



Action Schools! BC

Action Plan

GRADES K TO 7

School Year: _____

School Name and SD#: _____

Completed by: _____ Email: _____

Grades: _____ Date Completed: _____

Use the Action Schools! BC Planning Guide or contact the Action Schools! BC Support Team to assist you in developing your Action Plan. Action Plans are also available at www.actionschoolsbc.ca in excel format.

phone 604.738.2468 or 1.800.565.7727

fax 604.333.3579 or email info@actionschoolsbc.ca.

Action Zone Goal Statements (see Planning Guide)	Actions (see Planning Guide)	Date(s) or Timing for Action											
School Environment (CSH: RE/CP/OSP) – e.g. policies, professional development, facilities/equipment, healthy fundraising		S	O	N	D	J	F	M	A	M	J		
Physical and Health Education (CSH: TL) – Gr K to 7 – e.g. Active Living, Healthy Choices, Personal and Social Development													
Achieve prescribed learning outcomes (PE IRP, 2006) PE schedule (e.g. 2x40min/wk): _____													
Classroom Action (CSH: TL) – e.g. Daily Physical Activity, Physical and Health Education													
Achieve prescribed learning outcomes (DPA, 2011 and HCE, 2006)													
Family and Community (CSH: CP) – e.g. active field trips, guest demonstrations, family cultural events													
Extra-Curricular (CSH: RE/CP) – e.g. clubs, intramurals, Play First Lunch, healthy living display boards, student leadership													
School Spirit (CSH: RE/CP) – e.g. school wide events, sports and fun days with healthy food choices													

KEY: DASH BC's Comprehensive School Health (CSH) Pillars: RE–Relationships and Environment TL–Teaching and Learning CP–Community Partnerships OSP–Our School Policies