

**AAU Karate
237 East Prospect Avenue
Mount Prospect, IL 60056**

AAU KARATE DISTRICT CHAMPIONSHIPS

**January 17, 2016
College of Lake County, Grayslake, Illinois**



**NATIONAL KARATE COMMITTEE
Chairman, J.B. Mirza
Phone: 847-398-9410**

**Licensed by:
Amateur Athletic Union of the United States**

AAU KARATE DISTRICT CHAMPIONSHIPS January 17, 2016

PLEASE PRINT!

<i>Last Name</i>	<i>First Name</i>	<i>Phone #</i>
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<i>Address</i>	<i>City</i>	<i>State</i>	<i>Zip</i>
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BIRTHDATE: ____/____/____ AGE: ____ SEX: ☐ Male ☐ Female WEIGHT: _____lbs

(mo./day/yr.) (As of 7-1-16)

If age is challenged, please be able to produce proof of age, such as a birth certificate, passport, etc.

<i>Dojo Name</i>	<i>Sensei's Name</i>	*2016 AAU NUMBER
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Karate Experience

I WILL COMPETE IN THE FOLLOWING CATEGORIES

Check one below:

☐ **Beginner**

Less than 1 year

☐ **Novice**

More than 1 yr., less than 2 yr.

☐ **Intermediate**

2 yr., less than 4 yr.

☐ **Advanced**

4 yr. or more

Seniors (35 + years) only:

☐ Kobudo - Weapons

☐ Kata - 5 yr. thru 17 yr. and 35 & up

☐ Open Flag Kata - 16 yr. or older advanced only

☐ Mandatory Kata - 16 yr. or older advanced only
(3 rounds - Shitei/Sentei/Tokui)

☐ Kumite (sparring)

☐ I am a senior/master and wish to compete in adult group (ages 18-34).
(Check this box **ONLY** if you wish to compete in this group)

Medical Information:

Check one below:

☐ I have NO medical problems

☐ I have medical problems, but I am able to compete. Describe medical problem(s), or attach Doctor's note.

WAIVER

I hereby for myself, my executor(s), my heirs, forever and always agree to save and hold harmless the Amateur Athletic Union of the United States and all of its officers, referees, judges, volunteers, workers, members, tournament director, tournament promoter, tournament employees, the facility owners, their respective officers, agents, successors, and anyone else involved in the conduct of this karate tournament for any liability or injury I may sustain by way of traveling to and from, participating in, or other direct or indirect involvement in the AAU/USA Karate Tournament that I have entered. In addition, I hereby for now and forever, accept any and all responsibilities for any actions in conjunction with the AAU/USA Karate Tournament and the traveling to or from or participating in said event. Finally, I agree to allow, without compensation, the use of any photographs, films, or videotape of myself.

SIGNATURE: _____
(Parent or Guardian if under 18 years of age)

TOURNAMENT FEE: \$60.00

***AAU Membership: \$16 youth (17 yrs & under), \$29 adult (18 & up), \$18 coach membership (all ages)**

If not a current 2016 AAU member, please apply for your membership: www.aausports.org

Must be able to provide a copy of your membership

APPLICATION MUST BE RECEIVED BY January 11, 2016

ON-SITE REGISTRATION UNTIL 8:30 AM WILL BE AN ADDITIONAL \$50.00

MAKE CERTIFIED CHECKS OR MONEY ORDERS (NO PERSONAL CHECKS) PAYABLE TO: TKO

MAIL TO: AAU KARATE - 237 EAST PROSPECT AVENUE, MOUNT PROSPECT, IL 60056

AAU KARATE DISTRICT CHAMPIONSHIPS

EVENT INFORMATION

Tournament Director: Mr. J. B. Mirza

Host: Traditional Karate-Do Organization
237 East Prospect Avenue
Mount Prospect, IL 60056

Date: January 17, 2016

Location: College of Lake County, Grayslake, IL

Start Times: Tournament Begins - 9 AM

Age: 5 thru Adult Individual Competition

Competitions: Kata (Forms) Kobudo (Weapons) Kumite (Fighting)

Rules: AAU

Licensed by: Amateur Athletic Union of the U.S.

Fees: Spectators: \$6.00 / 5 years of age & up

Competitors: Please note: Ages may be combined by experience level
This tournament is a Qualifier for 2016 National Championships & Junior Olympics

RULES & REGULATIONS

Mandatory Equipment:

White Naugahyde/Leather Fist guards,
(AAU approved)
White Foam Face Headgear with face shield
(AAU Approved) ages 17 & under
Groin Cup Protector (Males)
Mouth guard

Optional Equipment:

White Cloth Shin Pads (Adult)
White Cloth Shin/Instep Pads (Youth)
White Foam Open Face Headgear (Adult)

DRESS CODE

THE OFFICIAL AAU KARATE PATCH MUST BE WORN FOR THIS COMPETITION (SEWN ON GI)

BEGINNER MUST WEAR WHITE BELT

NOVICE MUST WEAR GREEN BELT

INTERMEDIATE MUST WEAR BROWN BELT

ADVANCED MUST WEAR BLACK BELT

Traditional White Gi (no piping or stripes)

No Rolled Sleeves or Cuffs

Pants must be 3/4 Length (between ankle and knee)

Sleeves Must Be 3/4 Length (between wrist and elbow)

Females Must Wear Plain White T-shirt or White Sport Bra Under Top

No Headbands or Jewelry

TOURNAMENT ADDRESS

**College of Lake County
19351 W Washington St.
Grayslake, IL 60030**

AAU Karate District Championships

TOURNAMENT SCHEDULE

January 17, 2016

8:30 AM	All Referees & Volunteers (Assigned to rings)	
8:45 AM	Mandatory Kata	To staging: 16 years & older advanced - male & female
9:00 AM	Kobudo, Kata & Kumite	To staging: All 5 -8 year old male & female
10:30 AM	Open Flag Kata	To staging: 16 years & older advanced - male & female
11:00 AM	Kobudo & Kata	To staging: All 9 -12 year old male & female
11:30 AM	Kobudo & Kata	To staging: All 13 -17 year old male & female
12:30 PM	Kobudo	To staging: All Advanced Adult & Advanced Senior - male & female
12:30 PM	Kata	To staging: Advanced Senior - male & female
12:30 PM	Kobudo & Kata	To staging: All Beginner, Novice & Intermediate Adult & Senior - male & female
1:00 PM	Kumite	To staging: All 9 -12 year old male & female
2:00 PM	Kumite	To staging: All 13 -17 year old male & female
2:30 PM	Kumite	To staging: All Beginner, Novice & Intermediate Adult & Senior - male & female
3:00 PM	Kumite	To staging: All Advanced Adult & Senior - male & female