



## Europass Curriculum Vitae



First name(s) / Surname(s) **SAAB Ibtissam Mouhammad**

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Nationality Lebanese

Date of birth 31/01/1972

Gender Female

### Work experience

**Date** 2012– .....

Occupation or position held Head of Department of Physical Therapy  
Main activities and responsibilities Lecturer of the Course: Physical Therapy Intervention II (8h/w), Physical Therapy Intervention III (8h/w), Evidence Based Practice (4h/w), Clinical Reasoning and Decision Making(2h/w), Musculoskeletal Physical Therapy I (11h/w), Musculoskeletal Physical Therapy I I(11h/w), Exercise Therapy for Health (2h/w)  
Name and address of employer Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.  
Type of business or sector Teaching and education

**Date** 2009– .....

Occupation or position held Physical therapy consultant  
Main activities and responsibilities Clinical training supervision  
Name and address of employer Physical Therapy Outpatient Clinic, Faculty of Health Sciences, Beirut Arab University.  
Type of business or sector Clinical training faculty

**Date** 2011– 2012

Occupation or position held Assistant Professor of Physical Therapy  
Main activities and responsibilities Lecturer of the Course: Physical Therapy Intervention I (5h/w), Physical Therapy Intervention II (8h/w), Physical Therapy Intervention III (8h/w),Kinesiology And Biomechanics I (4h/w), Evidence Based Practice (4h/w)  
Name and address of employer Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.  
Type of business or sector Teaching and education

**Date** 2009 – 2011

Occupation or position held Lecturer of Physical Therapy  
Main activities and responsibilities Lecturer of the Course: Principles in Rehabilitation (1h/w), Physical Therapy Intervention I (5h/w), Physical Therapy Intervention II (8h/w), Physical Therapy Intervention III (8h/w),Kinesiology And Biomechanics I (4h/w), Preparation for Painless Labor (2h/w),Stretching(2h/w)  
Name and address of employer Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.  
Type of business or sector Teaching and education

<b>Date</b>	<b>2009-2010</b>
Occupation or position held	Educator of Anatomy
Main activities and responsibilities	Demonstration of anatomy
Name and address of employer	Faculties of Medicine, Dentistry (8h/w). Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education
<b>Date</b>	<b>2008 - 2009</b>
Occupation or position held	Lecturer of Physical Therapy
Main activities and responsibilities	Lecturer of the Course: Principles in Rehabilitation (1h/w), Physical Therapy Intervention I (5h/w)
Name and address of employer	Faculty of Health Sciences, Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education
<b>Date</b>	<b>2005 – 2008</b>
Occupation or position held	Lecturer of Physical Therapy
Main activities and responsibilities	Lecturer of the Courses: Electrotherapy (3h/w), Therapeutic Exercises (5h/w), Stretching (2h/w), Cardiopulmonary Rehabilitation (3h/w), and Orthopedic Physical Therapy (2h/w).
Name and address of employer	Faculty of Public Health, Lebanese University. Hadath – Rafic Hariri Campus.
Type of business or sector	Teaching and education
<b>Date</b>	<b>2005- 2009</b>
Occupation or position held	Educator of Anatomy
Main activities and responsibilities	Demonstration of anatomy
Name and address of employer	Faculties of Medicine, Dentistry, and Health Sciences (starting 2008) (18h/w). Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education
<b>Date</b>	<b>2004 -2005</b>
Occupation or position held	Educator of Anatomy
Main activities and responsibilities	Demonstration of anatomy
Name and address of employer	Faculties of Medicine, and Pharmacy (18h/w). Beirut Arab University, Beirut, Tarik el Jedidah – Omar Farroukh Str.
Type of business or sector	Teaching and education
<b>Date</b>	<b>2001 – 2005</b>
Occupation or position held	Clinical Educator of Physical Therapy
Main activities and responsibilities	Clinical Educator of Courses: Electrotherapy (3h/w), Therapeutic Exercises (5h/w), and Orthopedic Physical Therapy (2h/w).
Name and address of employer	Faculty of Public Health, Lebanese University. Hadath – Rafic Hariri Campus.
Type of business or sector	Teaching and education
<b>Date</b>	<b>1995 – 1999:</b>
Occupation or position held	Physical Therapist in Self owned clinic
Main activities and responsibilities	Clinical Physical therapy
Name and address of employer	Al-Chefa'a clinic – Cola – Beirut – Lebanon
Type of business or sector	Private Physical Therapy clinic

## Education and training

<b>Date</b>	<b>1999 – 2004</b>
Title of qualification awarded	Doctoral Degree in Physical Therapy for Musculo – Skeletal Disorders and its surgery (Traumatology and Orthopedics)
Name and type of organisation providing education and training	Faculty of Physical Therapy, Cairo University, Egypt
<b>Date</b>	<b>1996 – 1999</b>
Title of qualification awarded	M.Sc. degree in Physical Therapy for Musculo – Skeletal Disorders and its surgery (Traumatology and Orthopedics)
Name and type of organisation providing education and training	Faculty of Physical Therapy, Cairo University, Egypt
<b>Date</b>	<b>1996 – 2003 :</b>
Title of qualification awarded	Specialized Clinical Physical Therapy Trainings
Name and type of organisation providing education and training	Different Hospitals and Rehabilitation Centers in Cairo, Egypt. (During periods of stay in Egypt and according to academic program).
<b>Date</b>	<b>28/02/1997 – 20/03/1997</b>
Title of qualification awarded	Special course in Acupuncture Treatment
Name and type of organisation providing education and training	Middle East Association of Alternative Treatment, Cairo, Egypt.
<b>Date</b>	<b>1990 – 1994</b>
Title of qualification awarded	B.Sc. in Physical Therapy
Name and type of organisation providing education and training	Physical Therapy Department, Faculty of Public Health, Lebanese University, Lebanon
<b>Date</b>	<b>1989-1990</b>
Title of qualification awarded	Freshman Year
Name and type of organisation providing education and training	Hariri Foundation, Beirut, Lebanon

## Personal skills and competences

Mother tongue(s) **Arabic**

Other language(s)

**French**

**English**

Understanding		Speaking		Writing
Listening	Reading	Spoken interaction	Spoken production	
Excellent	Excellent	Very Good	Very Good	Excellent
Excellent	Excellent	Very Good	Very Good	Excellent

(\*) Common European Framework of Reference for Languages

Social skills and competences

- **November 10<sup>th</sup> 2013:** Volunteer participation in the medical team of Bank of Beirut Marathon.
- **November 11<sup>th</sup> 2012:** Volunteer participation in the medical team of BLOM Beirut Marathon.
- **2011 – .....:** Member of library Committee of the faculty of health sciences, Beirut Arab University.
- **2011 – .....:** Academic coordinator of bachelor programs of the faculty of health sciences, Beirut Arab University.

## Technical skills and competences

- **2010 – .....**: Member of The Quality Assurance Committee of the faculty of health sciences, Beirut Arab University.
- **2009 – 2011**: Member of The job fair Committee of the faculty of health sciences, Beirut Arab University.
- **2008**: Member of The Oral Committee of the Colloquium (Ministry of Education)
- **2006 – .....**: Member of Pedagogic Committee in the Lebanese Order of Physical Therapists
- **2003 - 2004**: Member of Scientific Committee in the Lebanese Order of Physical Therapists.
- **July 2003**: Member of the Medical Team for the Camp Made by the Lebanese Ministry of Foreign Affairs for the Lebanese Immigrants.
- **July 2002**: Member of the Medical Team for the Camp Made by the Lebanese Ministry of Foreign Affairs for the Lebanese Immigrants.
- **June 7<sup>th</sup> 2014**: Lecturer in a scientific day organized by Saint George Hospital – Ajaltoun – Lebanon, the lecture entitled “Electrotherapy from a Scientific to Clinical Evidence”.
- **May 19<sup>th</sup> – 23<sup>th</sup> 2014**: Attendance of series of Workshops on Quality Management, organized by Dr Mahmoud El Damati, Beirut Arab University, Beirut, Lebanon.
- **March 21<sup>th</sup> 2014**: Giving lecture entitled “Evidence Based Practice”, organized by the BAU Medical Faculty Staff Development Program.
- **March 6<sup>th</sup> – 20<sup>th</sup> 2014**: Twelve hours course on “ teaching and enhancement skills for staff members” organized by Beirut Arab University and given by Prof. Ahmad Abdel Khalek and Dr. Wassim Chibani, Beirut, Lebanon.
- **February 21<sup>th</sup> 2014**: lecturer in a conference entitled ”Physical Therapy and Rehabilitation in Endocrinology” organized by Global University and Order of Physical Therapy in Lebanon, the lecture entitled “Thyroid Disorders: Special Consideration in Physical Therapy”.
- **December 15<sup>th</sup>, 16<sup>th</sup> 2013**: lecturer in the 4<sup>th</sup> meeting of physical therapist of the physical therapy Institution, Saint Joseph University, the lecture entitled “Team Based Learning”.
- **June 15<sup>th</sup>, 16<sup>th</sup> 2013**: Moderator of session entitled “Management of Shoulder Instability and Rotator Cuff Tears” in a congress entitled “1<sup>st</sup> updates on upper extremity and hand surgery and rehabilitation”, organized by AUBMC Continues Education Program, Beirut, Lebanon.
- **December 8<sup>th</sup> 2012**: Attendance of A workshop entitled “AD Instruments Research and Teaching Seminar”, organized by ADInstrument and CareFit International at Padova Hotel – Sin el Fil – Beirut.
- **August 8<sup>th</sup>, 9<sup>th</sup> 2012**: Attendance of A workshop entitled “Portfolio as a method of student assessment” done by Dr. Iman Zahran and organized by the Faculty of Health Sciences – Beirut Arab University.
- **September 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> 2012**: Attendance of the 3rd European Congress on Physiotherapy Education organized by World Confederation for Physical Therapy “European Region” (ER-WCPT) and Physio Austria, Faculty of Health Campus Wien – University of Applied Sciences – Vienna – Austria.
- **September 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> 2012**: President of a session entitled “Accreditation” in the Second International INP Days of Physiotherapy entitled “Quality in Physical Therapy” organized by Order of Physical Therapists of Lebanon.
- **February 16<sup>th</sup> and 17<sup>th</sup> 2012**: Participation to a workshop entitled “Classroom Management” organized by El-Meouchy Education Consultancy and presented by Dr Rita El-Meouchy.
- **December 17<sup>th</sup> and 18<sup>th</sup> 2011**: Participation to a workshop entitled “Teaching and Learning Methodology” organized by El-Meouchy Education Consultancy and presented by Dr Rita El-Meouchy.
- **September 17<sup>th</sup> and 18<sup>th</sup> 2011**: Active participation in the 8th OPTL International congress

entitled "Diversity in Physiotherapy" organized by the Order of Physical Therapy of Lebanon – Beirut – Lebanon.

- **December 15<sup>th</sup> 2011:** Participation to a workshop entitled "Problem Based Learning and Team Based Learning" organized by the Faculty of Medicine - Beirut Arab University and presented by Prof. Dr. Houssam HAMD, Vice president and Dean of Faculty of Medicine - Sharjah University.
- **September 29<sup>th</sup> 2011:** Attendance of a seminar entitled "Scholarly Online Information Retrieval Skills For BAU Faculty" organized by SAAB Memorial Medical Library and presented by Mrs Ayda Farha (Medical information specialist) and Mrs Hilda Nassar (Director of SAAB Memorial Medical Library)
- **September 2011:** Participation to a workshop entitled "Communication Skills" organized by El-Meouchy Education Consultancy and presented by Dr Rita El-Meouchy.
- **April 29<sup>th</sup> and 30<sup>th</sup> 2011:** Attendance of a national conference entitled "Towards a Comprehensive System for Quality Assurance of Higher Education in Lebanon" organized by the Association of Universities in Lebanon in Cooperation with the national office of TEMPUS.
- **December 24<sup>th</sup> 2010:** Participation to a workshop entitled Team Based Learning organized by Beirut Arab University Quality Assurance Committee and presented by Prof. Dr. Nagla M MECHAAL
- **3<sup>rd</sup> and 4<sup>th</sup> December 2010:** Director of a scientific session entitled "Management and Rehabilitation of Cerebral Hemorrhage" along with Dr. Bechara EL CHAMI and Dr. Hayssam EL Samad in the fourth scientific congress of Rahma Medical Center entitled "Neurological Rehabilitation Towards Globalization and Distinction, organized by Rahma Medical Center in collaboration with Order of Physicians in North Lebanon, Makassed General Hospital, Arab Confederation for Physical Therapists, Lebanese University Faculty of Public Health – Section III, and Lebanese German University.
- **November 25<sup>th</sup> 2010:** Lecturer in the cultural activity of the Faculty of Health Sciences, Beirut Arab University, the lecture entitled "Physical Therapy for Scoliosis".
- **September 18-19<sup>th</sup> 2010:** Moderator of a scientific session entitled "Global Postural Rehabilitation" of the first scientific days of the National Institute of physical therapy entitled "The Scientific Physical Therapy of Tomorrow: The Bias of Practice and Research". Organized by the Lebanese Order of Physical Therapists.
- **April 1<sup>st</sup> and 2<sup>nd</sup> 2010:** Representative of Lebanese minister of Higher Education in the 13<sup>th</sup> annual scientific international conference organized by the Faculty of Physical Therapy, Cairo University.
- **April 17<sup>th</sup> 2010:** Organizer and Instructor of a workshop entitled "Pain Management by Electrical Stimulation" at Beirut Arab University-Faculty of Health Sciences (8 contact hours).
- **November 13-15<sup>th</sup> 2009:** Poster Presentation "*Does Vibration Enhances Static Stretch Effect on Muscle Flexibility?*" in 16<sup>th</sup> International Scientific Conference organized by Lebanese Association for Advancement of Science and Beirut Arab University, and in Collaboration with National Council for Scientific Research in Lebanon.
- **September 2009:** Lecturer in the 7<sup>th</sup> International Congress of Physical Therapy "*Physiotherapy: Tradition or Innovation*", Organized by the Physical Therapist Order of Lebanon.
- **February 2009:** Organizer and Instructor of practical workshop entitled "effect of exercise on biological tissues" organized by the Faculty of Health Sciences, Beirut Arab University (8 contact hours).
- **2006:** Lecturer in the 9<sup>th</sup> International Scientific Conference of the Faculty of Physical Therapy: Physical Therapy is a Safe Cure. Cairo – Egypt.
- **2005:** Lecturer in the Congress of Physical Therapy, Organized by the Saint Joseph University.
- **22/03/2004 – 27/03/2004:** Instructor of Intensive Basic Electrotherapy Training Course done to the Norwegian Peoples Aid (NPA) physical therapy staff (30 contact hours).
- **September 2003:** Lecturer in the Yearly Lebanese Congress of Physical Therapy, Organized by the Physical Therapist Order of Lebanon.

Publication Experience

- **September 2001:** Lecturer in the Yearly Lebanese Congress of Physical Therapy, Organized by the Physical Therapist Order of Lebanon.
- Attended of many scientific congresses and seminars in Lebanon and Egypt.
- **2014:** Pulsed versus Continuous Phenytoin Phonophoresis in Accelerating the Burn Wound Healing in Rats. *Journal of American Science* 2014; 10 (10): 15-19 (ISSN: 1545-1003).
- **2014: Effects of Whole Body Vibration on Ankle's Muscle** Performance in Elderly. *Journal of American Science* 2014; 10 (7): 180-184 (ISSN: 1545-1003).
- **2006:** Does Static Lumbar traction Affect Lumbar Intervertebral Spaces and Foramens? *Bull. The 9<sup>th</sup> International Scientific Conference of Faculty of Physical Therapy. Cairo 1-3 March. P 25-34.*
- **2005:** Accepted letter for poster presentation in the annual conference organized by the American Physical Therapy Association (APTA), in Boston, USA. ( JUNE 8-11: 2005).

Computer skills and competences

Windows, Word, Excel, PowerPoint, and Internet

Driving licence

Lebanese driving license