



YOGAFIT®
Presents
April 2-5, 2009
Boston, MA
Mind/Body Fitness Conference

2321 Torrance Blvd.
Torrance, CA 90501
TEL: 310-320-0110
FAX: 310-320-1277
Toll Free: 1-888-786-3111
www.yogafit.com

Thank you for your interest in YogaFit's® 2009 Boston, MA Mind/Body Fitness Conference. If you are currently a fitness trainer, yoga instructor, personal trainer, massage therapist, group exercise instructor, in the mind/body health field or you simply wish to deepen your yoga practice and expand your knowledge and skills, you are an excellent candidate for our teacher trainings and specialty workshops. YogaFit® is user-friendly fitness yoga and the hottest trend of the millennium. The benefits of the YogaFit® programs include: balance, strength, power and grace as well as maximum stress-reduction.

Daily Master Classes • Shopping • Evening Events • Make New Friends!

Conference Location:

HILTON BOSTON LOGAN AIRPORT 1 HOTEL DRIVE, BOSTON, MA 02128

Contact hotel directly for special conference rate of \$165 through Monday, March 1, 2009 1• 800-HILTONS or (617) 568-6700

Training Days/Times: Thurs. (Apr 2), Fri. (Apr 3), Sat. (Apr 4) & Sun. (Apr 5) - 8am to 6pm all days

TRAININGS

- Anatomy (Thurs & Fri)**
- Level 1 (Sat & Sun)
- Level 2 (Sat & Sun)
- Level 3 (Thurs & Fri)*
- Level 4 (Thurs, Fri, Sat & Sun)***
- Level 5 (Sat & Sun)****
- PilatesFit (Sat & Sun)
- Seniors (Fri)
- Pre/Post (Thurs)
- Kids (Thurs)

TUITION

- Any 1-Day Specialty – \$269 before March 2, 2009; \$299 regular; \$329 late (price includes home study manual)
- Any 2-Day Training – \$419 before March 2, 2009; \$449 regular; \$479 late
- Any 3 days: \$559 before March 2, 2009; \$589 regular; \$619 late
- Any 4 days: \$639 before March 2, 2009; \$669 regular; \$699 late

CLUB YOGAFIT Members may take an additional \$45.00 off any 3 or 4 day conference registration!

- I will join CLUB YOGAFIT for only \$149.00!

*Required Texts: Chakra Balancing Kit; Pathways to Joy

**Required Text: The Key Muscles of Hatha Yoga, by Ray Long, MD, to be purchased separately.

Complimentary materials provided: Anatomy & Asana: Preventing Yoga Injuries, by Susi Hately Aldous.

***Required Texts: The Living Gita: The Complete Bhagavad Gita & Integral Yoga: The Yoga Sutras of Patanjali, by Sri Swami Satchidananda.

****Required Text: Your Body Speaks Your Mind, by Deb Shapiro, to be purchased separately. *Complimentary materials provided: Power of Now, by Eckhart Tolle*

PLEASE NOTE: Required texts not included in pricing above are available online at www.yogafit.com or by calling 888-786-3111, X228.

Name: _____ Email: _____ Reg. Date: _____

Street Address: _____

City: _____ State/Province: _____ Postal Code: _____ Country: _____

Daytime Phone: _____ Evening Phone: _____ Cell: _____

Payment Method (Circle one) Check Money Order VISA MC Discover Amount Charged _____

Card #: _____ Expiration: _____

Name on Card: _____ Signature: _____

Special Instructions for Conference Attendees

Please arrive on time, rested and in good physical condition. Remember to bring water, snacks, a towel, layered clothing, and your positive energy. Bring your ACE Membership card to receive CEC's if applicable. Level 1 includes a yoga mat, please bring a yoga mat for all other workshops.

REGISTRATION OPTIONS: 1. Online at www.yogafit.com, 2. Send payment and completed registration form to: YogaFit, 2321 Torrance Blvd., Torrance, CA 90501.

3. Fax: 310-320-1277, 4.Call: 888-786-3111, ext. 222 OR x223

SEE BACK FOR REFUND/CANCELLATION POLICY

REFUND POLICY: TRAINING REGISTRATION POLICIES

1. Included in each course registration fee is a non-refundable, non-transferable \$50.00 deposit.
2. Customers cancelling with more than 14 days notice are entitled to a refund of paid registrations fees, less the non-refundable, non-transferable \$50.00 deposit.
3. Customers cancelling and/or wishing to transfer to a different training with 14 days notice or less, will forfeit the \$50.00 deposit but a credit for the remaining balance, valid for 12 months, will be issued and can be applied to teacher trainings only; not merchandise orders. A subsequent non-refundable, non-transferable \$50.00 deposit will be required in order to reserve a space in a future training.
4. **Customers not attending a training *and* failing to contact YogaFit in advance (i.e., “no-shows”) will forfeit all registration fees; no refund/credit will be issued.**
5. All trainings are subject to cancellation by YogaFit and in such cases, customers will be notified, in advance, and be provided with various options. Please call to confirm any training(s) prior to making any travel arrangements.
6. All refunds and/or credits will be issued in US Dollars only.
7. Full attendance is required to receive course credit.