

5-K Race to Support the Luray High School Junior Class



Saturday, March 21, 2015 at 9:00 a.m.

Luray Greenway Commuter Parking Lot

Prizes for top runner in each age group

Proceeds to Benefit After Prom

\$25 Registration Fee

Free T-shirt to all who register by 3/1/15

**Registration forms may be obtained from Luray High
School Office or Luray Fitness Center**

For more information call (540) 409-6120



LHS

Class of

2016 5-K

Saturday March 21st 9:00 a.m.

Phone (540) 409-6120

The 5-K benefits the Luray High School Junior Class.

Race Location: Luray Greenway Commuter Parking
Lot , Route 340 North, Luray

Race Date: 3/21/2015 **Race Start:** 9:00 a.m.

Race Cost: \$25 per participant (includes a free race t-shirt to all who register by 3/1/15)

Make Checks payable to: Luray High School Junior Class

Return Forms/Payment to: Luray High School Office
or mail attention to Tammy Courtney 274 Fairview
Road Luray, VA 22835

Registration and Packet Pick-up: Friday March 20th
at Luray Fitness Center from 4-6 p.m. or race day from
8:00 a.m. – 8:30 a.m. at the race site.

I know that participating in a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all of the risks associated in competing in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Luray Downtown Initiative, the 5-K race organizers, sponsors, their representatives and successors from all claims or liabilities of any kind arising out

FIRST NAME _____

LAST NAME _____

MIDDLE INITIAL _____

ADDRESS _____

CITY _____

STATE _____ **ZIP** _____

GENDER (M/F) ____ **AGE ON 10/25/14** _____

SHIRT SIZE M L XL

PHONE # () _____

E-MAIL _____

Age Groups: 13 & under, 14-25, 26-39, 40-55 & 56 and older

Awards: Top runner in each age group.

of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Entry fee will not be returned due to "Acts of God."

SIGNATURE _____

Date _____

PARENT SIGNATURE _____

(if under 18 years of age)

Date _____