

# AIC Referral Form (Centre-Based Services)



CGH / SACH / BVH / Miscellaneous Fax: 6820 0732 Tel: 6603 6932  
 NUH / AH / IMH / SLH Fax: 6820 0729 Tel: 6603 6929  
 SGH / AMKH / KWSH / Polyclinics Fax: 6820 0730 Tel: 6603 6930  
 TTPH / KTPH / RCH Fax: 6820 0731 Tel: 6603 6931

Official Reg No. (for AIC input only)

## Day Rehabilitation / Day Care / Dementia Daycare

Please complete all relevant sections and ensure the following documents are attached.

✓ **Medical discharge summary** (for inpatients) ✓ (if available) **PT / OT / Social report / information**

**Patient / family has consented to this application and to the disclosure of enclosed information to relevant agencies/service providers to facilitate the application** ☐ Yes ☐ No

### SECTION A: SERVICES REQUIRED

- ☐ Day Rehabilitation  
☐ Day Care  
☐ Dementia Day Care (please complete additional AIC Dementia Day Care Annexe)

### SECTION B: CLIENT'S PARTICULARS (affix patient identification label below if available)

<p><b>Name</b> : _____</p> <p><b>NRIC/Passport/FIN/UIN/No</b> : _____</p> <p><b>Date of Birth (dd/mm/yyyy)</b> : _____ <b>Age</b> : _____</p> <p><b>NRIC Address</b> : _____</p> <p><b>Postal Code</b> : _____</p> <p><b>Telephone</b> : _____</p> <p><b>Accommodation</b> : <input type="checkbox"/> Private  <input type="checkbox"/> HDB Room <input type="checkbox"/> 01 <input type="checkbox"/> 02 <input type="checkbox"/> 03 <input type="checkbox"/> 04 <input type="checkbox"/> 05  <input type="checkbox"/> Exec / Others</p> <p><b>Housing</b> : <input type="checkbox"/> Purchased <input type="checkbox"/> Rental <input type="checkbox"/> Lodge</p> <p><b>Lift-landing</b> : <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><b>Residential Address</b> : _____          upon discharge ( if different from NRIC address ) _____</p> <p><b>Current Location of Client</b> : <input type="checkbox"/> Home <input type="checkbox"/> Others: _____  <input type="checkbox"/> Hospital - Ward/Bed: _____ / _____</p>	<p><b>Race</b>:  <input type="checkbox"/> Chinese <input type="checkbox"/> Indian <input type="checkbox"/> Malay  <input type="checkbox"/> Eurasian <input type="checkbox"/> Others: _____</p> <p><b>Gender</b>:  <input type="checkbox"/> Male <input type="checkbox"/> Female</p> <p><b>Citizenship / IC colour</b>:  <input type="checkbox"/> Singaporean / Pink <input type="checkbox"/> S'pore PR / Blue  <input type="checkbox"/> Not available <input type="checkbox"/> Others: _____</p> <p><b>Marital Status</b>:  <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed  <input type="checkbox"/> Separated <input type="checkbox"/> Divorced</p> <p><b>Language / Dialect Spoken</b>:  <input type="checkbox"/> English <input type="checkbox"/> Mandarin <input type="checkbox"/> Malay  <input type="checkbox"/> Tamil <input type="checkbox"/> Cantonese <input type="checkbox"/> Hokkien  <input type="checkbox"/> Teochew <input type="checkbox"/> Others: _____</p> <p><b>Religion</b>:  <input type="checkbox"/> Buddhist <input type="checkbox"/> Taoist <input type="checkbox"/> Islam  <input type="checkbox"/> Hindu <input type="checkbox"/> Christian <input type="checkbox"/> Catholic  <input type="checkbox"/> None <input type="checkbox"/> Others: _____</p> <p><b>Date of Discharge (planned / actual)</b>: _____</p>
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### SECTION C: SOCIAL INFORMATION

**Next-of-Kin**: \_\_\_\_\_ **Relationship to client**: \_\_\_\_\_

**Telephone**: \_\_\_\_\_ (H) \_\_\_\_\_ (O) \_\_\_\_\_ (Mobile)

**Main Caregiver**: \_\_\_\_\_ **Relationship to client**: \_\_\_\_\_

**Patient is known to other community services**: ☐ No ☐ Yes

**Patient is known to MSW/ Case Mgr/ Care Coordinator** ☐ No ☐ Yes **Name** \_\_\_\_\_ **Tel** \_\_\_\_\_

### SECTION D: PREFERENCES

**Preferred Centre / Location**: \_\_\_\_\_

**Existing client of a Day Rehab/Daycare/Dementia Daycare Centre?**  
☐ Yes, specify name of centre at "Preferred Centre/Location" ☐ No

**Diet**: ☐ No Preference ☐ Yes (pls specify): \_\_\_\_\_

**Duration**: ☐ Sessional ☐ Half Day ☐ Full Day ☐ Others (pls specify): \_\_\_\_\_

**Transport required?:** ☐ Yes ☐ No

**Escort required to bring patient to wait for transport?:** ☐ Yes ☐ No

**Staircrawl service required? (if patient staying on non-lift landing):** ☐ Yes ☐ No

Name of Patient: \_\_\_\_\_

NRIC: \_\_\_\_\_

**Note: SECTION E, F & G are to be completed by Medical Doctor****SECTION E: MEDICAL HISTORY**

(If Hospital Medical Discharge Summary is provided, state "SEE ATTACHED" and proceed to SECTION F)

**Primary Diagnosis :****Summary of Medical Conditions / Problems** (please attach memo if insufficient space)**Summary of Investigations and Management****CXR** (date taken \_\_\_\_\_): ☐ NA ☐ Normal ☐ Abnormal \_\_\_\_\_**Medications / Dosage / Frequency:****Drug Allergies :** ☐ No ☐ Yes : \_\_\_\_\_**SECTION F: SCREENING****Does patient currently have any active infectious disease?**☐ No ☐ Yes: \_\_\_\_\_ **Precaution** ☐ Standard ☐ Contact ☐ Others : \_\_\_\_\_**Are there any other precautions to be taken or conditions that would require closer monitoring?**☐ No ☐ Yes: \_\_\_\_\_**Please complete the additional questions if applying for Day Rehabilitation Services****Patient requires rehabilitation?** ☐ Yes ☐ Trial rehab only ☐ No**Patient is fit to undergo rehabilitation?** ☐ Yes ☐ No \_\_\_\_\_**SECTION G: CURRENT FUNCTIONAL STATUS****Visual Impairment:** ☐ No ☐ Yes \_\_\_\_\_**Hearing Impairment:** ☐ No ☐ Yes \_\_\_\_\_**Mental Status:** ☐ Rational ☐ Confused ☐ Unable to respond ☐ Others : \_\_\_\_\_**Mobility Status:** ☐ Bedbound ☐ Wheelchair ☐ Ambulant / WalkingWalking Aid : ☐ N/A ☐ Walking stick / Umbrella ☐ Quadstick ☐ Walking frame ☐ Others**Assistance level required for wheelchair or ambulant/walking**☐ Independent ☐ Minimal Assist ☐ Moderate Assist ☐ Maximum Assist / Dependent**Activity Tolerance:** ☐ Poor ( 0 to < 15mins ) ☐ Fair (15 to 45 mins ) ☐ Good (> 45 mins )**Transfers:** ☐ Independent ☐ Minimal Assist ☐ Moderate Assist ☐ Maximum Assist / Dependent**Feeding:** ☐ Independent ☐ Needs Assistance ☐ Dependent : ☐ Oral ☐ NG tube ☐ PEG**Toileting:** ☐ Independent ☐ Needs Assistance ☐ Dependent / Incontinent : ☐ on diapers ☐ urinary catheter**Bowel Management:** ☐ Continent ☐ Diapers ☐ Colostomy ☐ ileostomy ☐ Others \_\_\_\_\_**Respiratory Care:** ☐ N/A ☐ Oxygen Therapy ☐ Suction ☐ BIPAP ☐ Trachy care ☐ Others \_\_\_\_\_**Wound:** ☐ N/A ☐ Yes – (site & size) \_\_\_\_\_**Particulars of Doctor completing Section E, F & G**

Name / Signature of Doctor: \_\_\_\_\_ MCR no.: \_\_\_\_\_

Hospital / Unit / Designation: \_\_\_\_\_ Date: \_\_\_\_\_

**SECTION H: REFERRING SOURCE** (ie person putting up this referral)**Name :** \_\_\_\_\_ **Designation :** \_\_\_\_\_**Email :** \_\_\_\_\_ **Contact no:** \_\_\_\_\_ **Fax:** \_\_\_\_\_**Request AIC to provide application outcome :** ☐ No ☐ Yes (provide contact details below if different from above)

Name of Patient: \_\_\_\_\_ NRIC: \_\_\_\_\_

**AIC Dementia Day Care Annexe**  
(To complete if applying for Dementia Day Care Services)

**Please note: Patients referred to Dementia Day Care Centres must be diagnosed to be suffering from dementia by a qualified medical practitioner.**

**Type of Dementia**

☐ Multi-Infarct/Vascular

☐ Alzheimer's Disease

☐ Others: \_\_\_\_\_

**Dementia Followed up**

☐ No

☐ Yes (please provide details below)

Dr's name: \_\_\_\_\_ Designation: \_\_\_\_\_ Institution: \_\_\_\_\_

Next TCU date (if applicable): \_\_\_\_\_ Clinic / Hospital: \_\_\_\_\_

**Cognitive & Behavioural Symptoms (Please tick if present & provide details)**

☐ Paranoid & Delusional Ideation: \_\_\_\_\_

☐ Hallucinations: \_\_\_\_\_

☐ Day/Night Disturbance: \_\_\_\_\_

☐ Anxieties & Phobia: \_\_\_\_\_

**Activity Disturbances:** ☐ Wandering ☐ Purposeless activity ☐ Inappropriate activity \_\_\_\_\_

**Aggressiveness:** ☐ Verbal Outburst ☐ Physical threats &/or violence ☐ Agitation

**Affective Disturbance:** ☐ Tearfulness ☐ Depressed mood / others \_\_\_\_\_

**Additional Remarks / Details**

**Particulars of Person completing Annexe**

\_\_\_\_\_  
**Name / Signature**

\_\_\_\_\_  
**Designation / MCR**

\_\_\_\_\_  
**Date of Assessment**

**Institution / Ward:** \_\_\_\_\_

**Telephone / Contact:** \_\_\_\_\_