



The Rough Draft

VOLUME XLVI, ISSUE 4 - APRIL 2016

THE PREZ SEZ



Greetings fellow bicyclists, club members, future club members and non-club members.

Spring has sprung and the cycling season is in full swing. The club's first paid event was the West Hills Century co-sponsored with the West Hills College in Coalinga. FCC Ride Director Al Graves, College President Carol Goldsmith, and student volunteers from the College and the Coalinga community put on a fantastic ride. The weather was wonderful, the route was awesome with very little traffic and the scenery was amazing. The riders were treated to a great after ride meal at the College Cafeteria. I am pleased that FCC is able to partner with West Hills College to bring this event to the Coalinga and Central Valley bicycling community and help support the College President's scholarship program.

The next big local bicycling event will be the California Classic Century and Run on Saturday & Sunday April 2 & 3. The Cal Classic in its 5th year is on track to have 2,000 bicyclists riding on the Freeway. For Fresno Cycling Club members this ride has been a popular local ride. This year for every club member that does the ride, FCC will receive \$5.00 to help support Club Advocacy and recreational activities. Put together your ride group and have a fun-safe ride. Look for the FCC booth at the Friday Cal

Classic Bicycling/Health Expo and check-in at Wilson's Bicycles. Even if you're not doing the ride come out and check out the Expo from 10 am to 7 pm.

On April 30 join the Fresno Cycling Club as we support the event "A Day on the Trail". It will be a day of fun bicycle riding on the Clovis Trail system with vendor booths at the various rest stops. It is free to the public, bring you neighbors out and have a fun time with family and friends riding your bicycles on the trails.

Save the date May 7th, 2016, the date of the annual Kirch Flat Century and rides. The ride this year will start at 7:30 at the Paso Tiempo Park in Clovis at Barstow - De Wolf. There will be the Kirch Flat Century (which hopefully will be able to go all the way to Kirch Flat), a Metric Hilly Century, a Flat Metric Century, a mini metric, and a family fun ride. As we plan on putting on a full scale ride in lieu of not having the Clovis Big Hat Century there will be a \$10 charge for members, and \$55 charge for non-members. The ride will have a Cinco de Mayo theme.

The Brevet series has gotten off to a great start this year. There have been two 200Ks and a 300K already with four more events scheduled, checkout the Brevet schedule on the FCC website. These are fun challenging rides that are great for riding alone or with a group. It is exciting to see the number of riders increasing and especially out of town riders.

By the time you read this newsletter, you as a member of the Fresno Cycling Club, will most likely have already received an email with a link to join the New Fresno Cycling Club Ride with GPS account. Some of you may be familiar with Ride with GPS as the club has been using it since 2010 to create many of our event route maps. They also have phone apps that allow you to capture your ride much like the several other phone apps do. They have just recently come out with a new account for Bicycle Clubs. Our Club membership allows us to create a Club Library with all our favorite rides as well as our event rides. Club members when you receive the link to the Club account will be able to create an account as part of the Club account at no cost. Our ride leaders will be able to create ride events and list them on the Club Calendar in Ride with GPS, members will be able to RSVP to the ride they want to do. This will be great for both ride leaders and riders as they won't have to plan all their rides

a month in advance. We will be able to create our Ride Calendar as we go and if someone wants to do a ride they will be able to contact one of the ride coordinators to have it approved and uploaded. There is also a messaging feature in the program that allows members to communicate with one another. This will bring us into the 21st century with our ride calendar. I am excited to see how it works out. When you receive the join link don't discard it, just follow the instructions.

One last thing I have to share having to do with bicycle safety. The two most common complaints from drivers of motor vehicles are; that drivers of bicycles run stop signs and red lights; and that the drivers of bicycles ride two or three abreast in the roadway. We as bicyclists always want to justify our actions but the bottom line is that a bicyclist is no match for a 4000-pound motor vehicle. If you are doing something that is a violation of the vehicle code i.e., running red lights, running stop signs, and blocking traffic riding two or more abreast, then you are putting yourself and all around you at risk for injury or worst death. When you hear of a bicyclist getting hit, the most common response of cyclists is; is it someone I know; are they one of our group; who was at fault; what was the cause of the collision? None of us want to be the person that gets injured so it is important to always ride vigilant and safely. I see it all too often where bicyclists get lax and create dangerous situations for themselves. It seems to get worse when bicyclists are in a large group or an organized event. Bicyclists seem to think that the rules of the road don't always apply to them if they are on an organized ride whether it is a large club event or a paid for event.

While it is great to see so many bicyclists out riding and enjoying our sport. We must remember as a Fresno Cycling Club member we have agreed to the Bicycling Rules of the road and agree that we will set the example by following the laws of the road as they are listed in the California Vehicle Code. Bicycle drivers are required to follow the same rules as motor vehicle drivers. Let us not be the riders that motorists complain about.

Be safe, ride safe and always be able to ride another day.

See you on the road,

The Prez
Dennis Ball

WEST HILLS CENTURY 2016

A Fun Day, a Big Success & a BIG Thank You!

by Al Graves

The West Hills Century 2016 was a rousing success by any measure. In the words of West Hills College President, Carole Goldsmith, "It was a

beautiful day and our riders had fun. Add to that the fact that the President's Scholars Fund earned an additional \$5,000 and anyone would say this day was a big success." To that, she immediately added, "We owe it all to our riders, our volunteers and our sponsors."

A summary of the day is offered in the following photo essay.



It was all about the "kids". Long-time club member, Nancy Dooley, surrounds herself with ten members of the West Hills College 2015 championship football team.



WHCC President, Dr. Carole Goldsmith, proudly joins with eight members of the West Hills College Psychiatric Technician Program which supported riders at six different rest stops. Thank you Sherry Barragan, Rhonda Mayer and students!



A group of 23 riders signed up for the full Century, led in this photo (left) by Sara Mata and Club President Dennis Ball. Rumor has it, though, that president Ball smelled food at about the 75 mile mark and headed back to campus!



In fact, I think that's Dennis right there (right) leading the pack heading back. Finally, he steps on the gas!



Roses 4; Thorns 1! From left to right, Suzanne Ellis, Mandy Reeve, Wendy Erickson, Jeff Imoto and Jessica Small.



A beautiful landscape was enjoyed all along the way. These photos (left), by Nancy Dooley, highlight the colorful flowers of spring, antiquities of the region and the wonderful "CAR-less-ness" of the route. One rider proclaimed gleefully, "We saw more SAG vehicles on the road than we did those of residents."

IT'S NOT A RIDE, IT'S A RACE!

West Hills College employee and "super-duper" ride production assistant, Brandon Hicks, had a hard time passing the likes of Suzanne Ellis and Janet Lucido, but declared in reference to the photos below, "Passings those two guys was a breeze!"



West Hills College Coalinga is looking forward to hosting this ride again next year. Help us plan for that event by sending your thoughts, comments and suggestions to ride coordinator, Al Graves, at algraves@whccd.edu or westhills@fresnocycling.com.

SAG

All cyclists know that the best rides have the best SAG support. By that standard, the West Hills Century 2016 was the "best," thanks to SAG leader, Kevin Nehring (bottom right), and his experienced team of Bill Asselin, Ken Herrington, Erasmo Rendon, Nancy Walker and Gia Parker. All riders and ride organizers send our SAG team a big, sincere "Thank You"!



WEDNESDAY CLIMBING RIDE TO TRIMMER

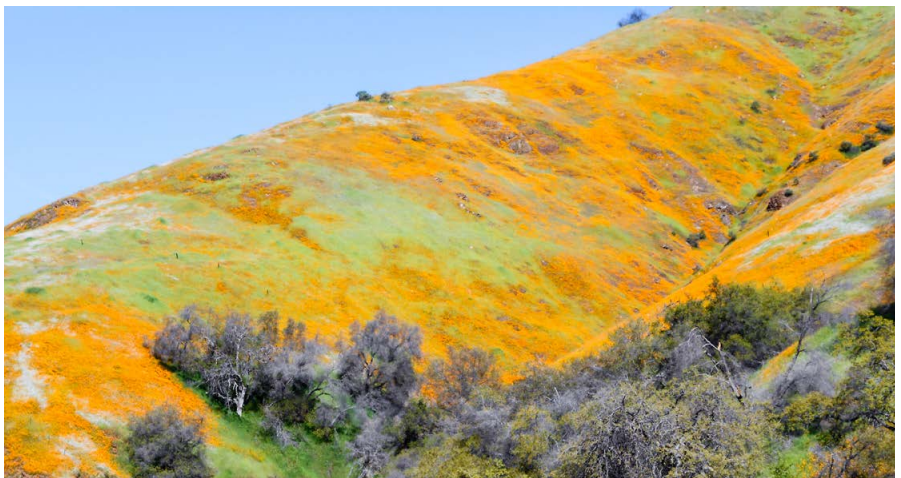
story and pictures by Nancy Dooley

On Wednesday, February 24th, Bill Titus, Claude Dechow, Nick Paladino, and Nancy Dooley (four FCC cyclists) headed to the hills for one of Nancy's weekly Wednesday training rides. Today's route began at the Post Office in Piedra and headed up the two-mile climb to Oak Knolls, and continued beyond as the course snaked along the up and down road to Trimmer. The wildflowers that blanketed the hillsides were spectacular! California golden poppies covered the hills in a profession of brilliant orange. I've been riding up here for 30 years and have never seen the color dis-

played as it was today.

The hills that surround the Fresno area are a wonderful place to ride. Today's ride is an example of an intermediate level offering of 25 miles that has gorgeous lake views with a backdrop of distant snow covered mountains. The road surface is good with doable climbs that total 1800 ft. of climbing. The gradient of the climbs do not exceed 8%, with the climb up to Oak Knolls the hardest. There are two other longer climbs (each, one mile or so) – one out of Trimmer and one heading back up to Oak Knolls on the way back – both with gradients of 6%-7% - very doable for "B" level riders.

Our cycling club has ridden this route for years. I would recommend it to all of our "B" level riders (as well as the CD group) who are looking for an alternative to the same old routes around the Fresno area. I have found that riding different places enhances the riding experience and is well worth the effort to drive out to a starting point. Our group of four were well pleased with today's course – a new road to ride for Bill and Claude – a new experience to bank in their expanding horizons on the bike.



In celebration for the **National Bike Travel Weekend**, we would like to do a ride to the Madera Discovery Center. They have unearthed several dinosaur bones and have a museum to visit and learn about our area of many years ago. The itinerary would be to pedal from Fresno to the Discovery Center, enjoy a tour of the facility and then stay at a hotel at the northern end of Madera and enjoy a evening dinner together, and ride home the next day. I am interested in knowing how many are interested in joining my family and myself. I am also looking for those who want to go and not pedal both ways to be our SAG drivers. It would be a B level ride, at 1 Herrington pace on June 4th. Please let me know if there is enough interest. Please call Ken Herrington at 299-2275 and leave a message or email me at campyherrington@sbcglobal.net.

Fresno Cycling Club Board of Directors

President.....	Dennis Ball.....	559-960-7127	president@fresnocycling.com
Vice President.....	Mike Quiroz	559-360-1574.....	vp@fresnocycling.com
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Ride Director – Bass Lake Double.....	Tom Guevera	559-760-1222.....	doublecentury@fresnocycling.com
Ride Director – Climb To Kaiser	Jennifer Collins	831-224-3482.....	kaiser@fresnocycling.com
Ride Director – Kirch Flats.....	Mike Quiroz &	559-360-1574.....	kirchflats@fresnocycling.com
	Yvonne Moreno		
Ride Director – Big Hat Days	Mike Quiroz	559-360-1574.....	bighatdays@fresnocycling.com
Ride Director – West Hills Metric.....	Al Graves.....	559-284-0787	westhills@fresnocycling.com
Brevet Director.....	Lori Cherry	559-906-1491.....	brevets@fresnocycling.com

Board Meeting
6:30 PM
Wednesday, April 6th
Sequoia Brewery North
Champlain & Perrin, Fresno

New Members
Alicia Chavarria
Jordan Harp
Ted Kreit & Family
Bill Sharp & Family
Jack Swertfager
Deborah Torres

Rules of the Road

Ever wonder what all those numbers and letters mean on the Ride Rating column of the monthly ride calendar? Well, hopefully this is going to help you stop wondering. Read on.

Required Equipment: Helmets are mandatory! Bring basic tools for roadside repairs (i.e. patch kit, tire pump, spare tube and wrench if needed to remove your wheels.) Optional tools: spoke wrench, hex key wrench and small screwdriver. Bring money for food/snacks during the ride. Always bring water!

Choosing a Ride: Please do not attempt rides significantly beyond your ability level. Your presence may hinder other riders, and you may injure yourself trying to keep up. We encourage advancement, but don't become discouraged by "biting off more than you can chew." If in doubt, err on the conservative side. Call the ride leader for specifics on difficulty. Rain cancels rides unless specified "rain or shine."

General Information: Frequent starting places are the Compass in Woodward Park; the strip-mall at Shaw and Academy; Clovis East High School at Leonard and Ashlan, the Starbucks at Perrin and Somerville, Enzo's Table, formerly Bella Frutta, and the Chuck Wagon at Annadale and Academy in Sanger. Be ready to start at the stated time.

Unfortunately, we sometimes make an error on the telephone numbers for club rides. Please call a club officer if you cannot reach the designated ride leader.

Starting Time: Unless otherwise noted, all rides will start at the time listed. (No grace period.)

Pace: Classifications are based on an individual riding at a sustained pace on level ground. Actual speed may change depending upon terrain/weather conditions. Riding skills required are also listed. Training Pace - may exceed posted speeds with fewer and shorter rest stops. Social Pace - follows all parameters of that ride level.

A	Leisurely. 10-12 mph. Stops as needed. Some riding skills required. Waits for slower riders.
B	Moderate. 13-15 mph. Good riders. Social pace. Re-groups every 30-45 minutes. Waits for slower riders.
C	Brisk. 16-19 mph. Experienced riders. Social pace. Re-groups every hour. Requires pace line riding. Will wait for slower riders.
D	Fast. 20+ mph. Strong riders. Race pace. Infrequent stops. Requires pace line riding. No obligation to wait.
1	Generally flat = Woodward to Friant; Reedley (0%)
2	Easy grades with a few hills = Piedra (1-3%)
3	Rolling hills = The Circuit; Bass Lake Loop (3-5%)
4	Harder hills = Prather; Humphrey Station (5-8%)
5	Hillmania = Wildcat; Sky Harbor; Walker Grade (8-13%)
6	Unbelievable = Tollhouse Grade; Big Creek Rd. (13+%)



Sponsored by the City of Clovis

CLOVIS TRAIL FEST
A FAMILY-COMMUNITY EVENT
Saturday, April 30, 2016
9AM - 1PM

Trail Fest is a new family event along the Old Town Trail and Dry Creek Trail from Sierra Vista Mall to Dry Creek Park.

Join us for this free community event. You may start or end at any point along the four mile section of the trail. Bike, walk, run, or scooter along and look for signs indicating activities. There will be activities for all ages, demonstrations, snacks and live music at over 20 locations along the trail and in neighboring parks. Come enjoy a healthy, fun day on the trail.

For more information, contact Shonja Heilmann at 559-344-2767 or Shonjah@CityOfClovis.com

We're on the Internet at: www.fresnocycling.com and on Facebook at [Fresno Cycling Club](#) and [Fresno Cycling Club Riders & Rides](#)

[Join or Renew online at Eventbrite](#)

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
<i>ALL RIDES ROLL OUT AT THE DESIGNATED TIME UNLESS OTHERWISE NOTED IN THE DESCRIPTION. ARRIVE EARLY OR RISK MISSING THE RIDE.</i>					
Weekly Repeating Rides					
Mondays & Wednesdays	9:00 AM	C Rides Training	Tom Braner Kevin Adam	284-2777 281-3855	The Mountain Men: Meet at the Park and Ride lot at Hwy 168 and Temperance (next to the fire station) for C paced rides of 60 to 80 miles. The routes are loops into the foothills with occasional regrouping and at least one stop for refreshments. Mountain women are welcome too. Call to verify time or check e-mail notice.
Tuesdays & Thursdays	9:00 AM	B Rides Social	Ken Herrington	299-2275	Mid-Week Morning Rides: Meet Ken at Armstrong and Herndon for a mid-week morning ride with a generally 15 mile radius from our Clovis start. Tuesdays generally head in a north or west direction; Thursdays head in mainly easterly direction, but sometimes south. Bring money for snack stops along the way or to eat at Cravings on our return.
Tuesdays	5:45 PM	BCD/3/25 Training	Dennis Ball	960-7127	Evening Training Rides to Millerton Store: President Dennis Ball will lead these weekly evening training rides that begin at Steven's Bicycles parking lot at Willow and Nees and head up to Millerton Store and back. Meet at 5:30 and be ready to roll out at 5:45.
Tuesdays	5:45 PM	ABC/1/15 Social	Tina Kutzbach	824-6342	Steven's Bicycles Ladies Club Tuesday Night Training Rides: Meet at Steven's Bicycles parking lot at Willow and Nees. Join Tina Kutzbach for this weekly ride in the Clovis area. Easy rides, routes vary. This one is great for new riders or if you haven't ridden for a while. Don't forget your light! Let us know if you're new to cycling – we'll help you get started.
Wednesdays	9:00 AM	BC/3/20 or 23 Social	Tina Kutzbach	824-6342	Wednesday Morning Hump Day Rides: Start rides at the Willow and Nees shop and alternate destinations each week: Friant on the 13th and 27th; Millerton Store on the 6th and 20th of April. Tina will keep pace with the slowest rider, so come on out! Rain cancels!
Wednesdays	9:15 AM	B/3-5/?? Social	Nancy Dooley	875-6399	Wednesday "B" Climbing Rides: Join Nancy for a series of four mid-week climbing rides in April: 6th - 4-Lane: Meet at the Park-n-Ride east of Prather and climb the 9 mile hill, return over Alder Springs Road through Auberry and S&J Road; 13th - Spring Valley School plus Walker Grade: Meet in Friant across from the Shell Station for an out and back; 20th - Climb Old Tollhouse Grade: Meet at the Park-n-Ride east of Prather - return down the 4-Lane; 27th - Powerhouse/North Fork: Meet at the school in Auberry and ride down and up both sides of Powerhouse with lunch mid-way in North Fork.
Thursdays	6:00 PM	C/3/17 Social	Janet & Jim Lucido	360-1921	Backside of Millerton from Sandals: Meet at Sandals in Friant at 5:45 p.m. Park on the side street please. Roll out at 6:00 p.m. for a great climbing ride to the backside of Millerton. Remember to bring reflective gear and your fully charged lights.
Non-Repeating Rides and Events					
Saturday 4/2	6:30 AM	400 KM Brevet	Lori Cherry	906-1491	Bakersfield 400 KM Brevet: This long distance brevet begins in Bakersfield across the street from the Amtrak Station and ends at the Fresno Amtrak Station in the Tower District. For details and further information, check Fresno Cycling Clubs' website for the 2016 Fresno Brevet schedule (fresnocycling.com).
Saturday 4/2	7:00 AM	35, 60, 100 mile routes			California Classic: Information available at http://www.californiaclassicweekend.com Register at: https://runsignup.com/Race/CA/Fresno/CaliforniaClassicWeekend
Saturday 4/2	10:00 AM	AB/1/10 Social	Tina Kutzbach	824-6342	Steven's Food Truck Ride: Meet at Steven's Bicycles at Willow and Nees for this family friendly ride on bike trails. Bring your cruiser, hybrid, road bike, or whatever! We will ride out to Woodward Park and head to the food trucks at Shepherd and Willow on our return. Bring money for the trucks.
Sunday 4/3	9:15 AM	AB/1/29 Social	Nancy Dooley	875-6399	Sanger Starbucks: Join Nancy at Clovis East High School at the SE parking lot on Leonard just north of Ashlan. Take a leisurely paced ride out the back roads to the Sanger Starbucks for a refreshment stop. Then, continue out east of town into the river bottom, through Centerville, and loop back to Ashlan for a straight shot back to the start. Great no-drop entry level ride!
Thursday 4/7	6:00 PM	BC/3/23 Social	Patty Dailey	360-3760	Evening Corrals Ride: Meet at Shaw and Academy behind Johnny Quick at 5:45 p.m. Roll out at 6:00 p.m. for a ride up Watts Valley Road to the Corrals and back. Be sure to bring sufficient lighting and reflective gear.
Saturday 4/9	8:00 AM	C/4/69 6,500' Training	Ann Heiniger	970-9593	Balch Camp via Trimmer Springs Road: Meet Ann at 8:00 at the Piedra Post Office by Choinumni Park (about 1 mile past Doyal's) for an out and back ride to Balch Camp. The California poppies may have faded, but there should still be a wide assortment of wildflowers. Plenty of great climbing on this ride. Bring water and snacks, as there will be no stores along this lakeside route that passes Trimmer and beyond, past Kirch Flats.
Saturday 4/9	9:00 AM	BC/3/25-50 Social	Patty Dailey	360-3760	Loop Bass Lake Once or Twice: Meet at Ducey's ready to ride at 9:00 a.m. Loop the lake once or twice. About 25 miles per loop. Lunch option after the ride.
Saturday 4/9	9:00 AM	B/4/27 Social	Marshall & Kathy Taylor	592-6761	Three Rivers: Join Marshall and Kathy in Lemon Cove at the base of the Kaweah Dam. Ride up the rolling hills to Three Rivers for an ice cream stop at Reimers. The hills should be green and Kaweah Lake should have lots of water – a truly beautiful spring setting. It's worth the hour and a quarter drive along Hwy 99 and Hwy 198 east through Visalia and beyond. This ride has 1800 ft. of doable climbs. Plan on an optional lunch in Exeter on our return.

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
Saturday 4/9	9:00 AM	BC/3/23 Social	Tina Kutzbach	824-6342	Steven's Shop Ride to Millerton Store: Gather at Steven's Bicycles at Willow and Nees, ready to ride at 9:00. Cycle up to Millerton Store and back.
Sunday 4/10	8:30 AM	BC/1/38 Social	Henry Pretzer Susan Smith	706-2958 240-3717	Madera to Chowchilla Starbucks Ride: Meet at Starbucks at Ave. 16/Hwy 99 ready to roll out at 8:30 a.m. Park in the Home Depot lot to the right beyond Starbucks and the Holiday Inn Express. We ride out to Chowchilla for a quick stop at the Starbucks there, then back to our start. Rain Cancels. This is a relaxed fun ride at a pace friendly to all.
Sunday 4/10	9:00 AM	B/2/28 Social	Don Green	307-4284	Lost Lake: This ride begins at Armstrong and Herndon and heads out to Lost Lake Park south of Friant. Enjoy a peaceful break by the river. Bring snacks. This is an out and back ride.
Sunday 4/10	9:00 AM	AB/1/18 Social	Mark & Michele Locatelli	930-0945 708-3837	Sunnyside to Sanger: Join Michele and Mark at Sunnyside Bicycles and ride out to Jitters Coffee House in Sanger for refreshments. This is an easy paced ride with no one left behind.
Wednesday 4/13	7:00 PM	FCC Monthly Meeting - UC Merced Building Fresno Center - 550 E. Shaw, Calaveras Room Speakers: Janet Lucido - Club Secretary - Triple Crown/ 1000 mile Club and Sarah Mata - Triple Crown Double Century rider Talking about their experiences in preparing for and doing long distance rides.			
Thursday 4/14	6:00 PM	BC/3/23 Social	Patty Dailey	360-3760	Evening Corrals Ride: Meet at Shaw and Academy behind Johnny Quick at 5:45 p.m. Roll out at 6:00 p.m. for a ride up Watts Valley Road to the Corrals and back. Be sure to bring sufficient lighting and reflective gear.
Saturday 4/16	9:00 AM	B/4/45 Social	Jan Harms	356-4828	Spring Valley School: Meet Jan at the Tri-Sport parking across Friant from the back entrance to Woodward Park. Cycle out to Friant for a short break at the Shell station, then, climb the broken bridge hill and beyond to Spring Valley School. This is an out and back with some good climbs.
Saturday 4/16	9:00 AM	BC/1/50 Social	Patty Dailey	360-3760	Fowler to Superior Dairy: Meet at Starbucks (216 W. Merced St. in Fowler) at 9:00 a.m. Limited room in lot, please park on the street. Ride through the countryside to Hanford for treats at Superior Dairy Co. They open at 11 a.m. Fun ride, social pace.
Sunday 4/17	9:00 AM	C/4/24 Social	Henry Pretzer Susan Smith	706-2958 240-3717	Dirt Road Ride from Eastman Lake to Raymond via Knowles: Meet at Eastman Lake pay station on Road 29/Rd 607. We will ride up Rd 607 (dirt road) to Knowles and around back down to Raymond. Quick stop at the General Store then back down. About 15 miles of dirt road and 10 paved. Some fun climbs on this ride. Call/text Henry with questions. Heavy rain cancels.
Sunday 4/17	9:00 AM	B/2/30 Social	Brian Bellis	264-2645	Sanger Chili Ride Relaxed: Join Brian at the Chuck Wagon in Sanger at Academy and Annadale. Ride over the Sanger Chili Ride course at a more relaxed pace. Cycle through Centerville and beyond for a brief stop at the packing shed on Belmont. Continue past Piedra and stop for a break at the Tivy Valley Market. Climb Tivy hill, pass Sherwood Forest Golf Course, and ride back up Annadale to the start. Plan on lunch at the Chuck Wagon.
Wednesday 4/20	5:30 PM	BCD/1/10 Mile Time Trial	Dennis Ball Patty Dailey David Harless	960-7127 360-3760	Belmont Time Trial: Meet at the Blossom Trail Café at Academy and Belmont for the Fresno Cycling Club/TC3 co-sponsored spring/summer weekly challenge. Riders should arrive at 5:30 p.m. to register for this ride against the clock. Ride out east on Belmont to the 5 mile turn around point and speed back to the start at your fastest pace. The first rider will be sent off at 6:00 p.m. The fastest rider has the bragging rights for the ride. This is a race against yourself!
Thursday 4/21	6:00 PM	BC/1/24 Social	Patty Dailey	360-3760	Sunnyside Bikes Fresno to Riverbend: Meet at 5:45 p.m. at Sunnyside Bike Shop Fresno for a 6:00 roll out down Belmont to Riverbend Avenue and back. Be sure to bring sufficient lighting and reflective gear.
Saturday 4/23	9:00 AM	BC/4/42 Social	Mark Steinberg Nancy Dooley	875-6399	Backside of Millerton: Join Mark and Nancy at Tri-Sport across from Woodward Park. Ride out to Friant for a short stop at the Shell Station; then, continue up the Broken Bridge hill and beyond to the backside of Millerton Lake. There are three good climbs on this ride. Mark will escort the faster C paced riders while Nancy will ride at the back with the B riders. The route should be beautiful this time of year.
Saturday 4/23	11:30 AM	AB/1/24 Social	Mark & Michele Locatelli	930-0945 708-3837	Lunch Ride to the Red Caboose: Join Michele and Mark at Sunnyside Bicycles Fresno and ride out to the Red Caboose at Shaw and Academy for lunch. This will be an out and back easy paced ride. Welcome to new club riders.
Sunday 4/24	9:00 AM	B/2/35 Social	Ken Herrington Nancy Dooley	299-2275 875-6399	The Blossom Trail Café Ride: Meet Ken and Nancy at Shaw and Academy for their monthly ride out Belmont to Piedra, over the Tivy Valley hill, and back around to the Blossom Trail Café for lunch. Stops along the way at the Belmont, the packing shed, Tivy Valley Market, top of the hill, Hwy 180, and the café. Finish up the ride along the Academy bike lane back to the start.
Thursday 4/28	6:00 PM	BC/1/24 Social	Patty Daily	360-3760	Sunnyside Bikes Fresno to Riverbend: Meet at 5:45 p.m. at Sunnyside Bike Shop Fresno for a 6:00 roll out to Riverbend Avenue and back. Be sure to bring sufficient lighting and reflective gear.
Friday 4/29	6:00 PM	AB/1/13 Social	Ruth Rios	229-8163	Cruise to the Garden: Join Ruth at Steven's Fresno Store at Figarden and Brawley. Bring your cruiser, hybrid, road bike or other two wheeled bicycle and follow Ruth on an easy ride to the food trucks at Gazebo Gardens. Don't forget your lights for the ride back! We'll relax a while before heading back to the shop. See Steven's Bicycles Website or Facebook page for more details.

Day(s)	Start Time	Rating	Leader(s)	Phone(s)	Description
Saturday 4/30	8:30 AM	C/4/41 4,300'	Henry Pretzer Susan Smith	706-2958 240-3717	Raymond School to Ahwahnee via Knowles/Rd 600: Meet at Raymond Knowles Elementary School at 8:30. Ride through Knowles then up Grub Gulch Rd (Rd 600) to Ahwahnee. This is the old stagecoach route to Yosemite complete with historical markers.
Saturday 4/30	8:30 AM	BC/4/48 Social	Nick Paladino	432-8830	Sand Creek/Squaw Valley Loop: Meet Nick at the double water towers in Reedley. Cycle out east of town, through Orange Cove, and beyond to Sand Creek Store. Climb the short steep hill behind the store and ride over the hill to Ruth Hill Road in Squaw Valley. Cycle along Hwy 180 for a short distance, and descend down Hwy 63 to the Valley floor and enjoy a flat return to the start.
Saturday 4/30	9:00 AM	BC/1/20 Social	Tina Kutzbach	229-8163	Steven's Shop Ride – West Side: Join Tina at Steven's Bicycles Fresno (Brawley and Figarden). Take a Saturday morning ride out west of town on mostly flat country terrain. Tina mentioned a country store out in the Biola area for the turn around.
Sunday 5/1	9:15 AM	BC/4/25 Social	Nancy Dooley	875-6399	Hume Lake Loop: Meet Nancy at Grant Grove in Kings Canyon National Park. Ride over Cherry Gap and descend down into Hume Lake. Begin the 10 mile climb up the backside of Hume to the General's Highway. Return back to the start. This will be our first mountain ride of the season. Remember the Park entrance fee (\$20) or use your Park pass.

Steven's Bicycles Free Flat Changing Classes

Bring a spare tube, tire levers, and your front wheel - or you can come without if you just want to watch the demo. Clovis: April 6th , 5:30 pm at 1365 N. Willow at Nees Fresno: April 30th, 1:00 pm at 4045 W. Figarden at Brawley (one block south of Herndon)

Steven's Bicycles Clovis - Steven's Bicycles Free Bike Maintenance Classes

Join Devin, manager of Stevens' Clovis location, for monthly bike maintenance clinics. RSVP to hold your spot, space is limited. Call 797-0148, or See Steven's Bicycles Website or Facebook page for more details. This month we'll cover some basic home maintenance techniques, plus a pre-ride check to help keep your bike running at its best. Bring your questions for Q&A time. This will be a 5-part series – come to one or all of 'em! Classes will be held at the Willow and Nees location on the last Saturday of each month at 1:00 pm. Bringing your bike is recommended but not required.

Steven's Bicycles Fresno – Ruth's Riding Basics: Women's Cycling Series

Join Ruth Rios, Steven's Bicycles' Giant Bicycles "LIV" Ladies Cycling ambassador, for a series of fun and informative classes covering a wide range of cycling subjects. We'll be there to answer any questions you might have, too! (Remember - this will be at our new Fresno store, at Figarden and Brawley!) This 3-part series will be held on the third Sunday of the month at 1:00 pm.

WINDMILL CENTURY RIDE • Saturday, July 16, 2016 • Pioneer Park, 1150 W. Foster Road, Santa Maria, CA

More info at: <http://www.tailwindsofsantamariabc.org/century.html>

THE RIDE OF SILENCE WILL NOT BE QUIET

On May 18, 2016 at 7:00pm, the Ride of Silence will traverse and unite the globe as nothing before it. Cyclists will take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways. Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of this right, and sometimes not even aware of the cyclists themselves.

In 2003, Chris Phelan organized the first Ride of Silence in Dallas after endurance cyclist Larry Schwartz was hit by the mirror of a passing bus and killed. Phelan, a friend of Mr. Schwartz and the person responsible for starting this initiative, thought the ride would be a one-time event. However, as word got out, other cyclists began to contact him with a desire to do the same thing in their own communities.

The Ride of Silence is a free ride that asks its cyclists to ride no faster than 12mph, wear helmets, follow the rules of the road, and remain silent during the ride. There are no national sponsors and no registration fees. The ride, which is held during National Bike Month, aims to raise the awareness of motorists, police, and city officials that cyclists have a legal right to the public roadways. The ride is also a chance to show respect for and honor the lives of those who have been killed or injured.

Last year's Ride of Silence was held on May 20, 2015 at the Parkway Trails Shopping center at the Northeast corner of Willow & Nees Ave, Clovis. The coordinators of the event were Nanci Sumaya, Joe Martinez of Peds and Pedals, and Milt Contreras. Among the participants were two Fresno City bike patrol police officers, members of the Fresno Bike Coalition, several area cycling teams, and out of town clubs. The event had approximately 260 participants.

During the 9.11 mile route, 5 ghost bikes were displayed. Those bikes were generously donated by Maria Garcia's father and one of our local bike shops, Sunnyside Bicycles. The painting of the bikes was done by Don Venzuela of Venzuela Auto Body shop.

Please join us on May 18th in front of Steven's Bicycle Store in Clovis at 6:30pm. The ride will begin at 7pm. Helmets are required and lights are recommend.

For more information, please check out our event page on Facebook: <https://www.facebook.com/events/1697068157236132/> or contact Nanci at nanci.sumaya@yahoo.com.



FRESNO CYCLING CLUB MEMBERSHIP APPLICATION
AND
MEMBERSHIP RENEWAL FORM

The Fresno Cycling Club is a group of 500 plus cyclists who enjoy bicycling as a recreation and sport. As a club, we seek to offer cycling events and activities that span a spectrum of cycling interests. Club rides are scheduled year round and range from entry level to 100 mile expert rides. FCC sponsors several major cycling events each year; the famous Climb to Kaiser, voted by Bicycling Magazine one of the ten toughest rides in the USA, the Bass Lake Powerhouse Double Century, and recently started offering a Brevet Series for the long distance enthusiasts and several fully supported members only rides each year. We protect the rights of cyclist by following local, state, and national affairs as they concern cycling. FCC is in the forefront of bicycle advocacy in and around the Fresno area by promoting safe bike lanes and routes. If you like to ride, FCC has a place for you. Club members receive a monthly e-mailed newsletter listing ride schedules and other information of interest to local cyclists. We hope and encourage you to join FCC. Please fill out the information below and mail to: **Fresno Cycling Club, PO Box 27571, Fresno, CA 93729-7571**. You may also renew on-line at [Eventbrite](https://www.eventbrite.com).

To order a club jersey, shirt or hat, contact Dennis Ball via email: president@fresnocycling.com or phone: 559-960-7127

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____

Registration is: New Renewal - Please provide your member ID: _____

Type: Individual (\$35.00) Family (\$50.00) 2 adults and minor children

Newsletter

Preference: E-Mail Mail a paper copy (\$20.00 additional)

- Volunteer for:
- Climb to Kaiser: last Saturday in June
 - Bass Lake Double
 - Big Hat Century: 1st weekend in April
 - Kirch Flats: Members Only ride, early May
 - Tour de Lakes: Members only ride, late July
 - New Year's Day: Members only ride
 - Christmas Party: early December
 - Ride Leader: Weekly Ride; you choose route
 - Advocacy: Participate in advocacy efforts
 - Share E-Mail address with Fresno County Bicycle Coalition

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND PARENTAL CONSENT AGREEMENT
("Agreement") for LEAGUE OF AMERICAN WHEELMAN D/B/A LEAGUE OF AMERICAN BICYCLISTS ("LAB")
(this form is to only be used for Individual Adults or for Adults on behalf of Minors)

IN CONSIDERATION of being permitted to participate in any way in Fresno Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I may incur as a result of my participation in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAB, its respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. And, I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I AM 18 YEARS OF AGE OR OLDER, HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature: _____

Date: _____



PO Box 27571
Fresno CA 93729-7571

Bicycle Shop & FCC Supporters Directory • Support Your Local Bike Shops and Restaurants

Clovis Bicycle Company & A Different Bent 50 W Bullard Ave. #113 Clovis, CA, 93612 (559) 492-7896 T-F: 10-6, Sat: 11-5 www.adifferentbent.com	Cycle Path 1165 E Champlain Dr Fresno, CA 93720 (559) 434-8356 W-F: 10-6, Sat.,Sun: 11-5 www.cyclepathbicycles.net	Fresno Schwinn 2444 E Ashlan Ave Fresno, CA 93726-3100 (559) 226-2453 M-F: 10-6, Sat: 10-5, Sun: 12-4 www.fresnoschwinn.com	Rubber Soul Bicycles 132 W Nees Ave Fresno, CA 93711 (559) 435-BIKE (2453) M-F: 10-7, Sat: 10-5, Sun: 12-5 www.rubbersoulbicycles.com
Fulton Cycle Works 1428 Fulton St Fresno, CA 93721 (559) 917-3678 M-F: 10-7, Sat: 11-4 www.fultoncycleworks.com	Herb Bauer Cycling 6264 N Blackstone Ave Fresno, CA 93710 559-435-8600 M-F: 9-9, Sat: 9-7, Sun: 10-5 www.herbbauersportinggoods.com	REI 7810 N Blackstone Ave Fresno, CA 93720 (559) 261-4168 M-Sat: 10-9, Sun: 11-6 www.rei.com	Wilson's 284 W Shaw Ave Clovis, CA 93612 (559) 237-0215 M-Sat: 9-7, Sun: 11-5 www.wilsonsmc.com
Steven's Bicycles 4045 W Figarden #105 Fresno, CA 93722 (559) 229-8163 M-Sat: 10-7, Sun: 11-5	Sunnyside Bicycles 6105 E Kings Canyon Fresno, CA 93727 (559) 255-7433 T-F: 10-7, Sat: 9-5, Sun: 12-5		Visalia Cyclery 1829 W Caldwell Ave Visalia, CA 93277 (559)732-2453 M-F: 9:30-6, Sat: 10-5, Sun: 12-5 www.visaliacyclery.com
Steven's Bicycles 1365 N Willow Ave Clovis, CA 93619 (559) 797-0148 M-Sat: 10-7, Sun: 11-5 www.stevensbicycles.com	Sunnyside Bicycles 1760 11th St Reedley, Ca 93654 (559) 726-2153 T-F: 9:30-6, Sat: 9-4 www.sunnysidebicycles.com		Special Supporters
		Blossom Trail Cafe Belmont and Academy Sanger, CA 93657 (559) 875-2500 M-T: 6-2, W-F: 6-2 & 5-9 Sat: 6-2:30 & 5-9, Sun: 6-2:30	Sandals at the Beach 17541 N Friant Rd Friant, CA 93626 (559) 822-4949 M-Th: 11-6, F: 11-7, Sat: 10-7 www.sandalsfriant.com

Some shops and supporters offer discounts to club members. Please identify yourself as an FCC member and check with each shop about their policy before purchasing.