Three Rivers Aquatic Club

December 4-5, 2010

Sanction: This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction # IN11024

Host: Three Rivers Aquatic Club (TRAC)

Location: South Side High School Brown Natatorium: 3601 South Calhoun St.

Fort Wayne, IN 46807

Facility: 25 yard by 50 meter indoor pool. Minimum diving depth is 5'-0". Daktronics timing system

with 10-lane alpha scoreboard. Seating is available for over 700 spectators, with ample deck seating for swimmers, coaches, and deck officials. Free parking is adjacent to the building. The competition course has not been certified in accordance with 104.2.2C(4).

Meet Times: A.M. Warm-ups: 7:15 11 & 12, 8 & Under

8:15 Clear Pool

8:30 Meet Starts

Mid-day Warm-ups to start not before 10:45

P.M. Warm-ups: Start not before 12:30 13 & Over, 9 & 10

Meet Start not before 1:30

Warm-up/warm-down area will be available only for swimmers entered in the meet. Teams must supervise their own swimmers. **NO DIVING**, except in open sprint lanes to

be announced at the meet.

Meet Format: All events will be timed finals. Swimmers may compete in a maximum of five (5)

individual events per day and two relays. There will be no refunds for scratches. Late/deck entries will be accepted only at the discretion of the meet director.

Check-In: Positive sign-in is required for each session. Sign-in sheets will be available on deck,

and will be collected forty-five (45) minutes before the scheduled start of each session. Any swimmer not signed-in when the sheets are collected will be scratched.

Entry Fees: \$4.00 per individual event, \$6.00 per relay, \$1.50 Indiana Swimming Surcharge per

swimmer. Deck entries \$6.00 per individual event, \$8.00 per relay, \$1.50 Indiana

Swimming per swimmer.

Entry Format: Submit times in SCY. TRAC will run the meet using HY-TEK Meet Manager for Windows.

Diskette entries or e-mail entries will be accepted. Meet results will be provided to each team by email. Results will be emailed the address provided on the Summary of Entries. A check for fees, Volunteer form and Summary of Entries form must be received before the start of the meet. If you use HY-TEK Team Manager, and would like to receive a file containing the events, visit the "Meet Information" page at www.inswimming.org.

Please send entry, forms, fee payment and summary sheet to:

Scott Black

Three Rivers Aquatic Club, Inc.

9135 Brockport Run Fort Wayne, IN 46835 Phone: (260) 485-1813

E-mail: scott.r.black@gmail.com

Meet Director: Sally Godfrey godfsr01@yahoo.com (260)-482-3035

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Deadline: Entries will be accepted starting November 4, 2010, and must be postmarked no later

than November 18, 2010. If the meet overfills, teams with volunteer officials and timers

will be given preference. Deadline will be extended if meet is not full.

Rules: In swimming competitions, the competitor must wear only one swimsuit in one or

two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the

knee.

Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall

assist the athlete in making arrangements for such supervision.

"Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. "

Concessions: Concessions will be sold throughout the meet.

Awards: Awards will consist of ribbons ages 10 & over, 1st through 16th. Medals will be awarded 8

& under 1st through 3rd place, ribbons 4th through 16th. Relays awards will be ribbons 1st

through 8th place.

First and second place age group high point trophies will be awarded for 8 & under

through 13-14 age groups. No awards will be given to 15 & over swimmers.

Scoring: Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 18-14-12-10-8-6-4-2

Heat Sheets: Heat sheets will be sold at the door.

Admission: There will be a \$2.00 fee per adult per day.

Final Results: Each team will receive one final result. Additional final results may be purchased for

\$5.00 at the scoring table.

SPECIAL CONSIDERATIONS

Open Events: We will score and award 13-14 swimmers and 15 and older swimmers separately for

open events. Points will be awarded for 11-12 swimmers in the open 500 free as well. 10

& under will not be awarded points for open events.

500 Free/ Each entrant must provide counter and timers for these events.

400 IM/ The meet director reserves the right to limit the number of entries for the 500 Free, 400 **1650 Free** IM and the 1650 Free. We will issue a refund to swimmers not accepted in these events.

See order of events for 500 Free/400 IM mid-day warm-up instructions.

Restrictions: Swimmers will be limited to "On-Deck" bleachers seating, please do not bring sleeping

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bags. **No coolers or chairs will be permitted in the building**. Swimmers should not "camp" in the spectator stands. No balls or throwing of objects of any kind will be Permitted in the facility.

NO FOOD OR COLORED BEVERAGES ALLOWED ON POOL DECK.

Volunteers:

Officials and timers are always needed. Please return the volunteer sheet with your entry so we may contact your officials for scheduling purposes. **Teams with timers and officials will be given priority** if the entries received exceed the four hour time limit.

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ORDER OF EVENTS

SESSION 1

Saturday Morning 12/03/10 Warm-ups Begin: 7:15am Meet Starts: 8:30am

Girls			Boys
1	11-12	200 IM	2
3	8 & Under	25 Free	4
5	11-12	50 Back	6
7	8 & Under	25 Back	8
9	11-12	100 Breast	10
11	8 & Under	25 Breast	12
13	11-12	50 Fly	14
15	8 & Under	50 Fly	16
17	11-12	100 Free	18
19	8 & Under	100 Free	20
21	11-12	200 Med. Relay	22
23	8 & Under	100 Med. Relay	24

SESSION 2

Saturday Mid-day 12/03/10 Warm-ups Begin: Not Before 10:45am Session Starts: Not Before Noon

Girls			Boys
25	Open	400 IM	26

SESSION 3

Saturday Afternoon 12/03/10 Warm-ups Begin: Not Before 12:30pm Session Starts: Not Before 1:30pm

Girls			Boys
27	Open	200 Free	28
29	9-10	200 IM	30
31	Open	100 Back	32
33	9-10	50 Back	34
35	Open	100 Breast	36
37	9-10	100 Breast	38
39	Open	200 Fly	40
41	9-10	50 Fly	42
43	Open	50 Free	44
45	9-10	100 Free	46
47	Open	200 Med. Relay	48
49	9-10	200 Med. Relay	50
51	Open	1650 Free	52

SESSION 4

Sunday Morning 12/04/10 Warm-ups Begin: 7:15am Meet Starts: 8:30am

Girls			Boys
53	11-12	200 Free	54
55	8 & Under	50 Breast	56
57	11-12	100 Back	58
59	8 & Under	25 Fly	60
61	11-12	50 Breast	62
63	8 & Under	50 Back	64
65	11-12	100 Fly	66
67	8 & Under	50 Free	68
69	11-12	50 Free	70
71	8 & Under	100 IM	72
73	11-12	200 Free Relay	74
75	8 & Under	100 Free Relay	76

SESSION 5

Sunday Mid-day 12/04/10 Warm-ups Begin: Not Before 10:45am Session Starts: Not Before 11:30am

Girls			Boys
77	Open	500 Free	78

SESSION 6

Sunday Afternoon 12/04/10 Warm-ups Begin: Not Before 12:30pm Session Starts: Not Before 1:30pm

Girls			Boys
79	Open	200 IM	80
81	9-10	200 Free	82
83	Open	100 Fly	84
85	9-10	100 Back	86
87	Open	200 Back	88
89	9-10	50 Breast	90
91	Open	100 Free	92
93	9-10	100 Fly	94
95	Open	200 Breast	96
97	9-10	50 Free	98
99	Open	200 Free Relay	100
101	9-10	200 Free Relay	102

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SUMMARY OF ENTRIES

Please supply the information requested below, and mail with your entry forms and check to the following address: Scott Black Three Rivers Aquatic Club, Inc. 9135 Brockport Run Fort Wayne, IN 46835 Make check payable to: Three Rivers Aquatic Club, Inc. Club Name: Club Code: _____ Number of swimmers entered: BOYS + GIRLS = TOTAL Number of boys' individual entries _____X \$4.00= \$_____ Number of girls' individual entries _____X \$4.00 = \$_____ ____X \$6.00 = \$___ Numbers of relay entries Number of swimmers _____X \$1.50 = \$_____ Indiana Swimming surcharge Total amount enclosed **CLUB OFFICIAL SUBMITTING ENTRY: COACHES NAMES:** Name _____ Address _____ City/ST/ZIP Phone _____ E-mail **Release and Hold Harmless Agreement** In consideration of your acceptance of this entry, I, intending to be legally bound, do hereby for myself, my heirs, executors, and administrators, waive and release any and all claims for damages we may have against United States Swimming, Inc., Indiana Swimming, Inc., or Three Rivers Aquatic Club, Inc., their representatives, successors, and assignees for any and all injuries to us at this swim meet. Signature of Club Official or Coach: Date: Did you include: Final Results ___ Hard Copy (snail mail or .htm file emailed) Hy-Tek disc or previously e-mailed entry file Meet Manager Backup (emailed) I have read the entry letter and understand it

Check for fees

Volunteer form

This completed form

___ Team Manager (emailed)

Email Address to send above to ____

All of the above

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List Names of Officials and other Volunteers and return this sheet with the entry forms

Teams with working officials and timers will be given priority if the entries received exceed the four-hour time limit.

Club		_	
	Name	Level	Phone/Email
Saturday a.m.		_	
		_	
		_	
		_	
Saturday p.m.		_	
		_	
		_	
		_	
Sunday a.m.		_	
		_	
		_	
		_	

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December 1 & 2, 2007

Sunday p.m.	 	
	 	
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