Serving Adults with Developmental Disabilities

March - April 2014

celebrated her

# WHAT'S FOR DINNER?

Twenty years ago, when Patti and Brenda took on the job of preparing meals for all of our residential consumers, they decided to bring their family birthday traditions to Open Door. Each year, every one of our residential consumers gets a phone call from either Patti or Brenda asking what they would like to eat for their birthday dinner and these

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Brenda Hartman, Lauren B., and Patti Webber. Lauren couldn't but Lauren loved believe her luck that she got to eat liver and onions for her birthday! it and is planning her

wishes are granted. According to Patti, "Most people ask for simple things like hamburgers, pizza, or Chinese takeout. We have another guy who asks for steak every year." Brenda remarks, "One person asks for homemade lasagna with a 7-layer salad each year. I think we are lucky that no one has asked for lobster!"

While most people tend to keep the orders simple, there have been some unusual requests. Lauren B. recently

second birthday with Open Door and she asked for liver and onions, even though she had never had it before. "I saw it on TV one time that liver is good for your heart and bones. I want to be stronger." Interestingly enough, no one else in the house opted for liver and onions that night but Lauren loved meal for next year.

"I am thinking of shake and bake chicken and mashed potatoes because I have not had that for a while."

Of course, birthday meals don't end with the main course. Everyone gets their choice of cake options as well. The cakes come from Art's Food Market which is located in Sandwich. In the past, they have decorated beautiful cakes with flags, records, Elvis, dolls, Barbie dolls, 50's theme, butterflies... well, you get the picture.

# OPEN DOOR REHABILITATION CENTER

The Voice is the bi-monthly newsletter of Open Door Rehabilitation Center, a not-for-profit organization serving adults with developmental disabilities.

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The Voice welcomes your questions and contributions of news of interest to our friends and supporters.

### **Contributors:**

Rita Potter Tami Carper
Terra Stetz Becky Clemons
Laurie Wisdom Gene Stephens

Candi Baker

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Cindy C. keeps it simple and asks for her favorite of ham, mashed potatoes, and green beans for her birthday meal!

February and June are busy with 7 birthdays in each month. While you would think that maybe during these months some of the birthdays would be combined to make things easier, Patti quips, "I don't care if they have 80 cakes in their house. Everyone deserves their day."

Linda G. says that this year she is ordering her usual again of sausage and gravy on biscuits along with a side of baked beans!





# Noah's Ark Came to Open Door?

That's right! Along with boxes full of Furry Friends!

Eighteen individuals were interested in having a Noah's Ark Workshop. Getting a workshop set up was much easier than we thought! We located the website and requested a Workshop Leader in our area. Within 24 hours, we heard from Toni McIntyre. She sent us a huge selection of furry friends. The clients looked at all of the choices and were finally able to submit their request of 5 Furry Friends to Toni so she could make us our own personalized order form. Soon, the personalized order forms came and the clients were able to place their orders easily! Sometimes, completing forms can be very challenging but most were able to complete them with little or no assistance. What a sense of accomplishment!

The day finally came and Toni arrived with boxes of Furry Friends to be made. She was greeted with our typical enthusiastic, friendly welcome and soon three of Open Door's staff eagerly followed her lead; the workshop was underway! The room was full of laughter and smiles as they got to work creating, stuffing and tucking.



Steven S. paying attention to every detail!



Karen L. stuffing away at Paka Puppy...she couldn't wait for this day!

Most of the animals were named before they were even completed. Each animal was carefully crafted to perfection, most with no help! Many were amazed they were able to build their furry friend all by themselves!



James A. admiring his work! Pretty cool!



Evelyn S. bonding with her new Furry Friend...Friends for Life!



Brooke S., "Look everyone! I built this on my own!"

The independence and pride beamed on their faces as they hugged and cuddled their new friends! Winding up the workshop, everyone showed each other their animals, while having some cookies and punch with their Noah's Ark Workshop Leader and new found friend, Toni McIntyre! Thank you so much Toni for making this day so special for us! We will definitely request you back and pass along the story of how our Furry Friends were made!

# HOME IS WHERE THE HEART IS



Marcus and Bill (1984)

What do you think of when you hear "foster parent?" Short term? Long Term? Temporary? What comes to my mind is selflessness, respect, gutsy... the list goes on. Judy Bark can relate to this, I do believe. Over the past 44 years, she has fostered over 75 children, some with special needs and some without, but two of these "children" are extra special to Open Door: Marcus R. and Bill R.



Baby Bill R.

Judy began fostering Bill when he was 4 months old. He was her first foster child with a disability. Of course, at 4 months old it's hard to establish the level of the disability, and all they and she knew was that he was blind and possibly had other issues. Judy was up to the challenge and took Bill in with an open heart and, even more importantly, an open mind. As Bill grew older, his abilities and disabilities were more evident, but Judy just rolled with it and raised him as her own, working with DHS to meet his needs medically, educationally, etc.

Bill is wheelchair bound and non-verbal, but has one heck of a great smile and giggle! He loves to have people talk to him, read to him and he loves to listen to the TV. Judy remarks, "He is quite attentive and when you think he is not paying attention, he will react to something said on TV or in the room. I know there is a very intelligent man in there!" Bill also loves being around children. Judy has fostered a lot of smaller children and toddlers and they all love to climb up and sit with Bill and talk to him. "That's when you see the big smiles," she said, "Kids love him." Although Bill is physically limited as far as communication, Judy is convinced if they could truly IQ test him, we would all be shocked at the results. "I don't like the word 'retarded'... these kids - all of them - are amazing in their own way. I don't like the labels," she said.



**Baby Marcus** 

Judy then began fostering Marcus in 1983 when he was 10 months old. Unlike Bill, Marcus's issues were quite clear from the start. Judy did not hesitate to take him, as his story was heartbreaking, to say the least.

"Marcus has an amazing personality. He loves music, the physical contact of holding hands and hugging - feeling someone close to him. He is very

touchy-feely," Judy said. After taking Marcus in, Judy slowed down on the kids she took in. Marcus had different, more difficult needs than Bill, but she was willing to put in the time and effort. "He would wake up each night (morning) at 3am. I had to hold him tight and just stay and talk with him until he stopped crying and screaming." Eventually, he would stop waking up at 3am. However, Marcus is quite routine- driven. "I got him in the routine to wake up at 5am to get ready for school...but he wanted to get up every day at 5am!" It took a while, but Judy was able to teach Marcus that on Saturdays, Sundays, and holidays, he didn't have to get up at 5am. "Finally got that done," she laughed.

"Marcus is able to wheel himself in his wheelchair, feed himself with some things, but for the most part is non-verbal as well...as far as forming words. But Marcus is very able to express his feelings, whether happy, sad, in pain, or upset. Music and physical touch seem to sooth him the most...that and "sticking to his routine!" Judy

At one point, Judy looked into respite through DHS (Department of Human Services) so she could have a break some days or evenings, just to do things she needed. She laughs about it now, "But they were more than willing to take Bill," but jokingly said, "Marcus flunked respite." His needs were just too great and being out of his routine was inconsolable. So that was that and Judy just kept on keeping on with the boys. They became just like her own, having Bill for 38 years and Marcus for 30. When it was time to transition Bill from school to day programming or treatment, DHS wanted to move him to an institution. At that time, he would have been 21. Judy basically said, 'over my dead body!' She was able to get Bill transferred to a state guardian through the Office of State Guardian, and Jane Browning became guardian...and would follow with Marcus 8 years later. Through this transition, Judy found Open Door and liked this placement better than an institution, and the boys could stay living with her. And so it went... until 2013.

In 2013, both Marcus and Bill were selected from the PUNS list (state waiting list for persons receiving services) for CILA (Community Integrated Living Arrangement) or residential services. This was a difficult decision for Judy. She had raised the boys their entire lives, with her taking care of them day to day. She knew she had to take this placement now, because Open Door had openings for BOTH Bill and Marcus, and would keep them together. Another placement with another provider may have separated these "brothers", and Judy didn't want that. Even though she wasn't quite ready for them to move out, she knew it was time to make it happen. So in May 2013, both Bill and Marcus moved into the Ash home. This was a bittersweet time for everyone. Open Door was thrilled to have the boys move in as we had a long time relationship with Marcus, Bill and Judy. Judy said it was hard, but she had two young ones at home that kept her busy, but when the house is empty, it will hit her. Even though Judy is not a biological parent or even the boys' guardian, she is Mom. Period. The only mother Bill and Marcus have ever known. And Open Door treats her as such...the mother. They go home for the weekends sometimes, go with her on outings and she can come and visit them whenever she wants to. The only difference is where they live.



Bill R. now

"It was one of the hardest decisions and one of the most difficult transitions I have ever made," Judy said, "but it's ok now." Marcus and Bill had their own transition issues. Marcus and his routine, getting used to the group home for both of them, starting new routines, making new friends, meeting new staff...and of course, not living with Mom.



**Marcus Summer 2013** 

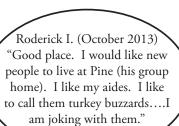
The old saying "Home is where the heart is" is quite honestly true. It may not matter where you live or who you live with, but where your heart lies is home. Marcus and Bill's hearts lie with Judy and Judy's heart lies with Bill and Marcus. So in truth, they are all always HOME.

# WORDS OF WISDOM

We posed a question to several of the individuals served: "What would you want to say to people thinking about coming to Open Door?" The dates reflect how long these consumers have been with Open Door.



Beth M. (January 1991) "It's a good place to live. They are good people. Be happy where you live."





Melissa J. (May 2003) "It's a good move. They help a lot of people."



Danielle B. (August 2013) "Good luck. I like it here. You are welcome here."

Evelyn S. (October 2013) "It's a nice place. The clients are nice at our house, and staff too."





ANNUAL GOLF OUTING Wednesday, July 30, 2014

# AND THE QUILT WINNER IS......

Congratulations to **Christine Rosengren** from Serena. She is the lucky winner of the handmade quilt raffle. I predict many nights of comfy snuggling on the couch wrapped in that beautiful quilt in her future. Enjoy!



# **WRIGHT INSURANCE**



Dave Baker expressed his appreciation to Bob Wright for his contribution to Open Door. "We are grateful to you for your continued support. This gift will be channeled to day programs to benefit adults with such developmental disabilities as autism, cerebral palsy, Down's syndrome, and other intellectual disabilities. Your contribution will be put to very good use."

L to R: Dave Baker, executive director of Open Door Rehabilitation Center, and Bob Wright, State Farm Agent of Wright Insurance Agency, *LLC* 



We are offering you the opportunity to participate in Open Door Rehabilitation Center's

## **MEMORIAL DAY TRIBUTE**



In honor of Memorial Day, we are dedicating space in our May/June newsletter issue for a **MEMORIAL DAY REMEMBRANCE PAGE.** 

This tribute will be exclusively dedicated to those who have passed away before us.

Please return the bottom portion of this page along with a monetary gift by April 28th to meet the printing cut-off date.



(Please cut on dotted line and return this portion to Open Door.)

## **MEMORIAL DAY TRIBUTE**

### IN BELOVED MEMORY OF

(Please check box if deceased was a U.S. Vetera	an.)	
(Name of deceased): 🗖		
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	11	
Address:	City:	
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### **Contributions & Memorials**

Listed below are contributions & memorials received between 1/1/14 & 2/28/14.

We deeply appreciate all of the honorariums, memorials, & donations give to Open Door. For your convenience, we provide a donation envelope in each newsletter. We hope you find this to be helpful.

Thank you very much! We are deeply grateful to you for all of your support!

### -BRICK COMMEMORATION —

Your personal brick will be engraved with up to 13 characters (including spaces and punctuation) per line, and up to 3 lines per brick with a cost of \$100 per brick.

BILLY BANNING LOVED FOREVER! UNCLE JEFF

Jeff Bitterling

IN MEMORY OF ROBERT BRUMMEL YORKVILLE

Pat Brummel

RUDOLPH BUDACH FAMILY

Janet Budach

IN HONOR OF ROBIN GOLDSMITH

Steven & Chandra Gray

DAVE GRAF TEACHER OF THE YEAR

Clarion & Jean Swenson

IN MEMORY OF CINDY GRAF AND JUANITA

Phil & Judy Boyd

JUDITH E MARK DANIEL P VARGO

Judith E. Mark & Daniel P. Vargo

IN MEMORY OF WILLIAM SQUIER SR

IN MEMORY OF VIRGINIA SQUIER

IN MEMORY OF WILLIAM SQUIER JR

Steven & Chandra Gray

IN MEMORY OF FRED & FRANCES WEIR

Rich & Jeanne Baker

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In Memory of Sharon Baker Plano United Methodist Church Chums

In Memory of Anges (Zobott) Barnash Raymond & Joan Zobott

In Memory of Thomas Boyd Anonymous

In Memory of Richard M. "Dick" Bravick

Delores Devine **Jerry & Carol Hinterlong** Wiley & Nancy Updike Joan Dobnick Janet Fanning Brian & Donna Freeman Denise & Ken Mestemaker Ed & Ann Stahl The Woody Family

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In Memory of Joan Breunig Glen & Carol Hamm

In Memory of Paul Bruggeman Gary & Vickie Lemke

In Memory of Ralph Bunch Delores Devine

In Memory of Louise Burgholzer Mr. & Mrs. John H. Duffy

Darlene Hosey Bunnie Nelson

In Memory of Roger Clark Richard & Kay Konow

In Memory of Verda Maxine Coffman Virgil & Jane Hyte

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In Memory of LeRoy Cowan

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In Memory of Harry Crawford Floyd & Sherry Anderson

In Memory of Carol Czmowski Marion Rompf

In Memory of Anna Danielson Nathan & Kim Gudmunson

In Memory of Mervin Eastwold Dave Tuntland

In Memory of Edward D. "Duke" Fanning William & Sharon Haack James & Carol Wilhelm

In Memory of John & Dorothy Farley Patricia Farley

In Memory of Hank Feldott Dorothy Dearden

## Memorials (Cont.)

In Memory of David Graf
Charles & Alice Smith

*In Memory of George Hacke*Dennis & Virginia Gregory

In Memory of Bernice Hanson

Hazel Hilliard Phyllis J. Johnson Fred Nelson Rosalie Nelson

In Memory of Mary Hay
Denise & Ken Mestemaker

In Memory of Agnes Hutchinson
Pat Jensen Weisenburger

In Memory of Cleda Arlene Johnson
Plano United Methodist Church Chums

In Memory of Phyllis J. Johnson Virgil & Jane Hyte

In Memory of Ray Ingle
Dorothy Dearden

*In Memory of Paul Leifheit, Jr.*Betty Papanek

*In Memory of Joe*Delores Devine

In Memory of Lemul "Sonny" Miller
Lane & Mary Lou Sheldon
Bill & Jamie Wetzel

In Memory of Charles Montgomery
Charlene Strode Montgomery

In Memory of Larry Mullis
Mark & Cindy Weismiller

In Memory of Peggy Neal
Marie Miles

Clarion & Jean Swenson

In Memory of Terry Olson

Denise & Ken Mestemaker

Delores Devine

In Memory of Beth Peterson
Sandwich High School Class of 1964

*In Memory of F.L. Siegel* Anonymous

In Memory of Maye & Marguerite Sebby Richard Tuntland

*In Memory of Sylvia Seymour*Wiley & Nancy Updike

In Memory of Harrison Shambaugh
Margaret Bastian

Ron & Kim Henrich Jerry & Carol Hinterlong

*In Memory of Dorothea L. "Dottie" Smith* Family of Dottie Smith

In Memory of Jim & Dottie Smith
Phyllis Sheetz

In Memory of Robert (Bob) Terry
Dorothy Whiteaker

*In Memory of Ann Underwood*Dick Underwood

In Memory of Vivian Vermeland

Fran Adams
Jim & Marilyn Elliot
Jon & Judy Erikson
Glen & Carol Hamm
Linda Hann
Greg & Connie Hanson
Jerry Johnson
Clarion & Jean Swenson
Dave & Barbara Voss

In Memory of Ethel Lucille Walker
Tom & Betty Thomas

In Memory of Gertrude Wallis

Florence Gudmunson Norma Hough Ed & Karen Lessor David & Marie Paxton Mary Jane Turney Steve & Angela Turney Rita Wiesbrook

*In Memory of Virginia Wells*Dennis & Virginia Gregory

In Memory of Eunice "Kelley" Windett Doc & Edie Coleman

In Memory of Rita Yvonne Woody

Bruce & Karol Augustine Gary Augustine Steve & Jeanne Augustine Dave & Candi Baker Ron Eisenberg **Janet Fanning** Arthur & Wanda Fedro Glen & Carol Hamm Jonie Knox James & Jerri Kuhn Jack & Kathy Kuppler Frank & DeAnn Moran Gary & JoAnne Parris Joe & Judy Rud Karl & Pat Rud Russ & Barb Voga Patti Webber Family of Rita Woody

In Memory of Leone Zahner

Becky Gavin Carol Meyer Mary Meyer

### Honorariums

In Honor of Dr. & Mrs. Robert Coleman

Patricia Coleman

In Honor of Charlotte Grace Delp's Birthday Bob & Nancy Delp

In Honor of Virginia Hann's 90th Birthday on February 24th

Virginia Hann Family

*In Honor of Louis & Beverly Mayer*Greg & Judy Mayer

In Honor of Kurt Neupert & Family
Anonymous

In Honor of Tom & Ellen Neupert Anonymous

In Honor of Tim & Barb Olin Anonymous

In Honor of Dave Oram's Birthday
Beryl McKanna

In Honor of Dennis & Beth Risk
Anonymous

In Honor of Marion Rompf's 90th Birthday
Carol Meyer

*In Honor of Louise Smith's 100th Birthday*Bill, Karen, & Tim Horoszko

In Honor of The Sandwich Park District Staff

Don & Starr Frederick



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# HAGE'S GIFT TO THE FOUNDERS' FUND



Dave Baker, Sue Hage, Kyle Hage

Upon the tragic and sad loss of Lee Hage, a bequest was given to Open Door as a result of a life insurance policy the Hages had purchased naming Open Door as the beneficiary.

Sue inquired as to how these funds could best be used. Dave asked her if she was familiar with the Open Door Founders' Fund.

The Open Door Founders' Fund was established with the DeKalb County Community Foundation in 1997. The Foundation represents a collection of individual funds and resources contributed for endowment purposes. The DeKalb County Community Foundation was established in 1993 through the creative generosity of a local DeKalb family. The purpose of the endowment fund is to preserve the assets while allowing for an annual distribution of the earnings and perpetuity. Sue believed their gift would best serve its purpose as a gift to the Founders' Fund, a gift that continues to give.

Lee and Sue's son, Kyle, is a consumer at Open Door, participating in day and residential services. Baker states, "We are happy to have Kyle as a member of the Open Door family and are grateful and humbled by this generous gift. We thank the Hages for all of their support."