

# GERING HIGH SCHOOL

## 2<sup>nd</sup> Annual TEAM DUAL CAMP

### First 12 Teams

**\$500.00 Per Team of 20/\$35 .00 per Wrestler for smaller schools or individuals thereafter**

**Get 11 Duals in 1 day**

**DATE:** June 7th

**TIME:** First round will begin at 8:30 am with no breaks (Will use 6 mats)

(Satellite Weigh-ins due by May 30<sup>th</sup> before 10:00pm on Track Wrestling. If weight is challenged wrestler must be within 5lbs of registered weights. The emphasis is summer mat time not weight management)

**WHERE:** Gering High School 1500 U Street Gering, NE

**Deadline for registration May 15<sup>th</sup>**

**CONTACT:** Jj Behrens (970) 520-2358 or email – [jbehrens@geringschools.net](mailto:jbehrens@geringschools.net)

**Willie Schwartzkopf 308-631-4857**

Gering Wrestling will be hosting the 2nd Annual Wrestling Team – Dual Camp. Spots will be reserved for the first 11 teams that send a deposit. Due to Coach's responses, we have moved the duals to 1 day with 1 minute periods (college rules for out of bounds). Our athletes are not in peak shape at this time and with eleven duals it still calculates out to 36 minutes of mat time or 6 matches. Wrestlers should be composed of incoming 7 to 12 grade students. Teams will be based on the 14 high school weights with an extra 4 weights for the little guys (85, 90, 95, and 100). There will be a 2 pound weight allowance for all 18 weight classes. Teams are welcome to sleep in the gym, pitch tents, or park your RV in the school parking lot the night before. Locker rooms will remain open for bathroom facilities the night before. Hotel rooms are also available. Teams are responsible for their own meals. BBQ's are welcome. There will be a full concession stand inside. Single wrestlers, JV wrestlers or small groups will be added to teams that have holes in their lineup. An "All-star" team(s) will be made up of extra wrestler if necessary. Each wrestler will also receive a camp t-shirt.

**Complete info sheet and send a \$250.00 deposit to secure your team spot to: Jj Behrens, 1408 Avenue O Scottsbluff NE, 69361 and complete information sheet. Make checks payable to: Gering High School Wrestling**

**Team/School Name:**\_\_\_\_\_

**Coach's Name**\_\_\_\_\_

**Email Address:**\_\_\_\_\_

**Cell #:**\_\_\_\_\_