

Client Intake Information Form

Helping you discover Solutions for your life one session at a time.

MEDICAL/PSYCHOLOGICAL HISTORY (cont.)

Have you ever been hospitalized for a mental illness, alcohol or drug dependency? No Yes If "Yes" write reason(s) and date(s) below:

PROBLEM DEFINITION

What is your reason for seeking help now? _____

Are any of the following conditions a problem to you or your child if (s)he is the client at this time?
(Check the ones that apply)

- Anxiety
- Grief
- Depression
- Irrational Fears
- Guilt feelings
- Stress
- Frequent worry
- Loneliness
- Anger
- Loss of work/job
- Poor Concentration
- Racing Thoughts
- Difficulty Sleeping
- Nightmares
- Loss of interest in life
- Codependency
- Flashbacks
- Too much energy
- Feels of lethargy
- Loss of appetite

- Self Esteem
- Substance use/abuse (self)
- Substance use/abuse (others)
- Suicidal feelings
- Loss of hope
- Rage
- Partner Relationship problems
- Sexual problems
- Relationship to parents
- Relationship to adult children
- Parenting Issues
- Coping with a divorce
- Mood instability
- Domestic violence
- Sexual, physical, emotional abuse (present or past)
- Sexual identity crisis
- Self Injury behaviors
- Issues with eating
- School problems

- Being Bullied / Bullying
- Work problems
- Financial Stress
- Loss of meaning in life
- Loss of faith in God
- Conflicts at work
- Hyperactivity
- Impulse control problems
- Stress due to Caretaking
- Other (please list below)
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

What would you like to see happen as a result of counseling? _____

ACKNOWLEDGEMENT Please sign and date this document attesting that the information you have written on this form is accurate to the best of your knowledge.

CLIENT'S SIGNATURE (18 and over) _____

Today's Date _____

CLIENT'S SIGNATURE (18 and over) _____

Today's Date _____