

**Illinois Child Health Examination Form Checklist**

**Parent/guardian completes the following before MD appointment:**

- Make appointment with MD for the physical to be completed
- Complete Health History This is child's history completed by the **parent/guardian** and is found on The physical form
- Sign and date health history
- If child is seeing new physician locate child's immunization records to take with you to the Appointment

**At the physician's office be sure the following is completed:**

- Immunization history placed on physical form and certified by health professional
- Any immunizations needed to meet state requirements for age/grade level are given

**If** child has had disease of measles, mumps and /or varicella and therefore has not had required immunizations:

- Alternative proof of immunity section must be completed by appropriate personnel.  
It is not enough to write "had disease" in immunization area
- Physician to review health history and complete the physical
- Physician must complete height, weight, blood pressure and BMI (School Health Office Personnel Are no longer allowed to complete this)
- Physician to complete diabetes screening
- If entering Pre-K or Kindergarten results of lead questionnaire is required**
- Physician to complete physical education participation area (3 lines from the bottom of the form)
- Physician to sign and date the physical form

**PLEASE BE SURE ALL OF THE ABOVE STEPS ARE COMPLETE BEFORE BRINGING YOUR CERTIFICATE OF HEALTH EXAMINATION TO SCHOOL AS WE CANNOT ACCEPT IT AS COMPIANT UNTIL ALL ABOVE INFORMATION IS PRESENT**