

NADD WEBINAR SERIES

NADD is proud to offer its *New.*..Fall Webinar Series. From the convenience of your own office or conference room, you and your colleagues can participate in a great educational resource without having to make travel plans or leave your office.

<u>HOW IT WORKS —</u> Participants can listen to the presentation via a conference call portal, and watch the PowerPoint presentation from a computer online. Participants have the opportunity to post Q&A during the presentation. <u>Each registrant, who is the key contact person, will receive a confirmation e-mail listing of the registered session(s) and an 800 number to access the Webinar</u>. <u>This person's name will be given to the operator, and this person must be the one who calls in to participate on the webinar</u>. Handouts will still be available for participants to access online three (3) business days prior to each webinar for printing purposes only. Handout access information will be provided in the confirmation letter. Each session will last 60-minutes. The sessions feature individuals from a variety of areas in the field of mental health and intellectual disabilities.

PRESENTATION LEVELS

- Beginner Individual with limited or no prior experience on the subject matter.
- Intermediate Some experience in subject matter.
- Advanced Experienced and versed in subject matter.

WEBINAR SCHEDULE

3:00 – 4:00 p.m. Eastern, 2:00 – 3:00 p.m. Central, 1:00 – 2:00 p.m. Mountain, 12:00 – 1:00 p.m. Pacific WEDNESDAY, SEPTEMBER 12, 2012

Repetitive Verbal Arguments and Behaviors Level: Intermediate

Susan J. Moreno, MA, ABS, Crown Point, IN

Constant repetition of argumentative statements and/or dialogues can be frustrating to all who interact with individuals on the autism spectrum. This behavior occurs in all functioning levels of verbal individuals on the autism spectrum. Some of these repetitive verbal arguments and behaviors (RVAB) can result in loss of employment, alienation of peers, and even trouble with law enforcement. This presentation will discuss strategies for alleviating and eliminating these behaviors.

THURSDAY, SEPTEMBER 27, 2012

Technology-Based Service Models: Planning for Sustainability in New Budget Environments Level: Intermediate

Ian Sanders, SimplyHome / Innovative Services, Asheville, NC

Providers are facing new difficulties in maintaining and expanding services in our current budget environment. New service models are appearing across the country that allow for the use of remote monitoring and environmental control technology tools to manage costs, increase independence, and improve outcomes. The webinar will examine three primary case studies of how the critical implementation process has been achieved.

THURSDAY, OCTOBER 4, 2012

"Compassion Fatigue"

Level: Intermediate

Paul Deignan, Disaster Behavioral Health Coordinator, New Hampshire Department of Health and Human Services, Concord, NH

Compassion fatigue has been defined as "A combination of secondary traumatic stress (vicarious traumatization) and burnout both of which negatively impact on care giving skills" or a "Chronic lack of self care" or "a Responder's diminished ability to provide emotional support for disaster survivors. This lack of empathy, care and concern may come from overexposure to the suffering of others compounded by the emotionally draining effects of prolonged challenging work." Compassion fatigue is not a character flaw but is a risk for those who care for others. This webinar will address: who is vulnerable for compassion fatigue, symptoms of compassion fatigue, potential debilitating consequences of compassion fatigue, strategies for managing and healing compassion fatigue, and compassion satisfaction. Any person in the helping profession may benefit from attending this webinar.

TUESDAY, OCTOBER 30, 2012

Learning More about Medication-Induced EPS (Extrapyramidal Symptoms) in Individuals with Developmental Disabilities: Its Causes, Presentations, and Management Level: All Levels

Steven Eisenstein, MD, Central Virginia Training Center, Madison Heights, VA

In this session, you will learn about why EPS in individuals with developmental disabilities is so much more life threatening and impairing. Focus will be on all the different medications that can cause Extrapyramidal Syndrome (EPS), learning to identify the five different subtypes of EPS- tardive dyskinesia, parkinsonism, dystonia, akathisia, and neuroleptic malignant syndrome - and how to minimize and manage their occurrence.

THURSDAY, NOVEMBER 1, 2012

Making Sense of Autism and Anxiety Level: Beginner - Intermediate Stacy P. Dean, PhD, University of Virginia, Virginia Commonwealth University Keswick, VA

Differentiating between autism and anxiety proves to be problematic for many practitioners and service providers. It is particularly challenging because some of the underlying characteristics for autism spectrum disorders mimic characteristics of anxiety disorders. The challenge becomes further exacerbated when trying to determine interventions.

THURSDAY, NOVEMBER 15, 2012

Understanding and Responding to Persons with Personality Disorders Level: Beginner FREE Webinar for DSP's

Deceil Moore, LCSW, Meridian Health Services, Muncie, IN

Persons with personality disorders often absorb a disproportionate amount of resources. This presentation is meant to lay the framework for understanding how personality disorders develop, symptoms and indications that a personality disorder exists, and needs that the behaviors displayed exhibit. We will discuss therapeutic and helpful responses from Direct Service Professionals that are likely to assist individuals in making healthier choices on a day to day basis.

TUESDAY, NOVEMBER 27, 2012

Fostering Friendships for People with and without Disabilities Level: Advanced

Kathy Costello, TIES, The Advocacy Center, Rochester, NY

TIES (Together Including Every Student) is a program which promotes the participation of children and young adults with developmental disabilities in extracurricular, community, and recreational activities with support. This support is provided by trained student volunteers. Previous to TIES, students and young adults who wanted to participate in activities chose not to because either they had previous experiences that weren't successful or they attended with support provided by adults, teacher aides, or their parents. Now they can choose any organized activity to join according to their interest and have natural support provided by a peer to provide opportunities for inclusion in communities.

TUESDAY, DECEMBER 4, 2012

Early Identification of Cognitive Decline in Person with I/ DD Level: Beginner Lucille Esralew, PhD, SCCAT / Trinitas Hospital, Hamilton, NJ

This workshop will review the early indicators of cognitive decline and provide strategies to aid practitioners, family and professional caregivers in their shared decision making and planning for Quality of Life, Qualify of Care, and aging in place for the individuals whom they support.

WEDNESDAY, DECEMBER 12, 2012

The Inclusive Recreation Resource Center: Helping ALL People Play Wherever They Choose Level: Beginner

Lynn Anderson, PhD, CTRS, CPRP, SUNY Cortland, Inclusive Recreation Resource Center, Cortland, NY

People with disabilities consistently express the need for accurate information about the accessibility of recreation opportunities. This webinar presents a model project that promotes and sustains inclusive recreation. Using an award-winning training program, Inclusion U, over 1,500 volunteer "Certified Inclusivity Assessors" have learned how to assess physical and social inclusion with the user-friendly Inclusivity Assessment Tool to help us build our online database of recreation resources as well as make positive changes for inclusion.

WEDNESDAY, DECEMBER 19, 2012

Update on Complementary and Alternative Medical Treatments for Individuals with Developmental Disabilities

Level: Intermediate

Jarrett Barnhill, MD, DFAPA, FAACAP, NADD-CC, University of North Carolina Department of Psychiatry, Chapel Hill, NC

In recent years advances in the neurosciences suggest a more complex view of behavioral and neuropsychiatric disorders among individuals with developmental disabilities. For many, traditional psychopharmacology raises the specter of untoward side effects or treatment nonresponse. Families frequently turn to alternative treatments as a solution. Unfortunately these decisions are made without an awareness of contradictory scientific evidence or potential complications when combined with psychotropics and other medical treatments. This presentation focuses on omega-3 fatty acids, melatonin, and a more recent addition, n-acetly cysteine, in the treatment.

WEBINAR REGISTRATION FORM

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scheduled webinar in order to refund your registration minus a \$15 administrative fee for each webinar cancellation. Registration fees will not be refunded for cancellations received after this point. Registrants who do not cancel by the cancellation cut-off date and are not on the webinar are liable for the total registration fee.

About NADD

NADD, a not-for-profit member association, is the leading expert in providing professionals, educators, policy makers, and families with education, training, and information on mental health issues relating to persons with and intellectual disabilities.

NADD provides its members with the quickest access to the world's leading experts and the most complete library of research, educational, and reference material, as wells as training.

NADD Membership Benefits

- · NADD Bulletin published bi-monthly
- · Journal of Mental Health Research in Intellectual

Disabilities - published quarterly

- · Discounts on all trainings, conferences and products
- · Website members only section
- Be part of cutting edge work





TO ADVANCE MENTAL WELLNESS FOR PERSONS WITH DEVELOPMENTAL DISABILITES THROUGH THE PROMOTION OF EXCELLENCE IN MENTAL HEALTH CARE.

Visit the NADD website at <u>www.thenadd.org</u> / Fax: (845) 331-4569 / E-mail: info@thenadd.org

NADD 132 Fair Street Kingston, NY 12401-4802

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FALL SEPTEMBER-DECEMBER 2012