916) 606-0468.

When signing the sign-sheets at events please print clearly. Thank you.

Nanette de la Torre	Impact
Shirley Henn	Designer Showcase
Laurie Shulock	Training Transfer Wind
Brandi Lutzker	The Place Strategic Planning
Becky Johnson	Publications Special Events SPAC Technology
Jen Mahoney	Provisional Hospitality
Shelley Freese	PR/Marketing Community Appointment Program Development
Julie Calcagno	Crisis Nursery Speakers Bureau Yearbook HAG
Maria Vail	Children's theater Lifeskills Workshop
Stacey P. Carter	Grant Writing Nominating Membership Outreach/Recruiting
Sharon Cadogan	Membership Advisors Board Crab Feed Fund Development Page Turners

This year Placement Request forms will not be available on the web. Please submit your form early.

You're Invited



Beat the crowds of St. Patrick's Day and join the Junior League for an evening of wine tasting and hors d'oeuvres

Wednesday March 15th
6:00-8:00 p.m.

at Selland's Market & Wine Shop
5340 H Street, Sacramento
(916) 736-3333
\$20 per person

Space is limited and RSVP is required. For additional information please contact Jean Sekany at (916) 929-4405 or jeansekany@comcast.net



Junior League of Sacramento's Annual Fund Donation Form

Please place the amount you would like to donate next to the appropriate program/activity.

\$_____ Community Grants

Do you want to contribute to organizations that serve children at-risk, but do not know which ones will use your donation effectively? The League does a thorough review of applicant organizations before awarding funds. This year, we plan to award over \$15,000 in grants.

\$_____ Community Programs (check a program below)

- Impact Sacramento - "done-in-a-day" programs
- Page Turners - collaboration with the Children's Receiving Home to encourage literacy
- Lifeskills Workshop - for teens who have left foster care and are in the LaVerne Adolfo housing program
- Sacramento Food Bank's "The Place" - support and activities for this play-care center and pre-school for children at-risk.
- Children's Theater - free, live theater for over 28,000 school children
- WIND Youth Center - JLS is working on an art program with this organization
- Crisis Nursery Speaker's Bureau - train JLS speakers for purpose of community outreach
- SPAC - State Public Affairs and Advocacy committee

\$_____ JLS Website

The JLS website and database is in need of major reconstruction. The League currently goes through an expensive and time-consuming process to update the simplest items. With the reconstruction, members and sustainers will have much easier access to all facets of the League including membership requirement tracking, specific Council and Committee pages, easy and secure purchasing of JLS items and tickets, and much more.

\$_____ Training and Education

\$_____ JLS Office

\$_____ Allocate to the area with the greatest need

.....
Name: _____

Address: _____ City, State, Zip: _____

May we list your name as an Annual Fund donor in The Link and on our website?

(circle one) Yes / No / Use another name: _____

Please send my gift acknowledgement to: Name: _____

Address: _____ City, State, Zip: _____

For: _____

Please return this form and a check payable to JLS to: JLS, 778 University Avenue, Sacramento, CA 95825 or call the JLS Office Manager, Debra Fontes, at (916) 921-1096 if you would like to pay by credit card.

Sustainer News

Congratulations



United Cerebral Palsy of Greater Sacramento has named community leader and Junior League Sustainer, Sandy Smoley, Humanitarian of the Year.

Among her many achievements in community activism was her twenty years of service as the first female member elected to the Sacramento County Board of Supervisors.

As we all know that was only the beginning. Sandy will be honored for her stunning career in community service at a gala dinner on Wednesday, May 24, at The Sheraton Hotel. I'm certain that both Active and Sustainer Junior League members will want to support this event with their attendance. Call Cheryl Cochrane for details, 451-1331.

Cheryl Cochrane, Sustainer VP

Mark Your Calendar

End of the year Bridge Luncheon will be Wednesday, May 3 at Del Paso Country Club and the Golf Tournament will be Monday, June 5 at Empire Ranch.

Sustainer Fieldtrip to the de Young Museum

Submitted by Vicki Robinson

On January 25, 35 ladies enjoyed a day in San Francisco at the new de Young Museum. We had a speedy bus ride, with coffee and muffins, to Golden Gate Park and the de Young. We arrived at 9:30am in plenty of time

for our entrance to the special Hatshepsut: From Queen to Pharaoh exhibit. The special exhibit took about 90 minutes allowing time for us to tour the rest of the museum and have lunch at the Museum Café on our

own. The bus ride home, with drinks, snacks and wine went just as smoothly arriving in Sacramento at 4:30pm. An educational entertaining day was had by all.

SUSTAINER COUNCIL

Spring Sustainer Field Trip

Hike the Sutter Buttes on Thursday March 30, 2006

A moderate 4-mile hike

League Member Ann Adams will be our Contact Person with the Sutter Buttes Park Organization.

You will need a backpack and hiking boots or shoes.

Group Meets at 7:45 am in the Target Parking Lot at Broadway & Riverside leaving at 8:00 am and returning to Sacramento at 4:00 pm.

Cost of the hike and guide is \$35 per person, Box Lunch/Drinks/Snacks \$20 per person for a total of \$55 per hiker. Hike is limited to 20 people. If there is more interest than the 20 people we will see about getting a second guide.

Carpool: If you can drive please contact Vicki at 481.1996



With Sympathy...

The Junior League of Sacramento sends its condolences to the family and friends of long-time JLS member Helen Wulff, who passed away on January 12, 2006. In addition to her League involvements, Helen was also very active with the Crocker Art Museum docent program. And who will ever forget Helen's gracious hospitality at wonderful Wulff's Restaurant!



I would like to join Ann and Vicki on the Sutter Butte Hike

Name: _____

Phone: _____

I can drive and take ____ people in my car.

Send: \$55 to Vicki Robinson 479 Wyndgate Road
Sacramento, CA 95864 Phone: 481-1996

2005-2006 Sustainer Council

Sustainer VP	Cheryll Cochrane	452-1331	cmcochrane@sbcglobal.net
Secretary	Kris Mesplou	359-5336	kmesplou@winfirst.com
Treasurer	Monica Pope	456-4910	monicap@eskaton.org
Committees Liaison	Connie Peel	564-2341	conniepeel@comcast.net
Poinsettia Liaison	Kathy Dunnigan	484-3613	Kdunnigan@golyon.com
Sustainer Field Trips	Vickie Robinson	481-1996	robinsonvicki@yahoo.com
Sustainer Socials	Deborah Tucker	944-1188	deborahleetucker@yahoo.com
Cookbook Liaison	Gloria Knopke	616-7858	GKnopke@golyon.com
Grant Advisor	Kathy Dublin		adublin@sbcglobal.net
Annual Fund Advisor	Susan Craig		susanc@innercite.com
Member at Large	Georgia Mikacich	487-0572	georgia.mikacich@cbnorcal.com
Book Ends Chair	Jean Frioux	487-6729	JSFrioux@aol.com
Bridge Chairs	Cherie Shimek Nancy Fisher	483-8354 488-1222	chimsher@aol.com NancyFisher@HankFisherProperties.com
Golf Chairs	Cherie Shimek Nancy Fisher Jane Fobes Cookie Lawrence	483-8354 488-1222 485-0351 483-1974	chimsher@aol.com NancyFisher@HankFisherProperties.com jfobes@attbi.com
Dominos Chairs	Martha Hughes Karen Mier	454-3738 457-5017	marthah@mac.com

2005 JLS Annual Fund Donors

Thank you to the following Active, Sustainer, and Emeritus members for your donation!

Community Leader (\$500+)

Carol Bone - in memory of Bobbin
Crabbe, Jane Cox, and Jean Knopf
Jay and Cindy Freeman
Mrs. Linda Seltzer

Community Partner (\$300 - \$499)

Kim Lien
Vicki Robinson
Mary Lou Stone
Lynn Swanson
Janet Wickland

Community Advocate (\$150 - \$299)

Elizabeth Abad
Jean Artz
Julie and David Bugatto
Megan Marcoux
The Honorable Doris Matsui
Jocelyn and Peter Mitchelmore
Connie Peel
Lynda Taylor
Marilyn Witter

Community Supporter (\$75 - \$149)

Anonymous
Dawn Byers
Cheryl Cink
Tracy Clore
Cheryll Cochrane
Einor DeCristofa
Ilene Dillon
Mary Ellingson
Selma Fields
Mariann Fisher

Mary Lou Haddad
Erda Harrold
Harriet Henderson
Danise Hetland
Marijane Jacobs
Jane Jonsson
Margaret Koewler
Vivienne LaCour
Monica Pope
Jennifer Reed Rexroad
Eileen Satterlee
Marilyn Scheid
Carolyn Sellers
Nancy Stebbins
Barbara Thomas

Community Friend (up to \$74)

Jennifer Back
Happy Callis
Cathleen Cox
Kathryn Dublin
Shareen Fat
Patrice James
Jennifer Lehfeldt
Pam Livesey
Carol K. Luery
Jan Luoma
Mrs. Raymond Mackey
Ann Montgomery
Maile Quick
Dorothy Reynolds
Mary Rotelli
Deanne Rudman
Julie Saqueton
Maryelle Weber
Amber and Clifford Wong



Donation Totals:

Greatest Need \$3085
Community Programs:
Children's Theater \$1550
Any Program \$ 525
Page Turners \$ 300
Impact Sac \$ 225
Crisis Nursery \$ 150
SPAC \$ 50
WIND \$ 140
Lifeskills Workshop \$ 290
JLS Website \$1510
JLS Office \$ 550
Personnel \$ 250
Community Grants \$ 375

\$9,000!

☺ ☺ ☺☺ ☺ ☺☺ ☺ ☺☺ ☺ ☺

May Volunteer Dinner

JLS Annual Volunteer Dinner
will be held on
May 15 at 6:30 pm
during our normal General Meeting
at the Doubletree Hotel.

This is our opportunity to recognize
outstanding JLSAC members.
Please start thinking about super members
who you feel should be recognized this year.

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The Next Stage®

**Wells Fargo Is Proud To
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Board Briefs

Junior League Board of Directors Meeting: January 9, 2006

Submitted by Cheryl Cink, Recording Secretary

1. Treasurer's Report

- Treasurer-Elect position has not been filled.

2. Action Items

- A. Membership, Pam Livesey
- Leave of Absence Requests, eight members are asking for leave of absence.
 - Marla Blomquist is pregnant with medical issues and on bed rest. She has been active for less than three years so leave of absence was reviewed and approved by the Board.

3. Informational Items

- A. Fund Raising, Jennifer Rexroad
1. Crab Feed
 - We still need members to volunteer as servers during the event.
 - We have sold more than 320 tickets.
 - Raffle tickets will be \$5.00; Balloon poppers will be \$10.00 and will include prizes valued from \$10-\$50.
 - We have gotten several items donated, including wine and beer.
 - Calendar notices went to KMAX, KOVR, channel 31, 40, 3, 10 and newspapers
Ads are in the Natomas Journal and Sacramento Magazine
 2. Golf Tournament
 - Set for June 9 at Rancho Murieta Country Club
 3. Fairytale Town event
 - Set for April 29, 6:00-10:00 pm

B. Communications VP, Cathleen Cox

1. Training meetings update
 - February 4 is the Leadership Conference.
 - There will be a training session at the January meeting on stress management.
Training is optional after obligations have been met and there have been comments that the training should be at the end of the meeting.
2. Email update
 - Items should only be in the email for two weeks. First week in the headline section and second week gets cut down.
3. Membership Outreach and Recruiting update
 - Gearing up for spring recruitment program.
Recruitment and referral program is working on a program to recognize members that bring in new members. Since we are a non-profit the program should not be too expensive.

C. Finance Development, Julie Bugatto

1. Annual Letter Update
 - To date we have raised \$7400.

D. President, Cindy Freeman

- The Nordstrom's money will be moved to Wells Fargo this month.
- Invest plans will be discussed.

E. Erin Martinez, members advocate

- Healthy League tool, ad hoc community will do a survey at the next meeting.

4. New Business

- Voting on two motions at January general meeting

Motions

AMENDED MOTION: We, Erin Bjork and Megan Marcoux, the Parliamentarian and the Treasurer, respectively, move that the JLS modify the current bylaws by including the underlined phrases as shown below:

Section 3.03 Privileges of Membership

1. In-league Privileges
2. Active: Any active member in good standing of JLS shall be able to vote and hold office and shall fulfill all requirements of that position.
3. Honored Active: An honored active member in good standing of JLS shall be able to vote and hold office and shall fulfill all requirements of that position.
4. Honored Active Gold: An honored active gold member in good standing of JLS shall be able to vote and hold office.

MOTION: I, Jennifer Rexroad, the Fundraising VP, along with the Fundraising Council, and the Board of Trustees move that the Junior League of Sacramento adopt the following as our 2005-2006 event volunteer hours and financial requirements: 4 volunteer hours at one of our 3 fundraising events (Crab Feed, Fairytale Town Day, or Golf Tournament) and ticket purchases totaling a minimum of \$100.

March Madness at My Best Friend's Barkery



Treats
Toys &
Accessories

*Healthy gourmet treats,
baked fresh daily, no
preservatives, no added
sugar, no chocolate*



- Doggie sport team jerseys
- Doggie backpacks
- Shades for your best friend
- Cool hats
- Car seats designed for dogs
- Unique gift ideas and toys

Your Best Friend Deserves a New Ball

1050 Front St
Old Sacramento
448-FIDO



2630
Fair Oaks Blvd
979-PAWS

Natomas. Wired.



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or sales@natomasjournal.com.

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Happy Birthday!

Patty Baeta	S	3/1	Gail George	S	3/24	Nancy Miller	S	3/29
Margaret Barrett	S	3/29	Marilyn Geraty	S	3/13	JoAnn Moffett	A	3/9
Lynn Bartlett	S	3/8	Betty Goff	E	3/12	Marilyn Murphy	S	3/1
Cyrette Beauchemin Smith	HAG	3/6	Betty Gray	E	3/20	Sue Neff	S	3/1
Susan Benson	S	3/20	Lynn Gray	S	3/25	Sandra Nixon	S	3/1
Karen Bocast	HAG	3/9	Celeste Haarmeyer	S	3/1	Donna Parsons-Lane	S	3/1
Tink Boutin	S	3/23	Tracy Handen	S	3/27	Sandra Patitucci	S	3/26
Margaret Brown	S	3/27	Harriett Henderson	S	3/1	Christy Phillips	A	3/24
Sharon Cadogan	A	3/19	Suzane Henderson	S	3/23	Dorothy Reynolds	E	3/5
Joan Calkin	S	3/1	Cindy Holmstrom	A	3/22	Diann Rogers	S	3/22
Jane Clark	S	3/10	Carol Houston	S	3/13	Rachelle Smith	A	3/30
Molly Conger	S	3/31	Robyn Kagy	A	3/11	Stacey Snyder	A	3/24
Coralie Corin	S	3/14	Patricia Kaufman	S	3/26	Kristen Spector	S	3/14
Kathryn Davalos	S	3/1	Pam Kerr	P	3/10	Sharel Thum	S	3/1
Susan Davis	S	3/4	Suzanne Kimmel	A	3/15	Lynn White	S	3/1
Nancy Dein	S	3/3	Janet Leader	S	3/22	Marilyn Wickland	S	3/17
Barbara Demmon	S	3/21	Kimberly Lien	S	3/26	Patricia Williams	S	3/1
Carrie Dollar	A	3/14	Catherine MacMillan	S	3/3	Anne Young	S	3/28
Lynda Dunbar	S	3/1	Carol Mason	A	3/8	Gail Zetter	S	3/1
Wendy Earle	HAG	3/20						
Karen Enos	A	3/8						
Courtney Fabian	A	3/13						
Sharlene Garcia	A	3/3						
Jan Gahlen	A	3/6						



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Located minutes from a romantic horse drawn carriage ride through historic Old Sacramento, the Doubletree Hotel Sacramento cordially invites you to experience their elegant ballrooms, picturesque courtyard and serene veranda set on 22 lush acres, complete with a nostalgic walking bridge and running creek. An elegant outdoor/indoor setting at the hotel will serve as the template for your ideal wedding.

With over 35,000 square feet of event space and 448 of the largest guestrooms in Sacramento, the Doubletree Hotel can accommodate both intimate gatherings as well as large celebrations. Doubletree's three ballrooms boast floor-to-ceiling windows, teardrop chandeliers and a décor of rich colors and hues. Lavish banquets are hosted in their well-appointed Grand Ballroom, which has an adjacent reception foyer that is ideal for cocktails and greetings.

The dedicated Catering Staff at the Doubletree Hotel Sacramento are always available to assist you in customizing an intimate ceremony or an extravagant affair; they strive to make your celebration a memorable success. Their award-winning Chef, Charles Connell, will work closely with you to create the perfect menu for your affair and will prepare delicacies for your party using only the finest and freshest of ingredients local to the area.

Because your wedding is a once-in-a-lifetime event, you deserve the very best Sacramento has to offer. Turn your dream into a reality at the Doubletree Hotel Sacramento.

Sample Menu

Hors d'Oeuvres

ANTIPASTO DISPLAY
with a Fresh Spinach Dip
CHICKEN PINEAPPLE KEBOBS
with a Spicy Peanut Sauce
MINI CRAB CAKES
with a Red Pepper Mayo and Cilantro Crème Fraiche

Salads

HEARTS OF ROMAINE
with Crumbled Bleu Cheese, Spicy Walnuts and Red Onions
SPINACH SALAD
with Feta Cheese, Prosciutto, Caramelized Onions and Pine Nuts
PEAR SALAD
with a Balsamic Vinaigrette

Main Courses

CHAR-GRILLED NEW YORK STEAK
with Fried Onions and a Gorgonzola Compound Butter
BROILED SALMON
with Dungeness Crab, Bay Shrimp and a Lemon Dill Sauce
PESTO-BROILED CHICKEN BREAST AND PRAWNS
with a Stone-Ground Mustard Sauce
GRILLED PORK LOIN MEDALLIONS
with Dried Apricots, Gorgonzola Cheese and a Port Wine Sauce

Desserts

CHOCOLATE EUPHORIA
Dark Chocolate Cake with Cream Cheese and Chocolate Chips
RASPBERRY BAVARIAN
Vanilla Cake filled with Raspberry and Bavarian Cream and served with Fresh Berries
CHOCOLATE CARAMEL ALMOND CRUNCH
with Caramel Sauce and Fresh Strawberries
WEDDING CAKE SLICED AND SERVED
COFFEE AND TEA SERVICE

With a complimentary guestroom for the newlyweds and plush accommodations for your guests, you will be delighted you made the Doubletree choice. The Doubletree Hotel Sacramento is conveniently located just off Business 80/ Capital City Freeway and across from the Arden Fair Mall. The hotel is just six blocks from the Cal Expo and five miles from downtown and the State Capitol.

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should be
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For Rent: Ocean front condo, Kanaloa at Kona, Hawaii; 2 bedrooms, 2 baths, plus loft; sleeps 6; fully furnished, delux accomodations. View at www.vrbo.com - look up listing #13562 for details. Contact Pat or Don Ingolia at 456-3343 or patingoglia@hotmail.com

For Rent: Tahoe Donner - 3 bed/2 bath - Features a large "great-room", perfect for entertaining and a "private" snow-play area in the large, empty lot next door. Located 20 minutes from

Squaw, Northstar, and Alpine ski resorts and 5 minutes from local downhill ski hill, cross-country ski area, championship golf, community pool, spa, and recreation center. Rates start as low as \$150/night.

For more info. and pictures go to www.vrconnection.com/rudmantd Check out at www.vrconnection.com for vacation rentals in all other locations!

For Rent: Santa Cruz/Capitola Beach Front Home, fabulous ocean and beach views - short drive or walk to Boardwalk. Two bedroom/two baths. Fabulous amenities-including a card room with a sleeping sofa, a modern kitchen and bar. Large front deck on the best beach to enjoy the sunsets. Call Joyce Yancy at 916/446-4481.

For Rent: Luxury oceanfront 2 bdrm., 2 bath condo with private pool located on the Riviera Maya, 68 miles south of Cancun on Half Moon Bay, in the seaside village of Akumal. Completely furnished, daily maid service, purified water system in diver's paradise and close to Mayan ruins of Tulum. Winter rates are \$245 + tax per night! Call the owner, Myrna Sparks, at 916-933-0747 to make your reservations at her condo at Playa Caribe or email her at myrnactravel@hotmail.com.

Summer Rental: Lake Tahoe, Rubicon Bay, Lakefront - 3 Bedroom-plus, 2 Bath, 2 Decks, Sunny Beach, Pier, Buoy for your Boat, Old Tahoe on the West Shore. Beautiful view. \$3500 per week. Call Susan Douglass 916-488-5927 or 916-296-4964.

For Rent: Santa Cruz home on Black Point - four bedrooms 2 1/2 baths. Steps to beach at Sunny Cove. Enjoy this immaculate home with endless whitewater views and updated kitchen with granite and hardwood floors throughout. Gorgeous 20,000 sq ft lot with ocean on 2 sides facing Monterey. Two king beds, 3 queens. Barbeque, cable, fireplace, dishwasher, disposal, washer/dryer, microwave, garage. Large fenced yard with grass and patios. One of the most private feelings possible. No pets. Short and long term rentals available. Call Ann Seawell Kennedy at 916-813-8138 or 619-522-9999.

Share Rivercats Season Tickets - Primo seats Section 114 (behind home plate) Row 5 - Seats 9 & 10 on the aisle. Need one party to complete a three-way split. Call Matt Mesplou at (916) 359-5336 (home) or (916) 799-1793 (cell) or Hadabuck@winfirst.com

For Rent: Tahoe cabin with lake views. Charming Zephyr Cove house near Heavenly & South Shore 4 bedroom, 3 bath house in Zephyr Cove. 3 of the bedrooms have queen beds, 1 room has 4 single beds. Sleeps up to 10. Hot tub on deck with Lake view! Open kitchen, dining room table seats 10. \$650 per night (\$500 per night for Junior League members) Contact Richard or Toni at 826-3655 or email artouring@gbis.com

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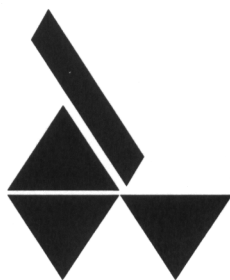
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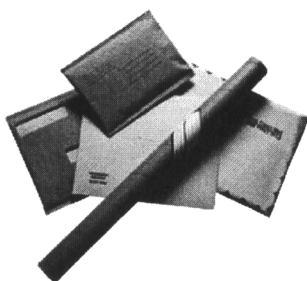
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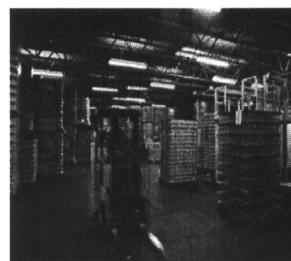
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Upcoming Activities

2006

March 1	Link Deadline for April Issue
March 4	Volunteer Opportunity: Done-in-a-Day Community Project
March 6	Board of Directors Meeting
March 10-12	ODI: Houston, TX
March 11	NorCalRenoHon Training: Oakland-East Bay, CA—P/PE/PEE Volunteer Opportunity: Done-in-a-Day Community Project
March 13	March General Meeting Agenda Items Due
March 17	Volunteer Opportunity: Mustard Seed Lunch
March 20	General Meeting
March 22	April Board Agenda Items Due • 9:00 am
March 27	Volunteer Opportunity: Mustard Seed Lunch
April 1	Link Deadline for May Issue
April 3	Board of Directors Meeting
April 10	April General Meeting Agenda Items Due
April 17	General Meeting
April 19	May Board Agenda Items Due • 9:00 am
April 21	Volunteer Opportunity: Mustard Seed Lunch
April 24	Volunteer Opportunity: Mustard Seed Lunch
April 29	Fairytales Town Fundraiser

Please contact your committee chair for activity, project and meeting schedules.

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