



# Friendship Ventures Physical Examination Form

Friendship Ventures 10509 108th St. NW Annandale MN 55302	Local (320) 274-8376 Metro (952) 852-0101 Fax (952) 852-0123
FOR OFFICE USE ONLY Date Rec'd. _____ Session _____	

**This Physical Examination form must be completed and signed by a licensed physician.** We request this form or a copy of a physical dated no later than 24 months from your camp date **be received in our office, at least one month prior** to participation in any Friendship Ventures service.

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_  
Last First Middle Initial

Diagnosis: \_\_\_\_\_ Is any condition present, which may result in an emergency? Please describe: \_\_\_\_\_

### EXAMINATION COMPLETED BY DOCTOR

Height:	Weight:	Ideal Body Weight:
Pulse:	BP:	Temp:
Head/Scalp:	Lungs:	
Eyes:	Cardiac:	
Vision:	Upper Extremities:	
Ears/Hearing:	Lower Extremities/Edema/Circulation:	
Mouth/Throat/Nose:	Back/Spine:	
Neck/Thyroid & Lymph Sys:	Perineum:	
Nervous System/Pupil Reaction/Reflexes/Gait/Sensations:	Skin:	Breast Exam:          Pap Smear Performed:
Abdomen:	Testes Exam:	Free from communicable disease: YES / NO
<b>PREVIOUS ILLNESS</b> (give age when these occurred): Chicken Pox _____ Measles _____		
Mumps _____ Scarlet Fever _____ Other _____		
<b>IMMUNIZATION HISTORY:</b> Please give dates (month/year) of immunizations and most recent booster dates:		
(DPT) _____ MMR _____ Polio _____ Smallpox _____ TB test _____		
Influenza _____ Hepatitis b series _____, _____, _____ Tetanus Booster ( <b>required</b> ) _____		

**Is client currently receiving:** Physical Therapy \_\_\_\_\_ Speech Therapy \_\_\_\_\_ Psychological Therapy \_\_\_\_\_  
 Other Therapy \_\_\_\_\_ (please describe): \_\_\_\_\_

### ACTIVITY RESTRICTIONS:

List any conditions, operations or known serious injury that may affect activity level: \_\_\_\_\_

Are there medical reasons to restrict this person from participating in an overnight camp out? (i.e. sleeping in a tent or on the ground?)  
 No \_\_\_\_ Yes \_\_\_\_ if Yes, please explain \_\_\_\_\_

Are there medical reasons to limit or restrict this individual from participating in the swimming program?  
 No \_\_\_\_ Yes \_\_\_\_ if Yes, please explain \_\_\_\_\_

Are there medical reasons to limit or restrict this individual from participating in the horseback riding program?  
 No \_\_\_\_ Yes \_\_\_\_ if Yes, please explain \_\_\_\_\_

Please list any other activity restrictions while individual is participating in a Friendship Ventures program.  
 \_\_\_\_\_

Does applicant require daily skilled nursing care? No \_\_\_\_ Yes \_\_\_\_  
 In the past year, has client's health status changed? No \_\_\_\_ Yes \_\_\_\_ If Yes, please describe \_\_\_\_\_

Is this client on medication? No \_\_\_\_ Yes \_\_\_\_  
 Please list any routine medications **NOT** necessary during the service period: \_\_\_\_\_

Examining Physician's Name (please print) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_ Phone (    ) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

NOTE: In event of illness or injury occurring after this physical report, a descriptive note written by the caregiver or physician must be sent to Friendship Ventures prior to participant's arrival.

## IMPORTANT NOTICE TO CAREGIVERS

### To shorten your check-in time:

1. This form or a copy of a physical dated no earlier than 24 months prior to your camp or respite care date **must be in our office one month prior** to participation in any Friendship Ventures program or service.
2. If there is a change in participant's health or medications, call the director of health care at (952)852-0105. Please keep us updated.
3. We must be notified if the participant has had surgery within three weeks prior to arrival. Please call the Director of Health Care at (952) 852-0105 to determine if we are able to accept the participant.
4. Medications **must** be in **original containers** and **properly labeled** by a pharmacist. Non-prescription (over the counter) medications **must** be accompanied by a written order from a doctor.
5. Individuals checking in participants must be able to answer the following questions regarding participants:
  - A. Medication and health details.
  - B. Special diet details.
  - C. Special appliances or other medical needs.
6. A Health Care staff person will be assigned to your participant when you complete the check-in process.

***THANK YOU!***