December PACT Home Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Sing the months of the year with your child. Sing to the beat of the Adams Family. Then have your child do it alone. The Arts Obj. 34 minutes spent on activity 15 30 45 60	Have your child to set the table. Ask them to get items one at a time specifying the number of items you want them to get. Ex. Five forks, 5 napkins. Language & Mathematics Obj.8,20 minutes spent on activity 15 30 45 60	Have a fresh salad or soup before you head out for holiday get-togethers. Social Studies Obj. 30, HSPPS Health minutes spent on activity 15 30 45 60	Make a weather chart for Monday through Friday. Before going to bed discuss what the weather was like that day. Then have your child to draw a picture to represent the weather for that day. Mathematics, Science & The Arts Obj.22,27,33 minutes spent on activity 15 30 45 60	Have your child put on their coat by themselves. Allow them time to zip or snap their own coat without assistance. Physical Obj. 7 minutes spent on activity 15 30 45 60
Gather 5 books. Have your child pick one for bedtime each night this week. Literacy Obj. 17,18 minutes spent on activity 15 30 45 60	Add ½ c water to 5 or more clear cups .Use food coloring to change the color of the water in each cup. Discuss the color that is made. Save the colored water for tomorrow's activity. Science Obj.24,27 minutes spent on activity 15 30 45 60	Use the colored water to have your child color inside the circles you have pre-drawn on a paper. Have them to mix the colors and name the colors they have made. Science & The Arts Obj. 24,27,33 minutes spent on activity 15 30 45 60	Help your child practice wrapping presents. Let them measure the paper, cut the paper, and tape the paper until the present is wrapped. Physical & Mathematics Obj. 7,22 minutes spent on activity 15 30 45 60	Get a box of fruit loops, tape, large bowl, and yarn. Cut off an arm's length of yard placing tape over the end. Have your child to string the fruit loops until the string is covered. Physical & Mathematics Obj. 7,21 minutes spent on activity 15 30 45 60
Ask your child to make a wish for five things they would like to have for a special gift. Then write down their wish list on a piece of paper. Language Obj. 9,10 minutes spent on activity 15 30 45 60	Find 5 red things in your house. Talk about their size and shapes and uses. Language, Mathematics & Science Obj. 10,21,24 minutes spent on activity 15 30 45 60	Make cocoa for a cozy drink for your child with low fat or nonfat milk. Science Obj. 25, HSPPS Nutrition minutes spent on activity 15 30 45 60	As a family, walk outside and gather pine cones to make snow covered pine trees. Cover the pine cone with glue or white paint and add glitter before the paint dries. Physical & The Arts Obj. 6, 33 minutes spent on activity 15 30 45 60	Take scrap paper and write your child's name 3 inches tall. Have your child cut off each letter. Then mix them up in a hat and draw out the letters in their name placing them on the table to unscramble. Physical, Language & Literacy Obj.7,11,17 minutes spent on activity 15 30 45 60
Sit down with your child and face each other. Put your hands on your legs and make a beat. Have your child repeat the beat. Then repeat their beat, and so on. Social-Emotional, Mathematics & Music Obj. 1,3,23,34, HSPPS Mental Health minutes spent on activity 15 30 45 60	Play a game of "Duck, Duck, Goose" with your entire family. Be sure to explain the rules before and during the game. Physical & Language Obj. 7,8 minutes spent on activity 15 30 45 60	Make green play-dough. Then mold trees using a variety of sizes. Point to the biggest, middle, and smallest. Ask your child's teacher for a play-dough recipe. Physical, Language & Mathematics Obj.7,8,20 minutes spent on activity 15 30 45 60	Take a piece of paper and have your child draw and write a special message to a family member that lives out of town. Take your child to the post office and mail the letter. Language & Social Studies Obj.17,32 minutes spent on activity 15 30 45 60	Have your child find matches for clean socks. Then once socks are matched, ask them to name the colors of each pair. Language & Science Obj. 8,26 minutes spent on activity 15 30 45 60