

**Pleasant Hill Outdoor Camp**  
**Recommended Packing List**

Pleasant Hill Outdoor Camp  
 4654 Pleasant Hill Rd.  
 Perrysville, Ohio  
 44822  
 419-938-3715  
 www.phoc.org



<p><b><u>Recommended Clothing</u></b></p> <ul style="list-style-type: none"> <li>• Tennis Shoes-2 pair</li> <li>• T-shirts-5</li> <li>• Long Pants-1 pair</li> <li>• Shorts- 5 pair</li> <li>• Sweatshirt or Jacket for cool days</li> <li>• Underwear- 5</li> <li>• Socks-7 pair</li> <li>• Appropriate swimsuit</li> <li>• Shower Shoes</li> <li>• Pajamas</li> <li>• Cap or Hat</li> <li>• Poncho or Rain Jacket</li> </ul> <p><b><u>Recommended Items</u></b></p> <ul style="list-style-type: none"> <li>• Bath Towels</li> <li>• Beach towel</li> <li>• Laundry Bag ( we sell this item)</li> <li>• Shower Caddy</li> <li>• Soap &amp; Shampoo</li> <li>• Toothbrush/Toothpaste</li> <li>• Comb/Brush/ Hair ties</li> <li>• Sleeping Bag or twin sheets &amp; blanket</li> <li>• Pillow and extra pillow case</li> <li>• Bible/Notepad/Journal (optional)</li> <li>• Pre-addressed envelopes &amp; stamps</li> <li>• Camera</li> <li>• Sunscreen/Bug Spray/Flashlight</li> </ul> <p><b><u>Theme Days</u></b>        If your camper would care to participate in our camp theme days they are welcome to bring fun items, costumes, hats etc...</p> <p>Monday- Mismatched Monday        Tuesday- Tie Dye Tuesday        Wednesday- Irish Wednesday        Thursday- Super Hero Day        Friday- Camp Spirit (camp shirt)</p>	<p><b><u>Additional Items for Horselovers</u></b></p> <ul style="list-style-type: none"> <li>• Long Pants for riding</li> <li>• Boots or sturdy shoes for riding</li> <li>• Hat to block sun when riding</li> </ul> <p><b><u>Additional Items for Wilderness Camp</u></b></p> <ul style="list-style-type: none"> <li>• Sleeping Bag</li> <li>• Sleeping Pad</li> <li>• Bug Spray/Repellant is a must</li> <li>• Fleece or Jacket &amp; Hat for cool evenings/ mornings</li> <li>• Water Bottle</li> <li>• Day Pack/String backpack</li> </ul> <p><b><u>Additional Items for Excursion Trip</u></b></p> <ul style="list-style-type: none"> <li>• 2 sources of Light- Headlamp &amp; Flashlight</li> <li>• Kneepads</li> <li>• Sturdy Hiking Shoes/ Boots</li> <li>• Warm Jacket &amp; Hat</li> <li>• Warm Pants</li> <li>• Rain Gear</li> <li>• Sleeping Bag</li> <li>• Sleeping Pad</li> <li>• Water Bottle</li> <li>• Cash for road trip snacks</li> <li>• Water proof Sunscreen for River Trip</li> <li>• Bible/Notepad/Journal (optional)</li> <li>• Camera</li> <li>• Bug Spray</li> <li>• Day Pack/String backpack</li> </ul> <p><b><u>Items to Leave at Home</u></b></p> <ul style="list-style-type: none"> <li>• Cell Phones</li> <li>• Electronics (iPods, tablets, Game systems, etc.)</li> <li>• Money</li> <li>• Knives</li> <li>• Candy/Food/Drinks</li> </ul>
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**Pleasant Hill Outdoor Camp**  
**Cabin Life-(This Form is Optional)**

Parents, in order for our counselors to be as helpful and understanding as possible with your child, we are asking that you provide us with the following information. This information will be kept confidential with your child's counselors. Your child will not see this form.

Camper's Name: \_\_\_\_\_, \_\_\_\_\_ Session: \_\_\_\_\_  
Last First

Bunkmate Request: \_\_\_\_\_

Camper's Age (6/1/13): \_\_\_\_\_ # of Siblings: \_\_\_\_\_ Ages: \_\_\_\_\_

Camper Lives with (circle one):  
Both Parents /Mother /Father /Guardian/Other (please specify) \_\_\_\_\_

Has your child been away from home before? This is my child's \_\_\_\_\_ year to attend PHOC.

How would you describe your child? What are some of his/her strengths? \_\_\_\_\_

Are you concerned about homesickness? \_\_\_\_\_ If so, do you have any specific suggestions regarding homesickness? \_\_\_\_\_

How does your child typically get along with peers? \_\_\_\_\_

Do you or your child have any goals for his/her time at camp? \_\_\_\_\_

What is your child looking forward to most about camp? \_\_\_\_\_

How does your camper feel about coming to PHOC? \_\_\_\_\_

Are there any behavioral issues we should be aware of? \_\_\_\_\_

Have there been any significant events in the past year that might affect your child (ie. moving, divorce, death in the family, etc.)? \_\_\_\_\_

Do you consider your child to be an introvert or and extrovert? \_\_\_\_\_



**Pleasant Hill Outdoor Camp**  
**Release of Claims and Multimedia**  
**Release Form**

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I, \_\_\_\_\_ (parent or guardian  
name)

Of the city of \_\_\_\_\_, State of \_\_\_\_\_

Hereby Affirm that my child, \_\_\_\_\_ (camper's name)

Shall be participating and attending summer camp at Pleasant Hill Outdoor Camp during

The week of \_\_\_\_\_ (camp dates).

I certify that I am cognizant of the inherent dangers associated with participating in summer camp activities and with the fact that participation may take place outside of, or off of Pleasant Hill Outdoor Camp property.

I understand and agree that neither Pleasant Hill Outdoor Camp, not its trustees, representatives, employees, instructors, or agents may be held liable in any way for any occurrence in connection with my child's participation in summer camp activities in association with Pleasant Hill Outdoor Camp which may result in injury, harm, or other damages to me or my family.

As a part of the consideration for being allowed to enroll and participate in summer camp activities at Pleasant Hill Outdoor Camp, I hereby personally assume all risks in connection with my child's enrollment in summer camp. I further release Pleasant Hill Outdoor Camp, its trustees, employees, instructors, agents, and representatives for any injury or damage which may befall my child while my child is enrolled in or participating in summer camp activities associated with Pleasant Hill Outdoor Camp which may include but is NOT limited to: archery, swimming, firesides, canoeing, horseback riding, mountain biking, running, initiatives (ropes) course, and assorted games. I also authorize Pleasant Hill Outdoor Camp to render or obtain such emergency medical care or treatment as may be necessary should any injury, harm, or accident occur to my child while enrolled in summer camp at Pleasant Hill Outdoor Camp.

I further state that I am of lawful age and legally competent to sign this affirmation and release: that I understand the terms herein are contractual and not a mere recital: and that I have signed this document of my own free act and coalition. I further state and acknowledge that I have fully informed myself of the contents of this affirmation and release by reading it before I have signed it.

I authorize use of photos or video taken of my camper during their session at PHOC for promotional purposes.

I have executed this affirmation and release on the \_\_\_\_\_ day of \_\_\_\_\_, 2014

Signature of Parent or Guardian \_\_\_\_\_.



**Pleasant Hill Outdoor Camp**  
**Camper Code of Conduct Form**

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*At Pleasant Hill Outdoor Camp we want every camper to have the best week of summer possible; full of fun, learning and growth.*

To ensure that we maintain a relationally safe environment and each camper is free to experience camp life to its fullest, we will not tolerate any behavior that takes that opportunity away from other campers. We will be addressing all incidents such as bullying and irresponsible behavior seriously, and will train the staff to recognize and deal effectively with such behavior.

Understanding that camp is for ALL campers, any behavior deemed by the camp to be outside of the camper code of conduct and/or unmanageable may result in any or all of the following:

1. Meeting with the cabin counselor, program director, or executive director to discuss the behavior.
2. A telephone call home to the parent/guardian to discuss the behavior.
3. Being dismissed from the camp program.

As a Camper I will >>>>

- Show respect to other campers, and treat them as well as I would like to be treated and try to be a friend to all.
- Have FUN, but not at the expense of others.
- Show respect to camp staff, and cooperate fully with their instructions.
- Respect the rights of others, and treat others with courtesy and consideration.
- Communicate in an appropriate manner, which means I must not use foul language or gestures, harsh words or tone of voice.
- Conduct myself responsibly. I understand that unwelcome teasing or other unkind behaviors are not allowed.
- Refrain from deliberately causing bodily harm to other campers or staff. I understand that pushing, kicking hitting or fighting are not acceptable, and will not be tolerated.
- Respect the property of others and camp, which includes no stealing, property damage, graffiti, or vandalism.
- Remember that physical displays of affection or of a romantic nature are not allowed under any circumstances.
- Be fully responsible for my actions and understand that irresponsible behavior will result in disciplinary action or dismissal from camp.
- Know and follow the rules of camp.
- Have lots of FUN, learn, grow, and have a GREAT time!

I will do my part to help make camp fun for everyone! I have read and agree to live within the policy as stated above.

Camper Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_



## **Pleasant Hill Outdoor Camp** **Frequently asked Questions**

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### **When is my final Payment due?**

Final payment is due by first day of child's camp session. You may pay on our website, mail check or over the phone by credit card.

### **What should I do prior to check-in to speed up the process?**

You may pay your balances; both tuition and camp store funds and have the following forms returned prior to arrival:

- Medical Forms
- Cabin Life Form (optional)
- Camper Code of Conduct
- Release of Claims Form.

### **When & where do I drop my camper off? \* different time for Excursion Trip Campers**

Registration is on-Sunday at 5:00pm and will be held on main campus.

Please Do Not arrive any earlier than 4:00pm as we are still making preparations for camp and will not be accepting registrations before that time.

### **When & where do I pickup my camper? \* different time for Excursion Trip Campers**

Pick-Up & Closing Ceremonies will begin promptly at 5:30pm on Friday.

Where: Pick-up as well as Closing Ceremonies will take place in our main campus Lodge with a Hotdog Social to follow for all of our camper's family members.

If someone other than Parent/Guardian will be picking up your child, a permission slip will need to be filled out during registration.

### **What if I need to pickup my camper early or have someone else pickup my camper?**

If picking up your child before scheduled time, or having someone else pickup your child, we ask that you fill out an early-pick up form during registration and leave it with our registrar. Also, please remember to pick up all medications and camp store refunds prior to leaving camp.

### **How do I set up my child's camp store account?**

Each day your camper will have the chance to shop in the camp store for snacks, drinks and souvenirs. The store does not take cash. Instead, a camp store account will be set up for each camper. If you care to add monies toward your child's account, you may do so on our website or during registration. We recommend 20.00 for snacks and trinkets but more if you care to purchase sweatshirts, t-shirts, etc.

### **Can my child bring a cell phone or other electronic?**

Camp is a place for kids to get "unplugged" from their outside world and enjoy a week of being a kid. Therefore, we do not permit phones or other gadgets. If your camper is found with these items they will be collected and returned to the camper at pickup.

### **Care Packages & Mail**

We offer care packages on our website. Care packages are a great way to reach out to your camper while they are away from home.

You are also welcome to bring mail or packages on registration day. Be sure to write campers full name on package and the day you want the package or mail delivered. We have boxes set up with days of the week written on the box. Just drop your piece of mail in the preferred box.

### **Camp Store (Canteen)**

On most days the campers have the opportunity to make purchases at our camp store. We ask that the campers do not bring cash. Instead we ask that parents add monies toward camp store account.

### **What if my child takes medication?**

Special instructions should be given to nurse during registration for those taking medications or those with special medical or dietary needs. Here the camper will turn in any meds to the Camp Nurse/TLC. All meds should be in original packaging or prescription bottle and will be administered as prescribed by physician. Also, please be sure to fill out your PRN Medication Form. Medications should be picked up at check out.

### **Theme Days**

If your camper would like to participate in our camp theme days by bringing fun items, they are welcome to join in on all the camp culture fun! (Totally Optional) Monday- Mismatched Mondays, Tuesday- Tie Dye Tuesday, Wednesday- Irish Wednesday, Thursday- Super Hero Thursday, Friday- Camp Spirit Day.

