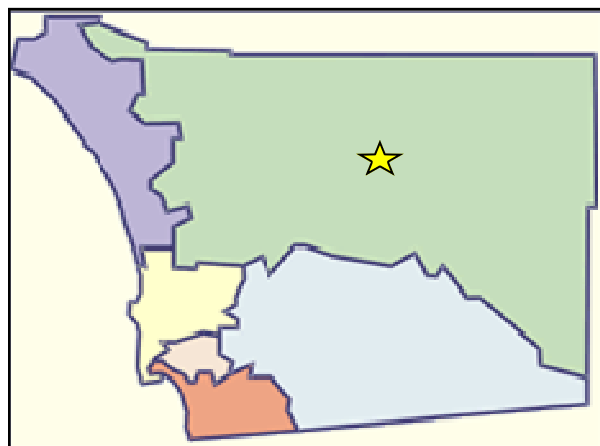


First 5 San Diego Healthy Development Services

North Inland Region

PALOMAR
POMERADO
HEALTH



Contact: Cindy Linder, RN **Phone:** (877) 504-BABY (2229)

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Zip Codes Covered by the Region: 92003, 92004, 92025-92028, 92029, 92036, 92059-92061, 92064-92066, 92069, 92070, 92078, 92082, 92086, 92096, 92127-92129, 92259, 92536

Requirements for Newborn Medical Home Visit:

Available to all first time parents

Service Domains and Provider/s	Services Provided	Referral information
Newborn Medical Home Visits Welcome Home Baby (WHB)	Newborn home visiting program for first time parents providing assessment, lactation support, health and development focused education, and referral.	Available to all first time parents. Contact WHB directly at (877) 504-2229.

Requirements for services listed below:

Children under the age of 5

Children who cannot access similar services elsewhere

Service Domains and Provider/s	Services Provided	Referral information
Developmental Screening, Assessment and Treatment Services Children's Care Connection (C3) Kids Therapy Associates, Inc (KTA)	C3 provides developmental screenings, assessments, and treatment classes for children and parents. Kids Therapy Associates, Inc (KTA) provides outreach, screening and referrals.	Referrals made to C3 at (877) 8-C3KIDS, or through the Regional Coordinator at (877) 504-2229.
Speech and Language Services Rady Children's Speech and Language Department (Rady-SLD)	Comprehensive speech and language services are provided by licensed and certified speech pathologists including evaluations and screenings, enrichment and treatment classes, therapy, and training for providers.	Referrals made through C3 at (877) 8-C3KIDS, or through the Regional Coordinator at (877) 504-2229.
Behavioral Health Services Home Start (HS) Children's Care Connection (C3)	Home Start provides Home based Parent Child Interactive Therapy (PCIT), in which parents are taught and 'coached' how to develop consistently positive communication with their child and to implement effective discipline and child management skills is provided. C3 provides behavioral classes and one-on-one coaching with a behavior specialist.	Referrals made to Home Start at (619) 692-0727 ext 118 or the Regional Coordinator at (877) 504-2229.
Vision Screening, Referral, and Treatment North County Health Services (NCHS)	Vision screening, referral, and case management services are provided at childcare centers and local resource centers.	Referrals made to NCHS at (760) 736-8659 or through the Regional Coordinator at (877) 504-2229.
Hearing Screening, Referral, and Treatment North County Health Services (NCHS)	Hearing screening, referral, and case management services are provided at childcare centers and local resource centers.	Referrals made to NCHS at (760) 736-8659 or through the Regional Coordinator at (877) 504-2229.

First 5 San Diego

Healthy Development Services

North Inland Region

Service Domains and Provider/s	Services Provided	Referral Information
Parent Support and Empowerment Exceptional Family Resource Center (EFRC) Welcome Home Baby (WHB)	Services are for families with a child identified with or at risk for a disability or special health care need. Parent-to-parent support, education, and linkages to resources, referrals, and trainings are provided. WHB provides bilingual newborn education, weekly support classes, and breastfeeding support.	Referrals made to EFRC at (800) 281-8252 or through the Regional Coordinator at (877) 504-2229. Call WHB at (877) 504-2229.
Home Visitation for At-Risk Families Welcome Home Baby (WHB)	Multi-disciplinary home visiting program for at risk families is provided up to 15 months of child's life; including Social Work, Health Educator, and Registered Dietician visits.	First time parents WHB identifies at Newborn Medical home visit as at-risk. Contact the Regional Coordinator at (877) 504-2229 with any questions.
Health and Behavioral Consultant Services for Early Care and Education Providers YMCA Childcare Resource Services (YMCA-CRS)	Behavioral consultation and technical assistance are available to licensed and license-exempt early care and education providers and parents of children in early learning programs.	Referrals made to YMCA-CRS at (800) 908-8883 or through the Regional Coordinator at (877) 504-2229. Child must be enrolled in early child care within San Diego County, and services must be parent initiated.



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California Chapter 3



First 5 Commission of San Diego County
Improving the lives of children 0 to 5

Funded by **First 5 Commission of San Diego County**

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