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Duet
Partners In Health & Aging

In Partnership With:



555 W. Glendale Ave.
Phoenix, AZ 85021



Basic Training for Congregational Health Leaders

Bridging Faith and Health



**Thursday & Friday
May 22-23, 2014
8:30 a.m. - 4:00 p.m.**

In Tucson:

St. Mary's Hospital
Centurion Room
1601 W Saint Marys Rd.
Tucson, AZ 85716

In Phoenix:

St. Joseph's Hospital & Medical Center
Executive Board Room
350 West Thomas Rd.
Phoenix, AZ 85013

What is a Congregation Health Ministry Program?

A congregational health ministry/program combines skills of health professionals, clergy/ spiritual leaders, and other congregation members to promote wholeperson health.

A health ministry/program can include such offerings as prayer groups, visiting the sick, nutrition classes, health screenings and evaluations, or financial health seminars, to name just a few ideas. Such programs help people to achieve their full potential for healthy independent living and well-being.

Health Ministry/Programs are led by Congregational Health Leaders who have completed a basic training that helps them identify their gifts and develop skills in promoting wholeness of body, mind and spirit as the essence of health.

Training Program Description

The training will cover such topics as "Faith- Health Connection," "Building Blocks: Getting Started," and "Support for a Health Program/ Ministry." The program will conclude with a commissioning of participants to health ministry/service.

Because the sessions build upon one another, it is important that participants attend all sessions. A certificate of completion will be awarded. No certificate will be issued for less than 100% participation.

Teaching staff includes Faith Community Nurses, Registered Nurses, and clergy with extensive training and experience in Congregation Health or Nursing Ministry.

Who Should Attend?

- Individuals interested in starting or enriching their congregation's existing health and wellness program.
- Members of health ministries/programs or caring/visitation committees.
- Spiritual leaders/clergypersons.
- Congregation members in health-related fields, active or retired.
- Faith Community Nurses wanting a refresher course.



For more details, contact:

In Tucson:

Karen MacDonald,
Faith Engagement Manager
520-297-2738 x-221
kmacdonald@icstucson.org

In Phoenix:

Sherry Hottenstein
Director of Congregational Health Services
hottenstein@duetaz.org

Registration Information:

Deadline: Friday, May 16, 2014
Fee – \$30 for both days

Each day will begin at 8:30 a.m. with registration and a light breakfast, and end at 4:00 p.m.

In Phoenix and Gilbert lunch will be provided. The training will include 13 hours of training over two days, manual, class materials, and breakfasts, and parking at St. Joe's in Phoenix.

Name: _____

Address: _____

City, ST, ZIP: _____

Phone: _____

Email: _____

Congregation: _____

Position/Profession: _____

Please send completed registration with check made out to:

In Tucson: "ICS" to:
Lance Sholdt, 3460 E. Marshall Gulch
Tucson, AZ 85718

In Phoenix and Gilbert: "Duet" to:
Duet, Att: Joyce Sopilnick
555 W. Glendale Ave., Phoenix, AZ 85021

Or pay by credit card for Phoenix and Gilbert:

☐ Visa ☐ MasterCard ☐ AmEx

Card number: _____

Exp. date: _____ CVV Code: _____

Signature: _____