

Facts

- Children react differently to loss than adults and it is important to realize that they are grieving a loss as well
- Each child will grieve the loss of a loved one in different ways; no two people will grieve the loss of the same loved one in the same way
- Feeling sad, frightened, angry or lonely are normal reactions to loss
- Crying is a normal response to loss, but it is not the only one. There is no single right way to feel, and no single right way to express what you're feeling

Children's Grief Program Dates-To be determined

For Children ages 6-8 years

Catholic Family Services
523 N Duluth Avenue
Sioux Falls SD
Thursday afternoons from
3:30pm-5:00pm

For Children ages 9-12 years

Catholic Family Services
523 N Duluth Avenue
Sioux Falls SD
Thursday afternoons from
3:00pm-5:00pm

Parents:

Please call the Sioux Falls Office
to schedule your informational appointment
prior to your child's attending the program.
1-800-700-7867
605-988-3775
cvanderwoude@sfcatholic.org

*This program is non-denominational
and there is no charge for participation.*

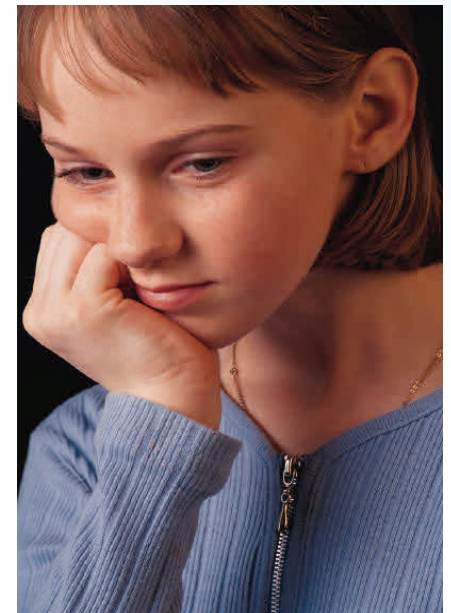


Catholic Family Services

523 N. Duluth Avenue
Sioux Falls SD 57104

2015 Children's Grief Program

Presented by
Christy Vander Woude MSW,CSW





Why a Children's Grief Program...

This 5 week program for children by Catholic Family Services is designed to be an educational and experiential program for coping with the death of someone loved.

"It is important for children to recognize and express feelings of grief. Children need a continued sense of hope and healing for the future as they experience behavioral changes during their period of grieving."

Dr. Marci Moran

There is no time limit to grieving, so whether it's been 2 months or 10 years since the loss of a loved one, all are welcome to join in learning how to adjust and cope with the loss.

What to expect...

This program is designed for children that have experienced the loss of a loved one. In age related groups, the children will have an opportunity to share their grief experiences and learn that they are not alone in their feelings.

Each week, children will learn about a new topic related to the grieving process. Understanding and reaction varies depending on age and developmental level of each child. Expression of feelings with art activities and stories will be part of the program.

PLEASE NOTE: Parents and/or caregivers will be asked to meet with the presenter prior to the child beginning the Children's Grief Program. This will provide background information regarding the loss the child is experiencing as well as additional areas that the parent/caregiver feels the child is struggling with regarding his or her grief.

Children's Grief Program Registration

Choose a program:

☐ 6-8 year olds-

☐ 9-12 year olds-

Parent Name(s): _____

Child's Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Mail Registration to:

Catholic Family Services

Attn: Christy Vander Woude

523 N. Duluth Avenue

Sioux Falls, SD 57104

800-700-7867 or 605-988-3775

Or e-mail:

cvanderwoude@sfcatholic.org

Visit our website at:
www.sfcatholic.org/cfs