



NJ 4-H goLEAD Youth Leadership Institute



Dates:

July 1, 2015 9:30 AM - July 2, 2015 4:30 PM

Location:

G.H. Cook Campus Rutgers University New Brunswick, NJ

Who Should Attend:

4-H Members in grades 6-8 interested in building their leadership skills

The goLEAD approach focuses on:

leadership, project planning, and management skills taught through experiential activities to enable youth to make contributions to their community.



~ **NEW** ~

Leadership Conference for Middle School 4-H Members!





Registration is limited to the first 25 participants. Don't delay!

Registration Cost:

\$100.00 per person

Includes one night lodging in a Rutgers University dormitory (2 people per room); four meals; conference t-shirt; conference materials, and snacks.

Make checks payable to:

Camden County 4-H Junior Council

To attend goLEAD:

Complete the registration forms and mail with payment to: Sharon Kinsey, Camden County 4-H Agent, RCE of Camden County, 1301 Park Boulevard, Cherry Hill, NJ 08002 by June 12, 2015.

For more information, contact Sharon Kinsey (856) 216-7130 x 2 or Jeannette Rea Keywood at (856) 459-1900 x 4522.

"Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture and County Boards of Chosen Freeholders. The U.S. Department of Agriculture (USDA) prohibits discrimination in all programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, ormarital or family status. (Not all prohibited bases apply to all programs). Rutgers Cooperative Extension is an Equal Opportunity Employer."



What is goLEAD?

generationOn inspires, equips, and mobilizes youth to take action that changes the world and themselves through service. Their signature youth leadership institute, goLEAD (generationOn Leadership, Education, and Development), inspires both adults and young people to engage in meaningful service-learning and leadership skill-building to effect real community change. A state-of-the-art training program goLEAD teaches leadership and community service skills to middle school and high school-age students and focuses on the Creative Leadership Process below. Come learn what goLEAD is all about!





New Jersey 4-H goLEAD Youth Leadership Institute

Tentative Schedule

July 1-2, 2015

Cook Campus, Rutgers University, New Brunswick, NJ

July 1, 2015

9:30-10:30 am Arrival - check-in and registration

11:00 - 12:00 pm goLEAD Opening Workshop

12:00-1:00 pm Lunch at Neilson Dining Hall

1:00-4:30 pm goLEAD Program

4:30-5:00 pm Free time

5:00-6:00 pm Dinner at Neilson Dining Hall

6:30-9:00 pm goLEAD Program

9:00-10:00 pm Recreation time

10:00-10:30 pm In dorm/preparation for lights out

11:00 pm Lights Out

<u>July 2, 2015</u>

7:30-8:30 am Breakfast at Neilson Dining Hall

9:00-12:00 pm goLEAD Program

12:00-1:00 pm Lunch at Neilson Dining Hall

1:00-4:00 pm goLEAD Program and Closing Speaker

4:30 pm Program Conclusion/Check-Out - Return home





NJ 4-H goLEAD Youth Leadership Institute July 1-2, 2015

Registration Form

To register, please complete this Registration Form and a NJ 4-H Event Permission Form. Registration materials are due by no later than *June 12, 2015*. These forms and a check made payable to *Camden County 4-H Junior Council* should be mailed to Sharon Kinsey, Camden County 4-H Agent, 1301 Park Boulevard, Cherry Hill, NJ 08002. For questions about registration, please contact Sharon Kinsey at 856-216-7130 ext. 2.

No Late Registrations can be accepted due to contractual obligations to Rutgers University to guarantee numbers.

| Section I. REGISTRANT INFORMATION | ON |
|---|---|
| Name: | Preferred Name on Nametag: |
| 4-H County: | |
| Birthdate: | Grade (as of Sept. 2014 school year) |
| Check one: Male Female | · |
| Address: | |
| Home Phone Number: | Parent Cell Phone: |
| Parent/Guardian Names: | |
| Participant Email: | Parent/Guardian Email: |
| T-Shirt (adult sizes available): | |
| · · · · · · · · · · · · · · · · · · | ietary or other accommodations) you may have: (the <i>Rutgers</i> and <i>Dietary Considerations Form</i> must be included for anyone - forms enclosed) |
| with this person (and they wou below. 4-H staff will assign roo conference. * Your roommate Name of Roommate Preference | per who is also attending this conference and you would like to room ald like to room with you), please list the name of ONE roommate choice ms (two people per room). There will be no switching of rooms at the choice must also request you on their registration form *: |
| County: | |

The 4-H Youth Development Program is part of Rutgers Cooperative Extension, a unit of the New Jersey Agricultural Experiment Station. 4-H educational programs are offered to all youth, grades K-13, on an age-appropriate basis, without regard to race, religion, color, national origin, ancestry, sex, sexual orientation, gender identity and expression, disability, atypical hereditary cellular or blood trait, marital status, domestic partnership status, military service, veteran status, and any other category protected by law.





Section III. REQUIRED ITEMS TO BE INCLUDED WITH REGISTRATION FORM FOR YOUTH PARTICIPANTS

| Enclosed with this registration form are the following items: |
|---|
| A check or money order made payable to <i>Camden County 4-H Junior Council</i> for the full conference fee of \$100.00. |
| A completed copy of the 4-H Event Permission Form for Youth, signed by my parent/guardian and myself. |
| The Rutgers Summer Camps and Groups Medical and Dietary Considerations Form if applicable |
| |

Section IV. OTHER

Members Seeking Sponsorship for the Conference: 4-H members seeking sponsorship to attend this conference are encouraged to contact their county 4-H office to determine if sponsorship opportunities exist through county 4-H associations, advisory councils, boards of agriculture, etc. There is currently no sponsorship available at the state level.

Registration/Refund Policy: Once a member is registered for the NJ 4-H goLEAD Youth Leadership Institute, they are responsible for the cost of the conference and are expected to attend. No refunds will be made unless participant is ill and has a doctor's note. It is the participant's responsibility to contact Sharon Kinsey (856-216-7130 ext. 2) or Jeannette Rea Keywood (856-459-1900 ext. 4522) no later than the Monday prior to the conference in order to be eligible for the refund due to illness.

Conference Chaperones: The New Jersey 4-H goLEAD Youth Leadership Institute is being planned and conducted by NJ 4-H faculty and staff members. They will also serve as chaperones for the event. Like 4-H volunteers, 4-H faculty and staff are in compliance with the Rutgers University Policies to Working with Minors, including fingerprinting, background checks, and training.

For questions about registration, please contact Sharon Kinsey at 856-216-7130 ext. 2.





New Jersey 4-H Event Permission Form for Youth



Both sides of this form must be completed by all youth participating in overnight activities, field trips, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the event coordinator(s) (paid 4-H staff and/or registered 4-H volunteer) responsible for the youth participants. The form should be submitted prior to the event. The form has five parts: (1) information about the participant and activity, (2) parental permission and liability release, (3) medical emergency authorization and health information, and (4) code of conduct and (5) media policy. Be sure to complete all five parts and sign where requested!

Information about the Youth Participant and Activity

| Name of Youth participant: | | | |
|--|---|---|---|
| Address: | City: | State: | Zip: |
| Telephone number: | Email Address: | | |
| 4-H county: | Birthdate: | Grad | de: |
| Name of activity/event: | | | |
| Name of 4-H group sponsoring or participating in this | | | |
| Location of event: | | | |
| Date and time of participation of individual named abo | | | |
| | | | |
| Parent Permi | ission and Release of Liab | ility | |
| I hereby give my son/daughter named above permission its event coordinator(s) will use the utmost precaution release them from any liability in case of illness or injugar transporting my child to and from the event, from a sign Hara | in guarding the health of the above pa ury as a result of this activity. Furthern any liability in case of illness or injury | rticipant and preven more, I release the o | nting accidents, I wner and driver of the |
| Sign Here Signature of parent or guardian: | | | |
| Madical Emergency | Authorization and Health | Information | |
| · · | | | |
| I authorize the event coordinator(s) to dispense the pre- with the instructions provided on the label (prescriptio an accident to the above named participant requiring in authorize the 4-H chaperone(s) to take such action as s- participant. This authority extends to any physician(s) and/or surgical procedures including examinations and named participant. All efforts will be made to contact | on drugs) or below (over-the-counter m mmediate treatment or surgery while h seems appropriate to protect the health) and/or surgeon(s) selected by the eve d tests necessary to preserve the health | nedications). In case ne/she is a participan and physical well-but nt coordinator(s) to and physical well-but | of sudden illness or at in this activity, I being of the above perform medical |
| Name of parent/guardian Phone numbe | Name of additional emerg | gency contact P | hone number |
| The following information is provided as an aid to the participant has the following health conditions: (include | | | |
| Health conditions: | | | |
| Medications/Instructions: | | | |
| Health Insurance: Company Group# | ID# | | |
| Sign Here Signature of parent or guardian _ | | | |

New Jersey 4-H Code of Conduct

The primary purpose of the New Jersey 4-H Code of Conduct is to ensure the safety and well-being of all participants at 4-H sponsored events and activities. It applies to all participants, with participants defined as 4-H members, their parents, and volunteers.

As a participant in the 4-H program, I will:

- Conduct myself in a courteous manner and treat members, parents, 4-H volunteers, Extension staff, judges and others with respect. Appropriate language and behavior are expected at all times.
- Respect and adhere to the rules and guidelines of the 4-H program including all those specific to a 4-H event or activity.
- Uphold an individual's right to dignity by supporting an environment of inclusion which welcomes involvement of participants from all backgrounds.
- Accept supervision and support from county and state 4-H staff while participating in the 4-H program. This includes acceptance of supervision and support from appointed 4-H volunteers coordinating 4-H events and activities.
- Obey local, state and federal laws.

Participants who fail to adhere to the New Jersey 4-H Code of Conduct are subject to a range of disciplinary actions. Such actions will be taken in compliance with the New Jersey 4-H Discipline Policy and Procedure. When appropriate, immediate corrective action will be taken at the 4-H event to ensure the safety and welfare of all participants.

I understand if I fail to adhere to the above Code of Conduct, I will be subject to disciplinary action and potentially prohibited from attending and participating in the New Jersey 4-H Youth Development program.

| Sign Here Signature of participant in event | Date | |
|---|------|--|
| Sign Here Signature of parent or guardian | Date | |

New Jersey 4-H Media Policy and Release

The 4-H program routinely promotes activities through various media. This includes, but is not limited to newsletters, newspapers, brochures, and displays. In doing so, the names and photos of members may be included to help tell the 4-H story. However, New Jersey 4-H policy is that on web sites, youth in photos will not be identified by name(s).

| versely in the on the break, your in photos will not be radiation by radiation (b). |
|---|
| No, do not use my individual picture for any purpose. I will make an effort to avoid opportunities to be in group photos. |
| ☐ No, do not use my name for any purpose. |
| |

Revised: January 2013



Peggy Policastro, MS, RD

Dining Services & Nutrition Departments
Davidson Hall Room 213
Rutgers, The State University of New Jersey
26 Nichol Avenue
New Brunswick, New Jersey 08901
Ph: (732) 932-5447 Fx: (732) 932-6522
peggyp@dining.rutgers.edu

Summer Camps/Groups Specialized Dietary Needs Procedure

- *All campers/summer group members who identify themselves as having specialized dietary needs (i.e. food allergies, gluten free diet, diabetic diet, etc) are to be referred to the Dining Services Nutritionist **at least two weeks prior** to the start of camp. Contact information for the Nutritionist is listed above. A *Medical and Dietary Consideration* form must be completed two weeks prior to the first day of the camp/group.
- *The Nutritionist will speak directly with the camper/group member/parent to develop a Nutrition Care Plan and/or menus to satisfy the specialized dietary requirements documented by a physician.
- *The dietary/menu information will be communicated with the appropriate dining hall and catering management staff.

Dining Hall or Catering Management will confirm communication regarding specialized meal request via email. Catering contracts indicating a specialized meal will be sent to the Nutritionist for review.

- *When warranted, meals will be individually prepared, plated and labeled with the individual's name. Upon entering the dining hall or catered event, the individual is to request a manager to retrieve their meal.
- *It is the responsibility of the individual to bring with him/her any snacks to be consumed outside of the dining hall as food from the dining hall is not allowed to be taken out.
- *Dining Services is only responsible for meals prepared and served through Rutgers Dining Services. Meals received from outside vendors/facilities are not verified by the Dining Services Nutritionist.

SUMMER CAMPS AND GROUPS MEDICAL & DIETARY CONSIDERATIONS



Important Notes:

- 1. All sections of this form must be completed before the request can be processed.
- 2. This form must be received by the Dining Services Nutritionist at least **TWO WEEKS** prior to the first day of camp. Special dietary requests received after the two week period may not be honored.
- 3. Completion of this form will initiate a professional review of your nutritional and dietary concerns. Dining Services will work with campers/group member who have special dietary needs to ensure a medically appropriate and nutritionally sound diet.
- 4. After all sections of the form are completed, please return it to the RU Express/Board Plan Office, Records Hall, Room 102, CAC or faxed to: 732-932-3915. It will then be forwarded to the Dining Services Nutritionist who will contact the camper/parent/group member indicated to discuss individual dietary needs.

I. TO BE COMPLETED BY THE CAMPER/GROUP MEMBER (OR GUARDIAN)

| Name: | CONTACT | |
|--|--|--|
| | Person: | |
| PHONE#: | EMAIL ADDRESS: | |
| NAME OF CAMP/GROUP | DATE(S) OF | |
| | CAMP/GROUP | |
| Please describe the specialized dietary adjustments | s required: | |
| | | |
| | | |
| | | |
| II. TO BE COMPLETED BY P Describe briefly your medical findings regarding t | PRIVATE PHYSICIAN the individual's illness and special dietary adjustments required. | |
| | | |
| Describe briefly your medical findings regarding t | the individual's illness and special dietary adjustments required. Date: | |
| Describe briefly your medical findings regarding t | the individual's illness and special dietary adjustments required. | |
| Describe briefly your medical findings regarding t | the individual's illness and special dietary adjustments required. Date: | |

Dining Services is only responsible for dietary accommodations for meals prepared and served through Rutgers Dining Services. All meals received from outside vendors/facilities will not be verified by the Dining Services Nutritionist.