



Important forms!! Don't forget!!

Within a week of receiving your registration confirmation, look for an email from CampDoc.com to complete your camp paperwork. To complete your registration, you must log into CampDoc and complete all information by **June 15**.

IMPORTANT: CampHERO registrations with incomplete CampDoc profiles by June 15 will be waitlisted if the session is full.

Cancellations & Refunds

If your camper cannot attend camp, please contact our Camp Registrar at 800.236.2710 x4303, or email camp@gsbadgerland.org. With prompt notification, we can allow another camper to take her place. Failure to notify the council of cancellation will make your camper ineligible for a refund. The \$50 deposit is non-refundable after your camp registration has been confirmed.

Camp fees will only be refunded if:

1. A written request from the parent/guardian is received at least two weeks prior to the camp session.
2. An illness or critical family emergency has occurred and a cancellation call was made. A message must be left prior to the camp session start date. In case of illness, a written request with a statement from the attending physician must be received by the CEO, Marci Henderson, at the contact information at the bottom of the page within one week after the camp session.
3. Other requests for refunds due to extraordinary or extenuating circumstances will be considered at the discretion of the CEO or designee.
4. Fees will be refunded only if the event is at capacity or canceled by council personnel.

Camper who leave camp due to homesickness, behavioral issues, or parent request will not be eligible for refunds.

Welcome to **CampHERO**!

*I'm so happy you've decided to spend part of your summer with us! You are about to experience some really cool stuff, planned JUST FOR YOU! We've been working hard to make **CampHERO** hands-on, safe and most importantly FUN!*

CampHERO is a summer camp open to any school aged girl who'd like to attend. It is hosted by Girl Scouts of Wisconsin-Badgerland Council and run by volunteers from various police, fire and emergency medical services departments as well as Girl Scouts.

Make sure you pay close attention to all the information in this packet! There's a lot to see!

If you have any questions or concerns, please email us at CampHERO@charter.net. I'm excited to meet you!

Yoda

Captain Jen Román,



Important Phone Numbers:

Weekday business hours for questions & non-emergency issues before or during camp
608-362-8922 x3030 Eliza Zimmerman OR 608-276-8500

For emergencies or urgent issues DURING CAMP (24/7)
608-345-7227 Jen Roman

Girl Scout Insurance

All campers are covered by Girl Scout health and accident insurance (*one of the reasons membership is required with registration*) The Girl Scout insurance plan is a supplemental plan to the parents' insurance. Cost is included in camp fee.

Why are there so many forms?

Good question! **CampHERO** follows the guidelines of several organizations, including Girl Scouts USA & the American Camping Association, to ensure camper health and safety. We collect information that will help our staff help campers have a great experience. In addition, our partners, who allow us the use of facilities & equipment, require waivers. We know it's a-lot, but it's necessary!

Packing List for GIRLS AND ADULTS!

*All items are REQUIRED, unless otherwise noted.
Mark belongings with camper's name, in ink, or with
tape to prevent loss.*

Wear the following to camp

- Closed toe shoes (REQUIRED on **CampHERO Training Grounds**)
- A T-shirt (CampHERO, Girl Scout or plain).
- Comfortable long pants (jeans are OK)
(LONG PANTS are REQUIRED on **CampHERO Training Grounds**)
- Wear long hair tied back

Pack and bring with you

- Sweatshirt, sweater or fleece jacket
- Baseball hat
- Bandana
- Rain gear, a rain coat/pants is best, but poncho is acceptable (even if it's not raining)!
- Sunscreen
- Lip Balm
- Mosquito repellent (non-aerosol only)
- Water bottle
- Medications (see instructions)
- Camera (optional)

DO NOT BRING:

- MP3 players, iPod, iPad, E-readers, etc.
- Candy, food or beverages
- Curling iron, blow dryer
- Any type of sandals/flip flops other than shower shoes.
- Halter tops with open backs
- Personal items such as jewelry
- Pets
- Weapons of any type

**Long pants and
Closed-toed shoes are
REQUIRED FOR EVERYONE
when on the training grounds!
Long hair must be tied back.
NO EXCEPTIONS!**

CampHERO Cell Phone & Photo Policy

We acknowledge that campers and parents want to stay connected, and that cell phones may be necessary for communication. However, we have found that cell phone use at camp is disruptive and interferes with developing relationships. Adults are allowed to bring cell phones to CampHERO, but are asked not to use them, except for taking photos.

We adhere to strict policies regarding photo releases and will not allow photos to be taken of any camper that does not have a signed release on file. This includes photos for personal use!

Lost and Found

Please label belongings clearly!!

Lost or forgotten items may be picked up at the Girl Scout Center, 2710 Ski Lane, Madison WI OR you can request the item be brought to another Girl Scouts of WI-Badgerland Council Service Center that is closer to you. Items can be shipped at the expense of the camper's family. **After August 28th all unclaimed items are donated to charity!**

Contact the Girl Scout Center at 608-276-8500.

CampHERO is not responsible for lost or stolen items! Leave valuables at home!

Medications

As this is only a half-day session, please only bring medication if it is absolutely necessary. Any medications brought to camp, both prescription and over-the-counter, must all be listed on the Health History & Exam Form.

All medications are given to the health supervisor at check-in and dispensed by the Health Supervisor during the camp session (asthma rescue inhalers, glucose and epi-pens are kept with the camper at all times).

ALL medications must be in their original containers, and must be labeled with the pharmacist's label, camper's name, and directions for use. This includes vitamins and over-the-counter medications. Without this, the medication cannot be legally given to the camper. Pack medications in a zip lock bag labeled with her name. You will need to turn it all in to the health supervisor upon arrival at camp.

Morning Check-in

Plan to arrive at the Madison College Human and Protective Service Building by 8:00 a.m. Please be prompt! Campers will be directed through check-in stations. If you have circumstances that require an earlier or later check-in time, please indicate your request by emailing CampHERO@charter.net.

Check-out

Plan to leave at 11:30 a.m. If you want or need to leave earlier, you must check-out with CampHERO staff.

Directions to the Fire Service Education Center

The Fire Service Education Center is located at 1701 Pearson Street, Madison WI

From the corner of HWY 51/Stoughton Road and HWY 151/East Washington-

- 1) Drive NORTH on HWY 51/Stoughton Road
- 2) Turn WEST on Anderson Street
- 3) Turn NORTH on Pearson
- 4) Watch for signs/volunteers to direct you to parking

Special Needs

We will do everything that we can to accommodate special needs while continuing to provide girls with an excellent experience. We request that you inform us of your camper's needs prior to her attending camp. This way we have the opportunity to work with you to ensure your camper's needs are met and that there is adequate staff coverage. This process does take time and planning. We request that you notify the camp director of any special needs by June 30 by e-mailing CampHERO@charter.net.

Safety at Camp

Camp Staff completes training that includes: Girl Scout Activity Checkpoints, ACA Standards, WI State Standards, Emergency Procedures, Behavior Management, Homesickness Prevention, Child Abuse Awareness, Risk Management, and Diversity Training.

CampHERO will provide an on-site health supervisor/safety officer 24/7.

Campers learn about camp emergency procedures within the first 24 hours of arrival, and participate in an emergency drill during their stay. Campers learn about our severe weather procedures during this time and where to go during an emergency. If there is severe weather approaching we will be informed by dispatch.

All activities performed on the training grounds are supervised by professionals and follow the same safety standards as used by the City of Madison and Madison College in training personnel and students.

Lice Check

CampHERO participants share helmets, so we do lice checks!

Check your heads for lice prior to camp! It is up to you to ensure that neither your camper nor her adult buddy is arriving with head lice.

We will do a final check of each person at check-in. *If a participant is found to have nits or lice, they will be sent home. No refunds will be given if a camper has lice and is unable to attend camp.*

For more information, contact your local health department or go to www.headlice.org for information.

Bugs & Sun!

Campers spend the majority of time outdoors. We emphasize PREVENTION and require campers to bring and apply their own bug repellent and sun-screen. Here are some tips to discuss with your camper:

- Encourage body cover (long pants, shirts, socks, hats) as appropriate for the weather and activity.
- Apply an insect repellent containing 10 percent to 30 percent DEET (recommended for children) and to 50 percent DEET (for adults). Reapply per package directions throughout the duration of the activity. Spray the repellent on clothing rather than skin when feasible.
- Campers who discover a tick should report it to the CampHERO staff for assistance in removing it.
- Sun-screen should be applied daily on all exposed skin and reapplied as recommended.