

Bernards High School Cheerleading



“WE ARE THE FUTURE”

Please join us for cheers, dances, and tons of fun!

The Bernards High School Cheerleaders would love your support towards our program and cheer with us this fall!

Aspiring High School Cheerleaders, grades K - 8 welcome!

“Cheerleaders” will...

1. Meet and cheer with the high school varsity cheerleaders
2. Participate in 2 high school practices on Wednesday, October 15th and Thursday, October 16th from 4-6 at BHS, in the lower gym (Check-in begins at 3:45)
 - a. Cheerleaders should come in comfortable clothes to practice in. Sneakers with laces are required. No Jewelry!
 - b. Please send your child with a water bottle to each practice and game.
3. Cheer/perform with the high school cheerleaders during the first half of the October 17th football game @7pm (Report at 5:30 for check-in and warm-ups)
4. Receive a t-shirt, free admission to the game (+ free admission for one adult), and a hot dog at half-time
5. Wear their BHS t-shirt, comfortable black leggings, and sneakers (w/laces) to the game. Please tie hair back and no jewelry. If it is cold, cheerleaders may wear a white or black long sleeve shirt under their t-shirts. It is a “PINK OUT” for breast cancer day - please wear a pink bow in your hair to support the cause .

Cost: \$35 (checks made payable to Bernards High School)

Register at jannypmrsg@verizon.net by October 12th with child's name, age and t-shirt size. Completed registration form along with payment is due at drop-off on October 15th.

**Proceeds will benefit Bernards High School Cheerleading Program*

If you have any questions regarding this event, please contact Janet Petrie via email at

jannypmrsg@verizon.net

Cheerleader Information:

First Name: _____

Grade: _____

Last Name: _____

Age: _____

School: _____

Please list any medical conditions/restrictions that the coaches need to be aware of:

T-shirt Size (please check only 1)

____ Youth Small

____ Adult Small

____ Youth Medium

____ Adult Medium

____ Youth Large

____ Adult Large

Parent /Guardian Information:

Parent/Guardian Name: _____

Address: _____

Phone Number: _____

Email: _____

Emergency Contact (other than parent)

Name: _____ Relationship: _____

Phone: _____

Please check all that apply:

_____ I will be dropping off and picking up my child from both practices and the game. If I am not going to be dropping off and picking up my child from both practices and the game, I have made other arrangements. Please explain: _____

_____ I allow my child's picture to be taken and allow it to be released to the media (i.e. - newspaper).

_____ I do not wish for my child's picture to be taken.

_____ I am aware that cheerleading is a sport that may cause injuries. I will not hold BernardsHigh School responsible for any injuries my child may get during participation in this activity. At this time, my child is physically fit and able to participate in cheerleading. (**you must check this box in order for your child to participate*)

Parent Signature: _____ Date: _____

Bring this completed form with payment on October 15th.