

# EOT Proficiency Course Application Packet



# Notice of Equal Access/Equal Opportunity and Nondiscrimination

Santa Fe College is committed to an environment that embraces diversity, respects the rights of all individuals, is open and accessible, and is free of harassment and discrimination based on, but not limited to, ethnicity, race, creed, color, religion, age, disability, sex, marital status, national origin, political opinions or affiliations, veteran status, and genetic information. The College does not discriminate in its programs and activities, including employment and admissions.

In particular, Title IX of the Education Amendments of 1972 (20 U.S.C. § 1681) is an all-encompassing federal law that prohibits discrimination based on the sex of students, employees, and third parties when appropriate, of educational institutions which receive federal financial assistance. Sexual harassment of students, which includes acts of sexual violence, is a form of sex discrimination prohibited by Title IX. Santa Fe College complies with all aspects of this and other federal and state laws regarding non-discrimination.

Title II of the Genetic Information Nondiscrimination Act of 2008 protects applicants and employees from discrimination based on genetic information in hiring, promotion, discharge, pay, fringe benefits, job training, classification, referral, and other aspects of employment. GINA also restricts employers' acquisition of genetic information and strictly limits disclosure of genetic information. Genetic information includes information about genetic tests of applicants, employees, or their family members; the manifestation of diseases or disorders in family members (family medical history); and requests for or receipt of genetic services by applicants, employees, or their family members.

Anyone with questions about compliance or a complaint regarding harassment or discrimination, including sexual harassment and sexual violence as a violation of Title IX, should contact the College's Equal Access/Equal Opportunity Coordinator using the following contact information:

Lela Frye, Equal Access/Equal Opportunity Coordinator 3000 NW 83rd Street, R-Annex, Room 105, Gainesville, Florida 32606 (352) 395-5420

lela.frye@sfcollege.edu

Santa Fe College's Board Rule 2.8 and procedure 2.8P define its policy prohibiting discrimination and harassment and its grievance procedures for such complaints.

# **Equivalency of Training Course Information**

Dear Applicants,

The Equivalency of Training Course takes place at the Santa Fe College Institute of Public Safety located at 3737 NE 39<sup>th</sup> Avenue, Gainesville, FL 32609. This is **NOT** the main college campus. Our campus is located two blocks east of the Gainesville Regional Airport on NE 39<sup>th</sup> Avenue (CR 222).

\*\*\*Please be on time and report to Classroom 6 on Friday. As you enter the Institute of Public Safety you will drive through a gate. Take your immediate left past the gate and continue down the road until you see a series of mobile buildings on the right. Classroom 6 is the 1st mobile building.\*\*\*

Most of you emailed or faxed the required EOT documents, but we need the originals of the completed and physician signed CJSTC 75B and the Physical Training Program forms. **Please make sure to bring these original documents or you will NOT be allowed in the course**. For any questions, please contact Gretchen Pendell at (352)271-2916. I wish you all success and welcome you to your new careers in Florida Law Enforcement and Corrections.

**TUITION**: \$900.00 (Non-refundable, both disciplines LE and CO, in or out of state)

#### **REQUIRED:**

REQUIRED.	
• •	nd ammo pouch. You are encouraged to use your own duty pouchAS LONG AS it will fit a Glock 22/23 or 17/19. You will your own weapon
	for the Firearms portion of the course).
☐ Flashlight (hand-held Lav	
_	bottle or sports drinks are recommended).
☐ Notebook, and pen/pend	cil (textbooks are provided). The textbooks used are: Basic Recruit Training Program and High Liability OR
Florida Traditional Correc	ctional Basic Recruit Training Program and High Liability
SUGGESTED:	
☐ Rain gear, sunscreen, and	d/or insect spray.

\*\*\*NO RED SHIRTS ALLOWED\*\*\*

THEY ARE RESERVED FOR YOUR INSTRUCTORS

#### TENTATIVE SCHEDULE

#### Firearms (Days 1 and 2):

- Wear a shirt with short or long sleeves & BDU style pants with a large cargo pocket for ammo.
- Shoes that provide full protection of the foot (tennis shoes or boots).
- Wear or bring a cap.
- Weapon will be provided. You will **NOT** be allowed to use your own weapon.
- You ARE required to bring eye and ear protection as well as a duty style belt, holster and ammo pouch.
- You ARE required to bring a hand-held Law Enforcement-style flashlight.
- Hydration supply.

#### Driving (Day 3):

• Wear casual, comfortable clothing such as t-shirt with BDU's, jeans or casual pants and athletic shoes. Wear or bring a hat.

#### First Aid/CPR (Day 4):

• Wear casual, comfortable attire. You will be performing CPR as well as showing proficiency in other first aid techniques. Closed-toe shoes are required.

#### Defensive Tactics (Day 5):

- Wear loose clothing, such as BDU style pants with cargo pockets and a t-shirt.
- Athletic shoes with socks.

#### *Review (Days 6 - 8):*

- Classroom setting. Bring a notebook, pens and/or pencils.
- Laptops/iPads are permitted.

#### Additional Notes:

Please be prepared for all types of weather. As mentioned previously, bring
rain gear, sunscreen, and insect spray as needed. Water or sports drinks are
recommended for Firearms and Driving and DT. There are vending machines in
the main IPS building and water fountains on the Driving and Firearms ranges
for drinks and snacks. There is also a break room with a microwave and
refrigerator.

## **Equivalency of Training Course Registration**

Santa Fe College Institute of Public Safety 3737 NE 39<sup>th</sup> Avenue, Gainesville, FL 32609

Program Code: 9700	<del></del>		SFC ID #		
Name:					
	Last	First			Middle
Permanent Address:					
	Street	City	State	Zip	County
Phone: ( )		(	)		
Area Code	Home	Area Co	de Wor	k	
Email address:					
Birth date:		_ Citizenship:			
Sex: Male	Female				
Race:	of Hispanic Orig	in $\square$ American	Indian or Native	e Americ	can
☐ Black, not of Hispa	anic Origin	Asian or Pacific Is	lander $\Box$ F	lispanic	
Course Title: Equivaler	ncy of Training	Start Date:(For da	Er tes follow link <u>EO</u>		
Select the EOT Program	ı you plan to atte	end:			
☐ Law Enfor	cement	☐ Corrections	☐ Dual Cert	ification	1
Course Number: CJT	<u>0713</u> Sec	tion Number: 1	Locati	on:	IPS
Have you taken courses	at Santa Fe	☐ Yes	□ No		
College? Florida/Non-F	lorida fee <u>\$900.</u>	<u>00</u>			
I understand by my sign Policies of the institution		e attending Santa Fe Col	lege I consent to	and ag	ree to uphold the
		Signature			
Please supply a photoc completed form to:	Gretchen Pende	ell e Institute of Public Safe venue		en subn	nitting this form. Mail

SFC is an Equal Access/Equal Opportunity college and does not discriminate on the grounds of race, color, national origin, sex, marital status, age or handicap

#### Notification of Collection and Use of Social Security Numbers (Section 119.071(5), Florida Statutes)

This notice is intended for students, employees, and applicants. Santa Fe College collects your social security number for use in performance of the College's duties and responsibilities for the following possible purposes: classification of accounts; identification and verification; credit worthiness; billing and payments; data collection; reconciliation; tracking; benefit processing; tax and scholarship reporting; financial aid processing; athletics recruiting; accreditation of programs; and reporting to authorized agencies of the state and federal government. Social security numbers are also used as a unique numeric identifier in certain cases and may be used for search purposes. Federal Law requires that we protect social security numbers from disclosure to unauthorized parties. Students and employees are assigned SFC identification numbers to assist in protecting their identities.



Florida Department of Law Enforcement

# **PHYSICAL FITNESS ASSESSMENT**

Incorporated by Reference in Rule 11B-35.001(11)(c)12., F.A.C.



CJSTC 75B

1.	Applicant's Na	116.	The second secon				
	1.2	Last			First		MI
2.	Applicant's Ad	dress:					
3.	Enter Last Fou	r Digits of Social Security Number	er:				· · · · · · · · · · · · · · · · · · ·
4.	Training School	<sub>l:</sub> Santa Fe Colle	ge Institut	te of Pub	lic Safety		
5.	The Applicant	s Requesting Admission Into a E	asic Recruit Training	Program for One of	of the Following Discipl	ines:	
	Law Enforceme	ent Corr	ectional	Correc	tional Probation		
6.	Student Partici	pation in Basic Recruit Training	Program Activities.	A student enrolled	in a basic recruit trainin	g program (BRTP) is r	equired to participate in the following
	A. Defensive training re	tactics and firearms high-liability quires firing a handgun and long g micals oleo-resin capsicum (OC) ar	un creating exposure to	lead. Defensive t	mandated by the Crimi actics training requires so	nal Justice Standards ustained physical exert	and Training Commission. Firearms on and chemical agent contamination
	B. Physical following r	Fitness Conditioning and Physineasures:	cal Fitness Testing:	A BRTP student s	shall participate in physi	cal fitness conditioning	and a fitness test and includes the
	<ul><li>Vert</li></ul>	ical Jump • One M	inute Sit Ups	<ul> <li>300 Meter</li> </ul>	Run • Maxi	mum Push Ups	<ul> <li>1.5 Mile Run/Walk</li> </ul>
	C. The traini	ng center director has attached t	he training schools pl	nysical fitness cor	ditioning program: Yes	· 🗸	
		*****	***TO BE CO	IPLETED B	THE APPLICA	NT******	
7.	agent contamina respiratory disor (lung) function, pressure), epile	tion of the BRTP and could possit der, emphysema (loss of elasticity chronic obstructive pulmonary dise	oly be aggravated to a solution of lung tissue ease, coronary (heart) ures), pernicious anem	severe degree durii es), bronchial asthn artery disease, cer ia (severe reductio	ng the contamination: R na, x-ray evidence of pn ebral (brain) blood vess n in red blood cells), dia	ecent eye surgery, hea eumoconiosis (black lu el disease, severe or l	y restrict participation in the chemical rt problems, panic disorder or stress, ng), evidence of reduced pulmonary progressive hypertension (high blood umomediastinum gap (air in the sac
8.		Certification. I certify that I have basic recruit training program act				t have any medical res	trictions that would prevent me from
9.	Student's Printe	ed Name:				***	
10.	Student's Signa	ture:		200		Date:	
11.		tion in a training environment, pleas	se attach the supporting	documentation of p	prior exposure and check	one of the following bo	rking through the effects of chemical xes: (CS) in the manner described in item
			BE COMPLET				
		********TO		ED BY THE	EXAMINING PH	IYSICIAN****	****
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## **Criminal Justice Selection Center**

Applicant's Name:			

#### **Physical Training Program Plan**

Recruits are required to perform certain physical training tasks to increase their physical fitness and cardiovascular health. These physical fitness tasks are designed to help the recruit perform on the CJSTC Physical Fitness Course Performance test. This test is given at the beginning and the end of the physical fitness course. Physical fitness sessions are performed in 2-hour blocks and are designed to increase the recruits' total physical fitness level in the following areas:

- A. Muscular endurance / strength
- B. Flexibility
- C. Cardio-respiratory endurance

Calisthenics are used to increase the recruits muscular endurance and strength, to include the following:

- A. Push-ups
- B. Sit-ups
- C. Leg lifts
- D. Lunges
- E. Circuit Training
- F. Pull-ups

Stretching is done before and after physical training to increase the recruits' flexibility and to help prevent injury. The following aerobic activities are used to increase the recruits' cardio-respiratory endurance:

- A. Running:
  - a. Starting with 1 mile increasing to 2 or 3 miles.
  - b. Interval training
  - c. Sprints
- B. Basketball
- C. Volleyball also used to increase vertical leap and muscular endurance
- D. Physical Agility Course

In addition the testing by CJSTC Rule includes:

- A. Measuring vertical jump
- B. Number of sit-ups in one minute
- C. 300 meter sprint
- D. Number of push-ups in one minute
- E. 1.5 mile run / walk

Recruits should be in a level of physical condition that allows them to take part in the above listed activities.

Print Doctor's Name

Doctor's Signature

Date



Criminal Justice | Emergency Medical Services | Aviation Science | Fire Science | 3737 N.E. 39<sup>th</sup> Avenue • Gainesville, FL 32609

Office 352.271.2945 • Fax 352.271.2938

www.policecareers.org

www.sfcollege.edu



#### **INSTRUCTIONS FOR COMPLETING FORM CJSTC-75B**

A basic recruit student approved to enter a basic recruit training program (BRTP) shall review and complete form CJSTC-75B to indicate the presence of any medical conditions that may prevent participation in the Physical Fitness Program and Chemical Agent Contamination of the BRTP. A copy of the Physical Fitness Program for law enforcement, correctional, or correctional probation discipline shall be attached to this form for the student to review.

- 1. Applicant's Name. Enter the applicant's last name, first name, and middle initial.
- 2. Applicant's Address. Enter the applicant's current address, city, state, and zip code.
- 3. Applicant's Social Security Number. Enter the last four digits of the applicant's social security number as in this example: 000-00-1234.
- 4. Training School Name. Enter the name of the Commission-certified criminal justice training school where the applicant is enrolled.
- 5. Basic Recruit Training Program Discipline. Place a check mark in one of the box(es) for the law enforcement, correctional, or correctional probation discipline for which the applicant is requesting admission.
- 6. Student Participation in Basic Recruit Training Program Activities. Defensive Tactics (includes chemical agent contamination), Firearms, and Physical Fitness Conditioning and Physical Fitness Testing: High-liability training in defensive tactics, firearms, and chemical agent contamination is a component of the curriculum mandated by the Criminal Justice Standards and Training Commission and participation in the activities is a requirement for successfully completing a BRTP. There is no pass or fail at this time. The test results for each of the five required tests will be recorded on the Academy Physical Fitness Standards Report, form CJSTC-67A as "I" if the student did not perform the test component or "D" if the student was dismissed from the basic recruit training program.
  - A. Defensive Tactics and Firearms Training. Firearms training requires firing a handgun and long gun creating exposure to lead. Defensive tactics training requires sustained physical exertion and chemical agent contamination to the chemicals oleo-resin capsicum (OC) and/or orthochlorobenzal-malonotrite (CS).
  - B. Physical Fitness Conditioning and Physical Fitness Testing. The Physical Fitness Test includes the following measures and are defined as follows:
    - Vertical Jump. This measures leg power by measuring how high a person jumps.
    - One Minute Sit Ups. This measures abdominal, or trunk, muscular endurance. While lying on his or her back, the student will be given one minute to do as many bent-leg sit ups as possible.
    - 300 Meter Run. This measures anaerobic power, or the ability to make an intense burst of effort for a short time period or distance. This component consists of sprinting 300 meters as fast as possible.
    - Maximum Push Ups. This measures the muscular endurance of the upper body. This component consists of doing as many push ups as possible until muscular failure. Males are required to perform the standard push-up and females have the option to perform the standard or modified push-up.
    - 1.5 Mile Run/Walk. This measures aerobic power or cardiovascular endurance (stamina over time). To complete this component, the student runs or walks a distance of 1.5 miles as fast as possible.
  - C. A physical fitness conditioning program developed by the training school shall be attached to form CJSTC-75B prior to the student's examination by a physician, certified advanced registered nurse practitioner, or the physician's assistant.
- 7. Medical Conditions Regarding Chemical Agent Contamination. The student shall review the listed medical conditions and list other conditions that may restrict him or her from participating in Chemical Agent Contamination to the chemicals oleo-resin capsicum (OC) and/or orthochlorobenzal-malonotrite (CS).
- 8. Basic Recruit Training Program Activities Certification. The student shall check the appropriate box to indicate if he or she does or does not have a medical condition that would restrict participation in the BRTP activities indicated in item numbers 6. 6A. and 6B of this form.
- 9. Student's Printed Name. The student shall print his or her first name, last name, and middle initial.
- 10. Student's Signature and Date. The student shall provide a signature and date to verify the information provided by the student is true and correct.
- 11. Prior Exposure to Chemical Agent Contamination. The student shall Indicate in the appropriate box if he or she has been previously exposed to chemical agent contamination to the chemicals oleo-resin capsicum (OC) and/or orthochlorobenzal-malonotrite (CS), and shall attach supporting documentation of such contamination.
- 12. Physician, Certified Advanced Registered Nurse Practitioner, or Physician Assistant's Attestment. The physician shall check the appropriate box to indicate if the student is capable or not capable of participating in the BRTP activities indicated in item numbers 6, 6A, and 6B of this form.
- 13. Physician, Certified Advanced Registered Nurse Practitioner, or Physician Assistant's Signature, Printed Name, and Examination Date. The physician shall complete this item to verify his or her attestment to item number 12 of this form.
- 14. Physician, Certified Advanced Registered Nurse Practitioner, or Physician Assistant's License Number and Licensing State. The physician shall complete this item to verify his or her valid license number and licensing state.
- 15. Physician, Certified Advanced Registered Nurse Practitioner, or Physician Assistant's Professional Address. The physician shall print his or her complete professional address.
- 16. Training Center Director or Designee's Printed Name, Signature and Date. The training center director or designee who signs this form shall print his or her legal first and last name. The training center director or designee shall sign and date this form.

# **Gainesville Area Accommodations**

This is just a sampling of the area businesses to choose from and are listed for your convenience

Best Western Plus Gateway Grand Hotel 4200 NW 97th Blvd. Gainesville, FL 32606 (352) 331-3336 (I-75 & 39th Avenue)	Ask for the SFC IPS rate, \$80.00 for a Traditional Double Room or \$90.00 for a King Deluxe Mini	Complimentary Breakfast, Complimentary Internet, Fitness Center, Business Center, Outdoor Pool,
	Suite	Gators Den Sports Grill
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Hampton Inn & Suites Gainesville		
Downtown		
101 SE 1st Avenue		
Gainesville, FL 32601		
(352) 240-9300; 1-800 Hampton	Contact for rates	_
		7
The Lodge at Gainesville (formerly Cabot		
Lodge)		
3726 SW 40th Blvd. (I-75 & Archer Rd)		
Gainesville, FL 32608		
(352)375-2400; 1-800-843-8735	Contact for rates	
		7
Hilton University of Florida Conference		
Center		
1714 SW 34th Street		
Gainesville, FL 32607		
(352) 371-3600	Contact for rates	
Continue till Coite a Banniett		7
Springhill Suites Marriott		
4155 SW 40th Blvd.		
Gainesville, FL 32608	Contact for rates	
(352)378-8873	Contact for rates	
County Inn 9 Suites		7
Country Inn & Suites		
4015 SW 43rd Street (I-75 & Archer Rd)		
Gainesville, FL 32608	Comboot for water	
(352)375-1550	Contact for rates	J
Holiday Inn Express		٦
3905 SW 43rd Street (I-75 & Archer Rd)		
Gainesville, FL 32608		
	Contact for rates	
1-(888)Holiday	Contact for rates	_

# **Area Restaurants**

This is just a sampling of the area businesses to choose from and are listed for your convenience

unique atmosphere CASH

ONLY\*\*\*ATM on

premises

Sonny's BBQ	
2.3 miles, south on Waldo Rd.	Real Pit BBQ, beef, pork,
2700 NE Waldo Rd. Gainesville, FL	chicken, ribs, wings,
#352-378-5161	sandwiches, salad bar
Taco Del Mar	
3.2 miles, west on NE 39th Ave	Tacos, Burritos,
203 NE 39th Avenue Gainesville, FL.	Quesadillas, Nachos,
#352-377-0652	Enchiladas
Subway	
3.2 miles, west on NE 39th Ave	
302 NE 39th Avenue Gainesville, FL	
#352-377-0652	Sandwiches, Flatbreads
#352-377-0652	Sandwiches, Flatbreads
#352-377-0652 Publix	Sandwiches, Flatbreads
	Sandwiches, Flatbreads  Grocery store, deli,
Publix	
Publix 4.3 miles, west on NE 39th Avenue	Grocery store, deli,
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL	Grocery store, deli, bakery, sandwiches made
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL	Grocery store, deli, bakery, sandwiches made
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL #352-335-3785	Grocery store, deli, bakery, sandwiches made
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL #352-335-3785  McDonalds - Wal-Mart	Grocery store, deli, bakery, sandwiches made
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL #352-335-3785  McDonalds - Wal-Mart 3 miles, south on Waldo Rd	Grocery store, deli, bakery, sandwiches made
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL #352-335-3785  McDonalds - Wal-Mart 3 miles, south on Waldo Rd	Grocery store, deli, bakery, sandwiches made
Publix 4.3 miles, west on NE 39th Avenue 3720 NW 39th Avenue Gainesville, FL #352-335-3785  McDonalds - Wal-Mart 3 miles, south on Waldo Rd 1800 NE 12th Avenue Gainesville, FL	Grocery store, deli, bakery, sandwiches made to order

1800 NE 23rd Avenue Gainesville, FL #352-

335-7272