## MEAL PERCENTAGE USING POINTS

This chart helps to determine meal percentage using points.

The policy for the chart is for records of food and fluid intake that may need to be kept on individuals with weight loss, difficulty with swallowing, pressure ulcers, dehydration, malnutrition, or other conditions. Staff will record the percentage of all food intake and the cc's of all fluid intake in the resident's medical record for each meal. The percentage of food and cc's of fluid should be recorded on the daily or monthly food/fluid intake forms. Percentage of solids should be recorded in the following increments: 0%, 25%, 50%, 75% or 100%. The percentage of food intake should be estimated using the simplified point system.

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