

# Charities Challenge 2016

## Taking on Life's Challenges

### Challenge Series of 8x 5k Events

Bunker Hills Regional Park, Andover, MN

USATF Certified Course



- #1 Challenge Happiness, Sat, April 23
- #2 Challenge Obesity, Sat, May 21
- #3 Challenge Hearts & Minds, Mon, May 30
- #4 Challenge Diabetes, Sat, July 9

- #5 Challenge Cancer, Sat, July 23
- #6 Challenge Addiction, Sun, Aug 13
- #7 Challenge Arthritis, Sat, Aug 27
- #8 Challenge Aging, Sun, Sep 25

Spring into 2016 Fast & Finish Faster by the end of Summer

Celebrating Each & All of us Who are Not Stopped by Life Challenges

(Each Event Entry starts @ \$30. \$190 Entry Fee for All 8 5ks reduces event fees to less than \$25 per event!)



Save \$50+ on 8x5k 2016 Events – Lowest Special Reduced \$190

(This \$190 Lowest Early Entry Fee is Limited to the first 50 Entries by April 20 or sooner when 50 entries received.)

Online registration & more information about Challenge Events available [www.CharitiesChallenge.org](http://www.CharitiesChallenge.org)

Each Event offers Recognition-Results-Records By USATF Youth, Open, Masters 5 yr age groups 35–90+

Net event proceeds benefit CC' RxExercise Programs/Events. CC a 501(c)(3) organization Ph: 612-245-9160

Return this Entry to: Charities Challenge, 1516 Sunny Way Court, Anoka, MN 55303

"Taking on Life's Challenges" 8x 5ks in 2016 Reduced rate of \$190 'til April 21 \$ \_\_\_\_\_

Souvenir T-Shirts for Each 5k Event: XS \_\_ S \_\_ M \_\_ L \_\_ XL \_\_ Only for: 2XL \_\_ (Add \$35) for 3XL \_\_ (Add \$45) \_\_\_\_\_

Thank you for any tax-deductible donation \$10, \$20, \$50 supporting CC's RxExercise Events/Programs: \_\_\_\_\_

5k Run \_\_ Walk \_\_ TOTAL ENCLOSED: \$ \_\_\_\_\_

Name \_\_\_\_\_ Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_ Sex \_\_\_\_

Address \_\_\_\_\_ Phone(s) \_\_\_\_\_/\_\_\_\_\_

City/State/Zip \_\_\_\_\_ E-Mail \_\_\_\_\_

Optional Registration Questions:  Yes! I'm New to Road Racing & These are My First-ever Road Race Events!

I'm Happy that I've lost the following amount of weight in lbs (Circle Answer) > 30 >50 >100 >200 Other \_\_\_\_

I'm Living Actively & Well Beyond My Health Challenges:  Obesity/Overweight  Depression

Brain Injury/Stroke  Diabetes  Type 1 DM  Type 2 DM  Cancer  Alcohol or Drug Addiction  Arthritis

I want info @ RxExercise Training Programs & Events in the Twin Cities so I can stay active all year long.

I want info @ CC Travel-Team-Expenses-Paid "RxExercise Ambassadorships" to inspiring destinations.

Knowingly and at my own risk I do hereby apply to enter an athletic contest. I hereby agree that I release and discharge Charities Challenge, Anoka County Parks, or any agent of any of these organizations or their successors from all claims, demands, injuries, damages, actions or causes of action and from all acts of active or passive negligence on the part of such organizations or corporations, or their agents. The undersigned also grants full permission to the race and any organization conducting the race and or agents authorized by them to use any photographs, videotapes, or other record of this event for any purpose. I agree to abide by road race etiquette and safety rules for safe racing by not bringing onto the course during the races any leashed or unleashed pets/animals.

Signature \_\_\_\_\_ Co-sign \_\_\_\_\_ Date \_\_\_\_\_ (< age 18, guardian sign)