

The Hiawatha Running Club will be arriving in style at the Lace Up For Learning. Families have the opportunity to purchase running club shirts at minimal cost. We don't want students who are unable to afford a shirt to feel left out. Please consider donating a little extra to ensure that all students participating in the running club are able to show their school spirit on race day!

Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

- \_\_\_\_\_ Youth Small (\$5)
- \_\_\_\_\_ Youth Medium (\$5)
- \_\_\_\_\_ Youth Large (\$5)
- \_\_\_\_\_ Adult Small (\$5)
- \_\_\_\_\_ Adult Medium (\$5)
- \_\_\_\_\_ Adult Large (\$5)
- \_\_\_\_\_ Adult X-Large (\$5)
- \_\_\_\_\_ Adult XX-Large or bigger ( \$6)

**T-Shirt Order Form**  
**Due Before April 25**

**I would like to donate a t-shirt for a student(s) who is unable to afford one.**

- \_\_\_\_\_ One student: \$5 donation
- \_\_\_\_\_ Two students: \$10 donation
- \_\_\_\_\_ Three students: \$15 donation
- \_\_\_\_\_ Other amount:

\_\_\_\_\_ Please provide my shirt at no cost

Total paid: \$ \_\_\_\_\_

Checks payable to **Hiawatha Elementary PTO**



Questions? \_\_\_\_\_

Tanner Roos  
Hiawatha Elementary School  
Physical Education &  
Running Club  
[troos@cr.k12.ia.us](mailto:troos@cr.k12.ia.us)  
558-1226

# Hiawatha Running Club



## Running Club is BACK!

All students, staff and family members are encouraged to join the Hiawatha Running Club. You don't need to be an experienced runner to join the club. As long as you have a good attitude and want to work hard, we would love to have you!

Do you think your student is too young to join running club? Guess what?! We've had kids as young as 3 years-old enjoy running with their big brothers and sisters! Practices are designed so all runners have fun, are challenged and experience success. If your child enjoys physical education, they will love Running Club!

### Important Information:

Starting April 4th we will meet every Monday and Friday morning from 7:50 to 8:45. Students will meet in the gym for announcements and move outside to warm-up and jog on the trail. The weather is unpredictable this time of the year. If it is cold we will still plan to run outside. Please be dressed appropriately (gloves, hat, coat, long pants). If it is raining, Running Club will be canceled.

### Reserve the Date!!

Join the Hiawatha Running Club at the Cedar Rapids Community Schools Foundation, Lace Up For Learning Race on Saturday, May 7th at Kingston Stadium. Our school is trying to win the participation award and would love to have as many runners as possible. Race registration will be available at Running Club.

## Upcoming Events

### Lace Up For Learning

#### Hiawatha Running Club's Main Event

<http://www.laceup.cr.k12.ia.us/>

Saturday, May 7

8:45 AM, Opening Ceremonies

9:00 AM, 5k and 10k races begin

10:30 AM, Awards Ceremony

11:00 AM, One-Mile Family Fun Run

Kingston Stadium.

907 15th St, SW, Cedar Rapids

Packet Pick-up:

Friday, May 6 from 4:00-7:00 PM @

ELSC, 2500 Edgewood Rd. NW, CR

Or

Race Day 7:30-8:30 AM

Kingston Stadium

### CRCSD 4th Annual Track Meet

Saturday, May 14

9:45 AM, Warm-ups

Kingston Stadium

For all 4<sup>th</sup> and 5<sup>th</sup> grade CRCSD students

60M, 100M, 200M, 400M, 800M, softball

throw, long jump (Select 3)

Events organized by grade and gender

Non-Competitive

### 5<sup>th</sup> Grade Fun Run/Walk

Thursday, May 19

9:45 AM, Noelridge Park

All 5<sup>th</sup> graders on the Eastside of CRCSD

Approximately 2 mile run/walk

Non-Competitive

Free

Free

## Hiawatha Running Club

- Multiple times Hiawatha has been the elementary school with the second highest percentage of students participating in the Lace Up For Learning race!
- 18 times Hiawatha runners have won an age group award at the race!
- During the 2014 season 209 of the school's 409 students participated in running club at least one time! That's over half the school!
- There have been days that over 150 students attended Running Club!
- Last year a record number of kindergarten students participated in Running Club!



2015 Lace Up For Learning  
5K & Mile Runners

