

Bishop McNamara High School

6-Sunday Winter Softball Clinic

If you are interested in preparing for the next level, this is a great place to start.

The clinic is open to Middle School and High School Girls

Instruction is provided by the softball coaching staff of Bishop McNamara High School

Date: January 5th – February 16th, 2015 (Sundays Only***no clinic weekend of February 7th ***)

Time: 2:00pm -5:00pm

Location: Bishop McNamara High School

Fine Arts/Athletic Building

6800 Marlboro Pike

Forestville, MD 20747

Fees: Cost: \$125.00

Checks made Payable to: Bishop McNamara Softball

For more information contact Mrs. Angelina Diehlmann at angelina.diehlmann@bmhs.org or Mr. Anthony Johnson, Athletic Director at anthony.johnson@bmhs.org .

Detach here and send with your payment to the address below

BMHS Softball Registration Form

Name: _____ Grade: _____ School: _____

Address: _____

Email: _____ Phone: _____

Bats: Right____Left____Both____ Throw: Right____Left____Both____

Position(s): _____

Travel Ball Experience(List team and level): _____

Emergency Contacts: _____

Name

Phone#

Medical Conditions: _____

Please note girls will be working on cardio and agility training as well as fielding, throwing, and hitting mechanics.

Parent/Guardian Signature _____

Tee-Shirt Size: (Adult) Small____Medium____Large____X-Large____XX-Large____

Send completed registration form and payment to: BMHS Softball
c/o Angelina Diehlmann
6800 Marlboro Pike
Forestville, MD 20747

Return form and payment no later than December 8th 2015