The Royal College of General Practitioners Sex, Drugs and HIV Group presents

16th National Conference: working with drug and alcohol users in primary care

The public health agenda: making patient centred care the imperative

Thursday 12 and Friday 13 May 2011 Harrogate International Centre

The conference is the largest event in the UK for GPs, shared care workers, drug users, nurses and other primary care staff, specialists, commissioners and researchers interested in, and involved with, the management of drug and alcohol users in primary care. Over 500 delegates attended in 2010 in Glasgow.

Conference features:

- Formal conference sessions
- Interactive special interest sessions
- Poster displays and paper presentations
- Exhibition
- Dedicated networking opportunities
- Films



Royal College of General Practitioners





















16th National Conference: working with drug and alcohol users in primary care Thursday 12 and Friday 13 May 2011 Harrogate International Centre

Welcome

We are delighted to be extending a warm invitation for you to visit Yorkshire for the RCGP 16th National Conference on working with drug and alcohol users in primary care. The 2011 Conference, jointly organised by the Sex, Drugs and HIV Group and Substance Misuse Management in General Practice, is in Harrogate, and has input from a wide range of experts and enthusiasts from many of the services operating across Yorkshire and nationally.

In planning the 16th Conference, we are conscious of the challenges and opportunities facing primary care and our services under the coalition government; we welcome the move to place drugs and alcohol services within the public health arena, but are keen to ensure that the changes ahead do not diminish patient centred, user led treatment. The theme of the 2011 Conference addresses the relationship and tensions between these two areas: the imperative to maintain patient focused care as substance misuse is recognised as a public health issue.

We have adopted several new formats to expand and lighten the learning experience: an interactive session to examine different models of commissioning, a human library for learning by direct questioning, and a documentary exploring young people and drug related harm filmed in a Yorkshire town are some examples.

Throughout the event you will experience some of the best that Yorkshire has to offer. And if you make a weekend of it, the Harrogate Turkish baths, the stunning Yorkshire Dales and some fabulous dining are all on the doorstep.

As always, our invitation is extended to everyone involved in drug and alcohol treatment, including service users, carers and advocates, GPs, nurses, therapists, drug workers, commissioners, planners and strategists, all of who make the event the largest and most vibrant of its kind in the UK.

Put it in your diary now!

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Susanna Lawrence OBE Annual Conference Chair, GP and Clinical Director Leeds Community Drug Partnership

Chris Ford National Conference Chair, GP and Clinical Director SMMGP



Royal College of General Practitioners

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Ewen Stewart Chair RCGP Sex, Drugs and HIV Group and GP Principal and Primary Care NHS Lothian

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Kate Halliday SMMGP Policy and Development Manager and Conference Programme Director



Conference strengths

Committed to a progressive, multidisciplinary and practical look at the future of treatment, service design and delivery.

Renowned for encouraging and fostering animated, lively and honest debate.

Known for attracting a wide mix of delegates including drug and alcohol workers from specialist and primary care settings, commissioners, drug users, carers, patients, pharmacists, shared care coordinators and researchers.

A wealth of experience in creating a balance of useful networking and learning opportunities, in sharing best practice and innovation.

Not forgetting our delegates' great reputation for creating a highly sociable, friendly and fun event.



Harrogate International Centre

The Royal College of General Practitioners Sex, Drugs and HIV Group presents **16th National Conference: working with drug and alcohol users in primary care** Thursday 12 and Friday 13 May 2011 Harrogate International Centre

Conference information

Call for papers, posters, films and other media

There are 3 options for presenters:

- A paper: a 15 minute presentation of your research, audit or problem solving exercise
- A poster: to be displayed in the exhibition area throughout the conference
- A film / other media

Your submission should consist of:

- Content: a summary of the issues you plan to address (250 words)
- Name(s), job title(s) and organisation(s) of all presenters
- Main contact person's name, job title, organisation, postal address, telephone and fax numbers, and email address

General information:

- All submissions will be peer reviewed
- You can make as many submissions as you wish but each must clearly indicate whether it is submitted for a paper, poster or film/other media
- All posters will be exhibited throughout the event
- Presenters whose paper, poster or other presentations are accepted must also book as a delegate to the conference and pay the registration fee
- Submissions should be sent no later than Monday 28 March 2011 to By post: Matt Davenport
 - Conference Manager Healthcare Events Limited 2 Acre Road, Kingston, Surrey KT2 6EF By fax: 020 8547 2300 By email: matt@healthcare-events.co.uk
- All submissions will be acknowledged. You will be informed whether your submission(s) has (have) been accepted by Monday 11 April 2011.

Win a FREE delegate place for 2012

Submissions selected for presentation at the conference will be voted on during the event by delegates. Winning submissions in each category (papers, posters and film/other media) will be awarded a free delegate place (worth up to $\pounds500$) at the 17th National Conference in 2012.

Evening entertainment - Thursday 12 May

All delegates are invited to attend the evening function:

- 17.00 A Yorkshire tea party a chance to debrief after the first day with tea and cakes
- 19.30 Eat, drink and dance the Yorkshire way - Indian buffet to the sounds of a local Bhangra band
- 00.00 Close

Dress Casual

Booking

Bookings for the evening function must be made in advance. Please tick the designated box on the booking form if you would like to attend.

Exhibition and Sponsorship

There are a variety of exhibition and sponsorship opportunities available at this event. If you are interested please contact Carolyn Goodbody on O20 8481 0354 or email carolyn@healthcare-events.co.uk



Day One - Thursday 12 May 2011

JOINT	INTRODUCTORY SESSION: Public health without forgetting the patient
08.30	Registration
Chair	Susanna Lawrence OBE Clinical Director Leeds Community Drug Partnership
09.30	Welcome and introduction
09.40	Making patient centred care the imperative Clare Gerada Chair Royal College of General Practitioners
10.00	Questions and discussion
10:10	Alcohol: the real public health emergency Stephen Willott Clinical Lead for Drug Misuse and Alcohol NHS Nottingham City
10.30	Questions and discussion
10.40	No decision about me without me Mat Southwell Drugs Specialist International Network of People who Use Drugs (INPUD)
11.00	Questions and discussion
11.10	COFFEE AND EXHIBITION
11.50	PARALLEL SESSIONS Delegates can choose from sessions A, B or C

Making health available to all Special interest sessions Presented papers Chair 1 Newer drugs: mephedrone, ketamine Penny Schofield A range of peer selected Clinical Director Newcastle PCT and others papers will be presented by authors. A full list will 2 11.50 Engagement of excluded groups - is it us or them? How to work with patients on opioid be available on the day. substitute therapy who drink too much Jez Thompson Medical Director City Health Care Partnership Hull 3 Using in-patient detox and rehab 12.10 Questions and discussion 12-step programmes, why they work, 4 and how to use them 12.20 From criminalisation to public health 5 Dual diagnosis - managing depression, Nat Wright anxiety, psychosis alongside Clinical Director for substance misuse HMP Leeds and GP advisor to the UK Department of Health Prison substance misuse Policy Unit 6 Think Family: making our services responsive to the needs of children Questions and discussion 12.40 and families of service users

12.50 LUNCH AND EXHIBITION

13.20 Narcotics Anonymous meeting - open to all

14.00 PARALLEL SESSIONS Delegates can choose from sessions A, B, C or D

AS	ervice models: thinking outside the box	_		Special interest sessions	С	Presented papers			
Chair	Gordon Morse <i>Clinical Lead</i> Turning Point	B	1	Harm reduction, health and well-being - the new RCGP certificate		A range of peer selected			
14.00	Social enterprise Andy Pearson		2	Service user involvement in commissioning a new service		papers will be presented by authors. A full list will			
	Shared Care Co-ordinator Wakefield District Community Health Services		3	To use or not to use? Benzos: the new RCGP guidance		be available on the day.			
14.20	Questions and discussion		4	Families Plus - thinking beyond the	D	Films/other media			
14.30	The road to recovery: how to make statutory/ voluntary sector partnerships work Anna Tassell Contract Manager Leeds Community Drug Partnership		5 6	 individual Older people, hepatitis C and the liver The high cost of welfare benefit reform what does it mean for people who 		Films and other media on a range of topics relevant to treatment and service delivery. A full list will be			
14.50	Questions and discussion			use drugs?		available on the day.			
15.00	TEA AND EXHIBITION								
15.30	15.30 PARALLEL SESSIONS Delegates can choose interactive patient pathway session or session D								

Recovery, where, how and what needs to be different?

15.30 Chair: Chris Ford

GP and Clinical Director SMMGP What we think needs to change for a recovery focused system Anne Marie Ward and Alistair Sinclair UKRF (UK Recovery Federation) Steve Brinksman GP Birmingham Recovery focused primary care Vicky Clarke Commissioner Leeds Using commissioning to ensure recovery in the local system Followed by questions and discussion and RECOVERY ROCKS CHOIR, Sunderland

17.00 CONFERENCE CLOSE AND START OF SOCIAL PROGRAMME

EVENING PROGRAMME <u>A Yorkshire party</u>

- 17.00 Conference reception (in the exhibition hall)
- 19.30 Evening function at the Harrogate International Centre

Bookings for the evening function must be made in advance. Please tick the designated box on the booking form if you would like to attend.

Films/other media

Films and other media on a range of topics relevant to treatment and service delivery. A full list will be available on the day.

Presented naners

JOINT INTRODUCTORY SESSION: Patient centred care without forgetting public health

Chair	Brian McGregor GPwSI Compass
09.30	Introduction
09.40	Making alcohol management NICE Professor Sir Michael Rawlins Chair NICE (National Institute for Health and Clinical Excellence)
10.00	Questions and discussion
10:10	Liver disease: individual aspects of a public problem Euan Lawson Clinical Lead for the Certificate in the Detection, Diagnosis and Management of Hepatitis B and C in Primary Care RCGP
10.30	Questions and discussion
10.40	Addiction and the brain - a personal pathway Professor David Nutt Chair in Neuropsychopharmacology Imperial College London
11.00	Questions and discussion

11.10 COFFEE AND EXHIBITION

11.50	PARALLEL SESSIONS Delegates	can choose from sessions A, B or C						
AF	Rainbow of recovery	B Special interest sessions	C Presented papers					
Chair 11.50 12.10 12.20 12.40	Kate Halliday Policy and Development Manager SMMGP SMART recovery Pete Hurst Questions and discussion Medically assisted recovery Beryl Poole Helpline Co-ordinator The Alliance Questions and discussion	 Safer injecting - a practical session Working with young people: sex, drugs and keeping safe Community alcohol detox - the basics Pharmacy interventions - improving care and lightening the load - how to get more from your pharmacist Safer prescribing for offenders Self completed computerised assessment and outcome questionnaire 	A range of peer selected papers will be presented by authors. A full list will be available on the day.					
12.50 13.20	LUNCH AND EXHIBITION SMART recovery meeting - open to al	l						
14.00	PARALLEL SESSION Delegates ca	an choose from sessions A or D						
AP	rimary care drug and alcohol – no de	cision about us without us	Films/other media					
Chair	Susanna Lawrence OBE Clinical Director Leeds Community Drug Part	Films and other media on a range of topics relevant to treatment and service						
14.00	Susanna Lawrence in conversation with people from a range of backgrounds delivery. A full list will be will put your key questions of the day affecting primary care and drug and alcohol available on the day. treatment.							
	Brian McGregor GPwSI Compass							
	Tim Sampey Sevice user co-ordinator Addaction Kensington and Chelsea							
	Linda Harris SMU Director and Clinical Director Wakefield Integrated Substance Misuse Service							
	Niamh Eastwood Head of Legal Services and Deputy Director Release							

CLOSING SESSION

15.20 What shall we do on Monday? Summing up from the conference and presentation of poster, paper and film prizes



Venue information Harrogate International Centre

BY AIR

Leeds Bradford International Airport (LBIA) is the closest airport to Harrogate.

There are plenty of regular daily flights from many connections in Europe and worldwide.

For more information on flights visit www.lbia.co.uk or call 0113 250 9696.

BY TRAIN

An excellent train service exists between London/Edinburgh to Leeds/York. When at Leeds/York there is a simple change to a Harrogate bound train. These also run about every half hour (through the week) with an average journey time of 30-40 mins.

For more information on trains to and from Harrogate, please visit www.nationalrail.co.uk King's Road Harrogate North Yorkshire, HG1 5LA Tel: 01423 500 500 www.harrogateinternationalcentre.co.uk

BY ROAD

Directions to Harrogate by road From London: M1, A1(M) From the North: A1(M) From the East: M621, A1(M) From the West: M56, M62, A1(M)

Then exit A1(M) at Junction 47 signposted Knaresborough and follow Harrogate signs.

PARKING

There are 210 car parking spaces at the Harrogate International Centre and a further 1,200 at the nearby Jubilee and Victoria car parks.





Special interest sessions

Below is a list of special interest topics that will be addressed in parallel session B. These will take place on day one of the conference at 11.50 and 14.00 and on the second day at 11.50 only.

If you choose to attend these special interest sessions please indicate your first choice for each time slot. This is to help with room management at the venue. The * symbol denotes a practical, hands-on session

DAY ONE, 11.50

SMMGP

- Newer drugs: mephedrone, ketamine and others Adam Winstock Programme Leader National Addiction Centre Institute of Psychiatry and Luke Mitcheson Clinical Psychologist National Treatment Agency How to work with patients on opioid substitute therapy who drink too much $\!\!\!\!$ 2 **Carsten Grimm** GP North Bradford Drug Service RCGP alcohol lead and Stefan Janikiewicz Clinical Director Wirral Drug Service 3 Inpatient drug and alcohol treatment - the inside story Joss Bray Medical Director for Addiction Services The Huntercombe Group 12-step programmes, why they work, and how to use them (followed at 13.20 by open NA meeting) David McCartney Clinical Lead LEAP, NHS Lothian and Ian Scott GP Edinburgh 5 Dual diagnosis - managing depression, anxiety, psychosis longside substance misuse Scott Payne Psychiatrist Leeds Community Drug Partnership Think Family: making our services responsive 6 to the needs of children and families of service users Lucy Chiddick Medical Lead Leeds ENE Community Drug Treatment Services DAY ONE, 14.00 Harm reduction, health and well-being - the new RCGP certificate 1 **Danny Morris** I ead RCGP Certificate in Harm Reduction, Health and Well-being 2 Service user involvement in commissioning a new service Tom Neville User Involvement and Family Member Lead Rochdale Community Drug Team 3 To use or not to use? Benzos: the new RCGP guidance* Fergus Law Consultant Psychiatrist in Substance Misuse Avon and Wiltshire Mental Health Partnership NHS Trust Jean-Claude Bariolin Guidance Editor Chris Ford GP and Clinical Director
- Families Plus thinking beyond the individual Nick Barton Chief Executive Action on Addiction 5 Older people, hepatitis C and the liver Karen Jordan Wellbeing Nurse Wakefield Integrated Substance Misuse Services 6 The high cost of welfare benefit reform - what does it mean for people who use drugs? Niamh Eastwood Head of Legal Services Deputy Director Release DAY TWO, 11.50 1 Safer injecting - a practical session* Leeds Harm Reduction Service 2 orking with young people: sex, drugs and keeping safe Claire Roberts Project Worker PLATFORM Leeds Young Peoples Substance Misuse Service 3 Community alcohol detox - the basics* Laura Mortimer Non Medical Prescriber St Martins Healthcare Services Pharmacy interventions - improving care and lightening the load - how to get more from your pharmacist 4 Claire Barber Pharmacist Prescriber Boots UK 5 Safer prescribing for offenders Marcus Bicknell GP Nottingham 6 Substance misuse service tendering Gavnor Radlev Clinical Director Primary Care Addiction Services Sheffield Please include your name and return this page with your booking form:

FAXING YOUR BOOKING? PLEASE MAKE SURE YOU INCLUDE THIS PAGE WITH YOUR BOOKING FORM

The public health agenda: making patient centred care the imperative

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► Your details (Please of	complete a new form for each delegate. Photocopies a	are acceptable)	▶ Payment									
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Date

Thursday 12 and Friday 13 May 2011

Confirmation of booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Group rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this time cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Accommodation

On confirmation of your booking you will receive details of accommodation.

please contact Carolyn Goodbody on 020 8481 0354 or email carolyn@healthcare-events.co.uk

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