

CANOE TRIP PACKING LIST

(3/13)

Pack similar items together in zip-lock type plastic bags. All of your gear should then be placed in a duffel-type bag. You will move your items into Duluth packs at the outfitter.

REMEMBER – PACK LIGHT!! IF YOU PACK IT – YOU WILL CARRY IT!!

***Put you name on major items (sleeping bag, sleeping pads, jackets, etc.)**

Clothing:

- ☐ 2 Pair long pants (quick-drying fabric like Supplex or Nylon. Zip-off pants are great)
- ☐ 2 Pair shorts
- ☐ 3 T-shirts
- ☐ 2 Long-sleeve shirts (one should be warm, like a fleece shirt)
- ☐ 1 Pair “wet” shoes (Keens or something similar – must be closed toe)
- ☐ 1 Pair of “dry” shoes (old tennis shoes or any sandal with a closed toe)
- ☐ 1 Swimming suit (girls – no bikini tops or bottoms – one piece or tank-kini only)
- ☐ 3 Pair underwear
- ☐ 4 Pairs socks
- ☐ 1 Hat or sun visor
- ☐ 1 Bandanna (to mark your personal duluth pack)
- ☐ 1 Set rain gear (MUST be good quality, especially the coat – plan on rain!)

Optional/Misc. Items:

- ☐ Sunglasses with restraining strap
- ☐ SMALL pocketknife (folding type)
- ☐ Paperback book, cards, traveling cribbage board, etc. for rain & quiet times
- ☐ Small disposal waterproof camera in waterproof bag
- ☐ Fishing rod & tackle
- ☐ Personal Life Jacket
- ☐ Personal Paddle
- ☐ One bag of “treats” (guide approved) to be shared with the group
- ☐ Camping pillow

Do Not Pack:

- ☐ Open-toed sandals
- ☐ I-pods or cell phones – use them on the bus ride and leave them at the outfitter.
- ☐ Pop or food in cans or bottles
- ☐ Gum or small, individually wrapped pieces of candy
- ☐ Aerosol cans of any kind
- ☐ Valuables including jewelry, electronics or more than a moderate amount of cash
- ☐ Large knives, hatchets, etc. – they are accidents waiting to happen!

Personal Items (As odor-free as possible):

- ☐ Insect repellent (NO Aerosol cans.)
- ☐ 1 Biodegradable shampoo (can share a bottle with a friend)
- ☐ 1 Campsuds or similar Biodegradable soap (can double as shampoo)
- ☐ 1 Towel (small “swimmers” towel recommended)
- ☐ 1 Sunscreen – a high level of protection is recommended
- ☐ 1 Toothbrush
- ☐ 1 Sample size toothpaste
- ☐ 1 Hairbrush/comb
- ☐ 1 Extra pair of eyeglasses (if needed) plus restraining strap
- ☐ Personal medications (place all in a waterproof container – to be given to guide and kept with the first-aid kit)
- ☐ 1 Chapstick

Camping Equipment:

- ☐ Sleeping bag wrapped in a garbage bag (can be rented at Outfitters)
- ☐ Ground pad (can be rented at Outfitters)
- ☐ Headlamp plus spare batteries
- ☐ Mosquito head net
- ☐ Extra zip lock bags (4-5)
- ☐ Extra garbage bags (2)
- ☐ Bowl, plate, silverware & cup for hot drinks
- ☐ 1-Qt Nalgene-Type Water Bottle (with clip so it can be attached to your pack)

Do pack a lunch & snacks for the bus ride. Also don't forget to pack an “End of the Trip” Bag. When you return from your trip you will be able to shower and change clothes before the BBQ and return trip. Pack a change of clothes, shoes, and an extra towel in a separate bag, which will be left at the outfitters.

(Fishing Ideas are on the back.)

Tackle Box Ideas: (Recommend no larger than 11x7x2)

Live bait box, steel leaders, extra hooks, bobber stops, hook remover tool, small towel, clipper, small ruler, small bungees (or Velcro strips) to attach your rod to thwarts of canoe while portaging. Keep your tackle box as small as possible so it fits in your pack. Share with a friend. Break down rods and tie sections together.

**The guide will provide a fillet knife.

**Artificial lures & live bait can be purchased at the outfitters.

Fishing:

Fishing for all fish is better early in the morning in the hour before sunrise and in the evening in the hour before sunset. Northern Pike tend to bite all day. Fish are found on rocky points, at mouths of streams as they drain into a big lake, near big rocks, trees in the water, etc.

Northern Pike: Daredevils, spinners

Smallmouth Bass: Leaches on plain hooks and bobbers in areas that are shallow (5-10 ft) but near deeper water; jigs tipped with leaches; small Rapalas trolled near the shore.

Walleyes: Jigs tipped with leaches off rocky points in the evening.