## **Training Calendar**



### August – November 2014

# Workshop 1. Other Ways of Knowing – Cultural Awareness one day workshop

August – Friday 22<sup>nd</sup> August 2014

9:15am - 4:00pm

Participants learn about Aboriginal cultural norms, history, social and emotional wellbeing models, cultural bound experiences, communication and engagement styles, understanding and working with symptoms of anxiety, depression and suicide from an Aboriginal perspective.

Trainer: Janine Cattanach

# Workshop 2. Talking to your AOD clients about gambling – a Turning Point perspective

August - Friday 29th August 2014

9:15am - 4:00pm

This workshop will provide an overview of how gambling problems develop, gambling and comorbidity, what the Victorian treatment sector looks like and discuss distance based treatment modalities.

Trainer: Judy Abbott

### Workshop 3. Mindful Eating: An Experiential Workshop

October - Friday 24th October 2014

9:15am - 4:00pm

This workshop covers the principles of mindfulness and describes Mindful Eating, its application and practice. Participants will learn about recent literature, practical strategies and be presented with case studies.

Trainer: Dr Naomi Crafti

# Workshop 4. Understanding and Responding to Alcohol and Other Drug Issues

November – Monday 17th November 2014

9:15am - 4:00pm

This one day seminar is designed for health professionals including those in private practice on understanding and responding to alcohol and other drug (AOD) issues in clinical work.

Trainers: Jean Popomilkov and Margret Petrie

Workshops will be facilitated by staff with clinical and training expertise

**How to apply:** See overleaf for application details

Who should attend?: Those working in the AOD sector and other allied health professionals

#### **Training location:**

142 Gertrude Street Fitzroy

**Catering:** A light lunch and morning tea will be provided

Fees: see overleaf

Contact: Student
Administration on +61 3 8413
8700 for further information

Workforce Development 54-62 Gertrude Street Fitzroy VIC 3065 T: +61 3 8413 8700 F: +61 3 9417 7960

Further details: Turning Point Education Professional Development

www.turningpoint.org.au





### **Expression of Interest**

Please complete all details below. Your place in the workshop will be confirmed as soon as possible. A separate form is required for each applicant.

Please tick your workshop/s selection

	Workshop	Date	Tick your selection	Fee
1.	Other Ways of Knowing – Cultural Awareness 1 day workshop	Friday 22 <sup>nd</sup> August 9:15am – 4:00pm (full day)		\$220.00 GST inclusive
2.	Talking to your AOD clients about gambling – a Turning Point perspective	Friday 29 <sup>nd</sup> August 9:15am – 4:00pm (full day)		\$220.00 GST inclusive
3.	Mindful Eating: An Experiential Workshop	Friday 24 <sup>th</sup> October 9:15am – 4:00pm (full day)		\$220.00 GST inclusive
4.	Understanding and Responding to Alcohol and Other Drug Issues	Monday 17 <sup>th</sup> November 9:15am – 4:00pm (full day)		\$220.00 GST inclusive

Please complete this form and fax to 03 9417 7960 or return via email to <a href="mailto:training@turningpoint.org.au">training@turningpoint.org.au</a>

Name:						
Postal Address:						
Suburb:		Postcode:				
Organisation:						
Position:						
Amount: \$						
CHEQUE CASH C	VISA 🗆	MASTER CARD □				
Card No:	Expir	y Date:/				
Telephone:	Mobile:					
Fax:	Email:					
Special Dietary Requirements:						
Cancellation policy: Payment is required to confirm your workshop place. Workshop bookings may be cancelled at any time up to one week before the date of the training and a refund will be made. No refund will be made for cancellations after that date. If the training is cancelled by Turning Point a full refund will be provided.						

