

DHS Physical Education

Team Sports

Fall Semester 2009

Instructor Coach Lamas

A. Course Description and Objectives

Team Sports is designed to teach students basic life skills such as communication, teamwork, problem solving and leadership through physical activity. Team sports will be divided up into several sport seasons. Students will learn and review the rules and basic skills for the present sport. The developed skills will then be used in tournament play.

B. Activities

Throughout this course students may participate in the following team sports

1. Soccer
2. Ultimate Frisbee
3. Volleyball
4. Hockey
5. Softball
6. Flag Football
7. Badminton

C. Materials

Students will need tennis shoes, shorts, and a t-shirt (no street shoes on gym floor)

****Students must comply with the school dress code policy within their physical education class.****

D. Grading Policy

Daily point distribution:

5pts. – Dressing out

5pts. – Warm up

5pts - Participation

5pts – Effort

A total of 100 pts. Per week

E. Expectations

1. Students will uphold a positive attitude
2. Students will not handle equipment until instructed to do so.
3. Students will respect their teacher and peers.
4. Students will have seven minutes to dress out.

F. Classroom Rules

1. Arrive to class prior to the tardy bell (school policy will be enforced)
2. You are not permitted to leave the classroom at anytime during the period unless you have a pass.
3. Food, drinks and candy are not permitted in the gym.
4. No cell phones (school policy will be enforced)
5. It is your duty to report missing locks to the instructor. There will be a \$5 fine if you lose your lock.

G. Failure to dress out

- 1st offense- warning
- 2nd offense- morning detention
- 3rd offense- office referral

H. Discipline Procedures

- 1st offense- warning
- 2nd offense –morning detention and parent contact
- 3rd offense- office referral

***Extreme disturbances will result in an immediate office referral**

Parent Communication

Feel free to contact me if you have any questions or concerns through my voice-mail at 582-4347 ext. 1173 or email at lamasce@spart6.org. Progress reports will be sent home at midterm of the grading period. They are to be signed and returned within three school days.

Locks are furnished; however, we still have a problem with valuable that are left in lockers. They are sometimes lost or stolen therefore, we request that students does not wear jewelry, bring money or electronic devices ect. Thank you for your help regarding your student's behavior in physical education class. I welcome your suggestions and support in dealing with any special needs of your child. Please sign if you have read and understand the expectations.

Sincerely,

Coach Lamas

Dorman High School Physical Education

Team Sports

Instructor: Coach Lamas

Please sign below to acknowledge that you have read and understand all of the rules and expectations of your/ your child's Physical Education class.

Student

Date

Parent

Date