

October-14

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	Fish Sticks Spaghetti & Meatballs Bean & Cheese Burrito Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 9 - 13 - 20 - 22 - 23 - 24	2	Turkey Burger 3 Cheese Pizza Pocket Cheese Enchiladas Macaroni & Cheese COLD - 2 - 4 - 5 - 7 - 8 - 9 *10 - 20 - 21 - 22 - 23	3	Pizza Bagel Dog Tikka Masala Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 11 - 12 - 19 - 20 - 23 - 24
6	Pizza Teriyaki Chicken Rice Bowl Breakfast Sandwich Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 *10 - 12 - 18 - 20 - 23 - 24	7	Cheese Zombie Chicken Tenders Breakfast Sandwich Macaroni & Cheese COLD - 4 - 5 - 6 - 8 - 9 *10 - 18 - 20 - 21 - 23	8	Pepperoni Pizza Pocket Cheese Burger Chana Masala Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 9 - 13 - 20 - 22 - 23 - 24	9	Hot Dog Potstickers Breakfast Burrito Macaroni & Cheese COLD - 2 - 4 - 5 - 7 - 8 - 9 *10 - 20 - 21 - 22 - 23	10	Pizza Spaghetti w/Meat Sauce Oven-Roasted Chicken Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 11 - 12 - 19 - 20 - 23 - 24
13	Pizza Bacon/Egg Breakfast Burrito Bagel Dog Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 *10 - 12 - 18 - 20 - 23 - 24	14	Burger Chicken Tenders Spaghetti w/Marinara Macaroni & Cheese Macaroni & heese COLD - 4 - 5 - 6 - 8 - 9 *10 - 18 - 20 - 21 - 23	15	GF Chicken Strips 3 Cheese Pizza Pocket Bean & Cheese Burrito Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 9 - 13 - 20 - 22 - 23 - 24	16	Fish Sticks 5 Cheese Ravioli Teriyaki Chicken Rice Bowl Macaroni & Cheese COLD - 2 - 4 - 5 - 7 - 8 *10 - 9 - 20 - 21 - 22 - 23	17	Pizza GF Pesto Pasta Meat Lasagna Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 11 - 12 - 19 - 20 - 23 - 24
20	Pizza Baked Ziti Oven Roasted Herb Chicken Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 *10 - 12 - 18 - 20 - 23 - 24	21	Chicken Tenders Cheese Burger Breakfast Burrito Macaroni & Cheese COLD - 4 - 5 - 6 - 8 - 9 *10 - 18 - 20 - 21 - 23	22	Pan-Seared Potstickers Cheese Zombie Spaghetti w/Meatballs Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 9 - 13 - 20 - 22 - 23 - 24	23	Hot Dog Teriyaki Chicken Rice Bowl 5 Cheese Ravioli Macaroni & Cheese COLD - 2 - 4 - 5 - 7 - 8 *10 - 9 - 20 - 21 - 22 - 23	24	Pizza Chana Masala Pepperoni Pizza Pocket Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 11 - 12 - 19 - 20 - 23 - 24
27	Pizza Meat Lasagna Shepherd's Pie Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 9 *10 - 12 - 18 - 20 - 23 - 24	28	Turkey Burger Chicken Tenders Bean&Cheese Burrito Macaroni & Cheese COLD - 4 - 5 - 6 - 8 - 9 *10 - 18 - 20 - 21 - 23	29	Fish Sticks 3 Cheese Pizza Pocket Spaghetti w/Meat Sauce Macaroni & Cheese COLD - 1 - 4 - 5 - 7 - 8 9 - 13 - 20 - 22 - 23 - 24	30	GF Chicken Tenders Potstickers Cheese Enchiladas Macaroni & Cheese COLD - 2 - 4 - 5 - 7 - 8 *10 - 9 - 20 - 21 - 22 - 23	31	HALLOWEEN **SUPER EARLY RELEASE ** Bagel&Cream Cheese ONLY Circle = YES / NO

Please circle one preferred meal for each day and use legend on back for Cold meal codes. Cross out days when meals are not needed.

COLD OPTIONS				
1 Italian Sub	6 Tuna Salad Sammie	11 Taco Salad	16 Egg Crossiant Sandwich	21 Yogurt Parfait
2 Turkey Sub	7 Ham & Cheese Hoagie	12 Southwest Chicken Salad	17 Cheese & Cracker Plate	22 Hummus & Pita
3 Pesto Turkey Ciabatta	8 Chicken Caesar Wrap	13 Cheesy Veggie Salad	18 Avocado Sushi Roll	23 Bagel with Cream Cheese
4 Classic Turkey Sandwich	9 Chicken Caesar Salad	14 Asian Chicken Salad	19 Cucumber Sushi Roll	24 Yogurt & Muffin
5 Sunbutter & Jam Sammie	10 BBQ Chicken Wrap*	15 Italian Pasta Salad	20 California Sushi Roll	

October

This order form is only for the Free and Reduced lunch program. For families not on the Free and Reduced lunch program, please order online at <http://www.choicelunch.com>.

Menu changes will take effect in most cases two school days after receipt of this paperwork.

Student Name: _____

Phone: _____

School: _____

Grade: _____

Total Enclosed: _____

Check Number: _____

Make check payable to Ross Valley School District.

Reduced lunches are 40¢ each and must have an application on file.

Send completed form to your school office or:

*** Please turn in by the last week of each month

Ross Valley School District
110 Shaw Drive
San Anselmo, CA 94960

Questions? Contact Lisa Sabia at 415-451-4074, food@rossvalleyschools.org, or fax 415-454-6840.