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United's Gros cleared to resume training

MLS Poll

Washington, DC (Sports Network) - D.C. United announced Wednesday that midfielder Josh Gros has been cleared to resume training after what were thought to be concussions suffered in recent games.

Following visits this week to Dr. Neal Kurzrok in the Neurology Center at Washington Hospital Center and Dr. Mark Lovell at the University of Pittsburgh Sports Medicine Concussion Program, both doctors agree that recent episodes were post-traumatic migraines, as opposed to concussions. An MRI and EEG of Gros' brain, as well as a series of neuropsychological tests, provided normal results. Having been placed on migraine medication, Gros began physical training this week, is planning to return to full sessions next week and, barring setback, will be available for selection in United's road match Sept. 6 at CD Chivas USA.

"We're pleased with news that Josh has been cleared to return to action," United Technical Director Dave Kasper said. "He is an important part of this team. Josh's health, however, is our number one priority and we'll continue to keep a close eye on this issue as he continues his playing career."

After being struck in the head by the ball early in United's Aug. 18 match at the Columbus Crew, Gros experienced nausea and blurred vision and was subbed from the game in the 9th minute. The 25-year-old suffered a similar injury in United's CONCACAF Champions' Cup game against CD Guadalajara on March 15 and has worn protective headgear since that time.

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