



Care1st Health Plan  
601 Potrero Grande Dr.  
Monterey Park, CA,  
Fax: 323-837-0853

**SPECIAL RECORDS RELEASE**

**PROVIDER'S NAME/ADDRESS**

**TO:** \_\_\_\_\_  
**ATTN: Medical Records**

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Provider Telephone Number

**PATIENT'S NAME/ADDRESS**

**RE:** \_\_\_\_\_  
Patient Name -- As shown in record

\_\_\_\_\_  
Patient Address

\_\_\_\_\_  
City, State, Zip

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Member ID Number

**MEDICAL RECORDS ARE BEING REQUESTED FOR DATES OF SERVICE:**

\_\_\_\_\_ through \_\_\_\_\_

Dear Provider:

I hereby authorize the above-mentioned provider to release a copy of medical records for myself or my dependent for services rendered on [date]. I understand that this authorization shall include any medical records that could pertain to Emergency Room Reports, Doctor's Office Notes, X-Ray/Lab Reports, Medical and/or Mental or Emotional Conditions, Alcohol and Drug Conditions, etc. A photographic copy of this authorization shall be as valid as the original. Please submit these records to the address listed below.

This consent includes all records of psychiatric and/or substance abuse diagnoses, examinations, treatment, prognosis, counseling, and/or therapy, which may be subject to the confidentiality requirements of SECTION 5328 OF THE CALIFORNIA WELFARE AND INSTITUTIONS CODE AND/OR 45CFR 164.508

\_\_\_\_\_  
(Patient's signature or Authorized Representative)

\_\_\_\_\_  
(Date)

Limitations on this release with respect to provider, diagnosis or time limit:

**CARE 1ST HEALTH PLAN  
ATTENTION: APPEALS & GRIEVANCES DEPARTMENT  
P.O. BOX 3829  
MONTEBELLO, CA 90640  
Fax: 323-837-0853**

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special medical records release*