

## **Pediatric Ear, Nose & Throat Associates (PENTA)**

**Where every child shines**

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### **PRE-SURGICAL INSTRUCTIONS**

Surgery to be performed: \_\_\_\_\_

Your surgery date/location: \_\_\_\_\_  WCHOB  Other \_\_\_\_\_

Post operative appointment: \_\_\_\_\_  WCHOB  Other \_\_\_\_\_

### **BEFORE SURGERY**

#### **FOLLOWING THESE INSTRUCTIONS IS IMPORTANT FOR A SAFE SURGERY!**

- The Kaleida Health Call Center will call you 3 days prior to surgery to obtain your demographic/insurance information to streamline your visit the day of surgery.
- You will receive a phone call from the Pediatric ENT department 1-2 days prior to surgery telling you the time to arrive at the hospital and you will be given very specific eating and drinking instructions.
- **DO NOT give your child any aspirin, medications or herbals that have ibuprofen (for example: Motrin, Advil, Aleve, Gingko, Ginseng, Garlic Pills, Aspergum) for the two weeks prior to surgery.** These medications and herbals can cause bleeding problems. **Please use only TYLENOL for pain or fever.**
- NO SOLID FOODS OR MILK PRODUCTS AFTER MIDNIGHT.
- The patient may have clear liquids (water, apple juice and 7-up) only up until four hours before your arrival time. (if you are asked to arrive at 8 a.m., the child may have a small clear liquid drink at 4 a.m.) After that time if he/she drinks anything (including chewing gum), the surgery may be delayed or re-scheduled for another day.

### **THE MORNING OF SURGERY**

- Please report to the Women and Children's Hospital Admissions office located on the first floor of the hospital at the time you are requested to do so.
- You will then be directed to the 9<sup>th</sup> floor (Same Day Surgery) or the 4<sup>th</sup> floor (Special Procedures Unit).

If you have any questions or concerns, please call us at (716) 362-9730.