

Sample Nutrition Care Process Chart Audit

Pt. Name:	Pt. M.R. #:	Audit Date:
Admit Date:	R.D. Reviewed:	Reviewer:

Criteria	Score	Comments
	<i>Met/acceptable=1 pt.; Present/not acceptable=0.5 pt; Not met= 0 N/A= not included in total score</i>	<i>(1)List the positive points of implementation (2) Recommendations for improvement</i>
*Initial MNT Note		
<u>NUTRITION ASSESSMENT SECTION</u>		
1. Does the Assessment follow the IDNT guidelines for writing an assessment including: (Note: all sections may not be required in all assessments) a) Food/Nutrition-Related History b) Biochemical Data, Medical Tests, & Procedures c) Anthropometric Measurements d) Nutrition Focused Physical Findings e) Client History 2. Assessment includes info that is succinct, relevant and appropriate to support the nutrition diagnosis (PES Statement) 3. Appropriate comparative standards used 4. If “no nutrition diagnoses is present at this time,” has the assessment been completed to support that there is not a “nutrition diagnosis at this time.		
<u>NUTRITION DIAGNOSIS SECTION</u>		
5. Appropriate Nutrition Diagnosis (PES) statement selected based on data available. 6. All 3 components of PES statement present using nutrition diagnosis, etiology(R/T) and signs/symptoms (AEB). <i>Exception: “no nutrition diagnosis at this time”</i> 7. Diagnosis uses exact NCP terminology 8. Etiology is root cause that RD can resolve or reduce signs/symptoms. 9. Signs/Symptoms are specific, measurable and conducive to Monitoring/Evaluation 10. Second PES statement is noted when two separate problems are present.		
<u>NUTRITION INTERVENTION SECTION</u>		
11. A nutrition prescription is written that supports the nutrition diagnosis and identifies goals that are measurable, achievable and time-defined.		

<p>Pt. Name: _____ # _____</p> <p>(continued)</p> <p>12. The intervention is directed at changing the etiology but if not possible to change etiology, it is directed at reducing the impact of signs/symptoms.</p> <p>13. Intervention includes one or more of the four areas outlined in the IDNT manual:</p> <ul style="list-style-type: none"> a) Food/or Nutrient Delivery b) Nutrition Education c) Nutrition Counseling d) Coordination of Nutrition Care <p><u>NUTRITION</u></p> <p><u>MONITORING/EVALUATION SECTION</u></p> <p>14. Appropriate M/E indicators are used.</p> <p>15. M/E component address the nutrition diagnosis and interventions</p> <p>16. When more than one diagnosis, M/E component address all PES statements</p> <p>17. Time frame for M/E is noted</p> <p><u>*Follow-up Documentation</u></p> <p>18. The documentation shows a link to the previous PES statement.</p> <p>19. M/E indicators reflect positive changes in status resulting from interventions; if positive changes are not present, reason for lack of progress is noted.</p> <p>20. M/E indicators use evidence-based reference standards or previous data for comparison.</p> <p>21. The intervention is discontinued or altered when there is no evidence that the intervention has effectively shown improvement</p> <p>22. New nutrition diagnosis is noted if there is a new nutrition-related problem since last documentation.</p> <p>23. The documentation includes a statement regarding meeting or not meeting expected outcomes</p> <p>24. M/E is timely</p> <p>Total all points “met” and divide by the total possible points for percentage.</p>		
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