



**YOGAFIT®**  
Presents  
**April 3-6, 2008**  
**Boston, MA**  
**Mind/Body Fitness Conference**

2321 Torrance Blvd.  
Torrance, CA 90501  
TEL: 310-320-0110  
FAX: 310-320-1277  
Toll Free: 1-888-786-3111  
www.yogafit.com

Thank you for your interest in YogaFit's® 2008 Boston, MA Mind/Body Fitness Conference. If you are currently a fitness trainer, yoga instructor, personal trainer, massage therapist, group exercise instructor, in the mind/body health field or you simply wish to deepen your yoga practice and expand your knowledge and skills, you are an excellent candidate for our teacher trainings and specialty workshops. YogaFit® is user-friendly fitness yoga and the hottest trend of the millennium. The benefits of the YogaFit® programs include: balance, strength, power and grace as well as maximum stress-reduction.

**Daily Master Classes • Shopping • Evening Events • Make New Friends!**

**Conference Location:**

**HILTON BOSTON LOGAN AIRPORT** ONE HOTEL DRIVE, BOSTON, MA 02128

Contact hotel directly for special conference rate of \$155 through Friday, February 29, 2008 • 800-HILTONS

**Training Days/Times: Thurs. (April 3), Fri. (April 4), Sat. (April 5) & Sun. (April 6) - 8am to 6pm all days except for PilatesFit 9am-6pm**

**TRAININGS**

- Anatomy (Thurs & Fri)\*\*
- Level 1 (Thurs & Fri)
- Kids (Fri)
- Level 2 (Sat & Sun)
- Level 3 (Sat & Sun)
- Level 4 (Thurs, Fri, Sat, & Sun)\*\*\*
- Level 5 (Sat & Sun)\*\*\*\*
- PilatesFit (Sat & Sun)
- Seniors (Thurs)\*
- Prenatal/Postpartum (Thurs)\*

**TUITION**

- Any 1-Day Specialty - \$259 before March 7, 2008; \$289 after (price includes home study manual)
- Any 2-Day Training - \$409 before March 7, 2008; \$439 after
- Any 3 days: \$549 before March 7, 2008; \$579 after
- Any 4 days: \$629 before March 7, 2008; \$659 after

**CLUB YOGAFIT Members may take an additional \$45.00 off any 3 or 4 day conference registration!**

- I will join CLUB YOGAFIT for only \$149.00!

\*\*Required Text: The Key Muscles of Hatha Yoga, by Ray Long, MD, to be purchased separately.

*Complimentary materials provided: Anatomy & Asana: Preventing Yoga Injuries*, by Susi Hately Aldous.

\*\*\*Required Texts: The Living Gita: The Complete Bhagavad Gita & Integral Yoga: The Yoga Sutras of Patanjali, by Sri Swami Satchidananda.

\*\*\*\*Required Text: Your Body Speaks Your Mind, by Deb Shapiro, to be purchased separately. *Complimentary materials provided: Creative Visualization*, by Shakti Gowan; Power of Now, by Eckhart Tolle; Business of Yoga (training manual), by Beth Shaw.

**PLEASE NOTE:** Required texts not included in pricing above are available online at [www.yogafit.com](http://www.yogafit.com) or by calling 888-786-3111, X228.

Name: \_\_\_\_\_ Email: \_\_\_\_\_ Reg. Date: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Payment Method (Circle one) Check Money Order VISA MC Discover Amount Charged \_\_\_\_\_

Card #: \_\_\_\_\_ Expiration: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

**Special Instructions for Conference Attendees**

Please arrive on time, rested and in good physical condition. Remember to bring water, snacks, a towel, layered clothing, and your positive energy. Bring your ACE Membership card to receive CEC's if applicable. Level 1 includes a yoga mat, please bring a yoga mat for all other workshops.

**REGISTRATION OPTIONS:** 1. Online at [www.yogafit.com](http://www.yogafit.com), 2. Send payment and completed registration form to: YogaFit, 2321 Torrance Blvd., Torrance, CA 90501.

3. Fax: 310-320-1277, 4.Call: 888-786-3111, ext. 222 or 223

**PLEASE SEE BACK FOR REFUND/CANCELLATION POLICY**

## TRAINING REGISTRATION POLICIES

1. Included in each course registration fee is a non-refundable, non-transferable \$50.00 deposit.
2. Customers cancelling with more than 14 days notice are entitled to a refund of paid registrations fees, less the non-refundable, non-transferable \$50.00 deposit.
3. Customers cancelling and/or wishing to transfer to a different training with 14 days notice or less, will forfeit the \$50.00 deposit but a credit for the remaining balance, valid for 12 months, will be issued and can be applied to teacher trainings only; not merchandise orders. A subsequent non-refundable, non-transferable \$50.00 deposit will be required in order to reserve a space in a future training.
4. **Customers not attending a training *and* failing to contact YogaFit in advance (i.e., “no-shows”) will forfeit all registration fees; no refund/credit will be issued.**
5. All trainings are subject to cancellation by YogaFit and in such cases, customers will be notified, in advance, and be provided with various options. Please call to confirm any training(s) prior to making any travel arrangements.
6. All refunds and/or credits will be issued in US Dollars only.
7. Full attendance is required to receive course credit.