

# Burwood Girls High School

## Centre of Excellence



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<http://web3.burwoodg-h.schools.nsw.edu.au>

17 March 2016

Dear Parent/Carer,

The PDHPE Faculty has organised the Surf Awareness incursion and Learn to Surf Camp for Year 9 & 10 Physical Activity and Sport Studies (PASS) students.

The students will have a **COMPULSORY** one hour incursion on Water Safety on Friday 1 April in period 4. Year 10 students will need to be taken out of their period 4 lesson this day.

The **Two Day Learn to Surf Camp** will take place on **Monday 4 April** and **Thursday 7 April** at Bondi Beach, at a cost of \$110 for the Camp **plus** \$30 for bus hire and \$5 for the incursion.

**Important:** If you have already paid the \$110 PASS subject fee, you do not need to pay this amount for the Surf Camp. However, you will still need to pay \$30 for bus hire and \$5 for the education session.

The total needs to be paid to the front office **by 2:00 pm, Tuesday 29 March 2016**. Please bring **correct money** when paying.

### Camp Details

- Each day, the students **meet at PE steps at 7:30 am** and return to school at approx. 3:00 pm.
- Wear school sports uniform.
- Bring swimmers, towel, hat, sunscreen, enough food and drink for the day (or lunch money), change of clothes, plastic bag for wet things, umbrella if rainy, in a small bag or backpack.
- Important: parents must complete the *Swimming Competency* section of the permission slip below, as well as the consent form from Let's Go Surfing (attached).

If you have any enquiries please ring Ms Walsh, Ms Dalageorgos or Ms Gianotti in the PDHPE Faculty on 9747 3355.

Please return the permission slip (over page) to PASS class teacher **by Tuesday 29 March 2016**.

C. Walsh, O. Dalageorgos, J. Gianotti  
**PASS Teachers**

M. Caltabiano  
**Head Teacher PDHPE & Dance**

**Please return permission slip to PASS class teacher and payment to front office by 2:00 pm, Tuesday 29 March 2016. Please bring correct money.**

I give permission for \_\_\_\_\_ of Year \_\_\_\_\_ PASS to attend the compulsory incursion on 1 April 2016 and Surf Camp at Bondi Beach on 4 & 7 April 2016, involving travel by bus and water activities (see below), at a cost of \$145 per student.

**Payment (TICK ONE):**

- ☐ I have already paid the \$110 PASS subject fee and I am now paying \$35 for the bus and incursion.
- ☐ I have NOT paid the \$110 PASS subject fee and will now pay \$145 for the total cost.

**Swimming Competency (must be completed – TICK ONE):**

- ☐ **Non-Swimmer** ..... my child is unable to swim.
- ☐ **Weak Swimmer** ..... my child is comfortable and confident in shallow water but cannot swim very well.
- ☐ **Average Swimmer** .. my child is a reasonable swimmer but is not very strong or confident in deep water.
- ☐ **Strong Swimmer** .... my child is a strong swimmer and is very confident in deep water.

(Note: the school does not provide flotation devices. It is the parent's responsibility to provide one if required by their child.)

Signed (parent/carer): \_\_\_\_\_ Date: \_\_\_\_\_

Parent's daytime contact no/s.: \_\_\_\_\_

Student's mobile no.: \_\_\_\_\_

Please list any medical issues we need to be aware of in relation to this activity:

\_\_\_\_\_

Parent payments may be made in person or over the phone (9747 3355 ext.114) 8:30am-2:00pm, OR online **by 6:00pm the day prior** to the due date for payment:

<http://web3.burwoodg-h.schools.nsw.edu.au/parent-online-payment>.

OFFICE USE ONLY Receipt Code 044-465
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- ☐ I have made an online payment. My receipt number is: \_\_\_\_\_

## SURFING LESSONS



# PLEASE READ THIS WARNING FIRST

## RISK WARNING AND EXCLUSION OF LEGAL LIABILITY

Surfing can be an enjoyable and exciting activity. However, like many recreational activities that require physical exertion, surfing carries with it the risk of physical injury. The **risks** associated with surfing include the following:

- you will be exposed to cold water (and possibly polluted water) and the sun for a long period of time;
- you will be physically exerting yourself in ways you may not be accustomed (eg paddling);
- you may collide with another surfer (or other ocean-user) or his or her (or your own) board or some other water-craft;
- you may lose your balance and fall from your board onto a shallow sandbank or reef;
- you may be dumped by a wave onto a shallow sandbank or reef;
- you may be caught in a rip and dragged out to sea or into an area where the waves are breaking with high impact or onto rocks or a headland;
- travelling to, along and from the surfing venue, including crossing any roads;
- you may be exposed to rapid and adverse changes in weather, ocean and wave conditions; and/or
- you may be stung or bitten by an ocean creature, such as a bluebottle jellyfish, stingray or shark,

As a result you may aggravate an existing injury (especially shoulder injuries) or suffer serious injury, disease or death (including by drowning).

You should ensure that you wear an appropriate wetsuit or rash shirt (in the hotter months), apply maximum protection sun-block cream on all exposed skin, keep your legrope attached to you and your board at all times and never surf alone. By participating in surfing activities and/or equipment provided by Lets Go Surfing either at this time or in the future, you agree:

- to **comply promptly with all directions** given to you by **your Instructor**, employees or agents of Lets Go Surfing or by any surf lifesavers on duty;
- that you **participate at your own risk**;
- that the agreement for services provided to you by Lets Go Surfing hereby totally **excludes any liability** that results from breach of any implied or express warranty that the services of Lets Go Surfing will be rendered with due care and skill and excludes any implied or express warranty and any liability for their breach that any equipment provided by Lets Go Surfing in connection with the surfing activities or separately will be fit for the purpose for which they are supplied; and
- That Lets Go Surfing has **no liability** to you for personal injury, disease or death arising from the services and/or equipment that Lets Go Surfing provides to you.

**All the information on this page is understood and I agree to the terms of the legal risk warning**

**SIGNED:** \_\_\_\_\_  
**PRINT NAME:** \_\_\_\_\_

(to be signed by a parent or guardian if participant is under 18 years of age)

Please turn over and complete registration form ☺

# SURFING LESSONS



Date of Lesson: 4 & 7 April 2016 Time of Lesson: \_\_\_\_\_  
Surname: \_\_\_\_\_ First Name: \_\_\_\_\_  
Male Female

Age: \_\_\_\_\_  
Address: \_\_\_\_\_  
Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Contact: \_\_\_\_\_  
Email: \_\_\_\_\_ Your Phone Number: \_\_\_\_\_

Emergency contact  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Phone: \_\_\_\_\_

Medical details:  
Current state of health: \_\_\_\_\_

- Do you have any illnesses or allergies?:  
Yes No  
If yes, give details: \_\_\_\_\_
- Are you on any medication?  
Yes No  
If yes, give details: \_\_\_\_\_
- Is there any other information you need to notify us about  
regarding a medical condition?  
Yes No  
If yes, give details: \_\_\_\_\_
- Do you have any prior injuries which may affect your  
ability to surf (eg Shoulder Dislocation or Knee Reconstruction)  
Yes No  
If yes, give details: \_\_\_\_\_
- I can swim 50 metres.  
Yes No
- I am fit enough to take a 2 (two) hour surfing lesson  
Yes No

Legal:  
• I have seen the legal risk warning, which forms part of this contract  
Yes No

All the information on this page is accurate and I agree to the terms of the legal risk warning

SIGNED: \_\_\_\_\_  
PRINT NAME: \_\_\_\_\_

(to be signed by a parent or guardian if participant is under 18 years of age)

## Marketing Purposes Only

- Are you Australian? No Yes  
Which Country? \_\_\_\_\_
- Where did you hear about Lets Go Surfing?  
• Friend Advertisement (if so, where?) \_\_\_\_\_  
Other \_\_\_\_\_