December PACT Home Activity Calendar

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Sing the months of the year with your child. Sing to the beat of the Adams Family. Then have your child do it alone. <br> The Arts Obj. 34 <br> minutes spent on activity $\square$ 15 $\square$ $\square 30$ $\square 45$ 60 | Have your child to set the table. Ask them to get items one at a time specifying the number of items you want them to get. Ex. Five forks, 5 napkins. <br> Language \& Mathematics Obj.8,20 minutes spent on activity $\square$ <br> 15 30 $\square$ 45 $\square$ 60 | Have a fresh salad or soup before you head out for holiday get-togethers. <br> Social Studies Obj. 30, HSPPS Health <br> minutes spent on activity $\square$ 15 $\square$ $\square 30$ $\square$ $\square 45$ $\square$ 60 | Make a weather chart for Monday through Friday. Before going to bed discuss what the weather was like that day. Then have your child to draw a picture to represent the weather for that day. <br> Mathematics, Science \& The Arts Obj.22,27,33 <br> minutes spent on activity $\square$ 15 $\square$ $\square 30$ $\square$ $\square 45$ $\square$ 60 | Have your child put on their coat by themselves. Allow them time to zip or snap their own coat without assistance. <br> Physical Obj. 7 <br> minutes spent on activity $\square$ 15 $\square$ 30 $\square$ $\square 45$ $\square$ 60 |
| Gather 5 books. Have your child pick one for bedtime each night this week. <br> Literacy Obj. 17,18 <br> minutes spent on activity $\square$ 15 $\square$ 30 $\square$ 45 $\square$ 60 | Add $1 / 2 \mathrm{c}$ water to 5 or more clear cups .Use food coloring to change the color of the water in each cup. Discuss the color that is made. Save the colored water for tomorrow's activity. <br> Science Obj.24,27 <br> minutes spent on activity $\square$ 15 $\square$ 30 $\square 45$ $\square$ 60 | Use the colored water to have your child color inside the circles you have pre-drawn on a paper. Have them to mix the colors and name the colors they have made. <br> Science \& The Arts Obj. 24,27,33 minutes spent on activity $\qquad$ 15 $\square$ 30 45 $\square$ 60 | Help your child practice wrapping presents. Let them measure the paper, cut the paper, and tape the paper until the present is wrapped. <br> Physical \& Mathematics Obj. 7,22 <br> minutes spent on activity $\square$ 115 $\square$ 30 $\square$ 45 60 | Get a box of fruit loops, tape, large bowl, and yarn. Cut off an arm's length of yard placing tape over the end. Have your child to string the fruit loops until the string is covered. <br> Physical \& Mathematics Obj. 7,21 minutes spent on activity $\square 15$ $\square$ 30 $\square$ 45 $\square$ 60 |
| Ask your child to make a wish for five things they would like to have for a special gift. Then write down their wish list on a piece of paper. <br> Language Obj. 9,10 <br> minutes spent on activity $\square$ <br> $\square 15$ $\square 30$ 45 $\square$ $\square 0$ | Find 5 red things in your house. Talk about their size and shapes and uses. <br> Language, Mathematics \& Science Obj. 10,21,24 <br> minutes spent on activity $\square$ 15 30 45 60 | Make cocoa for a cozy drink for your child with low fat or nonfat milk. <br> Science Obj. 25, HSPPS Nutrition <br> minutes spent on activity $\square$ $\square 15$ $\square$ $\square 30$ $\square 45$ $\square$ 60 | As a family, walk outside and gather pine cones to make snow covered pine trees. Cover the pine cone with glue or white paint and add glitter before the paint dries. <br> Physical \& The Arts Obj. 6, 33 minutes spent on activity $\square$ 15 <br> 30 $\square 45$ <br> $\square 60$ | Take scrap paper and write your child's name 3 inches tall. Have your child cut off each letter. Then mix them up in a hat and draw out the letters in their name placing them on the table to unscramble. Physical, Language \& Literacy Obj.7,11,17 <br> minutes spent on activity $\square$ 15 30 $\square$ 45 $\square$ 60 |
| Sit down with your child and face each other. Put your hands on your legs and make a beat. Have your child repeat the beat. Then repeat their beat, and so on. <br> Social-Emotional, Mathematics \& Music Obj. 1,3,23,34, HSPPS Mental Health <br> minutes spent on activity $\square$ 15 $\square$ 30 $\square 45$ $\square$ 60 | Play a game of "Duck, Duck, Goose" with your entire family. Be sure to explain the rules before and during the game. <br> Physical \& Language Obj. 7,8 <br> minutes spent on activity $\square$ 15 $\square$ $\square 30$ $\square$ $\square 45$ $\square$ 60 | Make green play-dough. Then mold trees using a variety of sizes. Point to the biggest, middle, and smallest. Ask your child's teacher for a play-dough recipe. <br> Physical, Language \& Mathematics Obj.7,8,20 <br> minutes spent on activity $\square$ $\square 15$ $\square$ 30 $\square$ 45 $\square$ 60 | Take a piece of paper and have your child draw and write a special message to a family member that lives out of town. Take your child to the post office and mail the letter. Language \& Social Studies Obj.17,32 <br> minutes spent on activity $\square$ $\square 15$ $\square$ 30 $\square$ $\square 45$ $\square$ $\square 0$ | Have your child find matches for clean socks. Then once socks are matched, ask them to name the colors of each pair. <br> Language \& Science Obj. 8,26 <br> minutes spent on activity $\square$ <br> $\square 15$ $\square$ 30 $\square$ 45 $\square$ $\square 0$ |

