

## Momentum Therapies Health Intake Form

Name \_\_\_\_\_ Date \_\_\_\_\_ Current Age \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_

Please complete the following information.  
 This will assist in designing the most effective and efficient individualized program for you.

Please check if you have a history of any of the following.

|                            | Past | Present |                           | Past | Present |
|----------------------------|------|---------|---------------------------|------|---------|
| <b>High Blood Pressure</b> |      |         | <b>Digestive Problems</b> |      |         |
| <b>Blood Clots</b>         |      |         | <b>Menstrual Problems</b> |      |         |
| <b>Varicose Veins</b>      |      |         | <b>Broken Bones</b>       |      |         |
| <b>Heart Disease</b>       |      |         | <b>Whiplash</b>           |      |         |
| <b>Chest Pain</b>          |      |         | <b>Headaches</b>          |      |         |
| <b>Depression</b>          |      |         | <b>Chronic Pain</b>       |      |         |
| <b>Anxiety</b>             |      |         | <b>Allergies</b>          |      |         |
| <b>Insomnia</b>            |      |         | <b>Skin Problems</b>      |      |         |
| <b>Cancer</b>              |      |         | <b>Fibromyalgia</b>       |      |         |
| <b>Arthritis</b>           |      |         |                           |      |         |

List any other medical conditions and medications you are taking.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Please list below your main complaints/challenges in order of their importance.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

I understand I am responsible for payment of all therapy provided by Momentum Therapies. I agree to make payment in full at time of session. I also understand I am responsible for payment of missed or canceled appointments with less than 24 hrs notice.  
 Signed \_\_\_\_\_ Date \_\_\_\_\_