



Nikki's 5k for FA

remember, believe, cure

A virtual 5k run / walk to benefit Fanconi Anemia Research Fund
[Facebook.com/Nikkis5kforFA](https://www.facebook.com/Nikkis5kforFA)



**Please join us in remembering Nikki Losekamp & help those,
 like her brother, who continue the fight against Fanconi.**

In honor of International Fanconi Anemia Day, we are asking supporters to run or walk 5k (3.1 miles) on
 May 1st – May 10th, 2015.

You can complete this distance on your own time, at your own pace, on your own route, or even on a treadmill!

Every registered participant will receive a custom "5k for FA" medal!

If you are ready to help put an end to this deadly disease, here is how:

1. Register for the 5k virtual race. Ask your friends and family if they would like to join and do it together!
 You can register by mail (form below) or online at [facebook.com/Nikkis5kforFA](https://www.facebook.com/Nikkis5kforFA) (click sign up)
2. Complete the 5k (3.1 miles) by walking or running. This can be done anytime from May 1st – May 10th.
 Not sure how to track the distance? You can use a phone app such as "Nike Run" or "Map my Run".
 Using a pedometer? A 5k is about 6,600 steps! You can do it!
3. Post your pictures of your run/walk on our facebook page (if you like). Group pictures, selfies, or even a
 photo of the scenic route you took. If you like, you can include your time. [Facebook.com/Nikkis5kforFA](https://www.facebook.com/Nikkis5kforFA)
4. Custom medal (included in registration fee) and other merchandise you may order will be mailed after the
 race. Medals are 2 inches, featuring Nikki's favorite color (purple), blue for Fanconi Anemia Research Fund,
 and a DNA strand to represent our fight against this genetic disease.
5. Celebrate! We are closer to finding a cure for Fanconi Anemia!

Please mail & make checks payable: Amy Hammons, 1273 Laura Lane, Mason, Ohio 45040 ahammons@zoomtown.com

Name: _____ Birthdate: _____ Age: _____ Gender: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

T-Shirt (Add \$15.00) ___ no thanks ___ sm ___ med ___ lg ___ xl ___ xxl

*Additional Donation humbly and happily accepted \$ _____

Registration Fee \$25	
T-Shirts \$15	
Additional Donation *	
Total =	

ALL PROCEEDS GO TO FANCONI ANEMIA RESEARCH FUND, INC. (F.A.R.F.)