



# School Year 2015

## Making a Smooth Transition

How parents can help  
students transition  
to college life

## Mellow Your Mornings

How to make  
school day  
mornings easier

## Acing the Exam

Test-taking tips for students

A Special Supplement to  
**Kennebec Journal  
Morning Sentinel**

Wednesday August 20, 2015





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# Easing the high school transition

## *Entering freshmen can take several steps to make their transition to high school easier*

Each school year brings new opportunities. Although attending a new school can involve some butterflies as kids acclimate to their new classmates and teachers, the transition from grade school to high school is typically one of the more dramatic transitions students have to make.

Although starting high school can be an overwhelming experience full of change, there are many ways for students to ease this transition.

**Take part in high school orientation.** Orientations help students acclimate to their new surroundings. Orientation sessions can provide insight on coursework and help kids learn about the campus and any amenities it provides. Learning the layout of the school in advance can help calm any first-day jitters students may encounter.

**Arrive prepared.** Make sure all summer assignments are completed so you



start off on the right foot. Unprepared students are likely to be apprehensive. **Adjust to new sleep-**

**wake schedules.** Summer vacation may have been filled with late nights and sleepy mornings, but now

that school will begin anew, it's time for students to gradually readjust their schedules. That will make it easier to wake up for school. Many high schools begin the day earlier than grammar schools and middle schools. It may take a few weeks to grow accustomed to the earlier hours, so start waking up earlier as the summer winds down.

**Plan to arrive with friends.** Seeing familiar faces can help students feel more secure. High schools tend to be larger than grade schools and include kids from various neighborhoods, but chances are your friends will be attending the same school as you. Carpool with friends during the first week of school so your first steps on campus are with friends.

**Enroll in a mentor-ing program.** Some high schools pair freshmen with upperclassmen so younger students can learn the ropes of the school. New students can benefit from these per-

sonalized guides and should feel comfortable asking questions about teachers and school protocol.

**Participate in clubs and extracurricular activities.** Another way to feel more comfortable at a new school is to participate in activities. High schools offer numerous extracurricular activities that cater to an array of interests. Band, choir, sports teams, debate teams, student government and foreign language clubs are just a few examples of enjoyable extracurricular activities. Joining such groups can introduce you to like-minded students.

**Arrive to class on time.** Teachers may be more lenient the first few weeks of school, but over time they will expect students to learn their schedules and arrive to class on time. Students can make arrangements with friends to share lockers or employ other strategies to make it easier to get to class on time.

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## BUS ROUTES



School bus schedules will be posted online at [centralmaine.com/community](http://centralmaine.com/community) as they are made available.



# Make school day mornings easier



School day mornings can be hectic, as getting kids ready for school and out the door on time is not always easy. Working parents may find school day mornings especially difficult, as their own work

schedules can make mornings feel even more rushed. Fortunately, parents can employ several strategies to free up time in the morning so everyone starts their days off in a more relaxing atmosphere.

**Wake up earlier.** Sleep might seem like a precious commodity, but waking up just 10 to 15 minutes earlier can remove some of the stress from weekday mornings without costing you a lot of

sack time. Let kids sleep in until their normal wakeup time, using your extra 10 or 15 minutes to shower or enjoy your morning cup of coffee before the house is abuzz with activity.

**Tackle certain chores the night before.** Delaying certain chores until you wake up makes for a hectic morning, so tackle as many morning chores as possible before you go to bed for the night. Prepare school lunches, lay clothes out for yourself and your children, and make sure kids have their backpacks packed and ready to go before they go to bed. Each of these things may only take a few minutes, but when left for the morning, they can add up to a substantial amount of time.

**Encourage youngsters to pick up the pace.** Some people are morning people, while others dread setting their alarms for early morning hours. Kids who fall into the latter group may drag their feet in the morning, but parents should offer encouragement when kids are moving slowly in the morning.

Allowing your frustration to show may only make kids less fond of mornings, so remind them as nicely as possible that everyone has a schedule to stick to if they seem to be dragging their feet.

**Keep the television off.** If watching the television is ingrained in your morning routine, try going a few days without it to see if this makes it easier to get out the door on time. Kids might grow distracted by morning cartoons, and even adults may get caught up in morning news shows or other forecasts. Eliminating television from your morning routine can save time and also may help your family grow closer, as you will have more distraction-free time to speak to one another. In addition to turning off the television, resist the urge to turn on your devices or scan work emails when getting ready in the morning.

Parents know that school day mornings can be hectic. But there are several ways to make such mornings go more smoothly so everyone gets where they need to be on time.

## Outfitting students' technology needs

Nowadays, school supplies differ greatly from the markers, protractors and pencil cases required just a few decades ago. Many classrooms are now geared toward digital learning, and items such as tablets, smartboards and laptop computers are essential to enhancing students' classroom experiences. It's no surprise then that many students require a long list of tech products and applications to keep up with their studies.

According to a Project Tomorrow report titled "The New Digital Playbook: Understanding the Spectrum of Students' Activities and Aspirations," a large percentage of students have access to various mobile devices in the classroom. Smartphones, laptops, tablets, and digital readers are some of the more commonly used devices in modern classrooms, and such usage is not limited to older students, as the report noted significant penetration of mobile devices among the primary grades, even in K-2.

To enhance the learning experience found in school, parents may want to allow access to such devices at home. The following are some tech items to consider:

**Tablet:** Android and Apple-based tablets give students easy access to a variety of applications and web connectivity. Their portability makes them a convenient way of staying connected both inside and

outside the home. Many tablets can be enhanced with plug-in keyboards that make typing easier. Tablets can be used to take notes, browse the Internet, check email, and maintain correspondence with classmates via messaging applications.

**Smartphone:** Smartphones now have many of the same capabilities of tablets, albeit in smaller packages. Parents may need to customize safety settings on phones to keep students secure, but the devices can be valuable tools in keeping tabs on kids' whereabouts.

**Laptop:** Tablets and smartphones may have reduced consumer dependency on laptop and desktop computers, but traditional computers remain a valuable learning tool. Their larger screen sizes and mouse/keyboard features can make it easier for students to spend more time working on projects that require a lot of typing. Since many teachers now require assignments be typewritten or completed online, students may need to have a computer at home. Peripherals, such as a printer and an external hard drive, may prove useful as well.

**App access:** Students may require different apps to complete their assignments and stay organized. Calendar functions, newspaper apps and calculators can provide the boosts kids need to

perform well and stay organized. Mobile devices are pre-loaded with stores where users can purchase applications, such as the App Store on Apple devices and Google Play on Google-based mobile products. However, users will still need to establish an account, which is typically linked to a credit card. If parents do not feel comfortable giving children free rein, they can set parameters on app purchases or buy pre-paid app gift cards to avoid excessive charges on credit cards.

Technology is pervasive in the classroom, and students may need various digital devices to make the grade.

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Program**

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and Rentals**

**Individual & Family  
Memberships**

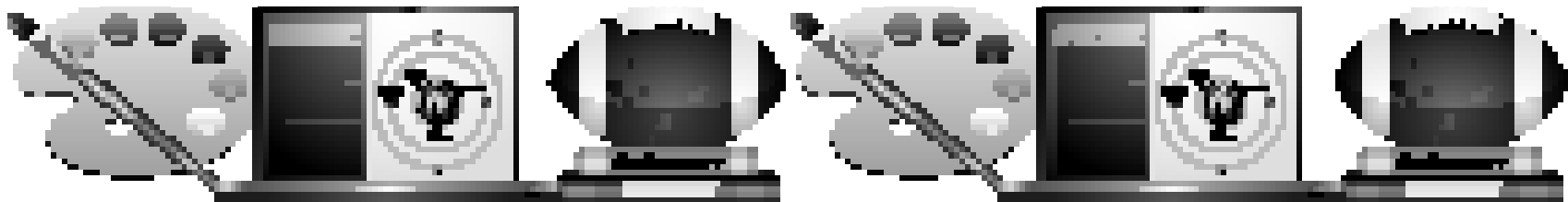
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[www.clubayc.org](http://www.clubayc.org)



**FOR MORE INFORMATION:**

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 East Vassalboro, ME 04935  
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 Fax: 923-3104

For more information visit [vcs.aos92.org](http://vcs.aos92.org)

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**Waterville Junior High School**  
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**Waterville Senior High School**  
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 1 Brooklyn Avenue  
 Waterville ME 04901  
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**Mid-Maine Technical Center**  
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**Mid-Maine Regional Adult Community Education**  
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For more information visit [www.aos92.org](http://www.aos92.org)

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# AOS 92 Vassalboro School Calendar 2015-2016

**Shaded areas are no school days**

AUGUST						
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# AOS 92 Waterville School Calendar 2015-2016

**Shaded areas are no school days**

AUGUST						
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# Safety tips for school bus riders

Many students take the bus to school twice a day, five days a week. Approximately 26 million elementary and secondary school children ride school buses daily in the United States, and the U.S. Department of Transportation says more than 50 percent of all K-12 students in the country ride yellow school buses, traveling approximately 4 billion miles each year.

The vast majority of these miles are traveled without incident. In fact, according to the National Safety Council, the national school bus accident rate is 0.01 per 100 miles traveled, compared to 0.96 for other passenger vehicles, which makes school buses considerably safer than other passenger vehicles.

Though school buses are safe, there are other ways to make them even safer. Children, especially those new to school buses, may find the bus fun and unique and not pay attention to simple safety rules. But parents should take steps to ensure that youngsters always heed the following school bus safety guidelines.



- Wait for the bus in a safe location that is away from traffic, ideally staying in a designated school bus stop until the bus arrives.
- Dress for optimal visibility, especially in inclement weather when it can be difficult for the school bus driver and other motorists to see pedestrians.
- Do not board the bus until it comes to a complete stop. Wait for the driver to open the door, which engages the “Stop” sign for oncoming motorists.
- Use the handrail and enter the bus in an orderly manner.
- Promptly find a seat, sit down and buckle the safety belt if there is one available. Students assigned seats on the bus should take their seat without making a fuss.
- Keep backpacks and other belongings out of the center aisle. Store them under your seat or on your lap.
- Remain seated at all times while the bus is in motion.
- Keep arms, hands, legs, and heads inside of the bus at all times.
- Always follow the driver’s instructions and avoid situations that will cause driver distraction.
- Wait for the bus to stop completely before standing up or attempting to exit.
- Exit the bus in an orderly manner, without pushing fellow passengers.
- Only cross the street in front of the bus. It is very difficult for the driver to see students crossing behind the bus.
- Wait for the driver to check traffic before crossing the street and be on the lookout for inattentive motorists.

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# AOS 92 Winslow School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
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Fax 207-873-1053

**FOR MORE INFORMATION:**

**Winslow Elementary**  
285 Benton Ave  
Winslow, ME 04901  
PH: 872-1967

**Winslow Junior High**  
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# AOS 97 Winthrop School Calendar 2015-2016

Shaded areas are no school days

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Fax: 377-4671

**Winthrop Middle School**  
400 Rambler Road  
Winthrop, ME 04364  
PH: 377-2249  
Fax: 377-3667

**Winthrop High School**  
211 Rambler Road  
Winthrop, ME 04364  
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# Strategies to help kids focus on their schoolwork

Some youngsters experience difficulty when the time comes to focus on their schoolwork. Such difficulties may be linked to a variety of factors, and parents can be overwhelmed as they attempt to identify the root cause of their youngsters' struggles in the classroom.

According to the Centers for Disease Control and Prevention, roughly 6.4 million American children between the ages of four and 17 have been diagnosed with attention deficit hyperactivity disorder, or ADHD. ADHD most often occurs in children, and these children may have difficulty with concentrating, paying attention, staying organized, and remembering details.

But not all children struggling to focus on their studies have ADHD. Parents who want to help their kids overcome their issues with regard to focusing can consider a host of approaches and strategies.

## Speak with a qualified healthcare professional.

Because ADHD is so common, parents should seek the opinion of a licensed healthcare professional to determine if their child has the disorder. According to the National Resource Center on ADHD ([www.help4adhd.org](http://www.help4adhd.org)), psychiatrists, pediatricians,

neurologists, psychologists, and certain licensed counselors or therapists are qualified to diagnose ADHD. Determining if a child has ADHD is a great first step toward helping that youngster overcome his or her struggles in the classroom. A qualified healthcare professional can help develop a strategy to improve focus, and that may include prescribing medication to improve the child's ability to concentrate.

**Speak with your child's teacher.** Students who don't have ADHD can still have trouble focusing on their schoolwork, and parents of such students may want to speak to their children's teachers to solve the problem. Educators have significant experience dealing with students who have trouble focusing, and they may be able to make certain suggestions to help kids focus on their work.

**Minimize distractions at home.** Some kids may do well in class but find it hard to focus once they arrive home. That's because home often has far more distractions than the classroom. Once the time comes for your child to do his or her homework, minimize distractions that can compromise his or her ability to focus. Turn off

the television and take kids' phones away if they have their own phones. During homework time, only allow them to use their computers for their lessons and not to connect with friends via social media. Parents also should make sure they aren't the distraction. Let kids do their work in peace and quiet, offering to help if need be, but steering clear of kids work areas so they are encouraged to focus and not strike up conversations with mom or dad.

**Make lists.** Some kids focus better when they know exactly what they have to do. Encourage such youngsters to make lists of their assignments and check items off as they are completed. Checking items off can give kids a sense of accomplishment, which can motivate them to stay focused on their schoolwork going forward.

**Encourage breaks.** A breather every so often can help kids avoid growing tired. Make sure kids don't take up another task, such as playing video games or watching television, during their breaks. But keep in mind that standing up every so often to walk around or get a glass of water can help them stay sharp and energized over the long haul.



## Test-taking tips

According to the Anxiety and Depression Association of America, test anxiety is a form of performance anxiety that can affect even the most prepared students. The ADAA notes that several factors, including fear of failure and a poor test history, can contribute to test anxiety, the presence of which can make it difficult for students to concentrate and may even cause physical symptoms like headache and nausea. Parents of students who are anxious about upcoming tests can share the following test-taking tips with their children, courtesy of the ADAA.

### Prioritize preparation.

Test preparation should begin well in advance of the test, as cramming the night before may make students feel unprepared and less confident in their knowledge of the material. In addition, studying at least a week or two in advance of the test date affords students the opportunity to take practice tests in conditions similar to those in real testing situations. That familiarity can calm any nerves they may typically experience when taking exams.

**Develop an effective test-taking strategy.** The ADAA recommends students answer the questions they know first before returning to more difficult questions. Doing so may contribute to students' confidence and calm their nerves as they approach the rest of the test. When tests include essay portions, students can outline their essays before they begin to write so they have a clearer idea of what they want to say and how they want to say it.

### Employ relaxation tech-

**niques.** Deep, slow breaths and systematic relaxation of muscles can energize students' bodies and make it easier for them to focus. Students can apply such techniques before exams to curb any pre-test jitters they might have and, if necessary, revisit these relaxation exercises during the test if feelings of nervousness return.

### Get enough sleep and eat healthy before the exam.

Stress and anxiety are more difficult to cope with when the body is tired, so parents should encourage their children to get adequate sleep the night before an exam. In addition, provide healthy foods for kids to eat prior to the exam so they are not lethargic or hungry once the test begins.

### Don't be afraid to seek help.

Plenty of students experience test anxiety, and many schools offer programs designed to help students overcome their test-taking fears. Making use of these programs is a great way for kids to improve their testing performance.



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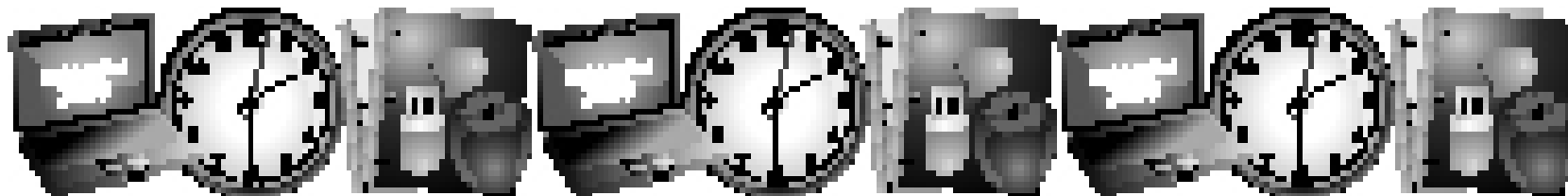
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PH: 626-2460  
Fax: 626-2541

**Farrington Elementary School**  
249 Eastern Ave.  
Augusta, Maine 04330  
PH: 626-2480  
Fax: 626-2479

**Sylvio Gilbert Elementary School**  
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PH: 626-2491  
Fax: 626-2538

**Lillian P. Hussey Elementary School**  
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Fax: 626-2539

**Lincoln School**  
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Augusta, ME 04330  
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Fax: 626-2535

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# Cony High School / CATC Campus School Calendar 2015-2016

**Shaded areas are no school days**

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# Augusta Schools School Calendar 2015-2016

**Shaded areas are no school days**

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# Tips for a healthy school year

Students are most likely to get sick when school starts because being at school put children's immune systems to the test, offers The Mayo Clinic. Young children who are in close proximity to others in large groups tend to spread organisms like bacteria and viruses that cause illness. Breaking the cycle can take some work, but it's possible to make this a healthy school year.

## Encourage handwashing

Frequent handwashing is a great way to prevent illness. Handwashing habits are essential for school-aged children and should be taught as soon as possible. Children should wash their hands after they use the bathroom and before they eat. If they've been playing outside or have interacted with children who are sick, handwashing can help remove some of the germs lingering on their hands. Antibacterial wipes are another option, but they may not be as effective as washing hands with warm, soapy water.

## Stop (some) sharing

Sharing develops good manners and can foster new friendships. But children should be discouraged from sharing food, drinks and other personal items. Once the item has been placed in a child's mouth, it should not be shared.

## Take a sick day

Rare is the student who will never come down with an illness. When kids get sick, keep them at home. Schools may have guidelines indicating when it is acceptable for children to return to school, and it's important that parents adhere to those guidelines so illnesses cannot spread around the school.

## Promote adequate sleep and nutrition

While adults may need between seven and nine hours of sleep a night, children often require more. The National Sleep Foundation recommends eight to 13 hours of sleep a night for school-aged children. Begin adjusting sleep schedules during the latter part of summer vacation so that children can readjust to their regular sleep schedules.

Parents also should feed kids nutritious diets consisting of a variety of foods. Avoid high-calorie junk foods, reserving such items only as special treats every so often.

## Donate cleaning supplies

Some schools may be underfunded and may not have enough supplies to keep all of the classrooms and surfaces clean. Parents can help by donating cleaning wipes and sprays so that students and teachers can thrive in clean, healthy environments.



# Add health screenings to back-to-school checklist



As summer vacation winds down, thoughts turn from jaunts to the beach to readying for a new school year. To-do lists include many of the typical tasks that precede going back to the classroom, including shopping for new clothes, purchasing school supplies and finishing summer reading assignments.

Another essential requirement parents must find time for is completing their children's health screenings and immunizations so youngsters can return to school.

Health screenings may include, but may not be limited to, routine physical exams, eye exams and dental cleanings. Each school district may have its own set of health requirements that must be met in order for children to attend school.

Many schools require that children are up-to-date with all immunizations before they can begin a new school year. While the issue of vaccinations has inspired debate in recent years, parents should recognize that many schools will only exempt students from receiving certain vaccinations due to religious reasons. For a list of state vaccination requirements and possible exemptions for schools in the United States, visit [www2a.cdc.gov/nip/schoolsurv/schImmRqmt.asp](http://www2a.cdc.gov/nip/schoolsurv/schImmRqmt.asp).

Students who have specific learning disabilities or medical conditions that require classroom modification should obtain recent documentation from any therapists or specialists prior to beginning a new school year. Doing so facilitates the process of setting up procedures within the school while ensuring children have what they need to excel in the classroom. All parents may want to ask doctors to provide copies of medical and immunization records so that schools will have the most recent copies on file.

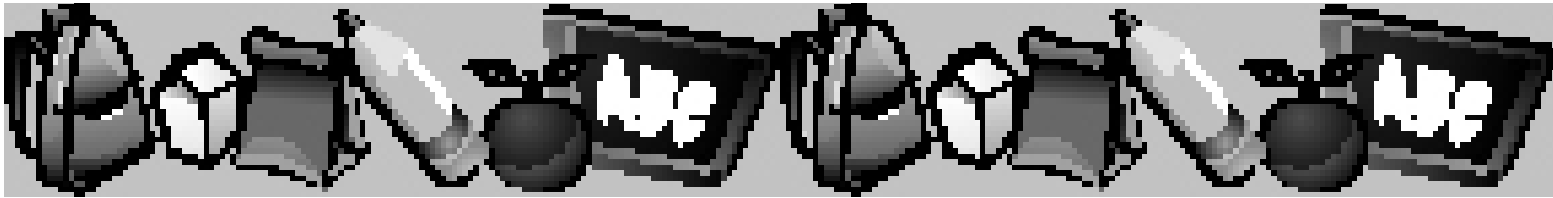
Parents should schedule eye examinations well in advance of the first day of school so they have ample time to fill new prescriptions for youngsters before school begins. This ensures kids won't be starting off on the wrong foot because of vision problems that could already have been addressed. Parents of adolescents or students on the verge of adolescence may want to address the subject of bodily changes before the school year begins anew. Address which changes can be expected, including the start of menstruation for girls. This will help children better understand what is happening when they witness changes in themselves and fellow classmates and give them a chance to receive accurate information rather than gossip from their peers. Keep in mind that health screenings conducted in advance of the school year may not preclude students from school-sponsored screenings. Schools may offer their own vision and hearing screenings and may take physical measurements to ensure students are growing on schedules in line with normal development.

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**FOR MORE INFORMATION:**

**Cornville Regional Charter School**  
 1192 West Ridge Road  
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 Fax: (207) 474-8515

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 309 Windsor Road  
 China, ME 04358  
 Phone: 445-2962  
 Fax: 445-5520

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# Erskine Academy School Calendar 2015-2016

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27	28	29	30	31		

JANUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S
						6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

MARCH						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
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MAY						
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

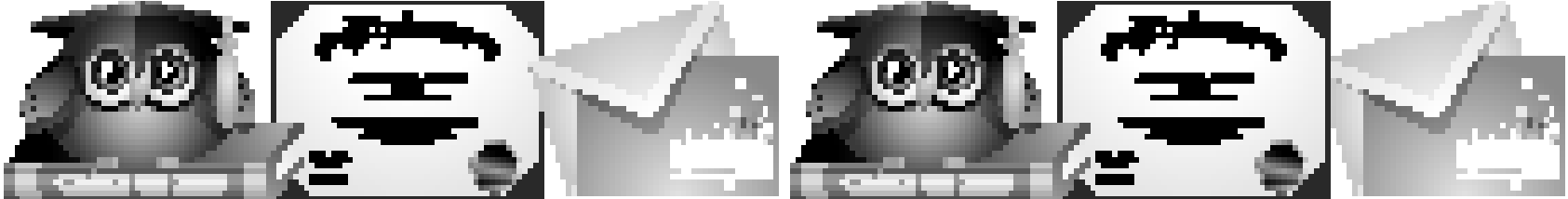
JUNE						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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**993-2265**  
 Fax 993-3006



# Grace Christian Academy School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
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30	31					

SEPTEMBER						
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OCTOBER						
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JANUARY						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

MARCH						
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27	28	29	30	31		

APRIL						
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17	18	19	20	21	22	23
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MAY						
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29	30	31				

JUNE						
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25	26	27	28	29	30	

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# Kennebec Montessori School School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
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SEPTEMBER						
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27	28	29	30			

OCTOBER						
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NOVEMBER						
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29	30					

DECEMBER						
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JANUARY						
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30	31					

FEBRUARY						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
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MARCH						
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APRIL						
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MAY						
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29	30	31				

JUNE						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

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**FOR MORE INFORMATION:**

Grace Christian Academy  
187 Lewiston Road  
West Gardiner, Maine  
04345  
PH: 582-8045

Visit the school's website for more information  
[gracechristianacdm.com](http://gracechristianacdm.com)

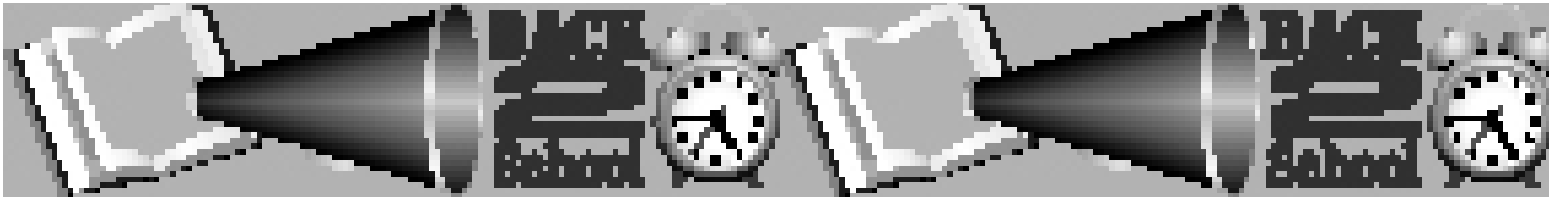
To view submitted bus runs online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

Kennebec Montessori School  
38 Sheridan Drive  
Fairfield, ME 04937  
PH: 453-6055  
For more information visit the school's website  
[kennebecmontessori.org](http://kennebecmontessori.org)

To view submitted bus runs online go to:  
[centralmaine.com/community](http://centralmaine.com/community)





**FOR MORE INFORMATION:**

**Kents Hill School**  
1614 Main Street  
P.O. Box 257, Route 17  
Kents Hill, Maine 04349  
info@kentshill.org  
Tel: 685-4914  
Fax: 685-9529  
For more information visit  
kentshill.org  
To view submitted bus runs  
online go to:  
centralmaine.com/community

**FOR MORE INFORMATION:**

**Pittston Consolidated School**  
1023 School Street  
Pittston, ME 04345  
PH: 582-6268  
Fax: 582-6334  
**Teresa C Hamlin School**  
17 School Street  
Randolph, ME 04346  
PH: 582-4252  
Fax: 582-1696  
**Gardiner Area High School**  
40 West Hill Road  
Gardiner, ME 04345  
PH: 582-3150  
Fax: 582-0434

**Gardiner Regional Middle School**  
161 Cobbossee Avenue  
Gardiner, ME 04345  
PH: 582-1326  
Fax: 582-6823

**Laura Richards School**  
279 Brunswick Avenue  
Gardiner, ME 04345  
PH: 582-3612  
Fx: 582-3175

**Helen Thompson School**  
309 Spears Corner Road  
West Gardiner, ME 04345-3507  
PH: 724-3930  
Fax: 724-3934

**River View Community School**  
821 River Rd  
PO Box 9  
S Gardiner, ME 04359  
PH: 582-3402  
Fax: 582-3402

For more information visit  
msad11.org

To view submitted bus runs  
online go to:  
centralmaine.com/community

# Kents Hill School School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
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30	31					

SEPTEMBER						
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OCTOBER						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JANUARY						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
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6	7	8	9	10	11	12
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20	21	22	23	24	25	26
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MARCH						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL						
S	M	T	W	T	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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207-685-4914 • info@kentshill.org

# MSAD 11 Gardiner School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JANUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MARCH						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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**FOR MORE INFORMATION:**

**Forest Hill**  
 Consolidated School  
 606 Main Street  
 Jackman, ME 04945  
 PH: 668-5291 or 668-7702  
 Fax: 668-4482

For more information visit  
[sad12.com](http://sad12.com)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# MSAD 12 Jackman

## School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1						1	1	2	3	4	5	6	7							1							1	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30

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<p><i>Since 1911</i>                  One Family Name                  WITH 4 LOCATIONS                  Dodge - Chrysler - Jeep                  Route 201 - Madison • 474-7171</p>			<p align="right">Chevrolet - Buick - GMC                  Madison Ave. - Skowhegan • 474-3371                  Wilton Road - Farmington • 778-3354                  Ford                  Madison Ave. - Skowhegan • 474-3334</p>
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**FOR MORE INFORMATION:**

**Moscow Elementary**  
 School  
 Route 201  
 Moscow, ME  
 PH: 672-5572  
 Fax: 672-3003

**Quimby Middle School**  
 Rte 201  
 Bingham, ME  
 PH: 672-3300  
 Fax: 672-5502

**Upper Kennebec Valley**  
**Memorial High School**  
 110 Meadow Street  
 Bingham, ME  
 PH: 672-3300  
 Fax: 672-4485  
 For more information visit  
[sad13.com](http://sad13.com)

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 online go to:  
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# MSAD 13 Bingham

## School Calendar 2015-2016

Shaded areas are no school days

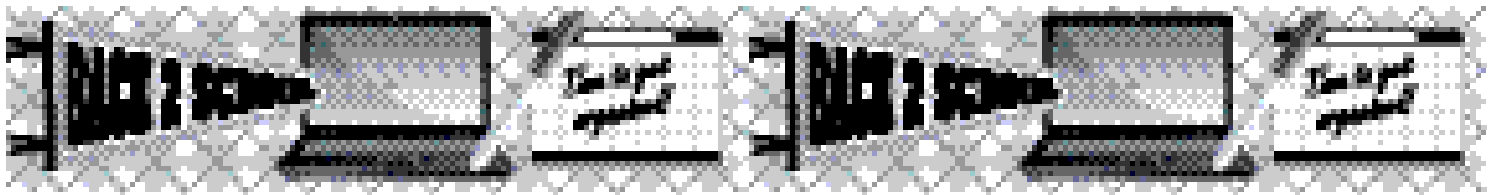
AUGUST						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
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27	28	29	30				25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30

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<p><i>Since 1911</i>                  One Family Name                  WITH 4 LOCATIONS                  Dodge - Chrysler - Jeep                  Route 201 - Madison • 474-7171</p>			<p align="right">Chevrolet - Buick - GMC                  Madison Ave. - Skowhegan • 474-3371                  Wilton Road - Farmington • 778-3354                  Ford                  Madison Ave. - Skowhegan • 474-3334</p>
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**FOR MORE INFORMATION:**

**Albion Elementary School**  
 20 School St.  
 Albion, Maine 04910  
 Phone: 437-2616  
 Fax: 437-2001

**Fairfield Primary School**  
 63 High St.  
 Fairfield, ME 04937  
 Phone: 453-4220  
 Fax: 453-4218

**Clinton Elementary School**  
 75 Morrison St  
 Clinton, ME 04927  
 Phone: 426-2181  
 Fax: 426-9166

**Benton Elementary School**  
 68 School Drive  
 Benton, Maine 04901  
 Phone: 453-4240  
 Fax: 453-4242

**Lawrence Junior High School**  
 7 School Street  
 Fairfield, ME 04937  
 Phone: 453-4200  
 Fax: 453-4213

**Lawrence High School**  
 9 School Street  
 Phone: 453-4200  
 Fax: 453-4226

For more information visit  
[msad49.org/District](http://msad49.org/District)  
 To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# MSAD 49 Albion, Fairfield, Clinton, Benton School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1						1	1	2	3	4	5	6	7							1							1	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30										

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 <p><b>KSW</b> Federal Credit Union  <i>"Everything We Do. We Do For You!"</i></p>	<p>222 College Avenue, Waterville • 872-5602                  135 Waldo Avenue, Belfast • 338-5160  <i>"Serving all of Kennebec and Somerset Counties with a branch in Waldo County"</i>  <a href="http://www.kswfcu.org">www.kswfcu.org</a>  <i>Now serving Belfast, Unity and Thorsby</i></p>
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# MSAD 53 Pittsfield Area School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30										

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--	--	---

**FOR MORE INFORMATION:**

**Manson Park School**  
 179 Lancey Street  
 Pittsfield, ME 04967  
 PH: 487-2281

**Warsaw Middle School**  
 167 School Street  
 Pittsfield, ME 04967  
 PH: 487-5145  
 Fax: 487-4511

**Vickery School**  
 170 School Street  
 Pittsfield, ME 04967  
 PH: 487-5575  
 Fax: 487-4511

For more information visit  
[msad53.org](http://msad53.org)

**Maine Central Institute**  
 295 Main St  
 Pittsfield, ME 04967  
 PH: 487-3355  
[www.mci-school.org](http://www.mci-school.org)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**Kingfield Elementary School**  
102 Salem Road  
Kingfield 04947  
PH: 265-4132  
Fax: 265-2010

**Mount Abram High School**  
1513 Salem Road  
Salem Township 4983  
PH: 678-2701  
Fax: 678-2668

**Phillips Elementary School**  
1401 Rangeley Road  
Phillips 04966  
PH: 639-2909  
Fax: 639-4139

**Strong Elementary School**  
110 No. Main Street  
Strong 04983  
PH: 684-3521  
Fax: 684-3340

**Stratton Elementary School**  
65 School Street  
Stratton 04982  
PH: 246.2283  
Fax: 246.6598

**Adult & Community Ed.**  
1513 Salem Road  
Salem Township 04983  
PH: 678-2701 x226  
Fax: 678-2668

Kingfield Schools visit [sad58.k12.me.us](http://sad58.k12.me.us)

To view submitted bus runs online go to: [centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**Bloomfield Elementary School**  
140 Academy Circle  
Skowhegan, ME 04976  
PH: 474-6221  
Fax: 474-7427

**Canaan Elementary Schl.**  
178 Main St  
Canaan, ME 04924  
PH: 474-3901  
Fax: 474-6385

**Margaret Chase Smith Schl.**  
40 Heselton St  
Skowhegan, ME 04976  
PH: 474-9822  
Fax: 471-3772

**Mill Stream Elementary Schl.**  
26 Mercer Rd  
Norridgewock, ME 04957  
PH: 634-3121  
Fax: 634-4294

**North Elementary School**  
33 Jewett St  
Skowhegan, ME 04976  
PH: 474-2907  
Fax: 474-8648

**Skowhegan Area Middle Schl.**  
155 Academy Circle  
Skowhegan, ME 04976  
PH: 474-3339  
Fax: 474-9558

**Skowhegan Area High Schl.**  
61 Academy Circle  
Skowhegan, ME 04976  
PH: 474-5511  
Fax: 474-0111

**Marti Stevens Learning Ctr.**  
195 W. Front St  
Skowhegan, ME 04976  
PH: 474-7175  
Fax: 474-7177

**Somerset Career & Technical Center**  
61 Academy Circle  
Skowhegan, ME 04976  
PH: 474-2151  
Fax: 858-4879

For more information visit [msad54.org](http://msad54.org)

To view submitted bus runs online go to: [centralmaine.com/community](http://centralmaine.com/community)

# MSAD 58 Kingfield Area School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
			1	2	3	4	5						1	2	3	1	2	3	4	5	6	7				1	2	3	4	5							1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9				
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16				
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23				
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30							

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Why would anyone bank anywhere else?

# MSAD 54 Skowhegan Area School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
			1	2	3	4	5						1	2	3	1	2	3	4	5	6	7				1	2	3	4	5							1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9				
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16				
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23				
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30							

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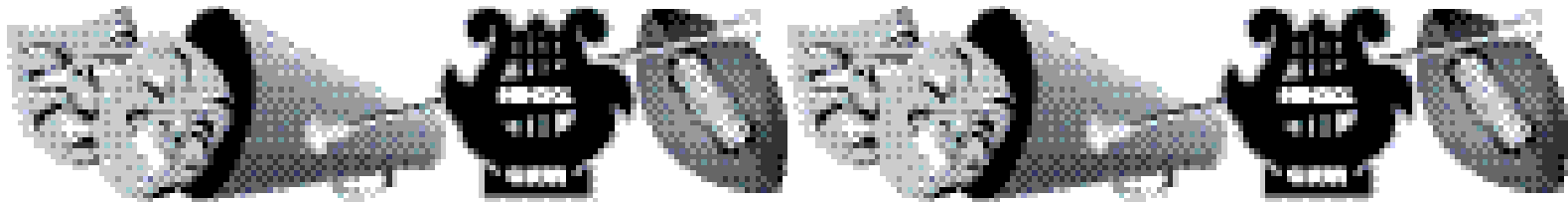
*Good savings habits are learned early. See us about My Cash Stash youth accounts*

## Franklin Savings Bank

Farmington 778-3339 • Wilton 645-2583 • Skowhegan 474-5574 • Rangeley 864-3386 [www.FranklinSavings.com](http://www.FranklinSavings.com)

Why would anyone bank anywhere else?





**FOR MORE INFORMATION:**

**Madison High School**  
 486 Main St.  
 Madison, ME 04950  
 PH: 696-3395

**Madison Junior High School**  
 205 Main St.  
 Madison, ME 04950  
 PH: 696-3381  
 Fax: 696-5640

**Madison Elementary School**  
 43 Learners Lane  
 Madison, Maine 04950  
 PH: 696-4607  
 Fax: 696-5639

**Athens Elementary School**  
 8 Fox Hill Road,  
 Athens Maine 04912  
 PH: 654-2561

For more information visit  
[sad59.k12.me.us](http://sad59.k12.me.us)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# MSAD #59 Madison School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JANUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S
						6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

MARCH						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

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**FOR MORE INFORMATION:**

**Carrabec High School**  
 160 North Main St  
 PO Box 220  
 North Anson, ME 04958  
 PH: 635-2296

**Carrabec Community School**  
 56 North Main St  
 PO Box 187  
 North Anson, ME 04958  
 PH: 635-2209

**Garret Schenck Elementary**  
 19 Ken Taylor St  
 PO Box 317  
 Anson, ME 04911  
 PH: 696-3100

**Solon Elementary**  
 76 South Main St  
 PO Box 146  
 Solon, ME 04979  
 PH: 643-2491

For more information visit  
[msad74.org](http://msad74.org)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# MSAD 74 Anson, Solon School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
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31						

NOVEMBER						
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29	30					

DECEMBER						
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6	7	8	9	10	11	12
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27	28	29	30	31		

JANUARY						
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30	31					

FEBRUARY						
S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

MARCH						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
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APRIL						
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JUNE						
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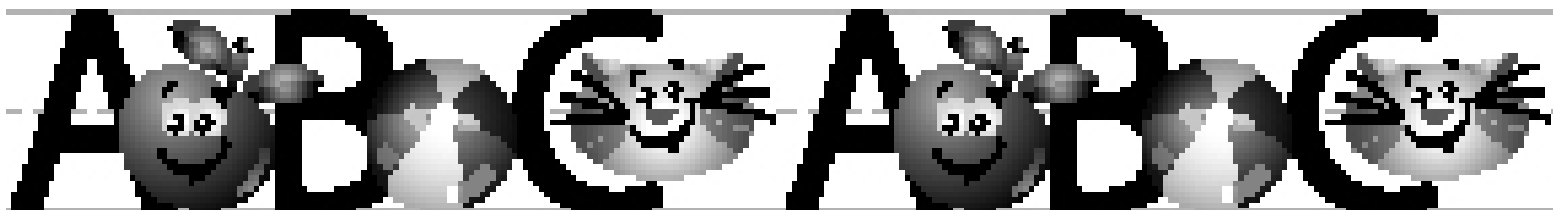
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 Wilton Road - Farmington • 778-3354  
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**FOR MORE INFORMATION:**

**Mount Merici**  
 152 Western Avenue, Water-  
 ville, ME  
 04901-4633  
 PH: 873-3773  
 For more information visit  
[mountmerici.org](http://mountmerici.org)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

## Mount Merici School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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30	31					

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**FOR MORE INFORMATION:**

**Rangeley Lakes Regional School**  
 43 Mendolia Road  
 Rangeley, Maine 04970  
 PH: 864-3311  
 Fax: 864-2451  
 For more information visit  
[rangeleyschool.org](http://rangeleyschool.org)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

## Rangeley Lakes Regional School School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
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2	3	4	5	6	7	8
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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27	28	29	30	31		

JANUARY						
S	M	T	W	T	F	S
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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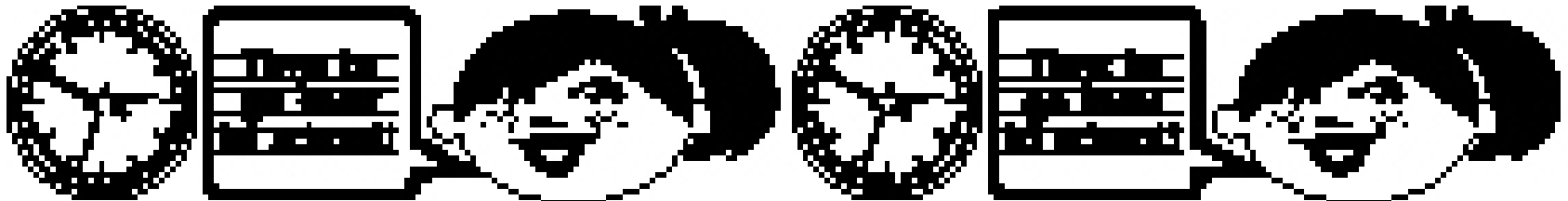
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**FOR MORE INFORMATION:**

**Riverview Memorial School**  
 201 Mercer Rd  
 Norridgewock, ME 04957  
 PH: 634-2641  
 For more information visit  
[riverviewmaine.org](http://riverviewmaine.org)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**Foster Regional Applied  
 Technology Center**  
 374 High Street  
 Farmington, ME 04938  
 PH: 778-6416

**Academy Hill School**  
 585 Depot St.  
 Wilton, ME 04294  
 PH: 645-4488

**Mt Blue Middle School**  
 269 Middle Street  
 Farmington, Maine 04938  
 PH: 778-3511

**Cape Cod Hill School**  
 516 Cape Cod Hill Road  
 New Sharon, ME 04955  
 PH: 778-3031

**G D Cushing School**  
 21 Cushing Drive  
 Wilton, Maine 04294  
 PH: 645-2442

**W. G. Mallett School**  
 113 Quebec Street  
 Farmington, Maine 04938  
 PH: 778-3529

**Mt Blue High School**  
 129 Seamon Rd.  
 Farmington, ME 04938  
 PH: 778-3561

**Cascade Brook School**  
 162 Learning Lane  
 Farmington, ME 04938-7040  
 PH: 778-4821

For more information visit  
[mtbluersd.org](http://mtbluersd.org)

To view submitted bus runs  
 online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# Riverview Memorial School School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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# RSD 9 Mt. Blue School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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23	24	25	26	27	28	29
30	31					

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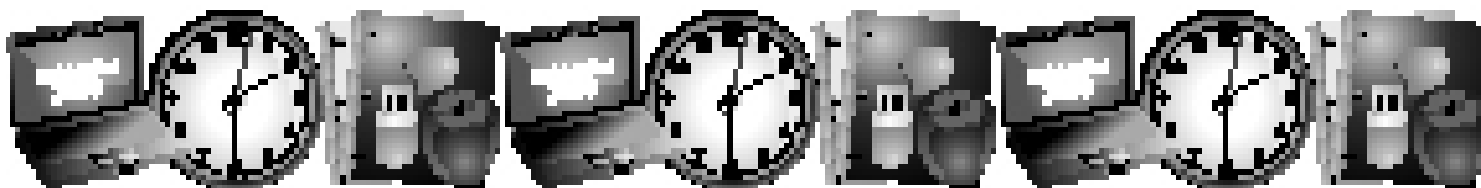


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**Hall-Dale Schools**

Hall-Dale Schools are part of the Kennebec Intra-District Schools (KIDS) Regional School Unit (RSU) 2, which joins the towns of Dresden, Farmingdale, Hallowell, Monmouth, and Richmond. The vision of RSU2 is to be a system of student-centered learning.

**Elementary School**

26 Garden Lane  
Hallowell, Maine 04347  
PH: 623-8677  
Fax: 622-6246

**Middle School**

111 Maple St.  
Farmingdale, Maine 04344  
PH: 622-4162  
Fax: 622-7515

**High School**

97 Maple St.  
Farmingdale, Maine 04344  
PH: 622-6211  
Fax: 626-0355

For more information visit the school's website  
[www.halldale.org](http://www.halldale.org)

For more information visit the school's website  
[www.kidsrsu.org](http://www.kidsrsu.org)

To view submitted bus runs online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# RSU 2 Hall-Dale School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
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20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30				

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**FOR MORE INFORMATION:**

**Monmouth Schools**

Monmouth is part of the Kennebec Intra-District Schools (KIDS) Regional School Unit (RSU) 2, which joins the towns of Dresden, Farmingdale, Hallowell, Monmouth, and Richmond.

**Henry L. Cottrell Elementary**

169 Academy Rd  
Monmouth, ME 04259  
PH: 933-4426  
Fax: 933-7279

**Monmouth Middle School**

117 Academy Rd  
Monmouth, ME 04259  
PH: 933-9002  
Fax: 933-7252

**Monmouth Academy**

96 Academy Rd  
Monmouth, ME 04259  
PH: 933-4416  
Fax: 933-7222

For more information visit [monmouthschools.org](http://monmouthschools.org)

To view submitted bus runs online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# RSU 2 Monmouth School Calendar 2015-2016

Shaded areas are no school days

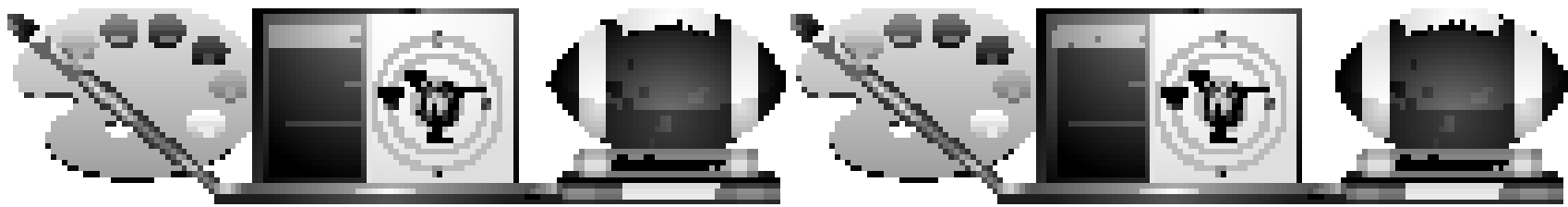
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SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							
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**FOR MORE INFORMATION:**

**Marcia Buker Elementary School**  
 28 High Street  
 Richmond, ME 04357  
 PH: 737-4748  
 Fax: 737-2563

**Richmond Middle/High School**  
 132 Main Street  
 Richmond, ME 04357  
 PH: 737-4348  
 Fax: 737-8707  
 For more information visit [richmondme.org](http://richmondme.org)

To view submitted bus runs online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**Monroe**  
 36 West Main Street  
 Monroe, Maine 04951  
 PH: 525-3504  
 Fax: 525-8599

**Morse**  
 27 School Street  
 Brooks, ME 04921  
 PH: 722-3636  
 Fax: 722-3052  
 Pre-K: 722-3648

**Mt.View Elementary**  
 573 Mount View Road  
 Thorndike, Maine 04986  
 PH: 568-7541  
 Fax: 568-3896

**Mt.View Middle School**  
 575 Mount View Road  
 Thorndike, Maine 04986  
 PH: 568-7561  
 Fax: 568-7590

**Mt.View High School**  
 577 Mount View Road  
 Thorndike, Maine 04986  
 PH: 568-3255  
 Fax: 568-4315

**Troy Elementary**  
 733 Bangor Road  
 Troy, ME 04987  
 PH: 948-2280  
 Fax: 948-5211

**Walker Elementary**  
 33 West Main Street  
 Liberty, ME 04949  
 PH: 589-4208  
 Fax: 589-3421

For more information visit [msad3.org](http://msad3.org)

To view submitted bus runs online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# RSU 2 Richmond School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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# RSU 3 Unity School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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24	25	26	27	28	29	30

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56 School Road  
Wales, ME 04280  
PH: 375-4950  
Fax: 375-4048

**Oak Hill Middle School**  
40 Ball Park Road  
Sabattus, ME 04280  
PH: 375-6961  
Fax: 375-8871

**Carrie Ricker School**  
573 Richmond Road  
Litchfield, ME 04350  
PH: 268-4136

**Libby-Tozier School**  
466 Academy Road  
Litchfield, ME 04350  
PH: 268-4137

**Sabattus Primary**  
36 No Name Pond Rd  
Sabattus, ME 04280  
PH: 375-4525  
Fax: 375-8154

**Oak Hill Adult Ed.**  
P.O. Box 400  
Sabattus, ME 04280  
PH: 375-6605  
Litchfield:  
1-800-375-6605

**FOR MORE INFORMATION:**

For more information visit  
[rsu4.org](http://rsu4.org)

To view submitted bus runs  
online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**Chelsea Elementary**  
566 Togus Road  
Chelsea, Maine 04330  
PH: 582-2214  
Fax: 588-2489

**Palermo Elementary**  
501 Route 3  
Palermo, Maine 04354  
PH: 993-2352  
Fax: 993-2354

**Somerville Elementary**  
665 Patricktown Rd, Ste 2  
Somerville, ME 04348  
PH: 549-7181  
Fax: 549-3273

**Whitefield Elementary**  
164 Grand Army Road  
Whitefield, ME 04353  
PH: 549-7691  
Fax: 549-4566

**Windsor Elementary**  
366 Ridge Rd  
Windsor, ME 04363  
PH: 445-2356  
Fax: 445-3494

**Wiscasset Primary School**  
146 Gardiner Road  
Wiscasset, Maine 04578  
PH: 882-7585  
Fax: 882-5239

**Wiscasset Middle School**  
83 Federal Street  
Wiscasset, Maine 04578  
PH: 882-7767  
Fax: 882-8279

**Wiscasset High School**  
272 Gardiner Road  
Wiscasset, ME 04578  
PH: 882-7722

For more information visit  
[svrsu.org](http://svrsu.org)

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# RSU 4 Oak Hill School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5						1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
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27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30				

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# RSU 12 Windsor School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5						1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
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20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30				

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Email: [Patricia.Welsh@myfairpoint.net](mailto:Patricia.Welsh@myfairpoint.net)



**FOR MORE INFORMATION:**

**Messalonskee High School**  
131 Messalonskee High Dr  
Oakland, ME 04963  
PH: 465-7381  
Fax: 465-9151

**Messalonskee Middle School**  
33 School Bus Dr  
Oakland, ME 04963  
PH: 465-2167  
Fax: 465-9683

**Williams Elementary**  
55 Pleasant St  
Oakland, ME 04963  
PH: 465-2965  
Fax: 465-4985

**Atwood Elementary**  
19 Heath St  
Oakland, ME 04963  
PH: 465-3411  
Fax: 465-9133

**James H Bean Elementary**  
2896 Middle Rd  
Sidney, ME 04330  
PH: 547-3395  
Fax: 547-4438

**Belgrade Central Elementary**  
158 Depot Rd  
Belgrade, ME 04917  
PH: 495-2321  
Fax: 495-2723

For more information visit  
[rsu18.org](http://rsu18.org)

To view submitted bus runs  
online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**China Primary School**  
Grades Pre -K through 4th  
763 Lakeview Drive  
So. China, Maine 04358  
Phone: 445-1550  
Fax: 445-3541

**China Middle School**  
Grades 5th through 8th  
773 Lakeview Drive  
So. China, Maine 04358  
Phone: 445-1500  
Fax: 445-3278

Visit the school's website for  
more information:  
[rsu18.org/cms](http://rsu18.org/cms)

To view submitted bus runs  
online go to:  
[centralmaine.com/community](http://centralmaine.com/community)



# RSU 18 Belgrade • China • Oakland • Rome • Sidney

## School Calendar 2015-2016

Shaded areas are no school days

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30			
																										31								

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# RSU 18 China Elementary

## School Calendar 2015-2016

Shaded areas are no school days

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30			
																										31								

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# Signs a tutor might be necessary

School is not always easy, and some students struggle as they transition from grade to grade. As students get older, some who may have experienced smooth sailing as youngsters may find they need some extra help grasping the material as coursework becomes more complicated.

Those who need some extra clarification and reinforcement may first turn to their parents. But parents may not be familiar with certain subjects or capable of explaining certain concepts in terms kids can understand. In such situations, tutors can prove to be valuable resources to get kids back on the right academic track.

One-on-one attention from a tutor can benefit all types of learners. Students who

discover newfound success under the guidance of a tutor may have more self-confidence in the classroom. Parents wondering if a tutor can help their children may want to consider the following indicators that students may need tutors.

**Consistently falling grades:** Tutors may be necessary for students whose grades are gradually on the decline. First speak with your child's teachers, who may recommend tutors that specialize in certain subjects.

**Confusion in and out of the classroom:** Some kids struggle to grasp certain concepts, and such confusion can sometimes be remedied with the kind of intense study available in tutoring sessions.

**Low confidence:** Some kids' confidence wanes when their grades suffer. Kids whose grades have been on the decline may feel a

sense of defeat even before they take a test or work on an assignment. Tutors can help restore confidence by creating small victories that slowly build up to larger successes.

**Indifference to coursework:** No student will be captivated by every subject he or she studies, but there should be some subjects that students find engaging. Students battling indifference toward their coursework may benefit from a dynamic tutor who can present subject matter in new ways and revive students' interest.

Students who are struggling in the classroom may need some extra help outside the classroom, and many tutors are adept at reviving interest in subjects kids are studying at school. Some teachers may recommend certain tutors, while others may do some tutoring work themselves.



**FOR MORE INFORMATION:**

**Manchester Elementary School**

17 School Street  
Manchester, ME 04351  
Phone: 622.2949  
Fax: 622.0616

**Mount Vernon Elementary School**

1507 North Road  
Mount Vernon, ME 04352  
Phone: 293.2261  
Fax: 293.3205

**Readfield Elementary School**

84 South Road  
Readfield, ME 04355  
Phone: 685.4406  
Fax: 685.5521

**Wayne Elementary School**

48 Pond Road  
Wayne, ME 04284  
Phone: 685.3634  
Fax: 685.9172

**Maranacook Comm. Middle School**

2100 Millard Harrison Drive  
Readfield, ME 04355  
Phone: 685.3128  
Fax: 685.9876

**Maranacook Comm.High School**

2250 Millard Harrison Drive  
Readfield, ME 04355-3573  
Phone: 685.4923  
Fax: 685.9597

For more information visit [maranacook.org](http://maranacook.org)  
To view submitted bus runs online go to: [centralmaine.com/community](http://centralmaine.com/community)

## RSU 38 Maranacook School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JANUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27

MARCH						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

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**Etna-Dixmont School**  
2100 Dixmont Road  
Etna, ME 04434  
PH: 234-2491  
Fax: 234-4190

**Hartland Consolidated School**  
62 Elm Street  
Hartland, ME 04943  
PH: 938-4456  
Fax: 938-5148

**Newport Elementary School**  
142 Elm Street  
Newport, ME 04953  
PH: 368-4470  
Fax: 368-3274

**St. Albans Consolidated School**  
129 Hartland Road  
St. Albans, ME 04971  
PH: 938-4581  
Fax: 938-5530

For more information visit  
[rsu19.org](http://rsu19.org)

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online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

**FOR MORE INFORMATION:**

**Nokomis Regional High School**  
266 Williams Road  
Newport, ME 04953  
PH: 368-4354  
Fax: 368-3276

**Sebasticock Valley Middle School**  
337 Williams Road  
Newport, ME 04953  
PH: 368-4592  
Fax: 368-4598

**Somerset Valley Middle School**  
45 Blake Street  
Hartland, Maine 04943  
PH: 938-4770  
Fax: 938-2114

**Corinna Elementary School**  
42 Stetson Road  
Corinna, ME 04928  
PH: 278-4263  
Fax: 278-4265

# RSU 19 Newport Area School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
						5						1	2	3	1	2	3	4	5	6	7							5							1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9		
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16		
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23		
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30					
																										31										

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**FOR MORE INFORMATION:**

**St. John Catholic School**  
15 Garand Street  
Winslow, ME 04901  
PH: 872-7115

For more information visit  
[stjohnschoolwinslow.org](http://stjohnschoolwinslow.org)

To view submitted bus runs  
online go to:  
[centralmaine.com/community](http://centralmaine.com/community)

# St. John Catholic School School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

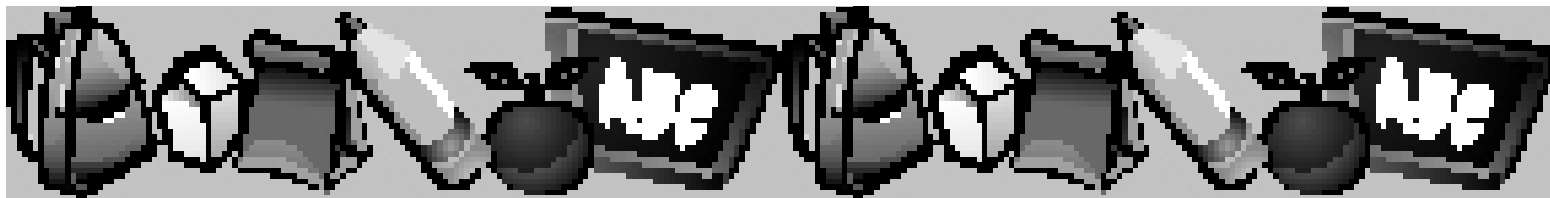
SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
						5						1	2	3	1	2	3	4	5	6	7							5							1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9		
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16		
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23		
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30	24	25	26	27	28	29	30					
																										31										

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**FOR MORE INFORMATION:**  
**St. Michael School**  
 56 Sewall St  
 Augusta, ME 04330  
 PH: (207) 623-3491

For more information visit  
[smsmaine.org](http://smsmaine.org)

To view submitted bus runs  
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[centralmaine.com/community](http://centralmaine.com/community)

# St. Michael School School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30										

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 Email: [Patricia.Welsh@myfairpoint.net](mailto:Patricia.Welsh@myfairpoint.net)

**FOR MORE INFORMATION:**  
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For more information visit  
[templeacademyme.org](http://templeacademyme.org)

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# Temple Academy School Calendar 2015-2016

Shaded areas are no school days

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5						1	2
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	25	26	27	28	29	30	31	29	30	27	28	29	30	31	24	25	26	27	28	29	30										

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# How to help kids find extracurricular activities

Sports may be the first thing that comes to mind when many parents think of extracurricular activities for their children, but not all kids are cut out for or interested in competitive athletics. But just because a youngster may not be the next star quarterback or captain of the soccer team does not mean he or she can't find an extracurricular activity to be passionate about.

Parents know that schoolwork comes first, but extracurricular activities can be important to a child's development, serving as an avenue to meet new people and an opportunity to learn the importance of teamwork. The following are a handful of things parents should consider when trying to help their children find the right extracurricular activities.

## Interests

One of the easiest ways to help kids find an extracurricular activity they can be passionate about is to discuss their interests with them.

Youngsters with a love of animals might enjoy volunteering at a local animal shelter or hospital, while those who love to write may find writing for the school newspaper is a great way to apply that passion in a practical setting.

Even kids with a passion for video games might be interested in learning about computer graphics and what it takes to design games.

When trying to find extracurricular activities for your children, resist the urge to write off any of their interests. Instead, use those interests as jumping off points to further engage their passions.

## Availability

Parents know that school comes before extracurricular activities, but kids may not be so wise.

Keep in mind kids' existing workloads when helping them find the right afterschool activities.

Many organizations are especially flexible with teenage volunteers or employees, but parents still must keep a watchful eye to ensure kids do not overextend themselves. Kids who overcommit to extracurricular activities may end up feeling burnt out, which can have a negative impact on their schoolwork.

Encourage kids to find activities they care about, but emphasize that these activities should not become bigger priorities than schoolwork. Let kids know that they can get more involved during summer vacation, but make sure kids don't devote too much of their time to after-school activities during the school year.

A couple of hours per week and even some additional time on the weekends should not distract kids from their responsibilities at school, and that's still ample time for kids to explore their interests.

## Internships

Internships were once exclusive to college students, but many organizations now offer internship opportunities to high schoolers as well.

Kids who find themselves interested in particular subjects at school, whether it's graphic design or a beginner's course on finance, may be eligible for internships with local companies. Such opportunities may even encourage kids to pursue a particular course of study once they enter college.

Extracurricular activities can help youngsters develop into well-rounded adults. Parents can help kids find the right activities while still encouraging them to keep schoolwork atop their priority lists.



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