



# **Hospice and End-of-Life Care for the Hmong Patient and Family**

***Presented by:***

***Deu Yang, LPN, Hmong Community Liaison***

***Linda Debner, RN, MA, Hospice of the Twin Cities***

***December 10, 2007 from 12:00-4:30 p.m.***

## **Course Description:**

This seminar is designed for Hmong health and human service professionals who serve Hmong patients of all ages and their families. The seminar will provide Hmong health care professionals with the knowledge of how to access hospice and end-of-life services. It will also help to identify important aspects of case management in end-of-life care.

This workshop is targeted for health educators, case managers, nurses, community health workers, and other Hmong health care advocates who serve the health needs of their community.

## **Objectives:**

Professionals completing the seminar will be able to:

- Describe the role of hospice in end-of-life care for Hmong patients and families;
- Explain the referral process for hospice care;
- Discuss the federal Medicare Hospice Benefit and hospice care eligibility;
- Assist and support Hmong patients and families in end-of-life decision making;
- Discuss strategies for pain and symptom management in end-of-life care.

## **Seminar Agenda:**

### **12:00 pm Welcome and Lunch**

Barbara Greene, MPH, Multicultural & Diversity Consultant, Hospice Minnesota

### **12:10 What is Hospice Care?**

Deu Yang, Hmong Community Liaison  
Linda Debner, Hospice of the Twin Cities

### **12:25 Access to Hospice Care: Payment and Eligibility**

- 1:25**            **Break**
- 1:40**            **Culturally Responsive Hmong End-of-Life Care: Communications, Decision Making, and Care Management**
- 3:00**            **Refreshment Break**
- 3:15**            **Pain and Symptom Management in End-of-Life Care**
- Pain and symptom identification
  - Herbal and traditional remedies
  - End-of-life care pain medications
- 4:00**            **Participant/Presenter Dialogue with Q/A**
- 4:30**            **Adjourn**

☞ **Participants will receive a *Certificate of Attendance*** ☞

### **Presenters**

***Deu Yang, LPN*** has served as a medical interpreter for the Hmong community for more than 20 years. She has guided Hmong families and western health systems in culturally responsive care for Hmong elders, as well educated younger Hmong adults in family planning and prenatal education. With a strong background as a bicultural/bilingual health educator, outreach liaison, and Hmong community advocate, Deu is highly respected in both Hmong and western health care audiences.

As a cultural health care bridge between systems, Deu currently serves as Clinical Liaison for Older Adults at UCare Minnesota. She specializes in complex clinical and family situations involving Hmong elders, adult children and their families, and health care providers.

***Linda Debner, RN, MA*** is the Director of Community Education and Quality Management for Hospice of the Twin Cities, a not-for-profit, Medicare certified hospice program serving Minneapolis, St. Paul, and surrounding communities. Linda is responsible for on-going education for local medical and lay communities in end-of-life care issues, palliative care, and hospice care. She educates communities on hospice care principles and practices, and helps to remove barriers to early referral and admission of patients in hospice care.

In serving more than 12 years with Hospice of the Twin Cities, Linda continues to foster healthy working relationships between the hospice team, its referring sources, and the greater Twin Cities community.

### **Seminar Location:**

**Hmong American Partnership Conference Room  
1075 Arcade Street  
Saint Paul, Minnesota 55106**

**Registration Deadline . . . . Tuesday, December 4, 2007**



## Registration Form

### *Hospice and End-of-Life Care for the Hmong Patient and Family*

***December 10, 2007 from 12:00 – 4:30 p.m.***

***Location: Hmong American Partnership Conference Room***

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

- Enclosed is my \$50 registration fee for the education seminar.** Fee includes lunch, culturally relevant handouts, and Hmong reference materials.

#### **Credit card information**

Please bill my:  Visa  MasterCard

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Name on card: \_\_\_\_\_

Billing Address (if different than above): \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

**Send Registration Form to: Hospice Minnesota  
2365 McKnight Road North, Suite 2  
North Saint Paul, Minnesota 55109**

**(651) 659-0423 phone / (651) 659-9126 fax  
E-Mail: [info@hospicemn.org](mailto:info@hospicemn.org) / [www.hospicemn.org](http://www.hospicemn.org)**

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