



Timelines



SPRING 2012

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A Welcome Message from Richard Royse EMARC's new Executive Director

I would like to thank everyone for your very warm welcome. I am honored to have been selected as EMARC's Executive Director. Also, I would like to thank Maureen O'Brien for her support and assistance in helping me transition into this position. She has done an excellent job in providing leadership and direction keeping EMARC moving forward throughout this process. Following in Maureen's shoes with not be easy but - with your input, participation and support - we can be assured that EMARC has a bright future.



Today we are facing many challenges. Never in my 30 years working in this field have we seen such an assault on essential funding sources and individual service recipient benefits. During times such as this, it's important to remember that we are a service system in evolution; and in challenging times there are always new opportunities.

To prepare to take advantage of these emerging opportunities EMARC is embarking on an effort to build upon our strong history. We have been blessed with wonderful volunteers, dedicated staff, supportive families and community leaders all of whom we will be asking to continue to help us in this endeavor. For it is in times such as these that we work together to ensure that people have the opportunity to build better lives. I look forward to working with you as we move forward in this new adventure.

Finally, they say that behind every good man is a great woman. Well my case is no exception; but, in my case it is not only a great woman but a terrific family. My wife Cheryl, our children Katie, Robin, Sarah, Scott and our two grandchildren Alex and Eleanor are a very big part of who I am; and their support and understanding of my dedication to this field is a big reason for the contributions I have been able to make to improving peoples lives.

Again, thank you for your warm welcome and the opportunity to help EMARC continue to grow.

Richard



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Lights, Camera, EMARC!

Theater, giving center stage at 1st Annual Spring Fundraiser at Stoneham Theater

At Stoneham Theater's opening night performance of, "The Full Monty" on Thursday, the actors weren't the only ones in the spotlight.

Theater, art, and giving back to the community were also on stage during EMARC's inaugural Spring Fundraiser at the Stoneham Theater on Thursday, April 12. More than 90 people were at the event which marked the first time EMARC has partnered with the Stoneham Theater for a Spring fundraiser

The highlight of the evening was the opening night performance of, "The Full Monty." Adapted from the wildly successful British film, the musical follows a group of unemployed millworkers who devise an unconventional solution to their professional and personal woes. A cast of 18 and an eight-piece band filled the Stoneham stage with rollicking music, laugh-out-loud hilarity and a don't-blink-or-you'll-miss-it ending.

In addition to the opening night performance, the event featured food, raffles, and an art and jewelry exhibition by artists from EMARC's Center for Emerging artists – a program which supports artists with developmental disabilities in the community.

"It was just such a great night all around," says Amy O'Brien, Director of Development and Marketing for EMARC. "We couldn't be happier with all the hard work the Stoneham Theater has done to help support adults with developmental disabilities in the community."

Proceeds from the event will go to fund EMARC recreation and residential programs in and around Reading, Burlington, and Beverly.

For more photos from the fundraiser and information on upcoming fundraisers, visit EMARC's Facebook page or, visit our website at themark.com.





Check please! EMARC's Director of Recreation, **Chenine Peloquin**, (second from right) recently accepted a \$3,000 donation from The Savings Bank. From left, TSB Charitable Foundation Directors **Bob DiBella**, **Susan O'Neil** and **Glenn Dolbear**

EMARC Receives Two Community Grants

The Savings Bank, Darden Foundation each donate \$3,000 to EMARC programs

Two of EMARC's educational and support programs have each received \$3,000 from sponsors in the community.

EMARC's Teen Sibs program, a support group for adolescents who have brothers or sisters with disabilities, received a \$3,000 grant from the Savings Bank Charitable Foundation, based in Wakefield. The program's goals include creating connections with peers who understand the unique experience of having a brother or sister with special needs, providing a consistent, affordable, safe space to develop long-term supports, and providing siblings with information about disabilities and how they impact the lives of individuals and families.

EMARC's School to Work Transition Services Program, which provides job training to local students with developmental disabilities, have also received a \$3,000 grant from the Darden Foundation on behalf of Darden- family restaurant Longhorn Steakhouse in Reading. The School to work Transition Services program's mission is to teach students with special needs the social and life skills necessary to get and keep a job. The program provides vocational training and gives participants the opportunity to gain work experience in the real world.

Members of both programs say they're excited about the grants EMARC Director of Recreation Chenine Peloquin, who co-facilitates Teen Sibs with Wakefield resident Samantha Stark, says, "This group has become an incredible support system for all of the participants. Thanks to the ongoing support of The Savings Bank, these teens know they always have a place to go where they are understood. EMARC is thrilled to continue offering Teen Sibs for the next year."

Mindy Calisto, Director of the School to Work program, says she hopes this will make it easier to provide job-experience training to special-needs students in the community.

"We're ecstatic at this opportunity to further enrich the lives of students with developmental disabilities," said Calisto "All of us are extremely grateful to the Darden Foundation for their generous contribution. We're tiny organization so this money will go a long way to helping us grow

EMARC is pleased to acknowledge gifts from the following donors...

Gifts Up to \$100

Bacci Chocolate Design
Sandra Convery
Joanne Coveney
Elena Dluzneski
Dennis Falino
Melissa Finn
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Gifts \$101 – \$999

Alice Armstrong
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United Way

Gifts \$1,000-\$2,500

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Danvers Bank Charitable Foundation
Samantha's Harvest
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Memorials

In Honor of Evelyn Ryan

Joseph and Ann Amendolare
Kathy Pulera
Rosemary Bunnell
Stanley A Bychman
Geraldine Coughlin
Lynda and John Diamond
Theresa C Doherty
James and Patricia Flynn
Friends and Neighbors on Cheriton Road
Jackie Hall
Mr. And Mrs. Joseph Piscatelli
Elizabeth Pomfret
Kathy Pulera
Edward and Mary Foy Rooney
Linda and Tim Tracy
Cheryl and Robert Urban

Gifts received through December 2011 through April 2012

Making a Memorial or Tribute Gift

Use the enclosed envelope or the pledge form on the fundraising page of our website (www.TheEmarc.org) to remember a loved one or honor a friend or relative for a special occasion.

Wish List

EMARC is looking for donations of furniture and household items in clean, good condition. Please email a description of the furniture or household item(s) and your name, location and phone number to info@theemarc.org.

Our Residential group homes are in need of computers and flat (thin) LCD computer monitors. Please email computer gift information to info@theemarc.org.

We're sorry; we are unable to accept clothing.
Thank you!

Thank you for your generous support!



April 11th • 2012



A celebration of EMARC's cultural diversity

By Kathy Custer, EMARC Training Coordinator and Human Rights Coordinator

The Fourth-Annual International Night was once again held at the Masonic Temple in Reading. The evening began with fabulous food from around all the world - and all of it prepared and donated by EMARC staff, participants, families and Friends.

A few of the dishes sampled by party goers this year were: Arroz con Pollo, Sweet and Sour Meatballs, Chicken Briyani and Eggplant Curry, Pineapple Stuffing, Night and Day Pudding, Braised Curry Chicken, Chapati Bread, Musle, Brigadiero, and Kouloulakia.

With so much delicious food, the voting for Best Dish was close this year. This year, Anne Tetrault's Family Chilli won best main dish and Amy Levesque's Chocolate Mousse took home Favorite Dessert honors. Janani Ligunya's Braised Curry Chicken was the runner up for Favorite Main Dish and the Gibb's family was this year's runner up with their Fruit Salad.

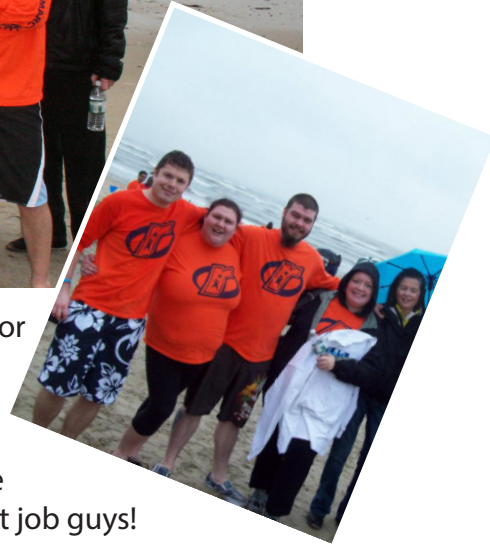
We also had some fantastic entertainment. Joe Savia, of the band *Lexington Street*, was the emcee for the evening. He introduced each act of the evening and reminded folks to vote for their favorite dishes. Tim Scott (who's a perennial favorite at International Night) performed a rousing set of folk songs. Jimi Carnazza, (School to Work, Supported Living) accompanied Tim on the bongos. Tim and Jimi really got the crowd moving with the hit song, "Charlie on the MTA".

We were once again honored to have Jayshree Rajamani of the Bharathakalai School of Dance perform at International Night. Jayshree performed two traditional dances from India and said she was very pleased to see some of the crowd dancing along with her (in their seats, of course).

The evening was closed out with a stellar performance by *Lexington Street* which features EMARC's very own Magi Lindman (Program Director at Albion St.) Magi got the crowd moving along with her band mates Joe Savia, Paul Paglarani, and Len Morrissey. EMARC participant Angie L from Water Street even joined the band on stage for a rousing rendition of, "Rainbow Connection".



Congratulations to our r"Emarc"ables Team for raising \$10,090 at this year's Polar Plunge - one of the top fundraising teams on Revere Beach! Every year, the team braves the icy-cold winter waters at Revere Beach to raise money for Massachusetts Special Olympics. Great job guys!



Community Connection The Salon on Haven

By Nicholas Hall and Walter Soule
EMI Reading Job Developers

The sounds of hair dryers and the snipping of scissors mix with laughter. Women read magazines as skilled fingers separate layers of their hair into sections for cutting and coloring. The laughter is coming from the front of the shop as Salon on Haven's newest employee discusses the fun of working there. "I like the salon and I like working really hard and sweeping and cleaning. I enjoy talking with Jacqui -- she just told me about her vacation in Jamaica."

Salon on Haven is the newest local company to employ consumers from EMARC's job development program. Joining a growing list of engaged employers, Jacqui the store owner and manager is excited by the opportunity to partner with EMARC. Hoang and Jacqui are salon assistants. Their responsibilities include sweeping, preparing shelves for merchandise and helping the stylist clean their stations. "Jessica and Hoang are both so happy at work and they brighten the staff's day," says Jacqui.

Jacqui went to beauty school straight out of high school and began working

at the Salon on Haven immediately after. She bought the business five years later, on the week of September 11, 2001. It moved to its current location in 2010 to accommodate a growing customer base. This current location is right next door to EMARC and naturally lends itself to a partnership.

EMARC and Salon on Haven began their partnership in 2011 when the salon hosted a beauty day for a few lucky female consumers. For no charge, Jacqui's staff was happy to style their hair and provide beauty tips and techniques. The day was wonderful for both staff and the individuals. However there was an unforeseen plus, "the women still come in and say hello to us and it just brightens our day," Jacqui said.

Because of this generosity and proximity to EMARC, the job developers approached Jacqui about employment opportunities. She was happy to listen to their ideas, and after a short discussion with her husband they were both more than happy to begin conducting interviews. With Jessica and Hoang each impressing Jacqui, she was quick to hire them both.

Jessica and Hoang are excited about their work. Jessica says, "I have made friends at work and they say hello to me when I come in. People are friendly here." Jessica's favorite task is sweeping: "Sweeping is my



Open for Business: The Salon on Haven St. is now starting its second year in its new location down the street from EMARC's reading office

favorite job. I like that it looks nice and clean when I'm done." Sweeping is also Hoang's favorite task. And they both agree they love meeting new people and talking with the staff. When asked about advice for other businesses who might be considering hiring other individuals from EMARC, Jacqui replied, "Just do it! Jessica and Hoang have brightened our workplace."

Your Membership is Important to Us

Your membership investment allows us to continue our mission to support, educate and provide services to individuals and their families with developmental disabilities. Being a member means you will receive information regarding events, volunteer opportunities, workshops and news about EMARC. Please renew your membership today. Thank you for your continued support!

EMARC Membership Application

Membership includes our *Timelines* newsletter; the Arc US newsletter; the Arc MA newsletter, *The Advocate*; access to our Recreation and Advocacy programs and invitations to EMARC events.

Name _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Please check all that apply:

Family Member Professional Interested Friend

Family Member Served (used to send mailings for age-appropriate events)

Name _____ Date of Birth _____

Dues: \$40 per year. Please make check payable to **EMARC**.



Happy Tune: (left) Music Therapist Laura Miceli jams out with young fan Megan Sanphy.

Upcoming Events & Workshops

FROM THE FAMILY RESOURCE CENTER

Skills Training Classes for Ages 22 and up

Emarc's Skills Training Class will help prepare individuals to be independent in their home and community. Participants will learn skills for cooking healthy meals, money management, how to make and keep friends, decision making, practice safety skills, personal care, and learn many other daily living skills.

Dates: Tuesdays, May 15 - June 19

Time: 6:00 pm - 8:00 pm.

Location: Creative Living, 368 South Main St., Andover .

This program is open to Metro North residents only (Malden, Medford, Everett, Melrose, Stoneham, Wakefield, Reading, North Reading, Saugus, and Lynnfield.) There are just 8 spots for this class so register now!

Fee: This program is fully funded by the Metro North Area Department of Developmental Services. There is no cost to attend.

For more information please contact: Judy Santa Maria at 781-942-4888 x4022 or email jsantamaria@theemarc.org

IEP CLINICS

Elizabeth Bostic, educational advocate and founder of The Parent Coach, will be offering information, support, and training for families who have children with developmental disabilities in regard to their educational plans. IEP Clinics will provide a one hour meeting for individual consultation. A current copy of the child's IEP and evaluations are required one week in advance. Appointments are typically held on Wednesdays. Other days may be arranged on an individual basis.

Dates:

May 9th, 16th, 23rd, and 30th

June 6th, 13th, and 20th

The fee for each clinic is \$25. Please include a check payable to EMARC with your IEP. To register please email ebostic@theemarc.org

SAVE THE DATE

18th Annual EMARC 5k Road Race and Walk

Sunday, September 9th, 2012. Runners, Walkers & Donors, stay tuned at our website and at your mailbox for details.

18th Annual TUCKER MEMORIAL DINNER & AUCTION

Our Annual Dinner & Auction will be held Monday, November 5th and includes tasting stations from community restaurants, live and silent auctions and more. Stay tuned for additional details.



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Get Social With Us



Did you know you could connect to EMARC through various social media sites? Learn about our upcoming events and opportunities on Facebook, LinkedIn and Twitter. Our Facebook like page name is EMARC and our Twitter username is EMARC1954. You can search for our business name EMARC on LinkedIn. On February 18th EMARC launched its official blog! News stories and guest bloggers will be the main features of our blog. Go to our website at TheEmarc.org and click on the blog button in the website header. Once you enter our blog you can register to receive our blog entries through your email.

Shop and earn funds for EMARC with the EMARC toolbar through Goodsearch, once added to IE or Firefox, each time you shop at more than 1,300 stores (from Amazon to Zazzle!) a percentage of your purchase will automatically be donated to EMARC at no cost to you (and you may even save money as the toolbar provides coupons and deals as well!). The toolbar also has a search box and each time you search the Internet, about a penny is donated to EMARC. To join check out: <http://www.goodsearch.com/toolbar/the-arc-east-middlesex>



Hungry to help EMARC? Come Dine for a Cause!



Looking for a good time, some good food, and a good cause? Look no further than EMARC's Dine For a Cause Program.

Each month, EMARC will be partnering with a different restaurant to help raise funds and awareness for EMARC's recreation programs. Bring one of our Dine for a Cause vouchers to the featured restaurant and a portion of your check will be donated directly to EMARC.

For more information or to download a voucher, see theemarc.com/events

Upcoming Dining for a Cause Events

- May 15:** DFAC at Mandarin Reading
Time: all day
Location: 296 Salem St., Reading
- June:** DFAC at Margarita's Mexican Restaurant
Time: 4-10 PM
Location: 75 Station Landing, Medford, MA
- July:** DFAC at the Dockside Bar and grill
Time: 6-9pm
Location: 1099 Main St. Wakefield, MA
- August:** DFAC at The Chateau
Time: TBD
Location: 43 Middlesex Turnpike, Burlington