

## PACT Activities

**Title:** Physical Skills-What Time Is It, Mr. Fox?

**Return by:**

**Objective:** To increase physical skills.

**Tie to curriculum/to school readiness goals:** I can demonstrate traveling skills.

**Activities:** To create a game with Mr. Fox for your child

### OVER

**What my child and I learned through this activity:**

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**Amount of time it took to finish these projects (circle one):**

15 minutes    30 minutes    45 minutes    1 hour    1 ½ hours    2 hours

**We enjoyed the activities (circle one):** YES    No

If no, what can we do to make it better? \_\_\_\_\_

**Child's Name:** \_\_\_\_\_ **Parent's Name:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Teacher's Signature:** \_\_\_\_\_

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Additional Notes or Comments:

# What Time Is It, Mr. Fox?



Giving your child the opportunity to explore his/her physical abilities with minimal adult assistance will help your child gain confidence and strength as he/she develops gross-motor skills.

## Materials:

- fox puppet
- masking tape

## What To Do:

1. Use the masking tape to make a line on the ground.
2. Invite your child to play a game with you. Explain that while he/she stands on the line, you and Mr. Fox (the puppet on your hand) will stand a few feet away. Increase or decrease the distance as is appropriate for your child's age and ability.
3. Encourage your child to ask, *What time is it, Mr. Fox?*
4. Mr. Fox will answer with the time: *1 o'clock, 5 o'clock*, etc. Your child should then take that number of steps toward Mr. Fox.
5. As your child gets closer, have him/her continue to ask the time with each turn. When he/she gets very close and asks the time, answer, *Midnight!*
6. Explain that when your child hears the word *midnight*, he/she may run back to the starting line to play again.
7. Provide as much assistance as needed.
8. Encourage your child to play this game with other children, on the playground, or at home with a family member.