



Kevin Ruddell, Registered Psychologist

Suite 500, 5940 Macleod Trail SW

Calgary, AB, T2H 2G2

Phone: (403) 651-0723

Client Informed Consent

Mind Matters is a private practice psychological service, whose goal is to help you evaluate your current life situation and develop the appropriate course of action with the power of your mind in order to overcome any challenges. For further information about Kevin's professional background, skills and scope of his practice, please refer to his website: www.mymindmatters.ca

Qualifications:

I, Kevin Ruddell, am a Registered Psychologist in the province of Alberta since 2008. My educational background consists of a Bachelor of Arts degree in Psychology from the University of Calgary and a Master's of Science degree in Clinical Psychology from the American School of Professional Psychology, which I completed in Seattle, Washington. I am a member in good standing with the College of Alberta Psychologists (CAP) and the Psychologists Association of Alberta (PAA).

Fees and Expectations:

As a Registered Psychologist in Calgary, AB, my services may be covered in whole or in part by your extended health policy or employee assistance program. Please check the details of your individual or family policy for more information. Typically, clients pay after each session and receive a receipt to submit for reimbursement. The fees are also applicable to report writing, telephone consultation, or other services outside the counselling sessions and will be billed in 10 minute increments.

Counselling sessions are 50 minutes in length. Sessions that run over may be billed in 10 minute increments.

Individual Session: \$160.00/session

Couples Session: \$170.00/session

Every even year (2012, 2014, 2016...) session fees will be increased by \$10.00

Cancellation Policy

If you are unable to attend a session, please contact me via email kevinruddell@my mind matters.ca or by phone (403-651-0723), with at least 24 hours notice. If you do not show up for your scheduled therapy appointment or give 24 hours' notice that you are unable to attend, you will be required to pay 50% of the full cost of the session.

Method of Payment

I accept payments by cash or cheque, made out to Mind Matters. Payments via debit and major credit cards are also accepted. Email transfers are also an easy way to send money electronically, which can be sent to kevinruddell@my mind matters.ca . Payments through E-transfer can be made before, or on the day of your session.

Confidentiality:

Essentially everything that is brought up in session will be kept in the strictest of confidence. The only reason information would be disclosed is because you provided written permission to disclose information to a specific party. However, there are three exceptions required by law that all psychologists must breach confidentiality. Exceptions include:

- Reasonable suspicion of child abuse or neglect or abuse/neglect of a dependent adult.
- Threats of serious bodily harm to self or others
- Court orders and subpoenas

By signing below, you state that you have read and understood this form and what it means in terms of your rights, confidentiality and billing, and that you agree to receive counselling from Kevin Ruddell, M.A., R. Psych

Signature of Client _____ Date _____

Signature of Client _____ Date _____

Signature of Parent or Guardian _____ Date _____

Signature of Counsellor _____ Date _____